

ECLIPSE

Newsletter

November 2010, Issue #1



Quote Pick of the Month

"All glory comes from daring to begin." - Eugene F. Ware

WHAT'S BEHIND THE NAME?

JET stands for Jupiter Eclipse Training. We chose this name because we feel that a corporate team is like a galaxy of planets, sometimes in order and functioning superbly and sometimes in total chaos, but always with endless possibilities; so we wanted a name that had something to do with the solar system and we chose Jupiter of course, as it is the largest planet and is related symbolically to optimism and wisdom.

An eclipse, on the other hand, is something that blots out brightness and temporarily shadows illumination. Working in the world of human dynamics, you deal with a lot of possibilities and polarities, so there is always something that gets in the way of excellence, whether fear of success, ineffective communication, out dated leadership styles etc. So we use our experiential team building, training and coaching methods as a way of

removing whatever is eclipsing a team's success; so in essence we facilitate experiential processes that bring awareness, and empower a team to develop their full potential and become shining stars within their working environment. And that is where our tag line comes in: **Removing Shadows - Revealing Stars.**

We also believe that an evolution is happening in Egypt at the present time and the eclipse is slowly but surely moving away to reveal new methodologies in the training sphere and with it realizations that people remember far better when you involve them, i.e. learning through doing. Change is in the air, and we are an integral part of the change that is heralding new paradigms of working environments and leadership. For us the sky is not the limit, but merely a portal to a universe that is full of unlimited possibilities.

Testimonial

"JET has been able in a very short time to understand the Company's culture and challenges. They've acted as a very strong and reliable partner to successfully organise our Management conference, and to find truly innovative ways to convey our messages. They engaged the audience with an amazing level of energy. The event truly made a difference, people often refer to it, always as a strong experience. And even more important, we could feel the difference the day after, when back to work." - Head of Human Resources, Nestle, Egypt.



A MESSAGE FROM THE GM



Welcome to the first issue of Eclipse, JET's monthly newsletter. In this issue, I have seized the opportunity to introduce the ins and outs of JET and some of the leading activities and trainings that we offer. I am looking forward to "Eclipse" being an open channel of communication between JET and both its current and its prospective clients. Future issues of Eclipse will focus on specific monthly themes such as teamwork, leadership, communication, productive feedback, etc. We will also be including a feature with Q&As on problems or challenges that employees face in their workspace and offer possible solutions by experts. We would be more than pleased to receive any such questions or inquiries on our e-mail and the posts will be made anonymous. Hope you enjoy "Eclipse" and find that it adds value to you and to your organization!

Our Model: Experience, Learn, Grow, Change

JET is all about team building and training. We help organizations build stronger teams, more dynamic leaders, more effective communication and a higher level of trust. A day with JET – even one – will provide powerful lessons, meaningful insights and real benefits that translate back to the office by changing the way people interact with one another. During our programs, leaders emerge from surprising sources, already acknowledged leaders become even stronger, people try on new roles, learn to appreciate new perspectives, find potential they never knew they had, and as a result teams get stronger.

Our model for how behaviors become habits and how teams become efficient is simple: Experience, Learn, Grow, Change. We have developed, tested and fine tuned experienced based programs that transform teams from groups of individuals to cohesive units with shared vision, common goals and mutual respect.

Teams get stronger



How will a day with JET make a difference?

JET programs use an experiential approach to promote individual and group learning, enhance the groups' performance and set a foundation for continued development. Success comes from how the group analyzes each problem, identifies and allocates resources and creates and executes a plan. Participants will see how group support enhances individual achievement and will leave with fresh perspectives about themselves as team players and leaders and with concrete ideas about applying these insights back to the workplace.

We offer ...

Outdoor and indoor team building activities, simulation games, soft skills training, corporate coaching programs with an emphasis on "bringing the core values to life", team diagnostic assessments, inspirational leadership retreats, motivational keynote presentations.

OUR PROGRAMS



JET programs are designed to:

- Create positive change
- Align peoples understanding
- Inspire participants to achieve things they never thought possible
- Increase productivity
- Improve internal communication skills
- Act as a catalyst for change and innovation.

Experiential Learning Training



JET offers professional training programs to corporate clients seeking professional development. We have a variety of training programs to cater to your area of interest such as, communication skills, sales skills, time management, creativity and feedback skills. At JET, we infuse these basic training skills with our core concept of experiential learning, making the training sessions more interactive and interesting and breaking away from routine lecture style trainings.

Experiential Learning Training (ELT) is the new era of training combining the regular training methodology including presentation, role plays, and workshops with activities and specific industry related examples and simulations. This creates a total experience that allows its participants to not only enjoy the training, but to also experience the skill first hand before returning back to the work place.

CORPORATE COACHING METHODOLOGIES

Organization & Relationship Systems Coaching (ORSC)™ is a groundbreaking model for coaching relationship systems in organizations, teams, and partnerships. The breakthrough paradigm shift in this work is that it works directly with the relationship that forms between the individuals in a team, (the system) rather than focus on working individually with each member of the group. In this way, the relationship is treated as the client and all the work that is done, is conducted in service of that relationship. This subtle shift has a profound impact on the results that are possible for each group, and requires a very different skill set from that of facilitating individual work within a group setting.

Traditionally, coaching or training of the individual members of the team focuses on the personal development of each individual, so the aim is to increase the performance of the team by improving the performance of the individual. This may lead to the individual performance

improving, however, the performance of the team may or may not improve.

ORSC™, on the other hand, works with the "system" itself and leverages the creative and problem solving capacity of a team or organization as a whole. The aim is to strengthen the relationship between the individuals by improving communication, trust and collaboration, which in turn positively impacts the overall performance and productivity of the organization.

Thank you as usual, the coaching session was perfect." -

*Human Resources Manager
Philips Egypt LLC., Egypt*



BREAK
THROUGH
PARADIGM
SHIFT



JET'S BLACK HORSE

WHAT MAKES DRUMMING AN EFFECTIVE TOOL OF COMMUNICATION?

Corporate drumming is an amazing tool to use for team building, as all the metaphors of working together as a team you can apply to drumming together as a tribe. Exactly the same principles used for creating unity in tribal villages can be modeled in the corporate environment where drumming and rhythmic activities serve to help people work together as a team. Apart from being amazingly energizing and lots of fun, participants experientially learn concepts of leadership, listening, dealing with stress and cooperative teamwork. When you involve people and get them to actually experience and "do", they understand and most importantly remember! So there is a lot of important learning that gets taken back to the workplace.

It facilitates interaction. When participants hear the rhythm of the drumming group and contribute their beat, they are both listening and playing and being receptive and creative at the same time. People have to be aware of the team/tribe members sitting on either side of them, and if anyone loses the beat, the group can carry them, until they find their place again which creates great team spirit and support, and interaction.

HOW DOES DRUMMING HELP THE GROUP LISTEN TO EACH OTHER?

Listening skills are highlighted as people can witness first hand how a rhythm can

"collapse" if members do not truly listen to one another. In drumming, if there was just a collection of soloists, there would only be noise, so the group realize very quickly that an important aspect is to keep their part of the rhythm going, whilst still listening to the rest of the group and allowing the group rhythm to evolve. Participants experience that each layer of the rhythm is of vital importance to the collective "sound", and this metaphor allows everyone to see that each member of the group is vital! Everyone brings his or her own "gift" to the final outcome, which is a validation of individual and team achievement.

CAN GROUP DRUMMING REVEAL TEAM DYNAMICS?

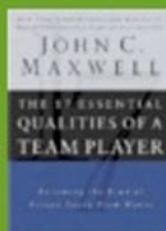
Interestingly enough, yes! It can indicate the inter-personal level of the group. When a team already has a synchronized energy they can create harmonious rhythms much quicker than a team that still have unresolved communication and bonding issues. Organizations are like "living organisms", they have personalities all of their own and the spirit of group energy can be felt during a team drumming experience where inner forces are at work. When a team is already bonded and

Individual & Team Achievement

communication is clear and open, rhythmic entrainment will happen a lot quicker. It is felt as a synchronization of rhythmic energy.

A GOOD READ

Dr. Maxwell is an internationally recognized motivational speaker and the author of more than 50 books on leadership and teams.



Book Review:

<http://www.achievetomax.com/bookreviews/the-17-essential-qualities-of-a-team-player/>



"The drumming session was one of the most successful sessions in Tetra Pak Egypt 2010 Kick-off event, everyone enjoyed and appreciated it! It also built on our core values and brought them to life" -

PR & Communications Manager, Tetra Pak, Egypt.



JET'S CUSTOM PROGRAMS



Why Choose JET ...

Our methodology is cutting edge and we believe in innovation and the unlimited possibilities of human potential when given awareness and empowerment.



Different services and activities for unique situations

We have lots of other activities and we focus deeply on corporate coaching and organizational relationship systems coaching with of course, team building icebreakers and energizers. Our custom programs are designed to deliver the business results that come from increased team performance, so we select from our menu what is appropriate for the particular client. Among the deliverables of these highly energetic programs are for participants to have fun in a non-hierarchical setting, form business relationships with people in a way that easily transfers back to their daily environment, communicate on a deeper and more personal level, and to feel an increased sense of motivation and appreciation for a job well done.

We offer customized programs in strategic visioning, high performance team building, leadership development, communication enhancement skills, change and stress management, conflict resolution, unity through diversity, and more...

Increasing Team Performance

We meet with the client to analyze and understand the current situation. This can lead to different services and activities for unique situations. We offer a wide variety of experiential learning opportunities that place individuals and groups out of their comfort zone, where learning really takes place. Their responses and the choices they make are all part of their learning process.

JET'S HIGHLIGHTS



HEALTH TIP

Take frequent breaks at work. Taking breaks will help make you feel better and make you more productive.

PROFESSIONAL TIP

Make sure that the team goals are totally clear and completely understood and accepted by each team member

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