



**Fun, dynamic and effective teambuilding
that works through making music**

copyright Jupiter Eclipse Training
FZ LLC 2011/2012

Unity . Rhythm . Teamwork .

What types of corporate events can benefit from a drumming session?

In addition to teambuilding events, corporations use Drumming for everything from cycle/annual meetings, to conferences, to icebreakers and energizers

How many people can participate?

As few as ten or as many as a few hundred.

How much time should I plan for a program?

Sessions can be as short as 15-minute icebreakers and energizers, or as long as two hour rhythmic events. However, 45 minutes to an hour is ideal for most teams.

Do you provide the drums?

Yes, we can provide drums for up to several hundred people. We can also add other percussion instruments for extra large groups to create a more dynamic sound.

Egypt Contacts :

Website : www.jupitereclipse.com

E-Mail : info@jupitereclipse.com

Mobile : +201118361836

Dubai Contacts :

Website : www.jupitereclipse.com

E-Mail : leila@jupitereclipse.com

Mobile : +971502267136

How does a drumming session work?

First, it's important to know that no prior drumming experience is necessary:

A professional facilitator will begin the session by teaching basic skills. As the team begins playing, the facilitator leads them in developing their playing skills—and their communication skills—even further.

One key objective is to quickly build the group's skill level to the point that it can play complex polyrhythm's, in which a number of independent rhythms are played simultaneously.

How do learning's from the program benefit the group back at the office?

By the end of the program, every team member feels a sense of exhilaration and success and understands the values of cooperation over competition. They also have awareness of what it really means to listen to one another and share creative space. All of these learnings effectively translate back to the workplace.

Can a drumming session be customized to deliver specific objectives?

Of course. Among other things, the program can be customized to develop team creativity, leadership skills and communication skills. It can also be used in conjunction with other teambuilding activities for an even richer experience.



What's the big idea behind a drumming session?

Few things in life bring people together as effortlessly as music does. When your team members drum together, they will express their individuality by bringing their own beats to the rhythm. They'll feel the power of working together toward a common goal and see that they achieve success through cooperation versus competition. This awareness will stay with them and create a stronger, more cohesive bond with team mates back in the workplace.

Why should I consider a drumming session?

It's mobile. We come to you.

It's inclusive. Everybody participates, contributes, learns and enjoys.

It's easy. No experience necessary.

It breaks down barriers. Drumming together transcends boundaries of race, religion, age, gender and workplace status. When this is happening, the boundaries of race, religion, age, gender and workplace status fall away.

It teaches the value of interdependence.

Team members learn new ways of working together while having a great time.

We have more than ten year's experience in our field and make sure that our facilitators deliver key messages and flawless execution. We deliver experiential team building programs that employees will talk about for months to come!

