

LUDWIG-MAXIMILIANS-UNIVERSITÄT  
MÜNCHEN

Bachelors Thesis

# The role of excited atomic states in multiphoton ionization

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## Abstract

Multiphoton ionization of atoms in strong laser fields is a fundamental process in attosecond physics. In this work, we extend the strong-field approximation (SFA) by incorporating the influence of excited atomic states on ionization rates. Standard SFA formulations neglect these excited states, assuming that the laser field has no effect on the atom before ionization. However, in intense few-cycle laser pulses, the Stark shift and transient population of excited states can significantly modify ionization dynamics. We numerically solve the time-dependent Schrödinger equation (TDSE) using the tRecX code to extract time-dependent probability amplitudes for hydrogen's ground and excited states. These amplitudes are then integrated into the SFA formalism to evaluate their impact on ionization rates.

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# 1. Introduction

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## 2. Theory

Convention:  $\Psi$  for an abstract state,  $\psi$  for a wavefunction in position space,  $\phi$  for a wavefunction in momentum space. This chapter mainly follows [1]

### 2.1 Basic Formalism

Our goal is to come up with an expression where we can

#### 2.1.1 Schrödinger Equation

Basic Definitions of Schrödinger equation, Dyson series, and strong field S matrix

We want the time evolution of a quantum system in the presence of an external time dependent field in order to describe the strong field ionization later on. The time evolution of a quantum system is given by the time dependent Schrödinger equation and a general hamiltonian

$$i\hbar \frac{\partial}{\partial t} |\Psi(t)\rangle = \hat{H}(t) |\Psi(t)\rangle. \quad (2.1)$$

The formal solution depends on the time dependence of the hamiltonian and the physical setting. In the following we assume <sup>1</sup> (IMPORTANT) that  $[\hat{H}(t), \hat{H}(t')] = 0$  so we assume some sort of quasi static approximation to the Hamiltonian's time evolution. The solution is then given by

$$|\Psi(t)\rangle = e^{-\frac{i}{\hbar} \int_0^t \hat{H}(t') dt'} |\Psi(t=0)\rangle \quad (2.2)$$

Now it's time to establish a physical setting. We have Hydrogen Atom with nucleus and electron described by time independent Hamiltonian  $\hat{H}_0$ . The external laser field is described by an time dependent part  $\hat{V}(t)$ . To describe the interaction of the atom with the laser field we use in the following the dipole approximation.

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<sup>1</sup>How? Later. No physical setting bzw no approximations yet. It's better to justify it later but have a working formalism instead of the other way around.

### 2.1.2 Light-Matter Interaction

A light wave is defined by the Maxwell equations

$$\begin{aligned}\nabla \cdot \mathbf{E}(t) &= \rho & \nabla \times \mathbf{E}(t) &= -\frac{\partial \mathbf{B}(t)}{\partial t} \\ \nabla \cdot \mathbf{B}(t) &= 0 & \nabla \times \mathbf{B}(t) &= \mathbf{J} + \frac{\partial \mathbf{E}(t)}{\partial t}\end{aligned}$$

The Maxwell equations are being solved by

$$\begin{aligned}\mathbf{E}(t) &= -\nabla\varphi(t) - \frac{\partial \mathbf{A}(t)}{\partial t} \\ \mathbf{B}(t) &= \nabla \times \mathbf{A}(t)\end{aligned}$$

For these solutions we introduced the vector potential  $\mathbf{A}(t)$  and the scalar potential  $\varphi(t)$ . These are not unique such that different choices can result in the same physical setting. In general

$$\begin{aligned}\mathbf{A}(t) &\rightarrow \mathbf{A}(t) + \nabla\chi \\ \varphi(t) &\rightarrow \varphi(t) - \frac{\partial}{\partial t}\chi\end{aligned}$$

also fulfill the Maxwell equations while  $\chi$  is an arbitrary smooth function. The arbitrariness of  $\chi$  is known as gauge freedom and a direct consequence of the Maxwell equations. Choosing a gauge (i.e., a specific  $\chi$ ) is a matter of convenience and can be used to simplify the calculations as presented in the following.

### 2.1.3 Dipole Approximation

Very important approximation. Making it implies that

$$\mathbf{A}(\mathbf{x}, t) \approx \mathbf{A}(t) \quad \text{and} \quad \mathbf{B} = \nabla \times \mathbf{A} \approx 0 \quad (2.3)$$

Therefore we can rewrite the time dependent part  $\hat{V}$  of our Hamiltonian as

$$\hat{V}(t) = -\hat{\mathbf{d}} \cdot \mathbf{E}(t) \quad (2.4)$$

where  $\hat{\mathbf{d}}$  is the dipole operator and  $\mathbf{E}(t)$  is the electric field.

## 2.2 Strong Field Approximation

For making the strong field approximation we first have to obtain a point where it is good to use. When we treat  $\hat{V}(t)$  as the interaction term, we can write an exact solution to (2.1)

$$|\Psi(t)\rangle = -i \int_{t_0}^t dt' e^{-\frac{i}{\hbar} \int_{t'}^t \hat{H}(t'') dt''} \hat{V}(t') e^{-\frac{i}{\hbar} \int_{t_0}^{t'} \hat{H}(t'') dt''} |\Psi(t=0)\rangle + e^{-\frac{i}{\hbar} \int_{t_0}^t \hat{H}(t') dt'} |\Psi(t=0)\rangle \quad (2.5)$$

as can be checked by inserting the solution into the Schrödinger equation using the parameter Integral trick.



## 2.3 Strong Field Ionization

Derivation of

$$\lim_{t \rightarrow \infty} |\Psi(t)\rangle = -i \int d^3p |\mathbf{p}\rangle \int_{-\infty}^{\infty} dt' e^{-\frac{i}{2} \int_{t'}^{\infty} [\mathbf{p} + \mathbf{A}(t')]^2 dt'} e^{iI_{\mathbf{p}} t'} \langle \mathbf{p} + \mathbf{A}(t') | \hat{\mathbf{d}} \cdot \mathbf{E}(t') | \Psi_0 \rangle \quad (2.6)$$

## 2.4 Multiphoton Ionization

Different types of Ionization, tunneling Ionization, multiphoton

## 3. Ionization Model

### 3.1 TIPTOE

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## 4. Numerical Methods

### 4.1 tRecX

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## 4.2 Python Implementation of Ionization Model

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# 5. Results and Discussion

## 5.1 Laser Fields

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$$\partial_t u = \mathcal{H}(t)\lambda \quad (5.1)$$

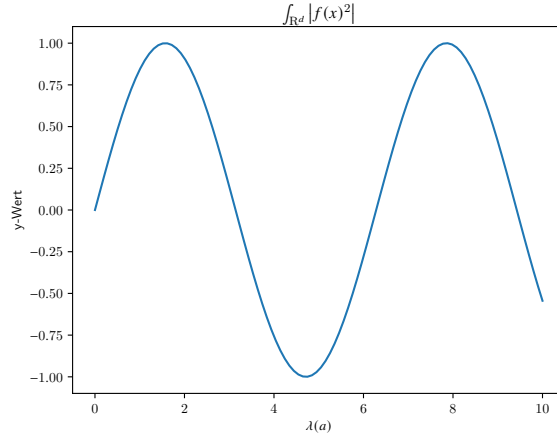


Figure 5.1: Sine function

$$\partial \mathbf{A} = \mathfrak{B}$$

$$\int_{\mathbb{R}^d} |f(x)|^2 \, dx = \int_{\mathbb{R}^d} |\mathcal{F} f(\xi)|^2 \, d\xi \quad (5.2)$$

$$\mathrm{i}\partial_t u = \mathcal{H}(t) \, |a\rangle \, \lambda \quad (5.3)$$

## 6. Conclusion and Outlook

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# A. Appendix A

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# Bibliography

- [1] Misha Yu Ivanov, Michael Spanner, and Olga Smirnova and. Anatomy of strong field ionization. *Journal of Modern Optics*, 52(2-3):165–184, 2005.

*Hiermit erkläre ich, die vorliegende Arbeit selbständig verfasst zu haben und keine anderen als die in der Arbeit angegebenen Quellen und Hilfsmittel benutzt zu haben.*

München, den 20.6.2025

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