

Crossfit athletes

Jordi Díaz Carné

Project Overview

Original dataset contains:

- 423.006 rows \times 27 columns
- It is a database in which athletes from all over the world were asked things such as: age, **weight**, lifting marks, **times** of certain **workouts** and their training habits.



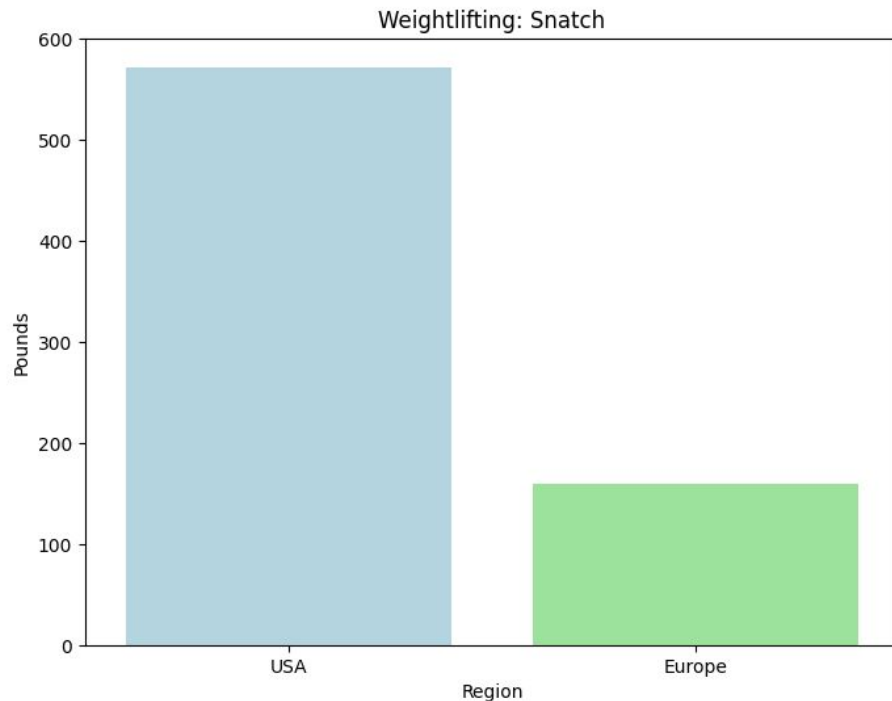
Data Wrangling and Cleaning

The methods I have used for data cleaning:

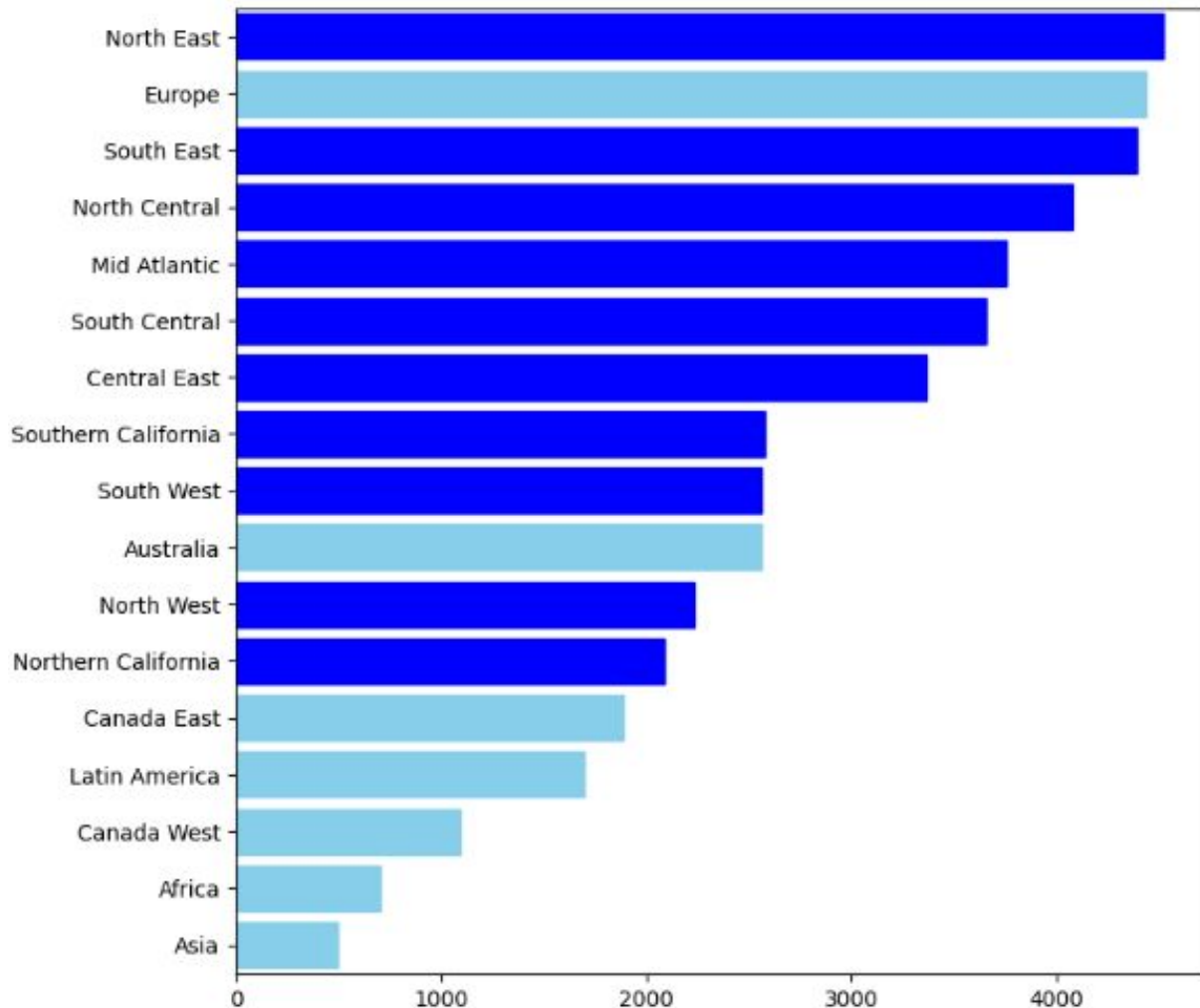
- `df.replace(0, np.nan)`
- `Df.drop()`
- `Df.dropna(how='all') and (thresh=10)`

The APIs I have used are:

- `pandas`
- `numpy`
- `counter` (from collections)
- `matplotlib.pyplot`
- `seaborn`

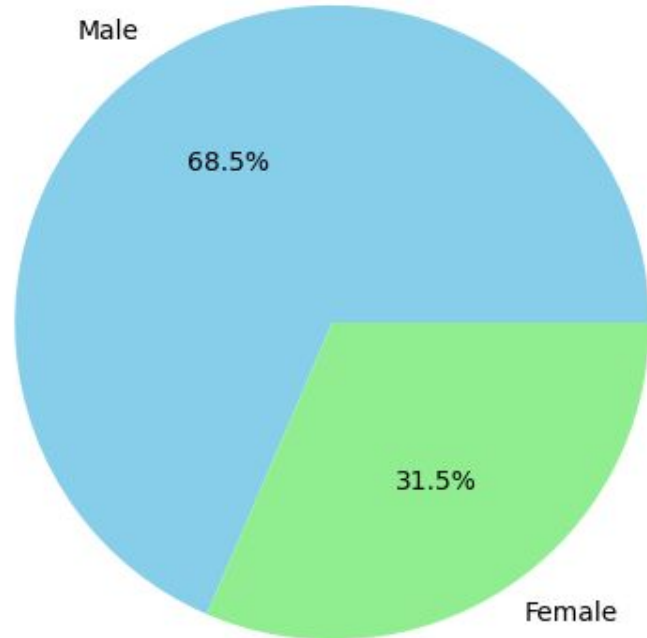


Number of people doing Crossfit by region

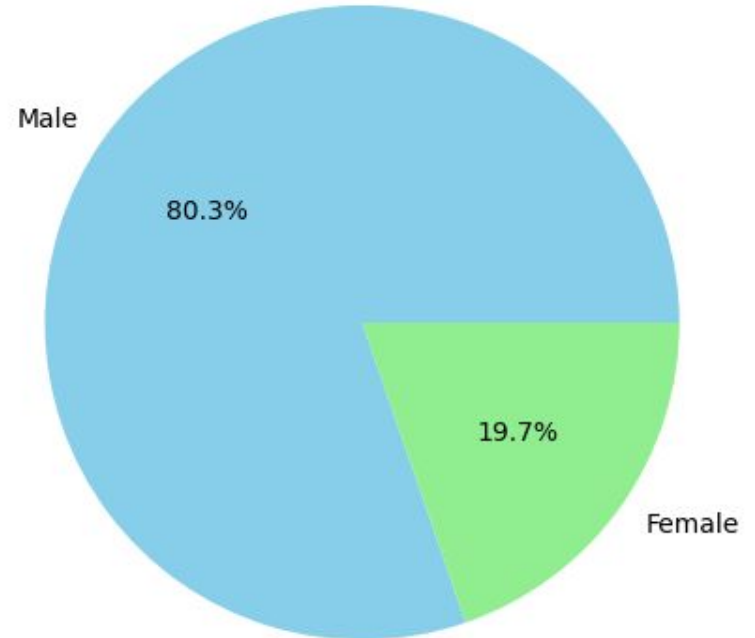


Gender

Gender Distribution in USA

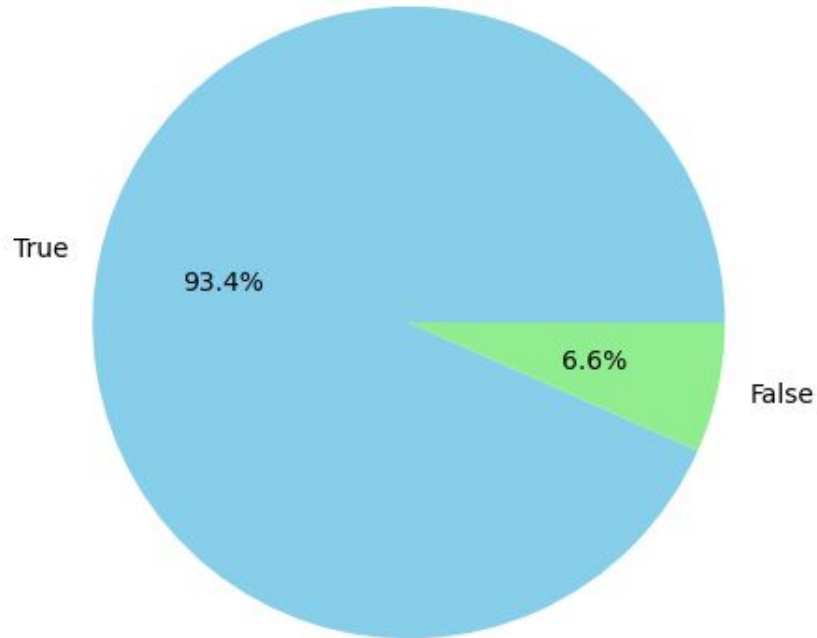


Gender Distribution in Europe

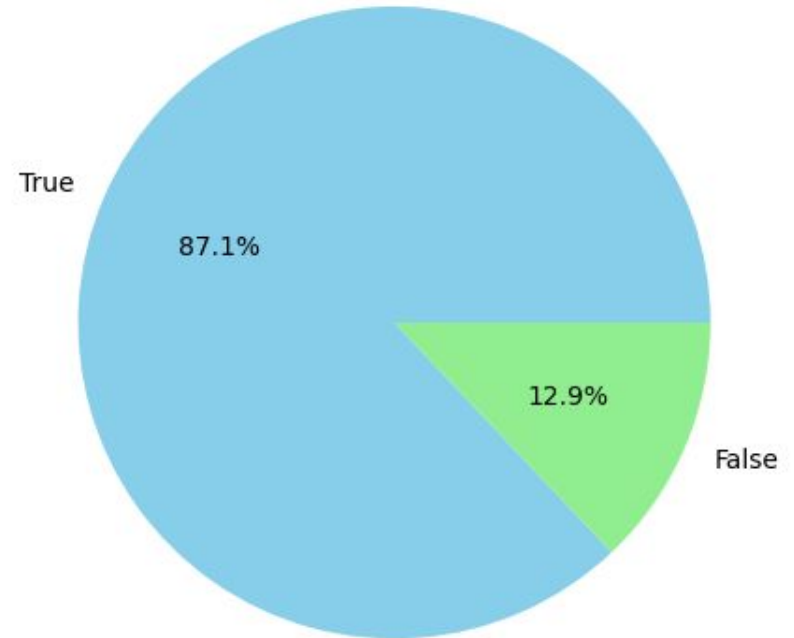


Crossfit Affiliate

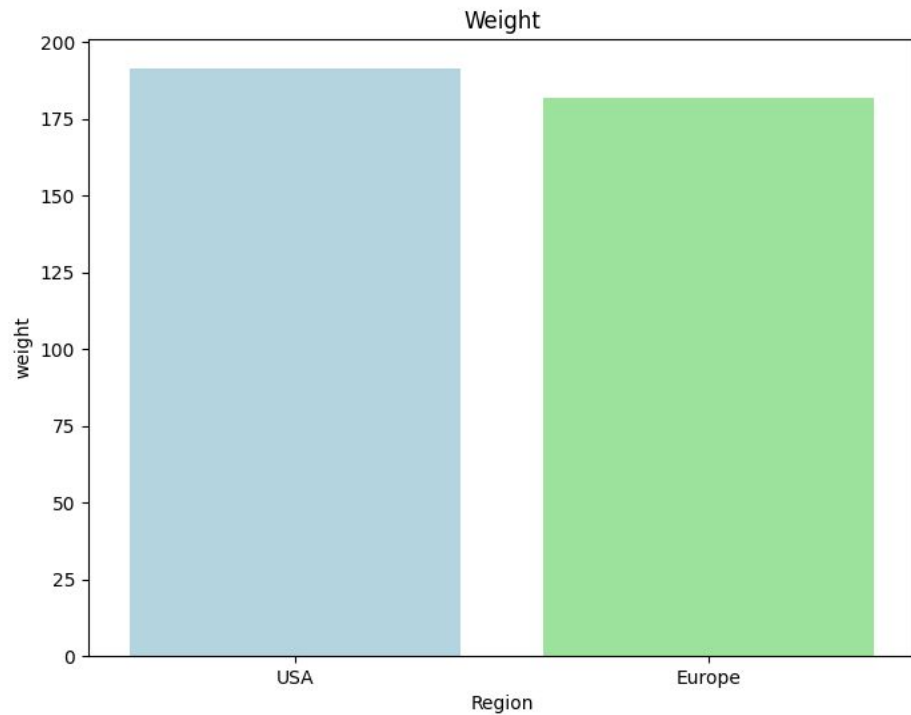
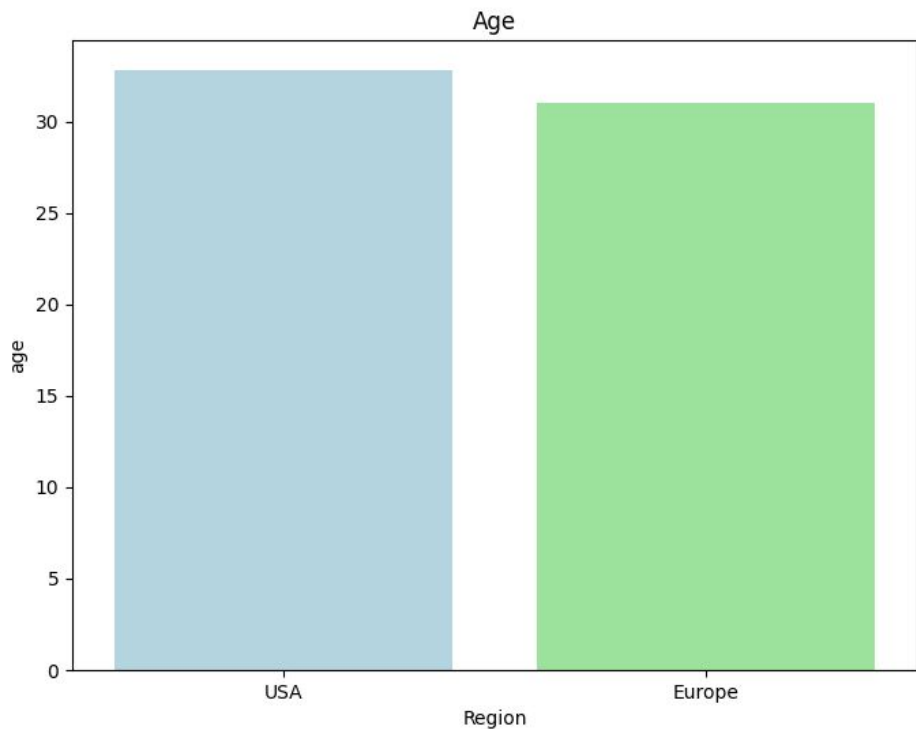
Train in Affiliate Crossfit in USA



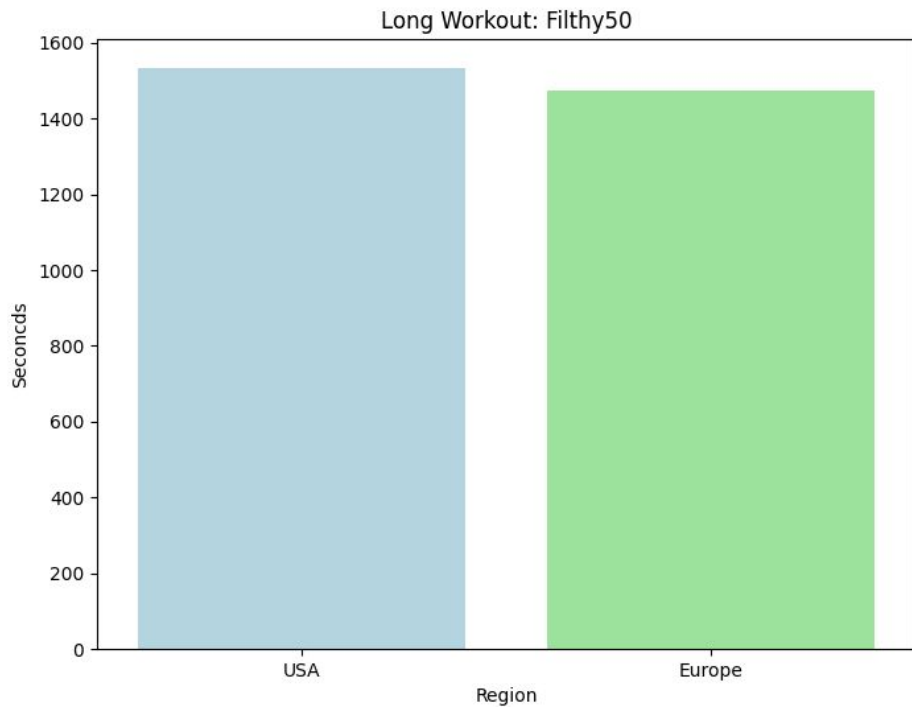
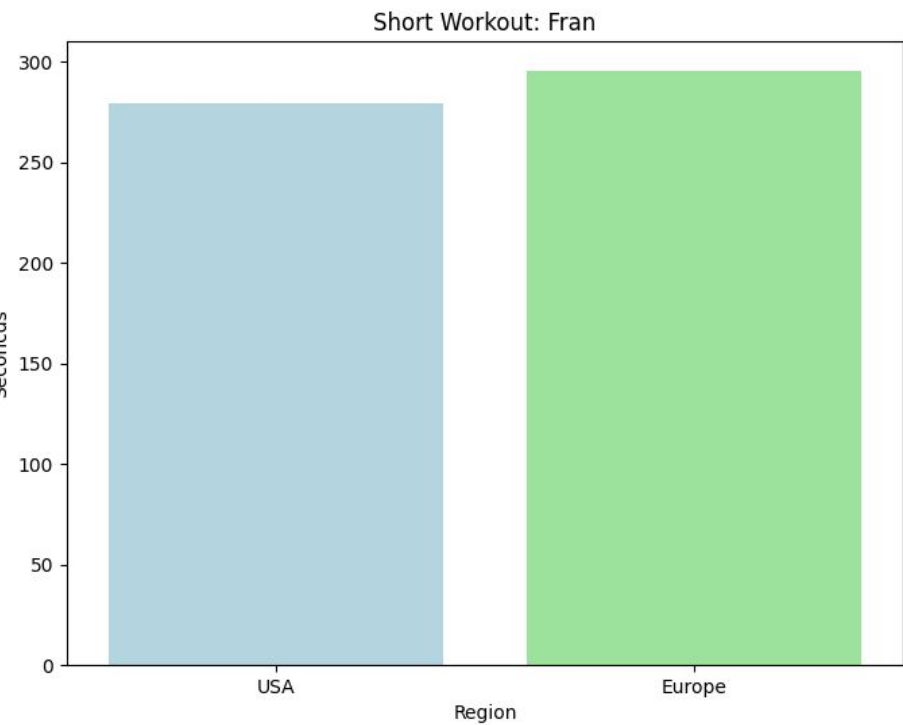
Train in Affiliate Crossfit in Europe



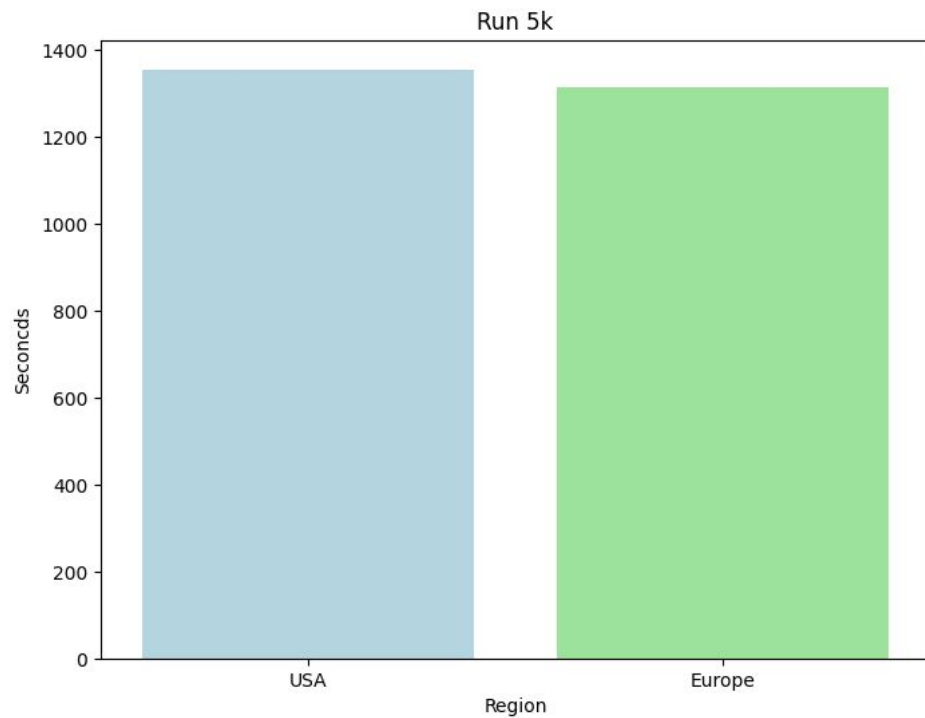
Crossfit athletes



Fitness

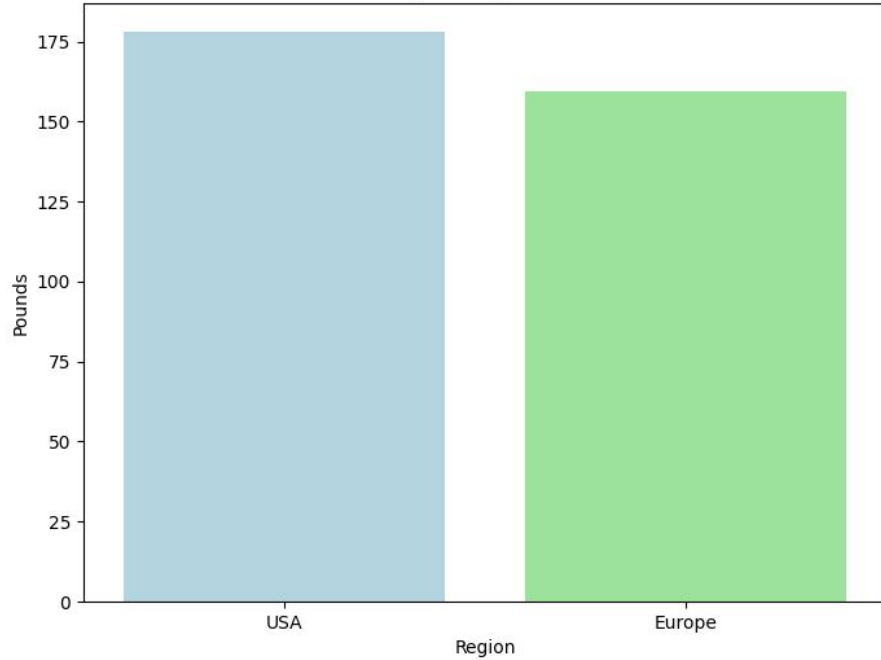


Fitness

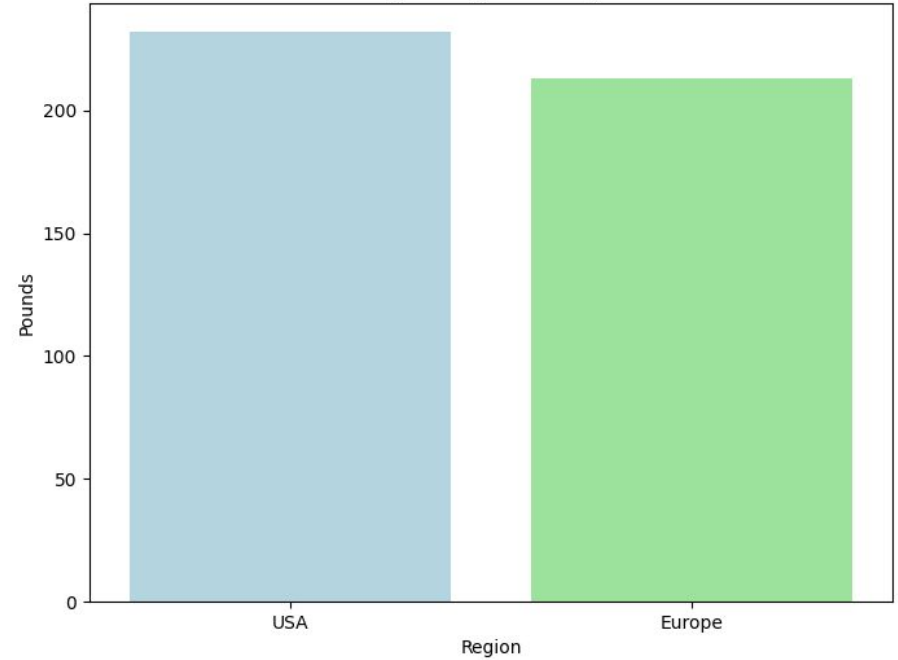


Strength

Weightlifting: Snatch



Weightlifting: Clean & Jerk



Major Obstacle

Discuss the biggest obstacle or mistake you encountered during this project.

Los principales obstáculos o errores que encontré durante este proyecto son:

- Not being able to download the table from a web page doing web scripting
- Reduce the number of results in a column by grouping them into groups
- Learn how to make graphics
- Delete outliers
- Start deleting column without using `.copy()`

Conclusions

- The majority of people who do Crossfit are from the USA
- In the USA there are more women who practice and more people practice it in Affiliate
- IN the USA the average athlete is slightly older and heavier. That probably correlates with them being stronger
- On the other hand, in Europe, athletes have shown greater fitness in the tests carried out.

Thank you for your time!

Jordi Díaz Carné