

# Informed consent form

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Last edited: 2021

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## 1. Study information

- *Purpose:* This research aims to understand the role of social media in people's lives, and how that interaction relates to eating disorders and their development. By exploring how media use looks in someone's everyday life, and the way it has changed over time, we hope to give a more nuanced account of the role it plays in mental health.
- *Benefit and drawbacks:* Should our research prove successful, our methods and our model will be shown to be effective in exploring these sorts of questions and can then be applied in efforts to understand eating disorders within a full context, and potentially to improve treatment and prevention. The primary drawback of the media diaries is the time required to complete it.
- *Personal data usage:* The audio and text files will be kept privately and safely on a university server with password verification. Once a transcript is produced from these, it will be anonymized such that you cannot be identified from the content, and it will be submitted to you to check over. No personal information other than the answers you give will be used in the research.
- *Withdrawal procedure:* You are free to withdraw at any time in the process. By simply sending an email to the contact below, it is possible for you to stop participation effective immediately, and to request that your data (audio, video, transcripts) be deleted.
- *Contact information:* Claudia Dictus, [c.t.dictus@vu.nl](mailto:c.t.dictus@vu.nl)

Taking part in the study
I have read and understood the study information dated [31/05/2021], or it has been read to me. I have been able to ask questions about the study and my questions have been answered to my satisfaction.
I consent voluntarily to be a participant in this study and understand that I can refuse to answer questions and I can withdraw from the study at any time, without having to give a reason.
I understand that taking part in the study involves audio recording which will be transcribed as text, or direct text response. I am aware that this data will be stored on a secure server and deleted three years after the research.
Use of the information in the study
I understand that information I provide will be used for the writing of an article for publication in a scientific journal, as part of a future PhD thesis and potentially contribute to educational material for practitioners or patients.
I understand that personal information collected about me that can identify me, such as [e.g. my name or where I live], will not be shared beyond the study team.
I agree that my information can be quoted in research outputs
I agree to the joint copyright of the media diary text to Claudia Dictus