

RESOURCES

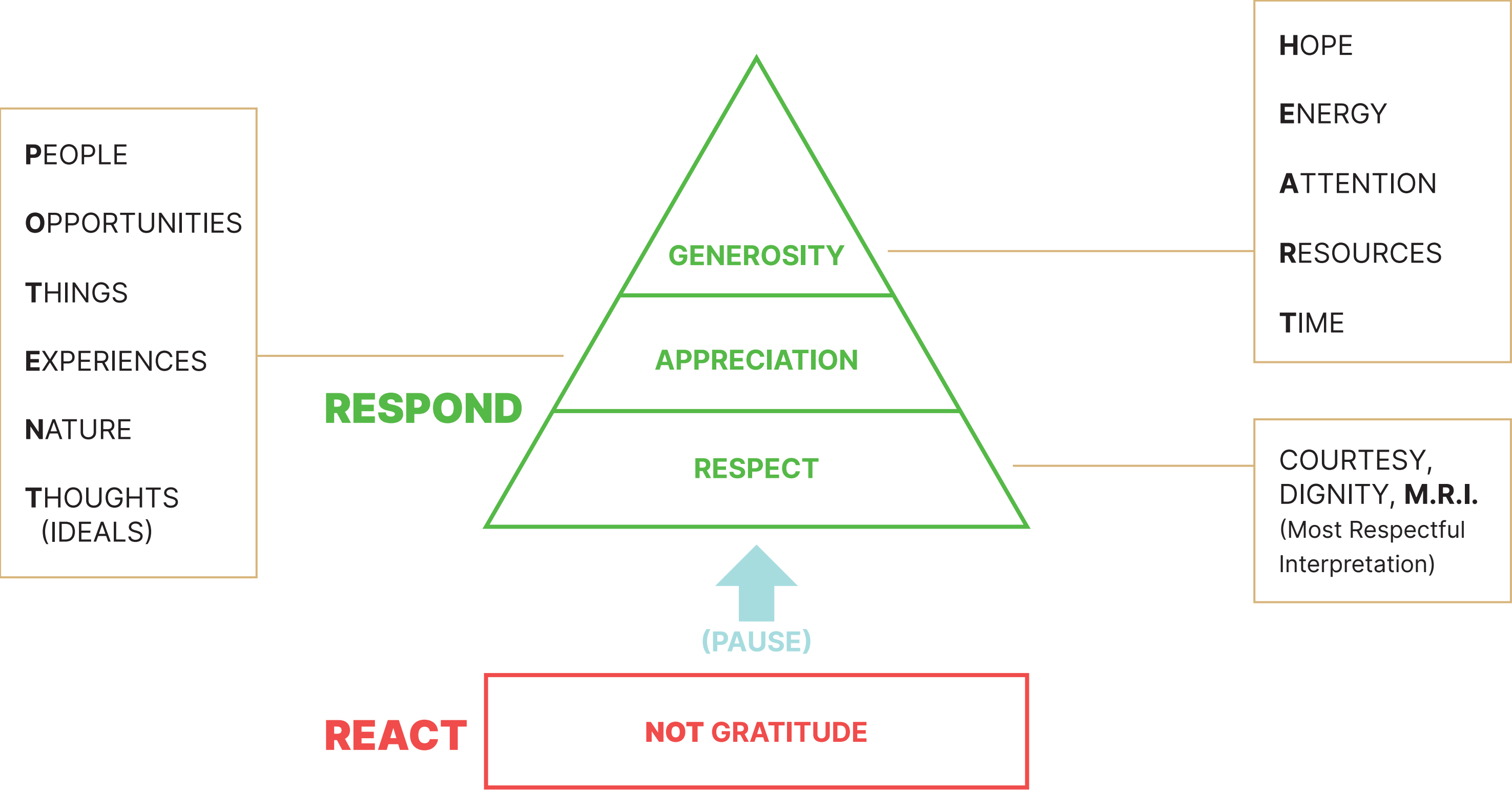
Money, Ideas
(creativity),
Networks, Time,
Talent, Things,
Technology
(know-how),
Teams



TRUE WEALTH

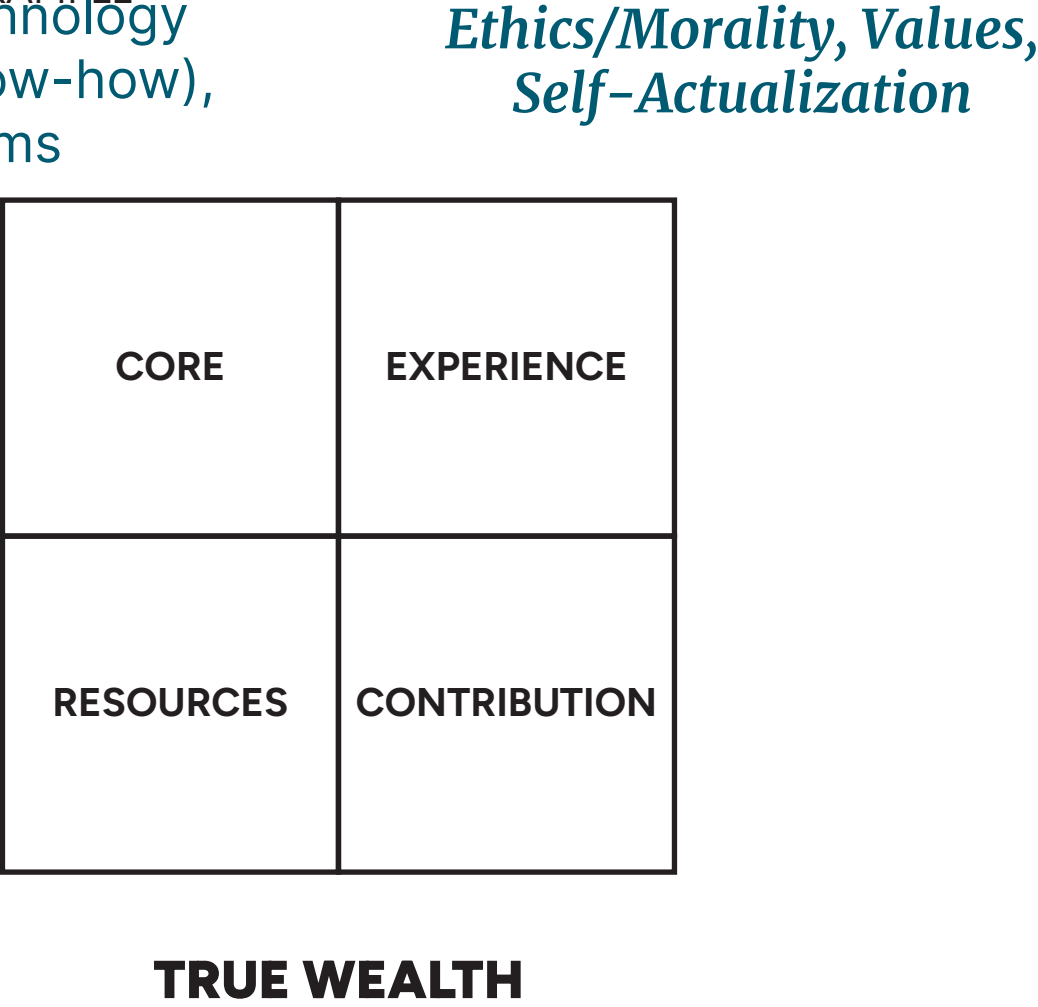
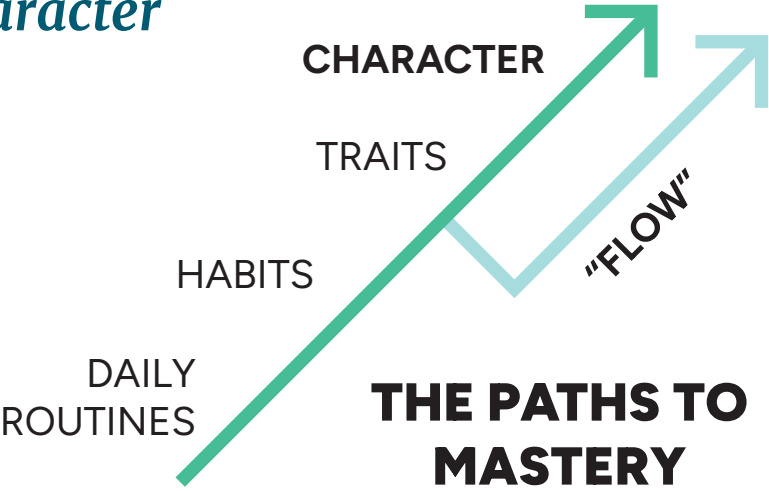
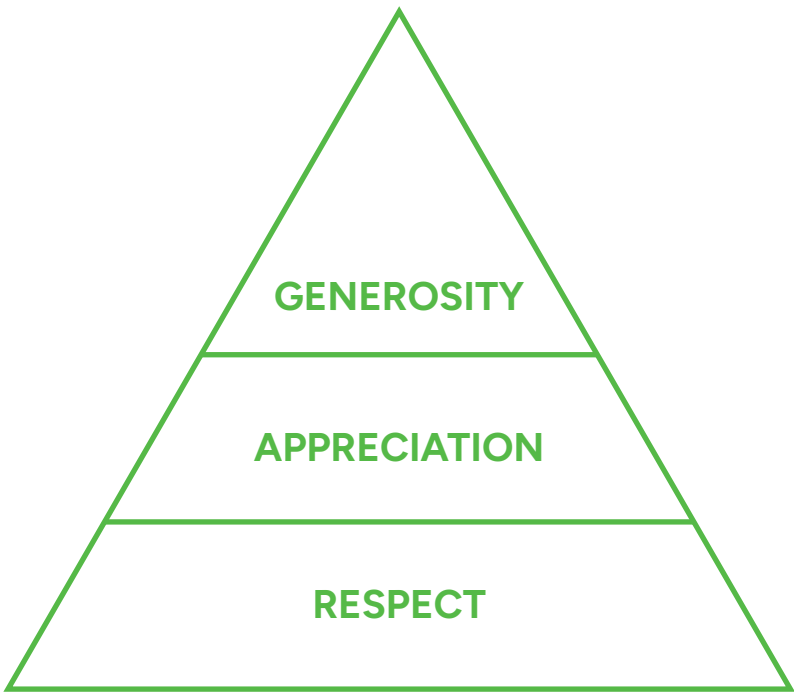
CORE	EXPERIENCE RESOURCES Money, Ideas (creativity), Networks, Time, Talent, Things, Technology (know-how), Teams
RESOURCES	CONTRIBUTION

PRACTICE GRATITUDE

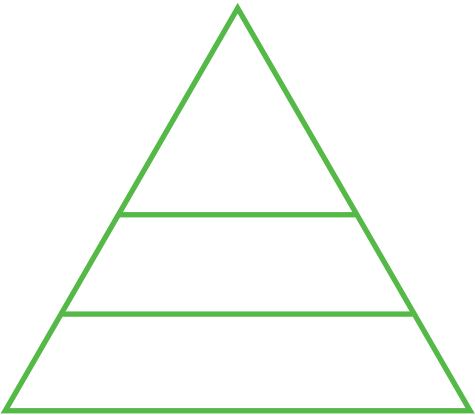
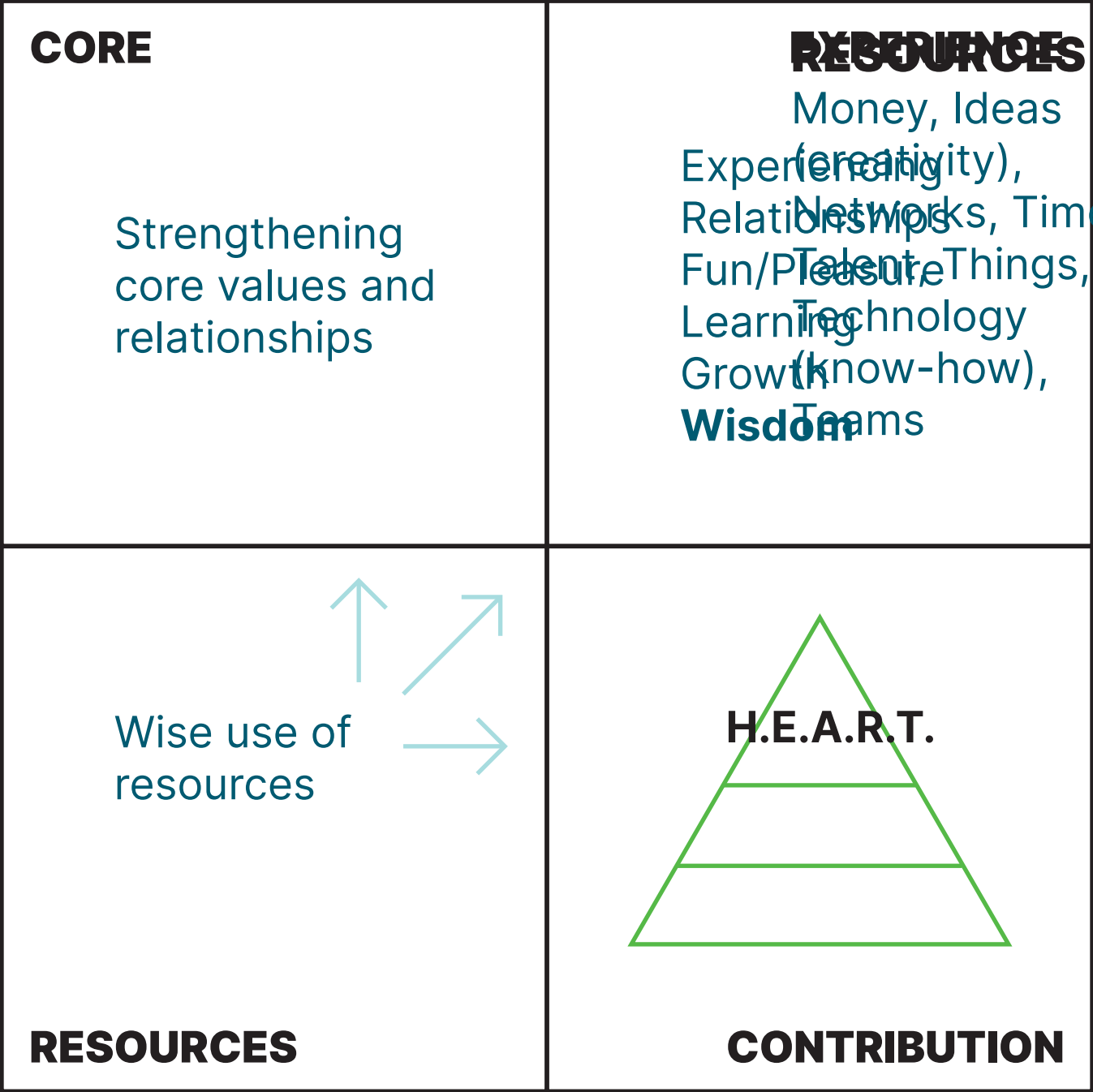


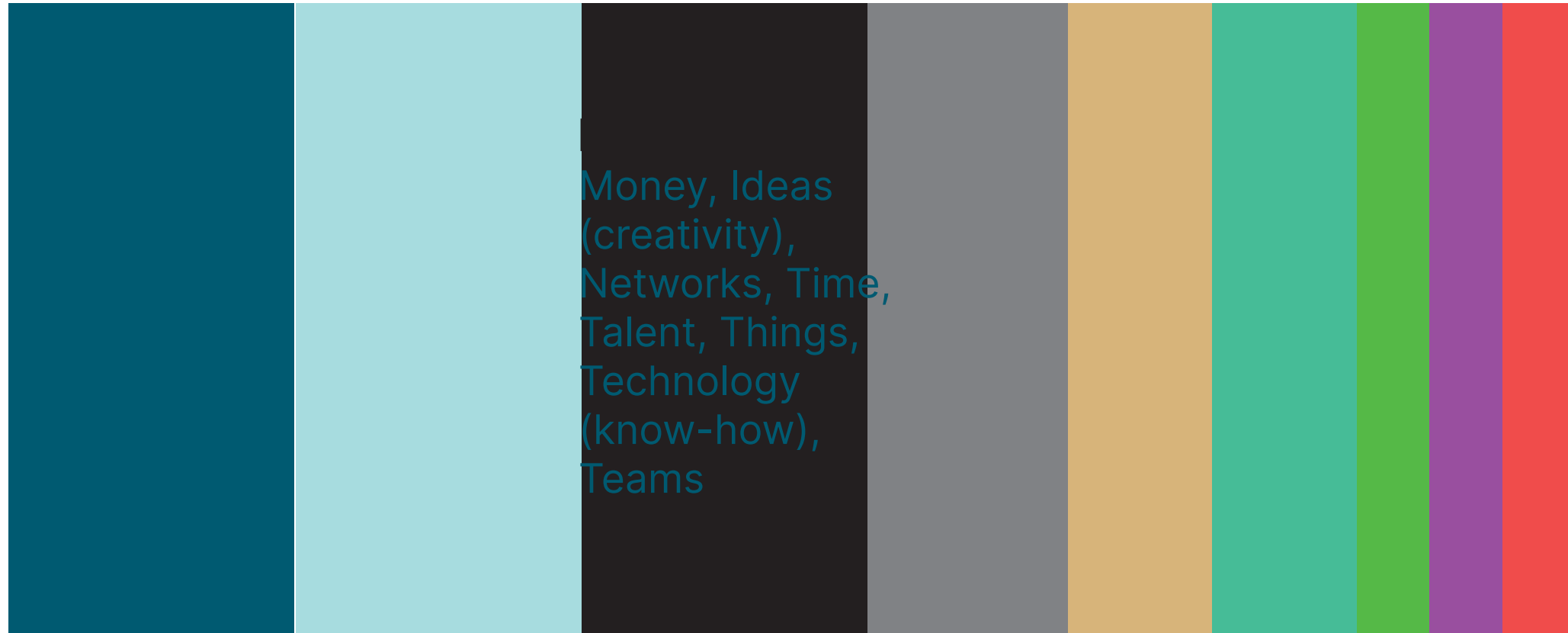
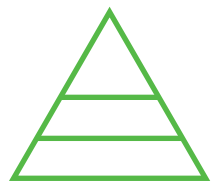
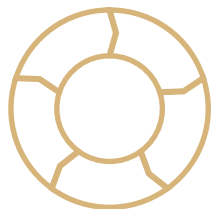
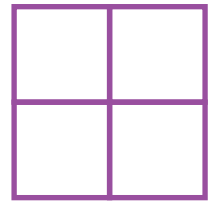
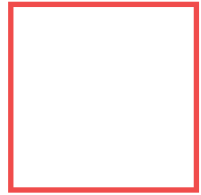
*Transcendence
Stewardship
Wisdom*

*Discipline Flow
Character*



RESOURCES AND TRUE WEALTH





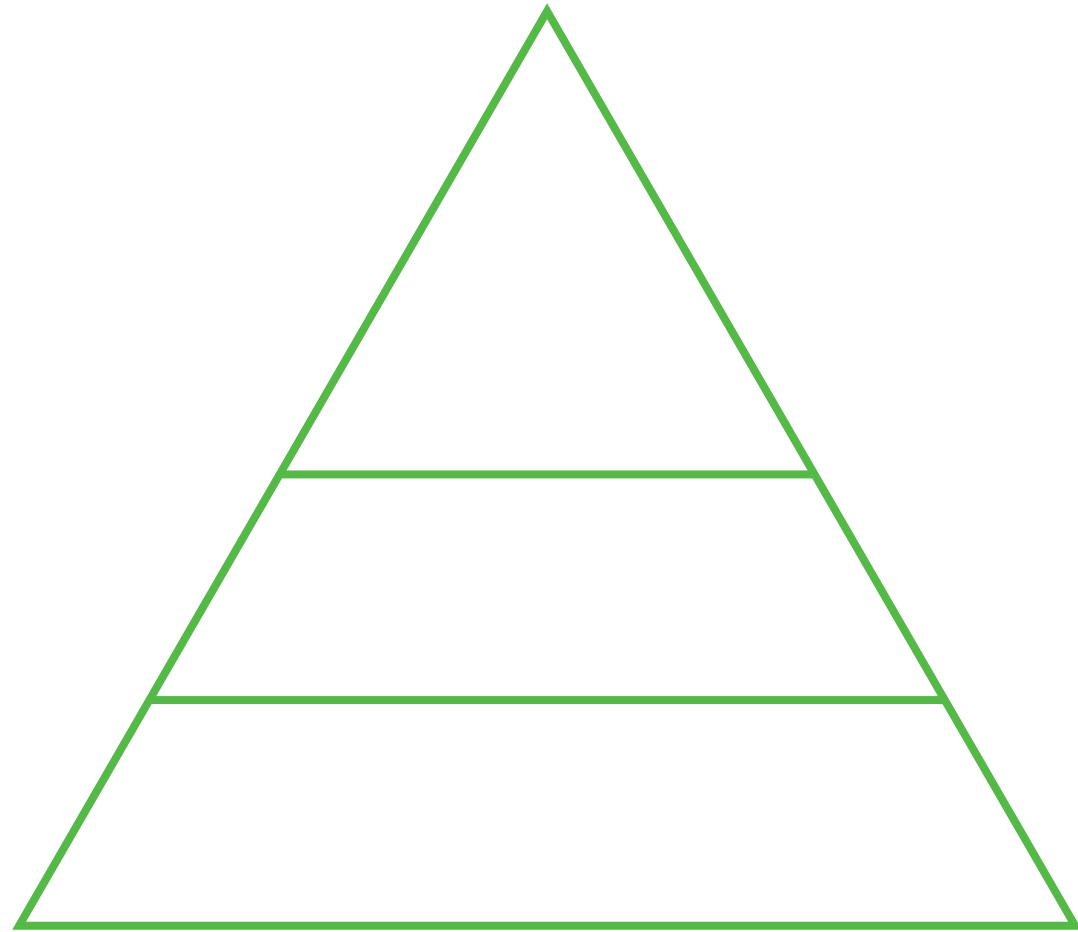
CORE	EXPERIENCE
Family Health Faith Values	Travel Education Knowledge Wisdom
FINANCIAL	CONTRIBUTION
Money Investments Real Estate Businesses	Helping others

RESOURCES

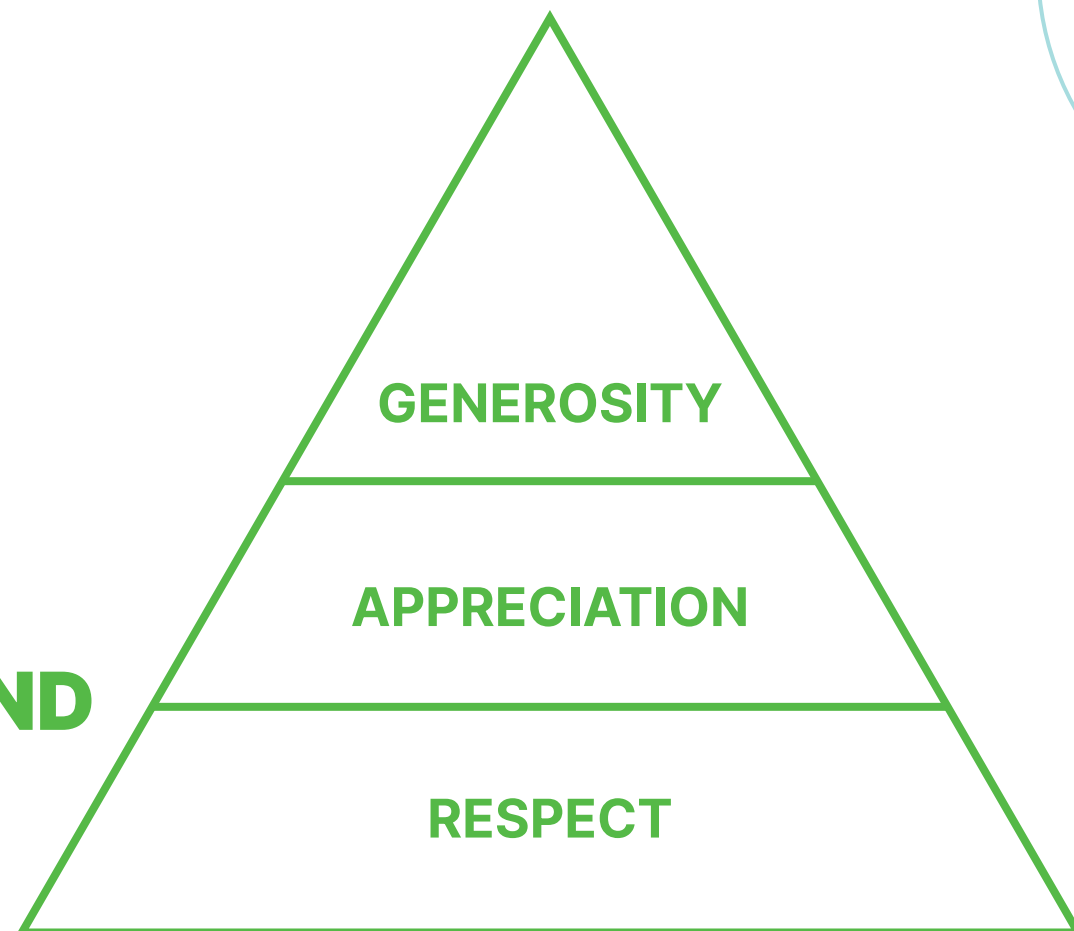
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CORE	EXPERIENCE
Family Health Faith Values	Travel Education Knowledge Wisdom
RESOURCES	CONTRIBUTION
Money, Networks, Ideas (creativity), Time, Talent, Teams, Things, Technology (know-how)	HEART
CORE	EXPERIENCE
Family Health Faith Values	Travel Education Knowledge Wisdom
RESOURCES	CONTRIBUTION
Money, Networks, Ideas (creativity), Time, Talent, Teams, Things, Technology (know-how)	HEART

HABIT	CUE	RESPONSE	REWARD
<div>My #1 SELF-CARE habit is:</div> <div></div>		<div>RESOURCES</div> <div>Money, Ideas (creativity), Networks, Time, Talent, Things, Technology (know-how), Teams</div>	
<div>My #1 thing to START doing:</div> <div></div>			
<div>My #1 thing to STOP doing:</div> <div></div>			



RESPOND



(PAUSE)

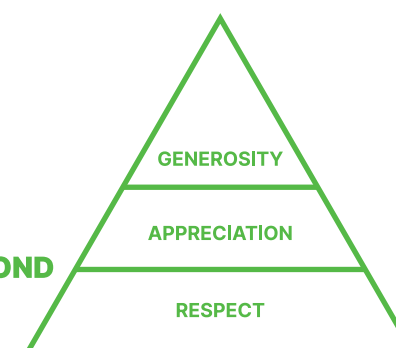
REACT



RESOURCES

Money, Ideas
(creativity),
Networks, Time,
Talent, Things,
Technology
(know-how),
Teams

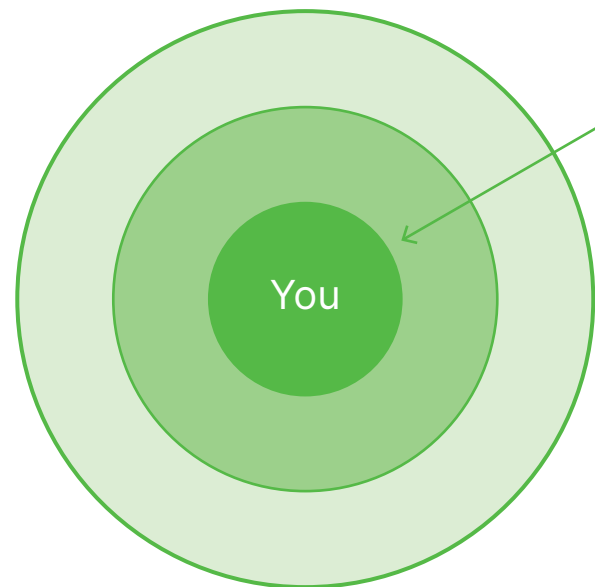
RESPOND



(PAUSE)

REACT





Who is in your "inner circle"?

How old will you be in 10 years?
How old will everyone in your inner circle be in 10 years?

What are your highest and best intentions for everyone in your inner circle be in 10 years?



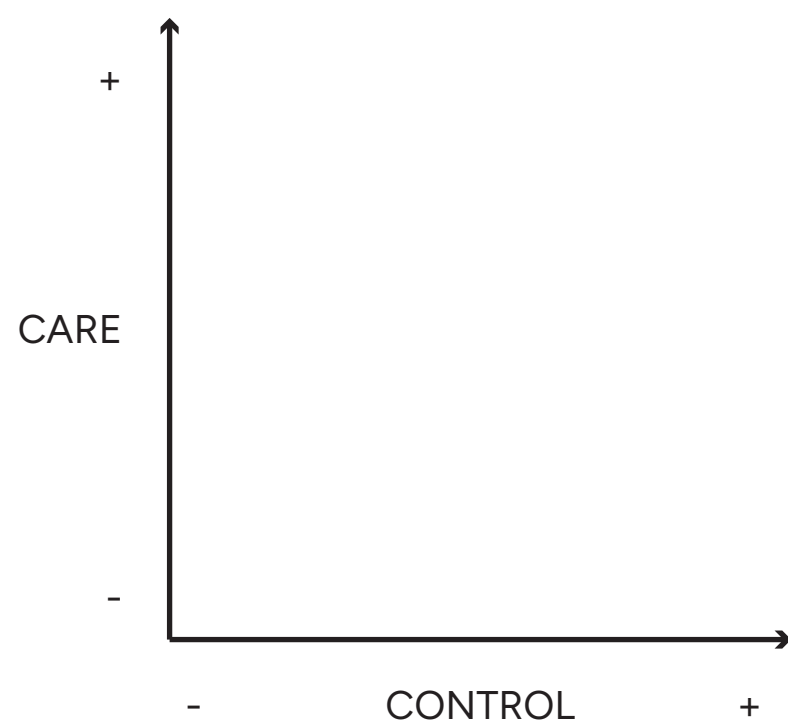
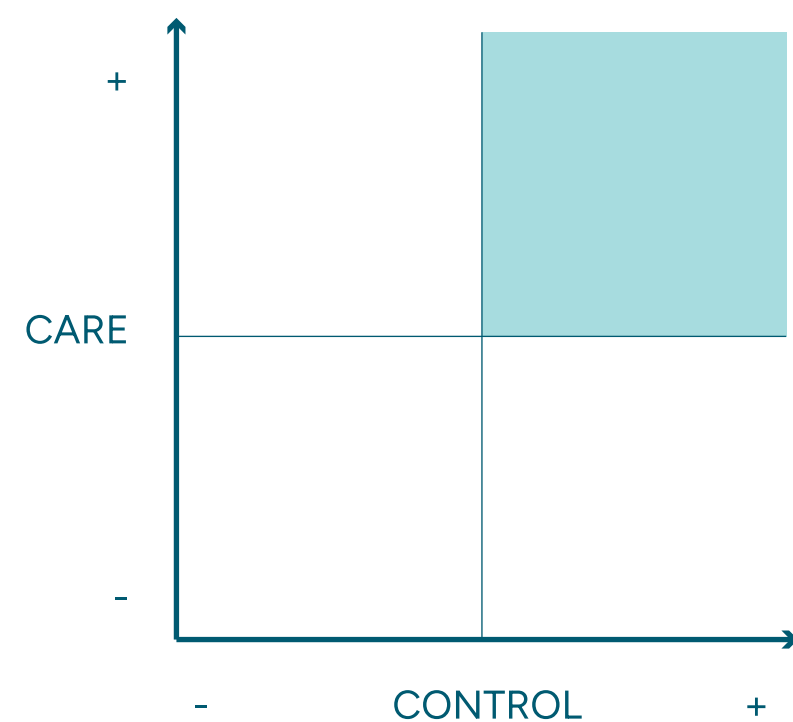
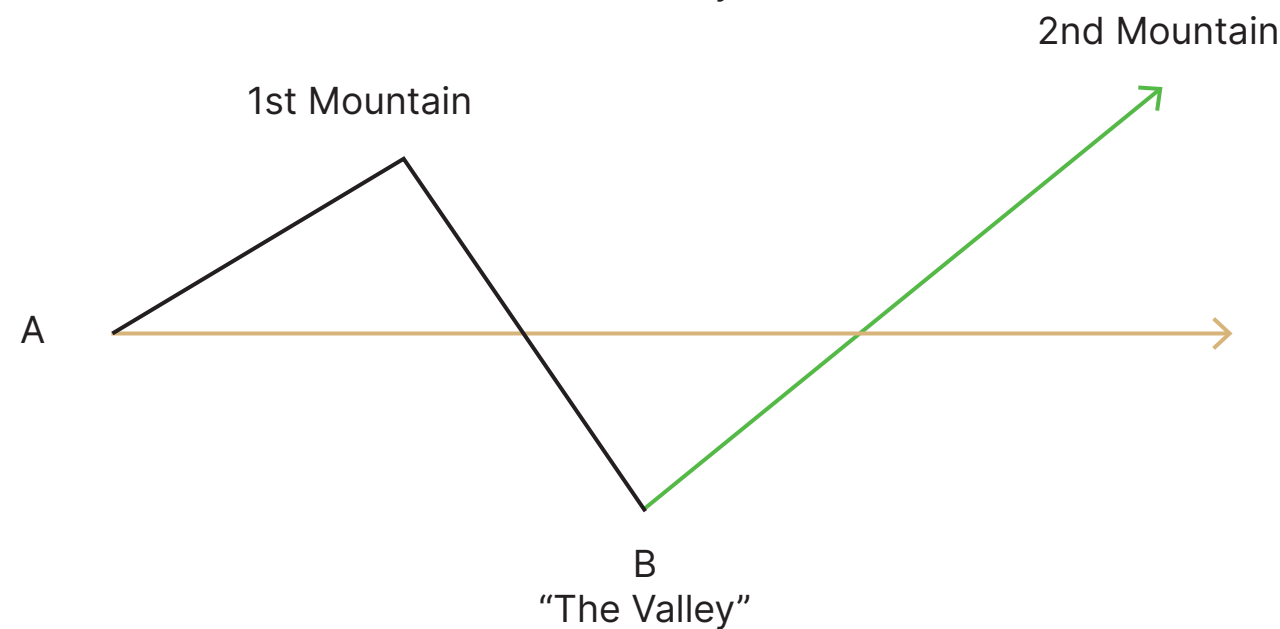
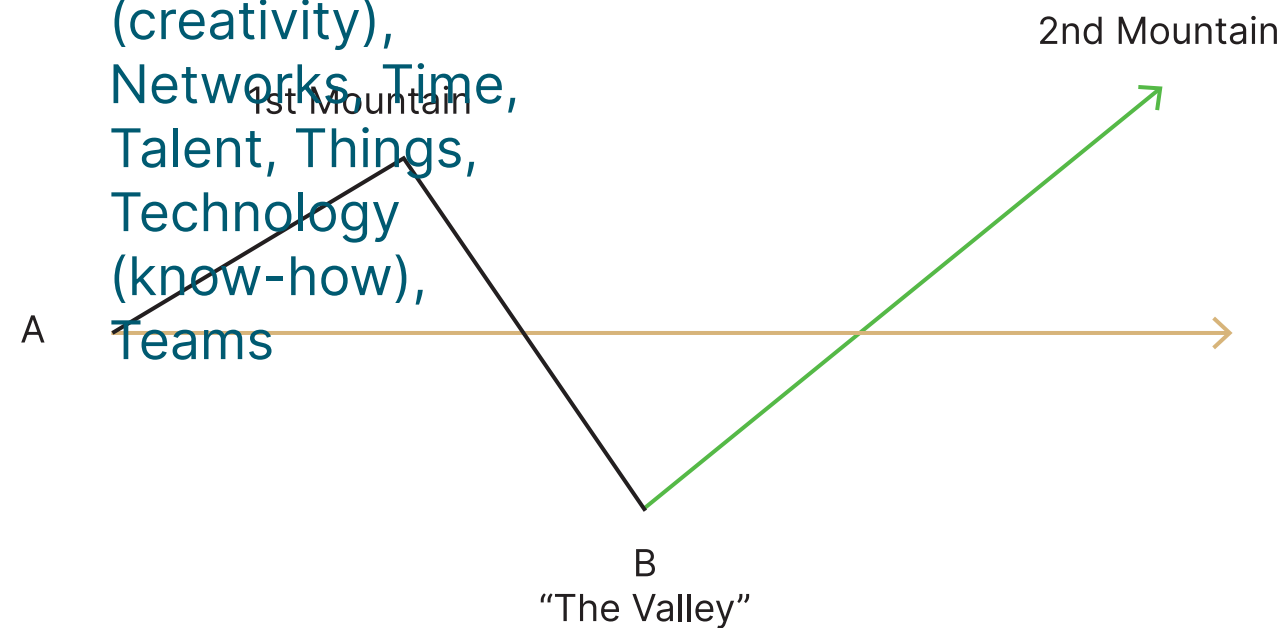
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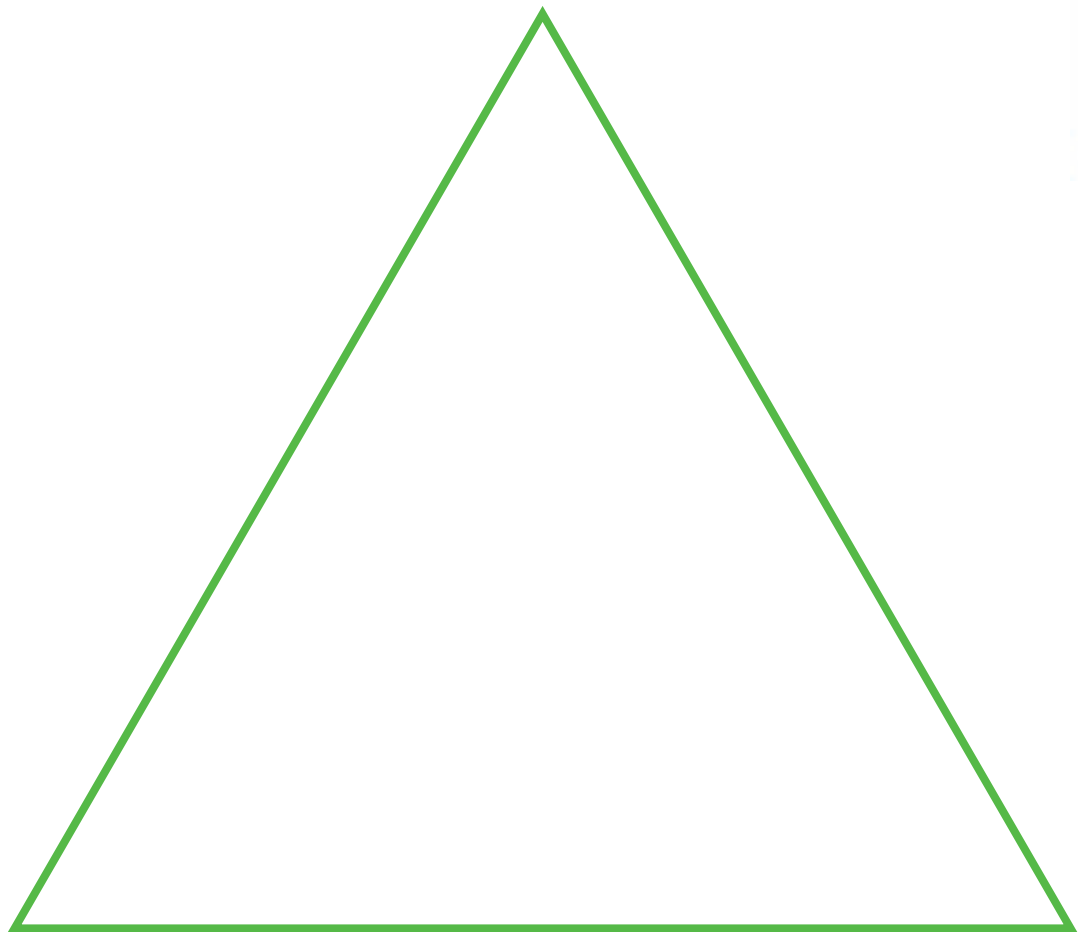
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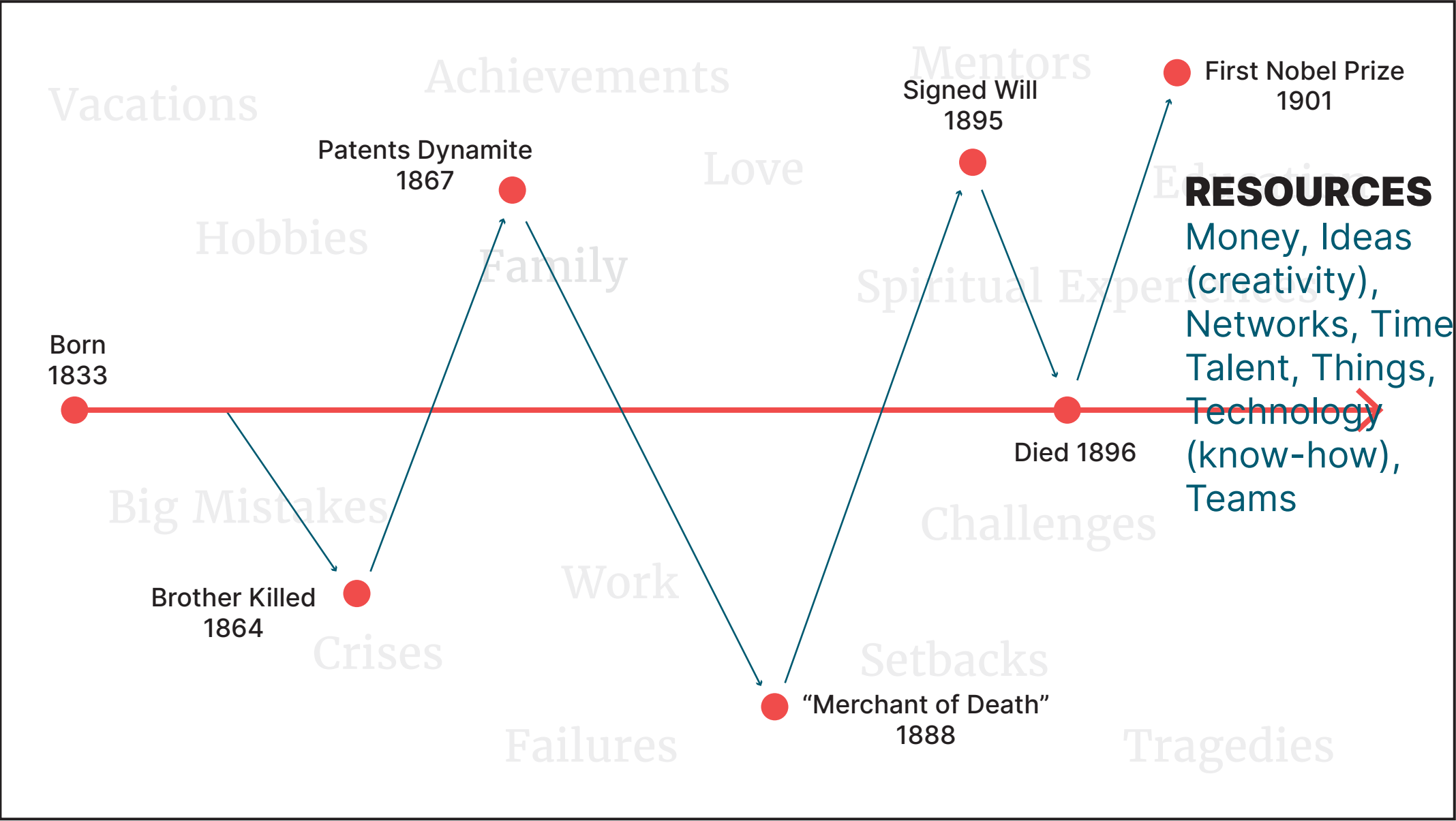
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Category	Assets, Strengths, Present Vaulue	Potential Uses	Areas for Growth
Money (financial assets)			
Ideas (creativity, insights)			
Networks		RESOURCES Money, Ideas (creativity), Networks, Time, Talent, Things, Technology (know-how), Teams	
Talent (skills, abilities)			
Technology (know-how)			
Things (physical assets)			
Time, energy, attention			
Team (those that support)			
Other			

Key	The Optimal Next Step	The Most Significant Intermediate Milestone	90-Day Milestone	Supporting Habit(s)
Core				Practicing Gratitude
Experience			RESOURCES Money, Ideas (creativity), Networks, Time, Talent, Things, Technology (know-how), Teams	
Contribution				
Resources				

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Buffer Day	Focus Day	Buffer Day	Focus Day	Free Day	Free Day	Free Day

The Time Map: Alfred Nobel



The Time Map: _____

