## Zygmund's Fourier restriction theorem and Bernstein's inequality

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## 1 Zygmund's restriction theorem

Write  $\mathbb{T}^d = \mathbb{R}^d/\mathbb{Z}^d$ . Write  $\lambda_d$  for the Haar measure on  $\mathbb{T}^d$  for which  $\lambda_d(\mathbb{T}^d) = 1$ . For  $\xi \in \mathbb{Z}^d$ , we define  $e_{\xi} : \mathbb{T}^d \to S^1$  by

$$e_{\xi}(x) = e^{2\pi i \xi \cdot x}, \qquad x \in \mathbb{T}^d.$$

For  $f \in L^1(\mathbb{T}^d)$ , we define its **Fourier transform**  $\hat{f} : \mathbb{Z}^d \to \mathbb{C}$  by

$$\hat{f}(\xi) = \int_{\mathbb{T}^d} f\overline{e_{\xi}} d\lambda_d = \int_{\mathbb{T}^d} f(x)e^{-2\pi i \xi \cdot x} dx, \qquad \xi \in \mathbb{Z}^d.$$

For  $x \in \mathbb{R}^d$ , we write  $|x| = |x|_2 = \sqrt{x_1^2 + \dots + x_d^2}$ ,  $|x|_1 = |x_1| + \dots + |x_d|$ , and  $|x|_{\infty} = \max\{|x_j| : 1 \le j \le d\}$ .

For  $1 \le p < \infty$ , we write

$$||f||_p = \left(\int_{\mathbb{T}^d} |f(x)|^p dx\right)^{1/p}.$$

For  $1 \le p \le q \le \infty$ ,  $||f||_p \le ||f||_q$ .

Parseval's identity tells us that for  $f \in L^2(\mathbb{T}^d)$ ,

$$\|\hat{f}\|_{\ell^2} = \left(\sum_{\xi \in \mathbb{Z}^d} |\hat{f}(\xi)|^2\right)^{1/2} = \|f\|_2,$$

and the Hausdorff-Young inequality tells us that for  $1 \leq p \leq 2$  and  $f \in L^p(\mathbb{T}^d)$ ,

$$\left\| \hat{f} \right\|_{\ell^q} = \left( \sum_{\xi \in \mathbb{Z}^d} |\hat{f}(\xi)|^q \right)^{1/q} \le \|f\|_p,$$

where  $\frac{1}{p} + \frac{1}{q} = 1$ ;  $\left\| \hat{f} \right\|_{\ell^{\infty}} = \sup_{\xi \in \mathbb{Z}^d} |\hat{f}(\xi)|$ . **Zygmund's theorem** is the following.<sup>1</sup>

**Theorem 1** (Zygmund's theorem). For  $f \in L^{4/3}(\mathbb{T}^2)$  and r > 0,

$$\left(\sum_{|\xi|=r} |\hat{f}(\xi)|^2\right)^{1/2} \le 5^{1/4} \|f\|_{4/3}. \tag{1}$$

Proof. Suppose that

$$S = \left(\sum_{|\xi|=r} |\hat{f}(\xi)|^2\right)^{1/2} > 0.$$

For  $\xi \in \mathbb{Z}^2$ , we define

$$c_{\xi} = \frac{\overline{\hat{f}(\xi)}}{S} \chi_{|\zeta| = r}.$$

Then

$$\sum_{|\xi|=r} |c_{\xi}|^2 = \sum_{|\xi|=r} \frac{|\hat{f}(\xi)|^2}{|S|^2} = 1.$$
 (2)

We have

$$S^{2} = \sum_{|\xi|=r} |\hat{f}(\xi)|^{2}$$

$$= \sum_{|\xi|=r} \hat{f}(\xi) \overline{\hat{f}(\xi)}$$

$$= \left(\sum_{|\xi|=r} \hat{f}(\xi) c_{\xi}\right) S,$$

hence, defining  $c: \mathbb{T}^2 \to \mathbb{C}$  by

$$c(x) = \sum_{\xi \in \mathbb{Z}^d} c_{\xi} e^{2\pi i \xi \cdot x} = \sum_{|\xi| = r} c_{\xi} e^{2\pi i \xi \cdot x}, \qquad x \in \mathbb{T}^2,$$

we have, applying Parseval's identity,

$$S = \sum_{|\xi| = r} \hat{f}(\xi)c_{\xi} = \int_{\mathbb{T}^2} f(x)\overline{c(x)}dx.$$

For  $p=\frac{4}{3},$  let  $\frac{1}{p}+\frac{1}{q}=1,$  i.e. q=4. Hölder's inequality tells us

$$\int_{\mathbb{T}^2} |f(x)\overline{c(x)}| dx \le ||f||_{4/3} \, ||c||_4 \, .$$

<sup>&</sup>lt;sup>1</sup>Mark A. Pinsky, Introduction to Fourier Analysis and Wavelets, p. 236, Theorem 4.3.11.

For  $\rho \in \mathbb{Z}^2$ , we define

$$\gamma_{\rho} = \sum_{\mu - \nu = \rho} c_{\mu} \overline{c_{\nu}}.$$

Then define  $\Gamma(x) = |c(x)|^2$ , which satisfies

$$\Gamma(x) = c(x)\overline{c(x)} = \sum_{\xi \in \mathbb{Z}^2} \sum_{\zeta \in \mathbb{Z}^2} c_\xi \overline{c_\zeta} e^{2\pi i (\xi - \zeta) \cdot x} = \sum_{\rho \in \mathbb{Z}^2} \gamma_\rho e^{2\pi i \rho \cdot x}.$$

Parseval's identity tells us

$$||c||_4^4 = ||\Gamma||_2^2 = \sum_{\rho \in \mathbb{Z}^2} |\gamma_{\rho}|^2.$$

First,

$$\gamma_0 = \sum_{\mu \in \mathbb{Z}^2} c_\mu \overline{c_\mu} = \sum_{\mu \in \mathbb{Z}^2} |c_\mu|^2 = 1.$$

Second, suppose that  $\rho \in \mathbb{Z}^2$ ,  $|\rho| = 2r$ . If  $\rho/2 \in \mathbb{Z}^2$ , then  $\gamma_{\rho} = c_{\rho/2}\overline{c_{-\rho/2}}$ , and if  $\rho/2 \notin \mathbb{Z}^2$  then  $\gamma_{\rho} = 0$ . It follows that

$$\sum_{|\rho|=2r} |\gamma_{\rho}|^2 = \sum_{|\mu|=r} |\gamma_{2\mu}|^2 = \sum_{|\mu|=r} |c_{\mu}|^2 |c_{-\mu}|^2.$$
 (3)

Third, suppose that  $\rho \in \mathbb{Z}^2$ ,  $0 < |\rho| < 2r$ . Then, for

$$C_{\rho} = \{ \mu \in \mathbb{Z}^2 : |\mu| = r, |\mu - \rho| = |\rho| \},$$

we have  $|C_{\rho}| \leq 2$ . If  $|C_{\rho}| = 0$  then  $\gamma_{\rho} = 0$ . If  $|C_{\rho}| = 1$  and  $C_{\rho} = \{\mu\}$ , then  $\gamma_{\rho} = c_{\mu} \overline{c_{\mu-\rho}}$  and so  $|\gamma_{\rho}|^2 = |c_{\mu}|^2 |c_{\mu-\rho}|^2$ . If  $|C_{\rho}| = 2$  and  $C_{\rho} = \{\mu, m\}$ , then  $\gamma_{\rho} = c_{\mu} \overline{c_{\mu-\rho}} + c_{m} \overline{c_{m-\rho}}$  and so

$$|\gamma_{\rho}|^2 \le 2|c_{\mu}|^2|c_{\mu-\rho}|^2 + 2|c_m|^2|c_{m-\rho}|^2$$

It follows that

$$\sum_{0<|\rho|<2r} |\gamma_{\rho}|^2 \le 4 \sum_{|\mu|=r, |\nu|=r, 0<|\mu-\nu|<2r} |c_{\mu}|^2 |c_{\nu}|^2.$$

Using (3) and then (2),

$$\begin{split} \sum_{0<|\rho|\leq 2r} |\gamma_{\rho}|^2 &\leq 4 \sum_{|\mu|=r, |\nu|=r, 0<|\mu-\nu|<2r} |c_{\mu}|^2 |c_{\nu}|^2 + \sum_{|\mu|=r} |c_{\mu}|^2 |c_{-\mu}|^2 \\ &\leq 4 \sum_{|\mu|=r, |\nu|=r, 0<|\mu-\nu|<2r} |c_{\mu}|^2 |c_{\nu}|^2 + 4 \sum_{|\mu|=r} |c_{\mu}|^2 |c_{-\mu}|^2 \\ &\leq 4 \sum_{|\mu|=r, |\nu|=r} |c_{\mu}|^2 |c_{\nu}|^2 \\ &\leq 4 \left( \sum_{|\mu|=r} |c_{\mu}|^2 \right)^2 \\ &= 4 \left( \sum_{|\mu|=r} |c_{\mu}|^2 \right)^2 \\ &= 4. \end{split}$$

Fourth, if  $\rho \in \mathbb{Z}^2$ ,  $|\rho| > 2r$  then  $\gamma_{\rho} = 0$ . Putting the above together, we have

$$\sum_{\rho \in \mathbb{Z}^2} |\gamma_{\rho}|^2 \le 1 + 4 = 5.$$

Hence  $||c||_4^4 \le 5$ , and therefore

$$|S| = \left| \int_{\mathbb{T}^2} f(x) \overline{c(x)} dx \right| \le \int_{\mathbb{T}^2} |f(x) \overline{c(x)}| dx \le \|f\|_{4/3} \|c\|_4 \le \|f\|_{4/3} \, 5^{1/4},$$

proving the claim.

## 2 Tensor products of functions

For  $f_1: X_1 \to \mathbb{C}$  and  $f_2: X_2 \to \mathbb{C}$ , we define  $f_1 \otimes f_2: X_1 \times X_2 \to \mathbb{C}$  by

$$f_1 \otimes f_2(x_1, x_2) = f_1(x_1) f_2(x_2), \qquad (x_1, x_2) \in X_1 \times X_2.$$

For  $f_1 \in L^1(\mathbb{T}^{d_1})$  and  $f_2 \in L^1(\mathbb{T}^{d_2})$ , it follows from Fubini's theorem that  $f_1 \otimes f_2 \in L^1(\mathbb{T}^{d_1+d_2})$ .

For  $\xi_1 \in \mathbb{Z}^{d_1}$  and  $\xi_2 \in \mathbb{Z}^{d_2}$ , Fubini's theorem gives us

$$\widehat{f_1 \otimes f_2}(\xi_1, \xi_2) = \int_{\mathbb{T}^{d_1 + d_2}} f_1 \otimes f_2(x_1, x_2) e^{-2\pi i (\xi_1, \xi_2) \cdot (x_1, x_2)} d\lambda_{d_1 + d_2}(x_1, x_2)$$

$$= \int_{\mathbb{T}^{d_1}} \left( \int_{\mathbb{T}^{d_2}} f_1 \otimes f_2(x_1, x_2) e^{-2\pi i (\xi_1, \xi_2) \cdot (x_1, x_2)} d\lambda_{d_2}(x_2) \right) d\lambda_{d_1}(x_1)$$

$$= \int_{\mathbb{T}^{d_1}} f_1(x_1) e^{-2\pi i \xi_1 \cdot x_1} \left( \int_{\mathbb{T}^{d_2}} f_2(x_2) e^{-2\pi i \xi_2 \cdot x_2} d\lambda_{d_2}(x_2) \right) d\lambda_{d_1}(x_1)$$

$$= \hat{f}_1(\xi_1) \hat{f}_2(\xi_2)$$

$$= \hat{f}_1 \otimes \hat{f}_2(\xi_1, \xi_2),$$

showing that the Fourier transform of a tensor product is the tensor product of the Fourier transforms.

## 3 Approximate identities and Bernstein's inequality for $\mathbb{T}$

An **approximate identity** is a sequence  $k_N$  in  $L^{\infty}(\mathbb{T}^d)$  such that (i)  $\sup_N ||k_N||_1 < \infty$ , (ii) for each N,

$$\int_{\mathbb{T}^d} k_N(x) d\lambda_d(x) = 1,$$

and (iii) for each  $0 < \delta < \frac{1}{2}$ ,

$$\lim_{n \to \infty} \int_{\delta < x < 1 - \delta} |k_N(x)| d\lambda_d(x) = 0.$$

Suppose that  $k_N$  is an approximate identity. It is a fact that if  $f \in C(\mathbb{T}^d)$  then  $k_N * f \to f$  in  $C(\mathbb{T}^d)$ , if  $1 \le p < \infty$  and  $f \in L^p(\mathbb{T}^d)$  then  $k_N * f \to f$  in  $L^p(\mathbb{T}^d)$ , and if  $\mu$  is a complex Borel measure on  $\mathbb{T}^d$  then  $k_N * \mu$  weak-\* converges to  $\mu$ .<sup>2</sup> (The Riesz representation theorem tells us that the Banach space  $\mathcal{M}(\mathbb{T}^d) = rca(\mathbb{T}^d)$  of complex Borel measures on  $\mathbb{T}^d$ , with the total variation norm, is the dual space of the Banach space  $C(\mathbb{T}^d)$ .)

A trigonometric polynomial is a function  $P: \mathbb{T}^d \to \mathbb{C}$  of the form

$$P(x) = \sum_{\xi \in \mathbb{Z}^d} a_{\xi} e^{2\pi i \xi \cdot x}, \qquad x \in \mathbb{T}^d$$

for which there is some  $N \geq 0$  such that  $a_{\xi} = 0$  whenever  $|\xi|_{\infty} > N$ . We say that P has **degree** N; thus, if P is a trigonometric polynomial of degree N then P is a trigonometric polynomial of degree M for each  $M \geq N$ .

For  $f \in L^1(\mathbb{T})$ , we define  $S_N f \in C(\mathbb{T})$  by

$$(S_N f)(x) = \sum_{|j| \le N} \hat{f}(j)e^{2\pi i j x}, \qquad x \in \mathbb{T}.$$

We define the **Dirichlet kernel**  $D_N : \mathbb{T} \to \mathbb{C}$  by

$$D_N(x) = \sum_{|j| \le N} e^{2\pi i j x}, \qquad x \in \mathbb{T},$$

which satisfies, for  $f \in L^1(\mathbb{T})$ ,

$$D_N * f = S_N f.$$

We define the **Fejér kernel**  $F_N \in C(\mathbb{T})$  by

$$F_N = \frac{1}{N+1} \sum_{n=0}^{N} D_n,$$

We can write the Fejér kernel as

$$F_N(x) = \sum_{|j| \le N} \left( 1 - \frac{|j|}{N+1} \right) e^{2\pi i j x} = \sum_{j \in \mathbb{Z}} \chi_{[-N,N]}(j) \left( 1 - \frac{|j|}{N+1} \right) e^{2\pi i j x},$$

where  $\chi_A$  is the indicator function of the set A. It is straightforward to prove that  $F_N$  is an approximate identity.

We define the d-dimensional Fejér kernel  $F_{N,d} \in C(\mathbb{T}^d)$  by

$$F_{N,d} = \underbrace{F_N \otimes \cdots \otimes F_N}_{d}.$$

 $<sup>^2 {\</sup>rm Camil}$  Muscalu and Wilhelm Schlag, Classical and Multilinear Harmonic Analysis, volume I, p. 10, Proposition 1.5.

We can write  $F_{N,d}$  as

$$F_{N,d}(x) = \sum_{|\xi|_{\infty} \le N} \left( 1 - \frac{|\xi_1|}{N+1} \right) \cdots \left( 1 - \frac{|\xi_d|}{N+1} \right) e^{2\pi i \xi \cdot x}, \qquad x \in \mathbb{T}^d.$$

Using the fact that  $F_N$  is an approximate identity on  $\mathbb{T}$ , one proves that  $F_{N,d}$  is an approximate identity on  $\mathbb{T}^d$ .

The following is **Bernstein's inequality for**  $\mathbb{T}$ .

**Theorem 2** (Bernstein's inequality). If P is a trigonometric polynomial of degree N, then

$$||P'||_{\infty} \leq 4\pi N ||P||_{\infty}$$
.

Proof. Define

$$Q = ((e_{-N}P) * F_{N-1})e_N - ((e_NP) * F_{N-1})e_{-N}.$$

The Fourier transform of the first term on the right-hand side is, for  $j \in \mathbb{Z}$ ,

$$\begin{split} (e_{-N}\widehat{P*F_{N-1}})*\widehat{e_N}(j) &= \sum_{k \in \mathbb{Z}} \widehat{e_{-N}P}(j-k)\widehat{F_{N-1}}(j-k)\widehat{e_N}(k) \\ &= \widehat{e_{-N}P}(j-N)\widehat{F_{N-1}}(j-N) \\ &= \widehat{P}(j)\widehat{F_{N-1}}(j-N), \end{split}$$

and the Fourier transform of the second term is

$$\widehat{P}(j)\widehat{F_{N-1}}(j+N).$$

Therefore, for  $j \in \mathbb{Z}$ , using  $\widehat{P} = \chi_{[-N,N]} \widehat{P}$ ,

$$\begin{split} \widehat{Q}(j) &= \widehat{P}(j) \left( \widehat{F_{N-1}}(j-N) - \widehat{F_{N-1}}(j+N) \right) \\ &= \widehat{P}(j) \left( \chi_{[-N+1,N-1]}(j-N) \left( 1 - \frac{|j-N|}{N} \right) - \chi_{[-N+1,N-1]} \left( 1 - \frac{|j+N|}{N} \right) \right) \\ &= \widehat{P}(j) \left( \chi_{[1,N]}(j) \left( 1 + \frac{j-N}{N} \right) + \chi_{[N,2N-1]}(j) \left( 1 - \frac{j-N}{N} \right) \right) \\ &- \chi_{[-2N+1,-N]}(j) \left( 1 + \frac{j+N}{N} \right) - \chi_{[-N,-1]}(j) \left( 1 - \frac{j+N}{N} \right) \right) \\ &= \widehat{P}(j) \left( \chi_{[1,N]}(j) \left( 1 + \frac{j-N}{N} \right) - \chi_{[-N,-1]}(j) \left( 1 - \frac{j+N}{N} \right) \right) \\ &= \widehat{P}(j) \left( \frac{j}{N} \chi_{[1,N]}(j) + \frac{j}{N} \chi_{[-N,-1]}(j) \right) \\ &= \frac{j}{N} \widehat{P}(j). \end{split}$$

On the other hand,

$$\widehat{P'}(j) = 2\pi i j \widehat{P}(j),$$

so that

$$P' = 2\pi i NQ,$$

i.e.

$$P' = 2\pi i N(((e_{-N}P) * F_{N-1})e_N - ((e_NP) * F_{N-1})e_{-N}).$$

Then, by Young's inequality,

$$\begin{split} \|P'\|_{\infty} &= 2\pi N \left\| ((e_{-N}P) * F_{N-1}) e_N - ((e_NP) * F_{N-1}) e_{-N} \right\|_{\infty} \\ &\leq 2\pi N \left\| ((e_{-N}P) * F_{N-1}) e_N \right\|_{\infty} + 2\pi N \left\| ((e_NP) * F_{N-1}) e_{-N} \right\|_{\infty} \\ &= 2\pi N \left\| (e_{-N}P) * F_{N-1} \right\|_{\infty} + 2\pi N \left\| (e_NP) * F_{N-1} \right\|_{\infty} \\ &\leq 2\pi N \left\| e_{-N}P \right\|_{\infty} \left\| F_{N-1} \right\|_{1} + 2\pi N \left\| e_NP \right\|_{\infty} \left\| F_{N-1} \right\|_{1} \\ &= 4\pi N \left\| P \right\|_{\infty}. \end{split}$$