



# **SNOWFLAKE DATA LOADING**

## **LEVEL UP**

# LEVEL UP: Data Loading

## TOPIC INTRODUCTION

Snowflake has options for high performing data loads that optimize its unique architecture. Some basics are covered in this topic, with links to Snowflake documentation for more details.

1. Read the guidance questions to focus your attention.
2. Use the resources to research answers to guidance questions.
3. Take the quiz.



# LEVEL UP: Data Loading

## TOPIC GUIDANCE QUESTIONS

- 1) How do I load my data into Snowflake?
- 2) What types of data storage can Snowflake load from?
- 3) What is a “stage” in Snowflake?
- 4) Why would I choose one loading method over another?
- 5) What are some best practices for data loading?

