Adaptive dating and fast proposals: revisiting the phylogenetic relaxed clock model

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Abstract

Author summary

Introduction

The molecular clock hypothesis states that the evolutionary rates of biological sequences are approximately constant through time [1]. This assumption forms the basis of phylogenetics, under which the evolutionary trees and divergence dates of life forms are inferred from biological sequences, such as nucleic and amino acids [2,3]. In Bayesian phylogenetics, these trees and their associated parameters are estimated as probability distributions [4–6]. Statistical inference can be performed by the Markov chain Monte Carlo (MCMC) algorithm [7,8] using platforms such as BEAST [9], BEAST2 [10], MrBayes [11], and RevBayes [12].

The simplest phylogenetic clock model – the strick clock – makes the convenient assumption that the evolutionary rate is constant across all lineages [4,5,13]. However, molecular substitution rates are known to vary over time, over population sizes, over evolutionary pressures, and over nucleic acid replicative machineries [14–16]. Moreover, any given dataset may be clock-like (where the substitution rates have a small variance across lineages) or non clock-like (a large variance). In the latter case, a strict clock is probably not suitable.

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This led to the development of relaxed (uncorrelated) clock models, under which each branch in the phylogenetic tree has its own molecular substitution rate [3]. Branch rates can be drawn from a range of probability distributions including Log-Normal, Exponential, Gamma, and Inverse-Gamma distributions [3,17,18]. This class of models is widely used, and has aided insight into many recent biological problems, including the 2016 Zika virus outbreak [19] and the COVID-19 pandemic [20].

Finally, although not the focus of this article, the class of correlated clock models assumes some form of auto-correlation between rates over time. The correlation itself can invoke a range of stochastic models, including compound Poisson [21] and CIR processes [17], or it can exist as a series of local relaxed clocks [22]. However, due to the correlated and discrete nature of such models, the time until MCMC convergence may be cumbersome, particularly for larger datasets [22].

With the overwhelming availabilty of biological sequence data, the development of efficient Bayesian phylogenetic methods is more important than ever. The performance of MCMC is dependent not only on computational runtime but also the efficacy of an

August 10, 2020 1/29

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MCMC setup to achieve its convergence. A critical task therein lies the further advancement of MCMC operators. Recent developments in this area include the advancement of guided tree proposals [23–25], coupled MCMC [26, 27], adaptive multivariate transition kernels [28], and other explorative proposal kernels such as the Bactrian and mirror kernels [29, 30]. In the case of clock models, informed tree proposals can account for correlations between substitution rates and divergence times [31]. The rate parameterisation itself can also affect the ability to "mix" during MCMC [3, 18, 31].

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While a range of advanced operators and other MCMC optimisation methods have arisen over the years, there has yet to be a widescale performance benchmarking of such methods as applied to the relaxed clock model. In this article, we systematically evaluate how the relaxed clock model can benefit from i) adaptive operator weighting, ii) different substitution rate parameterisations, iii) the use of Bactrian proposal kernels [29], iv) tree operators which account for correlations between substitution rates and times, and v) adaptive multivariate operators [28]. The discussed methods are implemented in and compared using BEAST2 [10].

Models and Methods

Preliminaries

Let \mathcal{T} be a binary rooted time tree with N taxa. Let L be the number of sites within the multiple sequence alignment D. The posterior density of a phylogenetic model is described by

$$p(\mathcal{T}, \vec{\mathcal{R}}, \sigma, \mu_C, \theta | D) \propto p(D | \mathcal{T}, r(\vec{\mathcal{R}}), \mu_C) \ p(\mathcal{T} | \theta) \ p(\vec{\mathcal{R}} | \sigma) \ p(\sigma) \ p(\mu_C) \ p(\theta).$$
 (1)

 σ represents clock model related parameters, and $p(\mathcal{T}|\theta)$ is the tree prior where θ describes further unspecified parameters. The tree likelihood $p(D|\mathcal{T}, r(\vec{\mathcal{R}}), \mu_C)$ is computed using the tree-peeling algorithm [32], where μ_C is the overall clock rate and $\vec{\mathcal{R}}$ is a vector of abstracted branch rates which is transformed into real rates by function $r(\vec{\mathcal{R}})$. Branch rates have a mean of 1 under the prior to avoid non-identifiability with node heights and the clock rate μ_C . Three methods of representing rates as $\vec{\mathcal{R}}$ are presented in **Substitution rate parameterisations**.

Let t_i be the height (time) of node i. Each node i in \mathcal{T} , except for the root, is associated with a parental branch length τ_i (the height difference between i and its parent) and a parental branch substitution rate $r_i = r(\mathcal{R}_i)$. In a relaxed clock model, each of the 2N-2 elements in \mathcal{R} are independently distributed under the prior $p(\mathcal{R} \mid \sigma)$.

The posterior distribution is sampled by the Metropolis-Hastings-Green MCMC algorithm [7,8,33], under which the probability of accepting proposed state x' from state x is equal to:

$$\alpha(x'|x) = \min\left(1, \frac{p(x'|D)}{p(x|D)} \frac{q(x|x')}{q(x'|x)} |J|\right). \tag{2}$$

q(a|b) is the transition kernel: the probability of proposing state b from state a. The ratio between the two $\frac{q(x|x')}{q(x'|x)}$ is also known as the Hastings ratio [8]. The determinant of the Jacobian matrix |J| solves the dimension-matching problem for proposals which operate on multiple terms across one or more spaces [33,34]. This term is known as the Green ratio.

August 10, 2020 2/29

Substitution rate parameterisations

In Bayesian inference, the way parameters are represented in the model can affect the mixing ability of the model and the meaning of the model itself [35]. Three methods for parameterising substitution rates are described below. Each parameterisation is associated with i) an abstraction of the branch rate vector $\vec{\mathcal{R}}$, ii) some function for transforming this parameter into unabstracted branch rates $r(\vec{\mathcal{R}})$, and iii) a prior density function of the abstraction $p(\vec{\mathcal{R}}|\sigma)$. The three methods are summarised in **Fig** 2.

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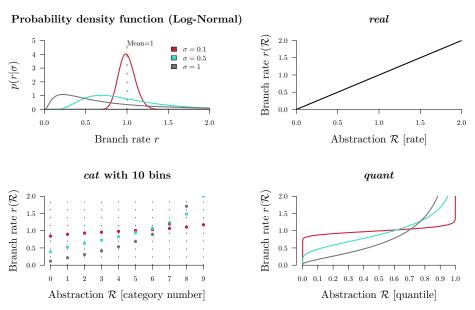


Fig 1. Branch rate parameterisations. Top left: the prior density of a branch rate r under a Log-Normal $(-0.5\sigma^2, \sigma)$ distribution (with its mean fixed at 1). The function for transforming \mathcal{R} into branch rates $r(\mathcal{R})$ is depicted for real (top right), cat (bottom left), and quant (bottom right). For simplicity there are 10 cat bins displayed, however in practice there are 2N-2 bins.

August 10, 2020 3/29

1. Real rates

The natural (and unabstracted) parameterisation of a substitution rate is a real number $\mathcal{R}_i \in \mathbb{R}, \mathcal{R}_i > 0$ which is equal to the rate itself. Thus, under the *real* parameterisation:

$$r(\vec{\mathcal{R}}) = \vec{\mathcal{R}}. \tag{3}$$

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Under the Log-Normal clock prior $p(\vec{\mathcal{R}} | \sigma)$, rates are distributed with a mean of 1:

$$p(\mathcal{R}_i|\sigma) = \frac{1}{\mathcal{R}_i \sigma \sqrt{2\pi}} \exp\left(-\frac{(\ln \mathcal{R}_i - \mu)^2}{2\sigma^2}\right)$$
(4)

where $\mu = -0.5\sigma^2$ is set such that the expected value of the Log-Normal distribution is 1. In this article we only consider Log-Normal clock priors, however the methods discussed are general.

Zhang and Drummond 2020 introduced a series of tree operators which propose node heights and branch rates, such that the resulting genetic distances $(r_i \times \tau_i)$ remain constant [31]. These operators account for correlations between branch rates and branch times. By keeping the genetic distance of each branch constant, the likelihood is unaltered by the proposal.

2. Categories

The category parameterisation (cat) is an abstraction of the real parameterisation. Each of the 2N-2 branches are assigned an integer from 0 to n-1:

$$\vec{\mathcal{R}} \in \{0, 1, \dots, n-1\}^{2N-2}.$$
 (5)

These integers correspond to n rate categories (**Fig. 2**). The domain of $\vec{\mathcal{R}}$ is uniformly distributed under the prior:

$$p(\mathcal{R}_i|\sigma) = p(\mathcal{R}_i) = \frac{1}{n}.$$
 (6)

Let $f(x|\sigma)$ be the probability density function (PDF) and let $F(x|\sigma) = \int_0^x f(t|\sigma) dt$ be the cumulative distribution function (CDF) of the prior distribution used by the underlying real clock model (a Log-Normal distribution in this project). Then, in the cat parameterisation, $f(x|\sigma)$ is discretised into n bins and each element within \mathcal{R} points to one such bin, where each bin has uniform prior density. The rate of each bin is equal to the median value within the bin

$$r(\mathcal{R}_i) = F^{-1}\left(\frac{\mathcal{R}_i + 0.5}{n}\right),\tag{7}$$

where F^{-1} is the inverse cumulative distribution function (i-CDF).

The key advantage of the *cat* parameterisation is the removal of a term from the posterior density (Equation 1), or more accurately the replacement of a non-trivial $p(\vec{\mathcal{R}} | \sigma)$ term with that of a uniform prior. This may facilitate efficient traversal of the parameter space by MCMC.

This parameterisation has been widely used in BEAST and BEAST2 analyses [3]. However, the recently developed constant distance operators – which are incompatible with the *cat* parameterisation – can yield an increase in mixing rate under *real* by up to an order of magnitude over that of *cat*, depending on the dataset [31].

August 10, 2020 4/29

3. Quantiles

Finally, rates can be parameterised as real numbers $0 < \mathcal{R}_i < 1$ which describe the rate's quantile with respect to some underlying clock model distribution. Under the quant parameterisation, each of the 2N-2 elements in $\vec{\mathcal{R}}$ are uniformly distributed.

$$\vec{\mathcal{R}} \in \mathbb{R}^{2N-2}, 0 < \mathcal{R}_i < 1 \tag{8}$$

$$p(\mathcal{R}_i|\sigma) = p(\mathcal{R}_i) = 1 \tag{9}$$

Transforming these quantiles into rates invokes the i-CDF of the underlying real clock model distribution:

$$r(\mathcal{R}_i) = F^{-1}(\mathcal{R}_i). \tag{10}$$

However, evaluation of the i-CDF is computationally demanding and this may hinder the performance of the quant parameterisation.

While this approach has clear similarities with *cat*, the domain of rates here is continuous (as opposed to being confined to a discrete number of bins). In this project we extended the family of constant distance operators [31] so they are compatible with *quant* (S1 Appendix).

When σ is proposed under either quant or cat, all of the rates $r(\vec{\mathcal{R}})$ are proposed along with it, thus enabling large changes to the state space with a single proposal. Whereas, this is not the case for real, which led to the development of the FastClockScale operator [31].

August 10, 2020 5/29

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The weight of an operator determines the probability of the operator being selected at each step during MCMC. In BEAST2, operators can have a tunable parameter s which determines the step size of the operator [10]. Although s is learned throughout the MCMC chain, the operator weights themselves are typically held constant. Pre-existing BEAST2 clock model operators (i.e. those which generate proposals for either $\vec{\mathcal{R}}$ or σ) are summarised in **Table 1**, and further operators are introduced throughout the paper.

Operator	Description	Parameters	Parameterisations
RandomWalk	Moves a single element by a tunable amount.	$ec{\mathcal{R}},\sigma$	cat, real, quant
Scale	Applies RandomWalk on the log-transformation (suitable for parameters with positive domains).	$ec{\mathcal{R}},\sigma$	real, quant
Interval	Applies RandomWalk on the logit-transformation (suitable for parameters with upper and lower limits).	$ec{\mathcal{R}}$	quant
Swap	Swaps two random elements in the vector [3].	$ec{\mathcal{R}}$	cat, real, quant
Uniform	Resamples one element in the vector from a uniform distribution.	$ec{\mathcal{R}}$	cat, quant
ConstantDistance	Adjusts an internal node height and recalculates all incident branch rates such that the genetic distances remain constant [31].	$ec{\mathcal{R}}$, \mathcal{T}	real, quant
SimpleDistance	Applies ConstantDistance to the root node [31].	$ec{\mathcal{R}},\mathcal{T}$	real, quant
SmallPulley	Proposes new branch rates incident to the root such that their combined genetic distance is constant [31].	$\vec{\mathcal{R}}$	real, quant
FastClockScale	Applies Scale to σ and then recomputes all rates $\vec{\mathcal{R}}$ such that their quantiles under the prior $p(\vec{\mathcal{R}} \sigma)$ are constant [31].	$ec{\mathcal{R}},\sigma$	real

Table 1. Summary of pre-existing BEAST2 operators, which apply to either branch rates $\vec{\mathcal{R}}$ or the clock standard deviation σ , and the substitution rate parameterisation they apply to. ConstantDistance and SimpleDistance also adjust node heights in the tree \mathcal{T} .

It is not always clear which mixture of operators is best for a given dataset. In this article we introduce AdaptiveOperatorSampler - a meta-operator which learns operator weights during MCMC and samples operators according to these weights. The meta-operator undergoes three phases. In the first phase (burn-in),

August 10, 2020 6/29

AdaptiveOperatorSampler samples from its set of sub-operators uniformly at random. In the second phase (learn-in), the meta-operator continues to sample operators uniformly at random however it begins learning several terms detailed below. In its final phase, AdaptiveOperatorSampler samples operators (denoted by ω) using the following distribution:

$$p(\omega_i) \propto \begin{cases} 1 & \text{with probability } \Omega\\ \frac{1}{\mathbb{T}(\omega_i)} \sum_{p \in \text{POI } x \in \text{accepts}(\omega_i)} \mathbb{D}(x_p, x_p') & \text{with probability } 1 - \Omega \end{cases}$$
 (11)

where $\Omega=0.01$ allows any sub-operator to be sampled regardless of its performance. The parameters of interest (POI) may be either a set of numerical parameters (such as branch rates or node heights), or it may be the tree itself, but it cannot be both. The distance between states x_p and its (accepted) proposal x_p' with respect to parameter p is determined by

$$\mathbb{D}(x_p, x_p') = \begin{cases} \operatorname{RF}(x_p, x_p')^2 & \text{if } p \text{ is a tree} \\ \frac{1}{|p|} \left[\frac{\|x_p - x_p'\|}{\sigma_p} \right]^2 & \text{if } p \text{ is numerical} \end{cases}$$
(12)

where RF is the Robinson-Foulds tree distance [36], and |p| is the number of dimensions of numerical parameter p (1 for σ , 2N-2 for $\vec{\mathcal{R}}$, and 2N-1 for node heights t). The remaining terms are trained during the second and third phases: the cumulative computational runtime spent on each operator $\mathbb{T}(\omega_i)$, the sample standard deviation σ_p of each numerical parameter p, and the sum distances $\sum_x \mathbb{D}(x_p, x_p')$.

Under Equations 11 and 12, operators which effect larger changes on the parameters of interest, in shorter runtime, are sampled with greater probabilities. Division of the squared distance by a parameters variance σ_p^2 enables comparison between different numerical parameters.

We also introduce the SampleFromPrior(\vec{x}) operator. This operator resamples ψ randomly selected elements within vector \vec{x} from their prior distributions, where $\psi \sim \text{Binomial}(n=|\vec{x}|,p=\frac{s}{|\vec{x}|})$ for tunable term s.

We hypothesise that datasets with strong signal (or large L) will mix best when the more precise and meticulous kind of operator is employed, such as those informed by correlations within the posterior distribution e.g. the family of constant distance operators [31] (Fig. 2). Whereas, datasets which contain very poor signal (or small L) are likely to mix best when there is more weight placed on bold operators such as SampleFromPrior, Swap, or Uniform which sample each branch rate independently of its current estimate. Ideally, an operator to the likes of AdaptiveOperatorSampler would learn the combination of weights behind these classes of operators best suited for any given dataset.

In this article we apply three instances of the AdaptiveOperatorSampler meta-operator to the real and quant parameterisations. These are summarised in Table 2

August 10, 2020 7/29

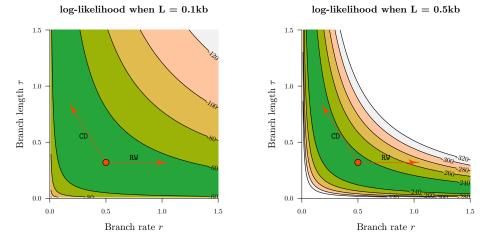


Fig 2. Traversing likelihood space. The z-axes above are the log-likelihoods of the genetic distance $r \times \tau$ between two simulated nucleic acid sequences of length L, under the Jukes-Cantor substitution model [37]. Two possible proposals from the current state (red circle) are depicted. These proposals are generated by the RandomWalk (RW) and ConstantDistance (CD) operators. In the low signal dataset (L=0.1kb), both operators can traverse the likelihood space effectively. However, the exact same proposal by RandomWalk incurs a much larger likelihood penalty in the L=0.5kb dataset by "falling off the ridge", in contrast to ConstantDistance which "walks along the ridge". This discrepancy is even stronger for larger datasets and thus necessitates the use of operators such as ConstantDistance which account for correlations between branch lengths and rates.

Meta-operator		Operators
		$\texttt{FastClockScale}(\sigma, \vec{\mathcal{R}})$
AdaptiveOperatorSampler(σ)	σ	${\tt RandomWalk}(\sigma)$
AdaptiveOperatorSampler(0)	U	$Scale(\sigma)$
		${\tt SampleFromPrior}(\sigma)$
		${\tt ConstantDistance}(\vec{\mathcal{R}},\mathcal{T})$
		RandomWalk($ec{\mathcal{R}}$)
AdaptiveOperatorSampler($\vec{\mathcal{R}}$)	$ec{\mathcal{R}}$, t	$\mathtt{Scale}(ec{\mathcal{R}})$
Adaptiveoperatorsampler(K)	\mathcal{K}, ι	$ ext{Interval}(ec{\mathcal{R}})$
		$\texttt{Swap}(\vec{\mathcal{R}})$
		$ exttt{SampleFromPrior}(ec{\mathcal{R}})$
AdaptiveOperatorSampler(root)	$\vec{\mathcal{R}}$, t	$\texttt{SimpleDistance}(\vec{\mathcal{R}},\mathcal{T})$
Adaptiveoperatorsampler(100t)	\mathcal{K}, ι	${\tt SmallPulley}(\vec{\mathcal{R}},t)$

Table 2. Summary of the three instances of AdaptiveOperatorSampler and their parameters of interest (POI). Note that different operators are applicable to different substitution rate parameterisations (Table 1). AdaptiveOperatorSampler(root) applies the root-targeting constant distance operators only [31] while AdaptiveOperatorSampler($\vec{\mathcal{R}}$) targets all rates and all nodes heights t. The two meta-operators are weighted proportionally to the contribution of the root node to the total node count.

August 10, 2020 8/29

Bactrian proposal kernel

The step size of a proposal kernal q(x'|x) should be such that the proposed state x' is sufficiently far from the current state x to explore vast areas of parameter space, but not so large that the proposal is rejected too often [38]. Operators which attain an acceptance probability of 0.234 are often considered to have arrived at a suitable midpoint between these two extremes [10,38]. The standard uniform distribution kernel has recently been challenged by the Bactrian kernel [29,30]. The Bactrian (m) distribution is defined as the sum of two Normal distributions:

$$\Sigma \sim \text{Bactrian}(m) \equiv \frac{1}{2} \text{Normal}(-m, 1 - m^2) + \frac{1}{2} \text{Normal}(m, 1 - m^2)$$
 (13)

where $0 \le m < 1$ describes the modality of the Bactrian distribution. When m = 0, the Bactrian distribution is equivalent to a Normal(0,1) distribution. As $m \to 1$, the distribution becomes increasingly bimodal (**Fig. 3**). Yang et al. 2013 [29] suggest that Bactrian(m = 0.95) yields a proposal kernel which traverses the posterior distribution more efficiently that the standard uniform kernel, by placing minimal probability on steps which are too small or too large. In this case, a target acceptance probability of around 0.3 is optimal.

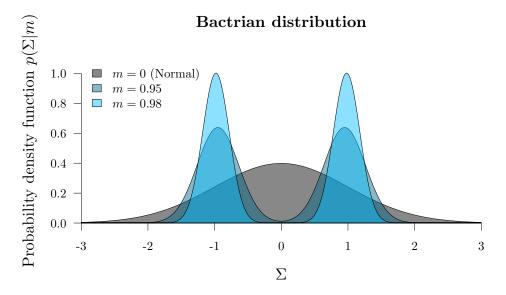


Fig 3. The Bactrian proposal kernel. The step size made under a Bactrian proposal kernel is equal to $s\Sigma$ where Σ is drawn from the above distribution and s is tunable.

In this article we compare the performance of uniform and Bactrian (0.95) proposal kernels with respect to estimating clock model parameters $\vec{\mathcal{R}}$ and σ . The clock model operators which these proposal kernels apply to are described in **Table 3**.

August 10, 2020 9/29

	Operator(s)	Proposal	Parameter x
1	RandomWalk	$x' \leftarrow x + s\Sigma$	$\vec{\mathcal{R}}$, σ
2	Scale	$x' \leftarrow x \times e^{s\Sigma}$	$ec{\mathcal{R}},\sigma$
3	Interval	$y \leftarrow \frac{1-x}{x} \times e^{s\Sigma}$ $x' \leftarrow \frac{y}{y+1}$	$ec{\mathcal{R}}$
4	ConstantDistance SimpleDistance	$x' \leftarrow x + s\Sigma$	t
5	SmallPulley	$x' \leftarrow x + s\Sigma$	$ec{\mathcal{R}}$
6	FastClockScale	$x' \leftarrow x \times e^{s\Sigma}$	σ

Table 3. Proposal kernels q(x'|x) of clock model operators. In each operator, Σ is drawn from either a Bactrian(m) or Uniform distribution. The scale size s is tunable. ConstantDistance and SimpleDistance propose tree heights t. The Interval operator applies to rate quantiles and respects its domain i.e. 0 < x, x' < 1.

August 10, 2020 10/29

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The NarrowExchange operator [39], used widely in BEAST [9,40] and BEAST2 [10], is similar to nearest-neighbour-interchange [41], and works as follows (**Fig. 4**):

<u>Step 1</u>. Sample an internal/root node E from tree \mathcal{T} , where E has grandchildren.

 $\overline{Step\ 2}$. Identify the child of E with the greater height. Denote this child as D and its sibling as C (i.e. $t_D > t_C$).

Step 3. Randomly identify the two children of D as A and B.

<u>Step 4</u>. Relocate the B-D branch onto the C-E branch, so that B and C become siblings and their parent is D. All node heights are unchanged.

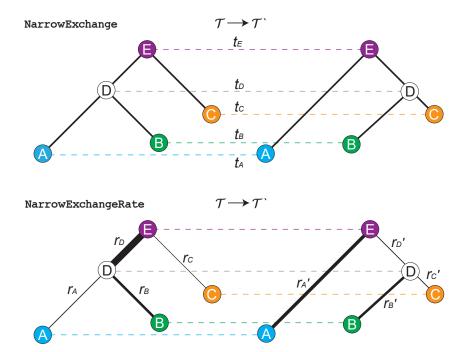


Fig 4. Depiction of NarrowExchange and NarrowExchangeRate operators. Proposals are denoted by $\mathcal{T} \to \mathcal{T}'$. The vertical axis corresponds to node height t. In the bottom figure, branch rates r are indicated by line thickness. In this example, the \mathcal{D}_{AE} and \mathcal{D}_{CE} constraints are satisfied.

Lakner et al. 2008 [42] found that tree operators which perterb topology (such as nearest-neighbour-interchange and subtree-prune-and-regraft [41]) consistently perform better than those which also change branch lengths (such as LOCAL [43] and Continuous Change [44]). If NarrowExchange was adapted the relaxed clock model by ensuring that genetic distances remain constant after the proposal (akin to the constant distance operators [31]), then its ability to traverse the state space may improve. This may in turn permit proposing a new node height t_D and therefore changing branch lengths.

Here, we present the NarrowExchangeRate (NER) operator. Let r_A , r_B , r_C , and r_D be the clock rates of nodes A, B, C, and D, respectively. In addition to the modest topological change applied by NarrowExchange, NER also proposes new clock rates $r_A{}'$, $r_B{}'$, $r_C{}'$, and $r_D{}'$. While NER does not alter t_D (i.e. $t_D{}' \leftarrow t_D{}$), we also consider NERw - a special case of the NER operator which embarks t_D on a random walk:

August 10, 2020 11/29

$$t_D' \leftarrow t_D + s\Sigma$$
 (14)

for random walk step size $s\Sigma$ where s is a tunable scaler parameter and Σ is drawn from a uniform or **Bactrian proposal kernel**. NER (and NERw) are compatible with both the real and quant parameterisations. Analogous to the ConstantDistance operator, the proposed rates ensure that the genetic distances between nodes A, B, C, and E are constant. There are six pairwise distance between these four nodes and therefore six constraints:

$$\mathcal{D}_{AB}: \quad r_A(t_D - t_A) + r_B(t_D - t_B) = r_A'(t_E - t_A) + r_D'(t_E - t_D') + r_B'(t_D' - t_B)$$
(15)

$$\mathcal{D}_{AC}: \quad r_A(t_D - t_A) + r_D(t_E - t_D) + r_C(t_E - t_C) =$$

$$r_A'(t_E - t_A) + r_D'(t_E - t_D') + r_C'(t_D' - t_C)$$
(16)

$$\mathcal{D}_{AE}: \quad r_A(t_D - t_A) + r_D(t_E - t_D) = \\ r_A'(t_E - t_A) \tag{17}$$

$$\mathcal{D}_{BC}: \quad r_B(t_D - t_B) + r_D(t_E - t_D) + r_C(t_E - t_D) = r_{B'}(t_{D'} - t_B) + r_{C'}(t_{D'} - t_C)$$
(18)

$$\mathcal{D}_{BE}: \quad r_B(t_D - t_B) + r_D(t_E - t_D) = r_{B'}(t_{D'} - t_B) + r_{D'}(t_E - t_{D'})$$
(19)

$$\mathcal{D}_{CE}: \quad r_C(t_E - t_C) = \\ r_{C'}(t_{D'} - t_C) + r_{D'}(t_E - t_{D'})$$
(20)

Further constraints are imposed by the model itself:

$$r_i > 0 \text{ and } r_i' > 0 \text{ for } i \in \{A, B, C, D\}$$
 (21)

$$\max\{t_B, t_C\} < t_D' < t_E. \tag{22}$$

Unfortunately, there is no solution to all six \mathcal{D}_{ij} constraints unless non-positive rates or illegal trees are permitted. Therefore rather than conserving all six pairwise distances, NER conserves a *subset* of distances. It is not immediately clear which subset should be conserved.

Automated generation of operators and constraint satisfaction

The total space of NER operators is comprised of all possible subsets of distance constraints (i.e. $\{\}, \{\mathcal{D}_{AB}\}, \{\mathcal{D}_{AC}\}, \dots, \{\mathcal{D}_{AB}, \mathcal{D}_{AC}, \mathcal{D}_{AE}, \mathcal{D}_{BC}, \mathcal{D}_{BE}, \mathcal{D}_{CE}\}$) which are solvable. The simplest NER – the null operator denoted by NER $\{\}$ – does not satisfy any distance constraints. This is equivalent to NarrowExchange. To determine which NER variants have the best performance, we developed an automated pipeline for generating and testing these operators.

1. Solution finding. Using standard analytical linear-system solving libraries in MATLAB [45], the $2^6 = 64$ subsets of distance constraints were solved. 54 of the 64 subsets were found to be solvable, and the unsolvables were discarded.

August 10, 2020 12/29

2. Solving Jacobian determinants. The determinant of the Jacobian matrix J is required for computing the Green ratio of the proposal. J is defined as

$$J = \begin{bmatrix} \frac{\partial r_{A'}}{\partial r_{A}} & \frac{\partial r_{A'}}{\partial r_{B}} & \frac{\partial r_{A'}}{\partial r_{C}} & \frac{\partial r_{A'}}{\partial r_{D}} \\ \frac{\partial r_{B'}}{\partial r_{A}} & \frac{\partial r_{B'}}{\partial r_{B}} & \frac{\partial r_{B'}}{\partial r_{C}} & \frac{\partial r_{B'}}{\partial r_{D}} \\ \frac{\partial r_{C'}}{\partial r_{A}} & \frac{\partial r_{B'}}{\partial r_{B}} & \frac{\partial r_{C'}}{\partial r_{C}} & \frac{\partial r_{C'}}{\partial r_{D}} \\ \frac{\partial r_{D'}}{\partial r_{A}} & \frac{\partial r_{D'}}{\partial r_{B}} & \frac{\partial r_{D'}}{\partial r_{C}} & \frac{\partial r_{D'}}{\partial r_{D}} \end{bmatrix}.$$

$$(23)$$

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Computing the determinant |J| invokes standard analytical differentiation and linear algebra libraries of MATLAB. 6 of the 54 solvable operators were found to have |J| = 0, corresponding to irreversible proposals, and were discarded.

3. Automated generation of BEAST2 operators. Java class files are generated using string processing. Each class corresponds to a single operator, extends the class of a meta-NER-operator, and is comprised of the solutions found in 1 and the Jacobian determinant found in 2. |J| is further augmented if the *quant* parameterisation is employed (S1 Appendix). Two such operators are expressed in Algorithms 1 and 2.

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Algorithm 1 The NER\{\mathcal{D}_{BC}, \mathcal{D}_{CE}\} operator.
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1: procedure PROPOSAL(t_A, t_B, t_C, t_D, t_E, r_A, r_B, r_C, r_D)
               s\Sigma \leftarrow \text{getRandomWalkSize}()
                                                                                            ▷ Random walk size is 0 unless this is NERw
 3:
               t_D' \leftarrow t_D + s\Sigma
                                                                                                                      \triangleright Propose new node height for D
 4:
 5:
             \begin{aligned} r_A' &\leftarrow r_A \\ r_B' &\leftarrow \frac{r_B(t_D - t_B) + r_D(t_E - t_D) + r_D(t_E - t_D')}{t_D' - t_B} \\ r_C' &\leftarrow \frac{r_C(t_E - t_C) - r_D(t_E - t_D')}{t_D' - t_C} \\ r_D' &\leftarrow r_D \end{aligned}
 6:
                                                                                                                                                   ▶ Propose new rates
 8:
 9:
10:
              \begin{aligned} |J| \leftarrow & \frac{(t_D - t_B)(t_E - t_C)}{(t_D' - t_B)(t_D' - t_C)} \\ & \mathbf{return} \ \left( r_A', r_B', r_C', r_D', t_D', |J| \right) \end{aligned}

    ▷ Calculate Jacobian determinant

11:
12:
```

Screening operators by acceptance rate on simulated data

We selected the best NER operator variant by performing MCMC on 300 simulated datasets, where each MCMC employed all 96 NER/NERw variants. Simulated datasets have N=30 taxa and an alignment with $L \sim \text{Uniform}(10^2, 10^4)$ sites. The acceptance rate of each operator (which in this case is equivalent to the average RF distance) is compared to that of the null operator NER{} (i.e. NarrowExchange).

Fig. 5 shows that NER variants which satisfy the genetic distances between nodes B and A (i.e. \mathcal{D}_{AB}) or between B and C (i.e. \mathcal{D}_{BC}) usually perform worse than the standard Narrow Exchange operator, where B is the node being interchanged from the A branch to the C branch (Fig. 4). This is an intuitive result. If the posterior distribution is relatively flat, and the data presents high uncertainty in the positioning of B, with respect to A and C, then the topological rearrangement performed by Narrow Exchange will be favoured. However, this uncertainty in the topology is likely coupled with uncertainty in the distance between B and C. Thus,

August 10, 2020 13/29

Algorithm 2 The NER $\{\mathcal{D}_{AE}, \mathcal{D}_{BE}, \mathcal{D}_{CE}\}$ operator.

```
1: procedure PROPOSAL(t_A, t_B, t_C, t_D, t_E, r_A, r_B, r_C, r_D)
  3:
                 s\Sigma \leftarrow \text{getRandomWalkSize}()
                                                                                                    ▶ Random walk size is 0 unless this is NERw
                t_D' \leftarrow t_D + s\Sigma
                                                                                                                                 \triangleright Propose new node height for D
  4:
  5:
               \begin{aligned} r_A' &\leftarrow \frac{r_A(t_D - t_A) + r_D(t_E - t_D)}{t_E - t_A} \\ r_B' &\leftarrow \frac{r_B(t_D - t_B) + r_D(t_D' - t_D)}{t_D' - t_B} \\ r_C' &\leftarrow \frac{r_C(t_E - t_C) - r_D(t_E - t_D')}{t_D' - t_C} \\ r_D' &\leftarrow r_D \end{aligned}
  6:
                                                                                                                                                                 ▶ Propose new rates
  8:
 9:
10:
                \begin{aligned} |J| \leftarrow & \frac{(t_D - t_A)(t_D - t_B)(t_E - t_C)}{(t_E - t_A)(t_D' - t_B)(t_D' - t_C)} \\ \mathbf{return} \; & (r_A', r_B', r_C', r_D', t_D', |J|) \end{aligned}

    ▷ Calculate Jacobian determinant

11:
12:
```

in this case, respecting the \mathcal{D}_{AB} and \mathcal{D}_{BC} constraints (by proposing branch rates) makes too many unnecessary changes to the state and the operator performs worse.

Fig. 5 also reveals a cluster of NER variants which – under the conditions of the simulation – performed better than the null operator NER{} around 25% of the time and performed worse around 10% of the time. One such operator is NER{ $\mathcal{D}_{AE}, \mathcal{D}_{BE}, \mathcal{D}_{CE}$ } and is presented in **Algorithm 2**. This variant conserves the genetic distance between the child nodes (A, B, C) and the grandparent node E. This is performed by proposing rates for r_A , r_B , and r_C while obeying the distance constraints imposed by the operator. Exploring this operator further, we can see that NER{ $\mathcal{D}_{AE}, \mathcal{D}_{BE}, \mathcal{D}_{CE}$ } is at its best when there is a large variance in branch rate i.e. when clock standard deviation σ is high ($\sigma \gtrsim 0.5$ for N = 30), corresponding to data which is not clock-like. On the other hand, NER{} is much preferred when the operator's acceptance rate is high ($\gtrsim 0.15$) – corresponding to datasets with short sequences (L < 1kb for N = 30) and thus poor signal. Overall, NER{ $\mathcal{D}_{AE}, \mathcal{D}_{BE}, \mathcal{D}_{CE}$ } outperforms the standard NarrowExchange operator when the data is not clock-like and contains enough signal.

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Finally, Fig. 5 shows that by applying a (Bactrian) random walk to t_D – the height of internal node D – the acceptance rate of NER plummets dramatically. This effect is most dominant for the NER variants which satisfy distance constraints (i.e. the operators which are not NER{}). This result is unfortunate however not unexpected, and is consistent with Lakner et al. 2008 [42], who observed that tree operators perform best when they change either topology, or branch lengths, but not both.

Although there are several operators which behaved equivalently during this initial screening process, we selected NER $\{\mathcal{D}_{AE}, \mathcal{D}_{BE}, \mathcal{D}_{CE}\}$ to proceed to benchmarking (**Results**). Due to the apparent sensitivity of NER operators to the dataset, we introduce the adaptive operator AdaptiveOperatorSampler(NER) which allows the operator scheme to fall back on the standard NarrowExchange in the event of NER $\{\mathcal{D}_{AE}, \mathcal{D}_{BE}, \mathcal{D}_{CE}\}$ performing poorly (**Table 4**).

August 10, 2020 14/29

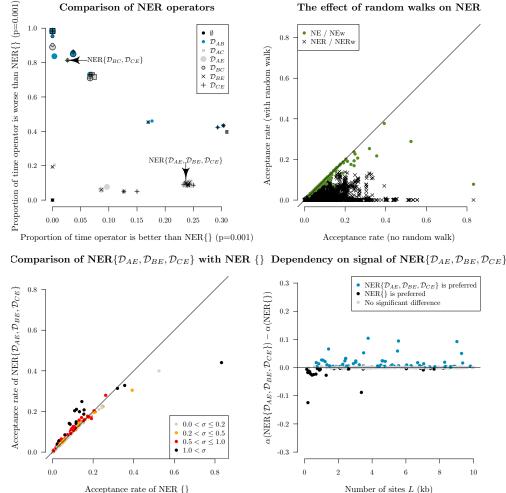


Fig 5. Screening of NER and NERw variants by acceptance rate. Top left: comparison of NER variants with the null operator NER{} (i.e. NarrowExchange). Each of the 48 operators are represented by a single point, uniquely encoded by the point stylings. The number of times each operator is proposed and accepted is compared with that of NER{}, and one-sided z-tests are performed to assess the statistical significance between the two acceptance rates (p=0.001). This process is repeated for each of 300 simulated datasets. The axes of each plot are the proportion of these 300 simulations for which there is evidence that the operator is significantly better than NER{} (x-axis) or worse than NER{} (y-axis). Top right: comparison of NER and NERw acceptance rates. Each point is one NER/NERw variant from a single simulation. Bottom: relationship between the acceptance rates α of NER{ \mathcal{D}_{AE} , \mathcal{D}_{BE} , \mathcal{D}_{CE} } and NER{} with the clock model standard deviation σ and the number of sites L. Each point is a single simulation.

Meta-operator	POI	Operators
AdaptiveOperatorSampler(NER)	\mathcal{T}	$NER\{\}$ $NER\{\mathcal{D}_{AE}, \mathcal{D}_{BE}, \mathcal{D}_{CE}\}$

Table 4. The adaptive NER operator. The Robinson-Foulds distance between trees before and after every proposal accept is used to train the operator weights. In the special case of NER proposals, the RF distance is always equal to 1.

August 10, 2020 15/29

A guided adaptive leaf rate operator

A guided operator incorporates knowledge about neighbouring states, while an adaptive operator undergoes a training process to improve its efficiency over time [46]. In previous work, parsimony scores and conditional clade probabilities of neighbouring trees have been employed by guided tree operators [23–25] and the latter has also been explored as the basis of adaptive tree operators [24,25]. The (adaptive) mirror kernel [30] learns a target distribution which acts as a 'mirror image' of the current point x. The adaptable variance multivariate normal (AVMVN) kernel [28,40] learns correlations between parameters during MCMC. Baele et al. 2017 observed a large increase ($\approx 5-10\times$) in sampling efficiency from using the AVMVN kernel on clock rates and substitution model parameters across partitions [28].

In this article we consider application of the AVMVN kernel to the branch rates of leaf nodes. This operator, referred to as LeafAVMVN, is not readily applicable to internal node branch rates due to their dependencies on tree topology.

AVMVN kernel

The AVMVN kernel assumes its parameters live in $x \in \mathbb{R}^N$ and that these parameters follow a Multivariate Normal distribution with covariance matrix Σ_N . Hence, the kernel operates on the logarithmic or logistic transformation of the N leaf branch rates, depending on the rate parameterisation:

$$x_i = \begin{cases} \log r_i \text{ for } real \\ \log \frac{q_i}{1 - q_i} \text{ for } quant \end{cases}$$
 (24)

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where r_i is a real rate and q_i is a rate quantile. The AVMVN probability density is defined by

$$\mathcal{AVMVN}(x) = \mathcal{MVN}\left(x, (1-\beta)\frac{\Sigma_N}{N} + \beta \frac{\mathbb{I}_N}{N}\right),\tag{25}$$

where \mathcal{MVN} is the Multivariate Normal probability density. β (= 0.05) is a constant which determines the fraction of the proposal determined by the identity matrix \mathbb{I}_N , as opposed to the covariance matrix Σ_D which is trained during MCMC.

The AVMVN proposal kernel is computed as

$$x' \leftarrow x + \sum_{i=1}^{N} \sum_{j=i}^{N} c_{i,j} \times s\Sigma$$
 (26)

where
$$c = \text{cholesky}\left((1-\beta)\frac{\Sigma_N}{N} + \beta \frac{\mathbb{I}_N}{N}\right).$$
 (27)

The cholesky(Y) decomposition returns a lower diagonal matrix L, with positive real diagonal entries, such that Y = LL' [47,48]. s is a tunable step size parameter and Σ is a random variable drawn from a proposal kernel (uniform or Bactrian for instance). Our BEAST2 implementation of the AVMVN kernel is adapted from that of BEAST [40].

In Results, we evaluate the LeafAVMVN operator for its ability to estimate leaf rates. As the size of the covariance matrix Σ_N grows with the number of taxa N, AVMVN is hypothesised to work well on small trees but become less efficient with larger taxon sets.

August 10, 2020 16/29

Model specification and MCMC settings

In all phylogenetic analyses presented here, we use a Yule [49] tree prior $p(\mathcal{T}|\lambda)$ with birth rate $\lambda \sim \text{Log-Normal}(1,1.25)$. The clock standard deviation has a $\sigma \sim \text{Gamma}(0.5396,0.3819)$ prior. Datasets are partitioned into subsequences, where each partition is associated with a distinct HKY substitution model [50]. The transition-transversion ratio $\kappa \sim \text{Log-Normal}(1,1.25)$, the four nucleotide frequencies $(f_A,f_C,f_G,f_T) \sim \text{Dirichlet}(10,10,10,10)$, and the relative clock rate $\mu_C \sim \text{Log-Normal}(1,0.6)$ are estimated independently for each partition. The operator scheme ensures that the clock rates μ_C have a mean of 1 across all partitions. To enable the rapid benchmarking of larger datasets we use BEAGLE for high-performance tree likelihood calculations [51] and coupled MCMC with four chains for efficient mixing [27]. The neighbour joining tree [52] is used as the initial state in each MCMC chain.

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Operator configurations

Throughout the article, we have introduced four new operators. These are summarised in **Table 5**.

Operator	Description	Parameters
AdaptiveOperatorSampler	Samples sub-operators proportionally to their weights, which are learned (see Adaptive operator weighting).	$ec{\mathcal{R}},\sigma,\mathcal{T}$
SampleFromPrior	Resamples a random number of elements from their prior (see Adaptive operator weighting).	$ec{\mathcal{R}},\sigma$
NarrowExchangeRate	Moves a branch and recomputes branch rates so that genetic distances are constant (see Narrow Exchange Rate).	$ec{\mathcal{R}}$, \mathcal{T}
LeafAVMVN	Proposals new rates for all leaves in one move (see A guided adaptive leaf rate operator) [28].	$\vec{\mathcal{R}}$

Table 5. Summary of clock model operators introduced throughout this article. Pre-existing clock model operators are summarised in **Table 1**

In **Table 6**, we define all operator configurations which are benchmarked throughout **Results**.

August 10, 2020 17/29

Configuration	Operator	Weight	real	cat	quant
	${\tt RandomWalk}(\mathcal{R})$	10	✓		
	$ exttt{Scale}(ec{\mathcal{R}})$	10	✓		
nocons	${\tt Uniform}(\vec{\mathcal{R}})$	10		✓	\checkmark
	$ ext{Interval}(ec{\mathcal{R}})$	10			✓
	$ exttt{Swap}(ec{\mathcal{R}})$	10	✓	✓	✓
	$Scale(\sigma)$	10	✓	✓	✓
	${\tt ConstantDistance}(\vec{\mathcal{R}},\mathcal{T})$	$20 \times \frac{2N-2}{2N-1}$	✓		✓
	$\texttt{SimpleDistance}(\vec{\mathcal{R}},\mathcal{T})$	$10 \times \frac{2N-2}{2N-1}$	✓		\checkmark
	${\tt SmallPulley}(\vec{\mathcal{R}})$	$10 \times \frac{2N-2}{2N-1}$	✓		✓
	${\tt RandomWalk}(\vec{\mathcal{R}})$	5	✓		
aona	$ exttt{Scale}(ec{\mathcal{R}})$	2.5	✓		
cons	${\tt Uniform}(\vec{\mathcal{R}})$	5			\checkmark
	$ ext{Interval}(ec{\mathcal{R}})$	2.5			\checkmark
	$ exttt{Swap}(ec{\mathcal{R}})$	2.5	✓		✓
	$\texttt{FastClockScale}(\sigma, \vec{\mathcal{R}})$	10	✓		
	${\sf Scale}(\sigma)$	10			✓
	AdaptiveOperatorSampler(σ)	10	✓	✓	✓
adapt	<code>AdaptiveOperatorSampler($ec{\mathcal{R}}$)</code>	$30 \times \frac{2N-2}{2N-1}$	✓		✓
	AdaptiveOperatorSampler($ec{\mathcal{R}}$)	30		✓	
	AdaptiveOperatorSampler(root)	$30 \times \frac{1}{2N-1}$	✓		\checkmark

Table 6. Operator configurations and the substitution rate parameterisations which each operator are applicable to. Within each configuration (and substitution rate parameterisation), the weight behind \mathcal{R} sums to 30 and the weight of σ is equal to 10. There is no cons (cat) configuration because the parameterisation is not compatible the constant distance operators. Operators which apply to either internal nodes or the root (but not both) are weighted according to leaf count N. The adapt operators are further broken down in **Table 2**.

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August 10, 2020 18/29

Results

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Assessment criteria and datasets

To avoid a cross-product explosion, the five targets for clock model improvement are evaluated sequentially in the following order: Adaptive operator weighting Substitution rate parameterisations, Bactrian proposal kernel, Narrow Exchange Rate, and A guided adaptive leaf rate operator. The four operators introduced in these sections are summarised in Table 5. The setting which is considered to be the best in each step is then incorporated into the following step. This protocol and its outcomes are summarised in Fig. 6.

Relaxed clock model optimisation protocol

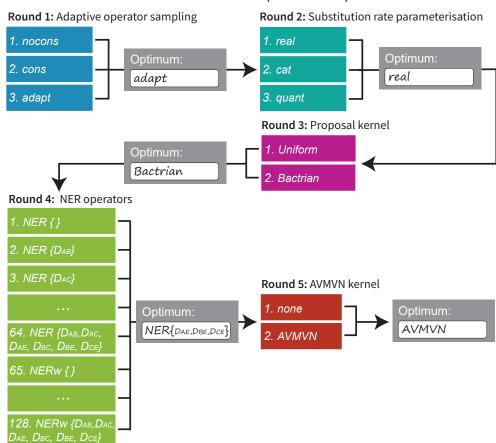


Fig 6. Protocol for optimising clock model methodologies. Each area (detailed in Models and Methods) is optimised sequentially, and the best setting from each step is used when optimising the following step.

Methodologies are assessed according to the following criteria.

- 1. Validation. This is assessed by measuring the coverage of all estimated parameters in a well-calibrated simulation study, using 100 simulated datasets (with N=100 taxa and L=5000 nucleotide alignments). These are presented in S2 Appendix.
- 2. Mixing of parameters. Key parameters are evaluated for the number of effective samples generated per hour (ESS/hr). This calculation is performed by

August 10, 2020 19/29

BEAST2 [10].

Methodologies are benchmarked using one simulated and eight empirical datasets. The latter were compiled [53] and partitioned [54] by Lanfear et al. as 'benchmark alignments' (**Table 7**). Each methodology is benchmarked across 5 replicates on each dataset, using an the Intel Xeon Gold 6138 CPU (2.00 GHz). All methodologies use identical models and operator configurations, except where a difference is specified.

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	N	P	$L ext{ (kb)}$	$L_{\rm eff}~({\rm kb})$	Description
1	38	16	15.5	10.5	Seed plants (Ran 2018 [55])
2	44	7	5.9	1.8	Squirrel Fishes (Dornburg 2012 [56])
3	44	3	1.9	0.8	Bark beetles (Cognato 2001 [57])
4	51	6	5.4	1.8	Southern beeches (Sauquet 2011 [58])
5	61	8	6.9	4.3	Bony fishes (Broughton 2013 [59])
6	70	3	2.2	0.9	Caterpillars (Kawahara 2013 [60])
7	80	1	10.0	0.9	Simulated data
8	94	4	2.2	1	Bees (Rightmyer 2013 [61])
9	106	1	0.8	0.5	Songbirds (Moyle 2016 [62])

Table 7. Datasets used during benchmarking, sorted in increasing order of taxa count N. Number of partitions P, total alignment length L, and number of site patterns L_{eff} in the alignment are also specified.

August 10, 2020 20/29

Round 1: A simple operator-weight learning algorithm can improve performance

We compared the cons, nocons, and adapt operator configurations for the *real* and *quant* parameterisations (**Table 6**). The nocons configuration contained the standard BEAST2 operator mix, while cons contained the operator mix used by Zhang and Drummond 2020 [31]. The adapt mix combines the above operators, as well as the simple-but-bold SampleFromPrior operator, and learns the weights of each operator using AdaptiveOperatorSampler. We also tested the adapt (*cat*) configuration to determine whether *cat* can be further improved by learning the underlying weights behind RandomWalk, Swap, and SampleFromPrior.

These results show that nocons performs better than cons on small datasets while cons performs better on large datasets (**Fig. 7** and **S3 Appendix**). This is an expected result and is true for both the *real* and the *quant* parameterisations. The adapt configuration dramatically improved mixing for *real*, by finding the right balance between these two extremes. However the AdaptiveOperatorSampler operator did not benefit for either *cat* or *quant*, suggesting that the default operator weighting scheme was sufficient in either case. Overall, the AdaptiveOperatorSampler operator will be included in all subsequent rounds in the tournament.

August 10, 2020 21/29

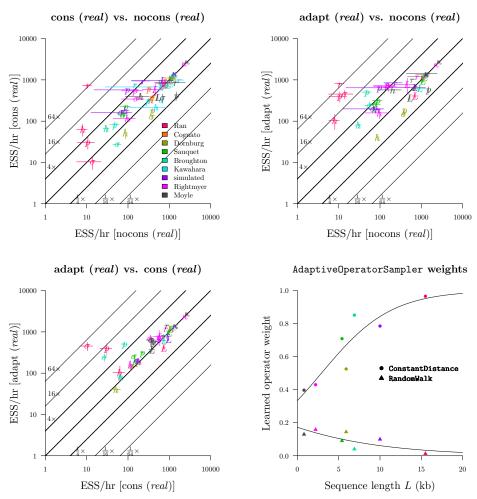


Fig 7. Round 1: benchmarking the AdaptiveOperatorSampler operator. Top left, top right, bottom left: each plot compares the ESS/hr (± 2 standard errors) across two operator configurations with respect to relevant terms – L: likelihood, p: prior density, r: clock rate ESS averaged across all leaves, σ : clock standard deviation, h: tree height, and κ : HKY model transition-transversion ratio. Bottom right: the effect of sequence length L on operator weights learned by AdaptiveOperatorSampler. Both sets of results are fit by a logistic regression curve. The benchmark datasets are displayed in Table 7. The cat and quant evaluations are presented in S3 Appendix.

August 10, 2020 22/29

Round 2: The real parameterisation yields the fastest mixing

We compared the three rate parameterisations described in **Substitution rate** parameterisations. adapt (real) and adapt (quant) both employ constant distance tree operators [31] and both use the AdaptiveOperatorSampler operator to learn clock model operator weights. Clock model operators weights are also learned in the adapt (cat) configuration.

This experiment revealed that the real parameterisation greatly outperforms both cat and quant on most datasets (**Fig. 8**). This disparity is strongest for large datasets. In the most extreme case, r and σ both mixed around $70 \times$ faster on the 15.5 kb seed plant dataset [55] for real than they did for cat. The advantages in using constant distance operators would likely be even stronger for larger L. Overall, we have determined that real, and its associated operators, makes the best parameterisation covered here and will proceed to the next rounds of the benchmarking.

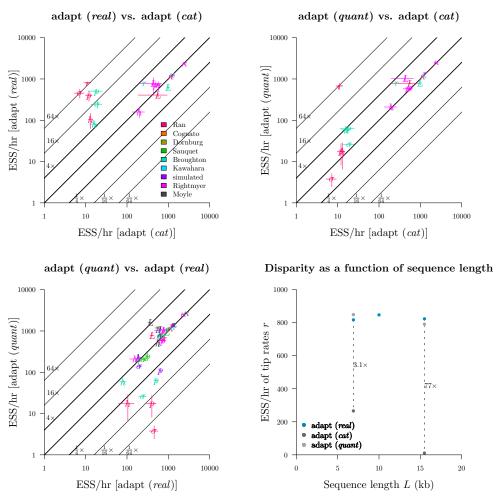


Fig 8. Round 2: benchmarking substitution rate parameterisations. Top left, top right, bottom left: the adapt (real), adapt (cat), and adapt (quant) configurations were compared. See Fig. 7 caption for figure notation. Bottom right: comparison of the mean tip rate ESS/hr as a function of sequence length.

August 10, 2020 23/29

Round 3: Bactrian proposal kernels are 10% more efficient than uniform kernels	38
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Round 4: Finding the best NER operator variant	38
The Narrow Exchange Rate (NER) operators are evaluated. This protocol selects the best among 48 NER (no random walk) and 48 NERw (Bactrian(0.95) random walk) operators, and has two phases. First, the best of the 96 is selected by comparing operator acceptance rates on simulated data. Second, the selected operator is benchmarked with respect to convergence time and sampling rate on real data (Table 7). The analyses in this section invoke the quant parameterisation and Bactrian(0.95) proposal kernels on clock model parameters.	39 39 39 39 39
Benchmarking convergence time	39
Round 5: The AVMVN leaf rate operator works well for small taxon sets	39 39
Discussion	40
Conclusion	40

August 10, 2020 24/29

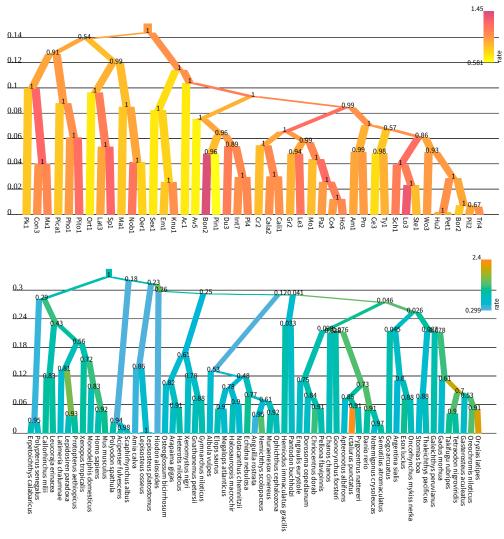


Fig 9. Maximum clade credibility trees. Phylogenetic trees of bark beetles (Cognato et al. 2001 [57]; top) and bony fishes (Broughton et al. 2013 [59]; bottom) are presented. Branches are coloured by substitution rate (units: substitutions per site per unit of time) and the y-axis shows time, such that there is on average 1 substitution per unit of time. Internal nodes are labelled with posterior clade support. Figures generated by UglyTrees [63].

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Supporting information

S1 Appendix. Rate quantiles. The linear piecewise approximation used in the *quant* parameterisation is described. Constant distance tree operators [31] are extended to the *quant* parameterisation.

S2 Appendix. Well-calibated simulation studies. Methodologies are validated using well-calibated simulation studies.

S3 Appendix. Supplementary results. Presentation and interpretation of further benchmarking results.

August 10, 2020 25/29

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August 10, 2020 27/29

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August 10, 2020 28/29

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August 10, 2020 29/29