

CURRICULUM VITAE

Jordyn R. Ricard

Yale University Department of Psychology
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EDUCATION

Yale University

2022 – present

Graduate School of Arts and Sciences
Ph.D. Student in Clinical Psychology
Advisor: Dr. Arielle Baskin-Sommers

Northwestern University

2016 – 2020

School of Education and Social Policy
B.S. Human Development and Psychological Services
Honors Thesis: *Life stress and facial expressions in individuals at clinical high risk for psychosis*
Advisors: Drs. Claudia M. Haase and Vijay A. Mittal

HONORS & AWARDS

Kelly D. Brownell Award for Outstanding Graduate Research

2024

Department of Psychology
Yale University
Recognized for outstanding research in psychology with significant implications for applied fields such as public health, policy, or clinical fields

Conference Travel Fellowship

2024

Graduate Student Assembly
Yale University
Awarded funding to support travel for presenting research at the Association for Psychological Science Conference

Health Policy Research Scholars Fellowship

2023 – 2027

Robert Wood Johnson Foundation
Johns Hopkins University
Selected for a national leadership development program supporting doctoral students from historically marginalized backgrounds in applying research to advance health equity and build a Culture of Health

Emerging Scholar Research Award

2023

APSSC Student Research Award Committee
Association for Psychological Science
Recognized for significant research contributions as a student affiliate from a diverse background, awarded for excellence in psychological science, conference presentation, and academic achievements

Graduate Research Fellow

2022 – 2025

Graduate Research Fellowship Program
National Science Foundation
Awarded competitive research fellowship supporting graduate research with three years of research funding

Dean's Emerging Scholars Fellowship

2022 – 2025

Graduate School of Arts and Sciences
Yale University

Awarded to twenty incoming, high-achieving PhD students from underrepresented or disadvantaged backgrounds, recognizing academic excellence and commitment to expanding educational access

Emerging Black Child Development Scholars Award

2021

Black Caucus

Society for Research on Child Development

Awarded to rising undergraduate and postbaccalaureate scholars for commitment to advancing research on Black child development

Leadership Alumni Award

2020

School of Education and Social Policy

Northwestern University

Awarded to one School of Education and Social Policy graduating senior for 'passion for research, mentorship, and advocacy, particularly with the goal of supporting underrepresented students'

Best Social Science Oral Presentation

2020

Office of Undergraduate Research

Northwestern University

Recognized for excellence in presenting original research in the social sciences

Conference Travel Grant Award (x1)

2020

Office of Undergraduate Research

Northwestern University

Awarded funding to support travel for presenting original research at the Society for Affective Science Conference

Poster Spotlight Award

2019

Program Committee

Society for Affective Science

Selected to present research in a rapid-fire spotlight session, highlighting outstanding work in affective science

Conference Travel Grant Award (x2)

2019

Office of Undergraduate Research

Northwestern University

Awarded funding to support travel for presenting original research at the 33rd Annual Meeting of the Society for Research in Psychopathology Conference and the Society for Affective Science Conference

Conference Travel Grant Award (x3)

2018

Office of Undergraduate Research

Northwestern University

Awarded funding to support travel for presenting original research at the 32nd Annual Meeting of the Society for Research in Psychopathology Conference, the Annual Biomedical Research Conference for Minority Students, and the Society for Affective Science Conference

Career Development Fund Award

2018

Northwestern Career Advancement

Northwestern University

Awarded funding to support research and career development opportunities

Travel Research Award

2018

Selection Committee

Annual Biomedical Research Conference for Minoritized Scientists

Awarded funding to support travel for presenting research and professional development at a national conference for underrepresented minorities in STEM

Tozer Foundation Award

Selection Committee

Awarded to students for academic achievement and college enrollment

2016 – 2020

Tozer Foundation

PEER-REVIEWED PUBLICATIONS

1. **Ricard, J. R.**, Richeson, J. A., Baskin-Sommers, A. (2025). Availability of community resources reduces the association among community violence exposure, negative emotionality, and substance use disorders. *Child Abuse & Neglect*, 160, 107226. <https://doi.org/10.1016/j.chiabu.2024.107226>
2. Wang, S. B., Van Genugten, R. D. I., Yacoby, Y., Pan, W., Bentley, K. H., Bird, S. A., Buonopane, R. J., Christie, A., Daniel, M., Haim, A., Follet, L., Fortgang, R. G., Kelly-Brunyak, F., Kleiman, E. M., Millner, A. J., Obi-Obasi, O., Onnela, J. P., Ramlal, N., **Ricard, J. R.**, Smoller, J. W., Tamberdou, T., Zuromski, K. L., & Nock, M. K. (2024). Idiographic prediction of suicidal thoughts: Building personalized machine learning models with real-time monitoring data. *Nature Mental Health*, 2(11), 1382 – 1391. <https://doi.org/10.1038/s44220-024-00335-w>
3. Baskin-Sommers, A., Williams, A., Benson-Williams, C., Ruiz, S., **Ricard, J. R.**, Camacho, J. (2024). Shrinking the footprint of the criminal legal system through policies informed by psychology and neuroscience. *Communications Psychology*, 2(1), 38. <https://doi.org/10.1038/s44271-024-00090-9>
4. **Ricard, J. R.**, Hyde, L. W., Baskin-Sommers, A. (2024). Person-centered combinations of individual, familial, neighborhood, and structural risk factors differentially relate to antisocial behavior and psychopathology. *Criminal Justice and Behavior*, 51(9), 1339-1357. <https://doi.org/10.1177/00938548241246146>
5. **Ricard, J. R.**, Gupta, T., Vargas, T., Haase, C. M., Mittal, V. A. (2021). Genuine and non-genuine smiles in individuals meeting criteria for a clinical high-risk syndrome. *Early Intervention in Psychiatry*, 16(8), 875-882. <https://doi.org/10.1111/eip.13233>
6. Castro-Ramirez, F., Al-Suwaidi, M., Garcia, P., Rankin, O., **Ricard, J. R.**, Nock, M. K. (2021). Racism and poverty are barriers to the treatment of youth mental health concerns. *Journal of Clinical Child and Adolescent Psychology*, 50(4), 534-546. <https://doi.org/10.1080/15374416.2021.1941058>
7. Gupta, T., Haase, C. M., Strauss, G. P., Cohen, A. S., **Ricard, J. R.**, Mittal, V. A. (2020). Alterations in facial expressions of emotion: Determining the promise of ultra-thin slicing and comparing human and automated coding methods in psychosis risk. *Emotion*, 22(4), 714. <https://doi.org/10.1037/emo0000819>

MANUSCRIPTS UNDER REVIEW

1. Uzzi, M., **Ricard, J. R.**, Belton, I., Linton, S., Marineau, L., Johnson, R. M., Latkin, C., & Nesoff, E. (under review). Neighborhood-level trajectories of structural racism and opioid-involved overdose deaths in Chicago, Illinois: A geospatial analysis.

2. Castro-Ramirez, F., McGuire, T. C., Al-Suwaidi, M., **Ricard, J. R.**, Chambers, K., Ricard, J. A., Herrman, F., Nock, M. K. (under review). Role of hyper-surveillance in suicide risk of Black minoritized youth.

SELECTED MANUSCRIPTS IN PREPARATION

1. **Ricard, J. R.**, Richeson, J. A., Baskin-Sommers A. (in preparation). The role of state social service spending in reducing psychological harm from community violence: a spatial meta-analysis.
2. McGuire, T. C., Castro-Ramirez, F., Al-Suwaidi, M., **Ricard, J. R.**, Chambers, K., Ricard, J. A., Herrman, F., Gaines, C., Nock, M. K. (in preparation). Examining culturally relevant experiences in self-harm for teens (eCREST): Study protocol and methods for recruiting diverse youth.
3. Simmons, C., **Ricard, J. R.**, Santana, S., Barber, M., West, N., Baskin-Sommers, A. (in preparation). Negative police encounters and youth mental health outcomes: exploring environmental and social moderators among Black, Hispanic, and White youth in the ABCD study.

INVITED RESEARCH TALKS

1. **Ricard, J. R.**, Richeson, J. A., Baskin-Sommers, A. (November, 2024). *State-level expenditures towards social services and their role in mitigating the psychological impact of community violence exposure: a spatial meta-analysis*. Talk given at the SEICHE Center for Health and Justice at the Yale School of Medicine.

CONFERENCE TALKS

1. Reid-Russell, A., Al-Suwaidi, M., Bentley, K. H., DeMarco, D., Fortgang, R. G., Haim, A., Kilbury, E., Kleiman, E. M., Lee, H., Millner, A. J., Prinstein, M., **Ricard, J. R.**, Zuromski, K., Nock, M. K. (2021, November). Fluctuations in affect, emotional numbing, and suicidal thinking across the menstrual cycle in adolescents and adults recently discharged from psychiatric hospitalization. In O. Pollak (Chair), *Adolescent suicide, self-injury, and RDoC: Advancing understanding of adolescents' self-injurious thoughts and behaviors across multiple RDoC domains*. Symposium presented at the virtual Association for Behavioral and Cognitive Therapies.
2. Wang, S. B., Van Genugten, R. D. I, Al-Suwaidi, M., Bentley, K. H., DeMarco, D., Dempsey, W., Fortgang, R. G., Kilbury, E., Kleiman, E. M., Lee, H., Millner, A. J., **Ricard, J. R.**, Zuromski, K., Nock, M. K. (2021, November). Idiographic prediction of suicidal thoughts after discharge from psychiatric hospitalization. In S. B. Wang & R. A. Hunt (Co-Chairs), *What happens after people leave treatment? Examining transdiagnostic illness trajectories and transitions during critical periods*. Symposium presented at the virtual Association for Behavioral and Cognitive Therapies.
3. Oshipitan, C., Jones, G., Castro-Ramirez, F., **Ricard, J. R.**, Nock, M. K. (2021, July). *The gatekeeping of psychedelics: How colonization and the war on drugs have restricted the use of psychedelic healing practices in Indigenous and Black communities*. Talk given at virtual Leadership Alliance National Symposium.
4. Gil Hernández, D., Castro-Ramirez, F., **Ricard, J. R.**, Coppersmith, D. D. L., Nock, M. K. (2021, July). *Treatment engagement after ED visit as a protective factor for suicide attempt using patient self-report and electronic health records*. Talk given at virtual Leadership Alliance National Symposium.

5. Nock, M. K., Castro-Ramirez, F., & **Ricard, J. R.** (2021, January). *Measuring the suicidal mind among youth*. Presented at: NIMH Risk, Resilience, & Trajectories in Preteen Suicide. Round Table 1: Phenomenology and Assessment of Suicidal Ideation and Behavior in Preteen Children, Bethesda, MD.
6. **Ricard, J. R.**, Gupta, T., Hittner, E. F., Haase, C. M., Mittal, V. A. (2020, May). *Life stress and facial expressions in individuals at clinical high risk for psychosis*. Talk given at virtual Undergraduate Research and Arts Exposition.
7. **Ricard, J. R.**, Coppersmith, D. D. L., Fortgang, R. G., Wang, S. B., Nock, M. K. (2019, July). *Using smartphone technology to improve the understanding of substance abuse and suicidal thoughts in real-time*. Talk given at Leadership Alliance National Symposium, Hartford, CT.
8. **Ricard, J. R.**, Gupta, T., Mittal, V. A., Haase, C. M. (2019, March). *Signs of psychosis risk: Thin slices of altered emotional behavior in youth at clinical high risk for psychosis*. Poster Spotlight Talk given at Society for Affective Science. Boston, MA.
9. **Ricard, J. R.**, Stephens, J., Haase, C. M. (2018, May). *Emotional behavior during conflict and marital satisfaction: A laboratory-based study of married couples*. Talk given at Undergraduate Research and Arts Exposition, Evanston, IL.

CONFERENCE POSTERS

1. **Ricard, J. R.**, Richeson, J. A., Baskin-Sommers, A. (2025, May). *The role of state social service spending in reducing psychological harm from community violence: a spatial meta-analysis*. Poster to be presented at the Association for Psychological Science Conference. Washington, D.C.
2. **Ricard, J. R.**, Richeson, J. A., Baskin-Sommers, A. (2024, May). *Structural interventions reduce the association among community violence exposure, negative emotionality, and substance use disorders*. Poster presented at the Association for Psychological Science Conference. San Francisco, CA.
3. **Ricard, J. R.**, Baskin-Sommers, A. (2023, May). *Within-person combinations of individual, familial, neighborhood and structural factors differentially relate to antisocial behavior and legal system involvement*. Poster presented at the Association for Psychological Science Conference. Washington, D.C.
4. **Ricard, J. R.**, Castro-Ramirez, F., Nock, M. K. (2021, November). *Using early childhood adversity for short-term prediction of suicidal behavior*. Poster presented at the virtual Association for Behavioral and Cognitive Therapies Conference.
5. Gil Hernández, D., Castro-Ramirez, F., **Ricard, J. R.**, Coppersmith, D. D. L., Nock, M. K. (2021, November). *Treatment engagement after ED visit as a protective factor for suicide attempt using patient self-report and electronic health records*. Poster presented at the virtual Annual Biomedical Research Conference for Minority Students.
6. Rankin, O., Low, D. M., **Ricard, J. R.**, Castro-Ramirez, F., Garcia, P., Smith, S., Ramlal, N., Alemu, R., Ervin, A., Vo, M., Carney, A., Nock, M. K. (2021, October). *Automating the screening of articles for a review on suicide research*. Poster presented at the virtual SciNLP.

7. **Ricard, J. R.**, Gupta, T., Hittner, E. F., Haase, C. M., Mittal, V. A. (2020, April). *Life stress and facial expressions in individuals at clinical high risk for psychosis*. Poster accepted to be presented at the Society for Affective Science Conference. San Francisco, CA. (Canceled due to COVID-19)
8. **Ricard, J. R.**, Gupta, T., Haase, C. M., Hittner, E. F., Vargas, T., Mittal, V. A. (2019, September). *Facial expressions of emotions and trauma in individuals at clinical high risk for psychosis*. Poster presented at 33rd Annual Meeting of the Society for Research in Psychopathology, Buffalo, New York.
9. Gupta, T., Haase, C. M., Strauss, G. P., Cohen, A. S., **Ricard, J. R.**, Mittal, V. A. (2019, September). *Altered emotion expression in psychosis risk: Determining the promise of thin slicing and comparing human and automated coding methods*. Poster presented at 33rd Annual Meeting of the Society for Research in Psychopathology Annual Meeting, Buffalo, New York.
10. **Ricard, J. R.**, Coppersmith, D. D. L., Fortgang, R. G., Wang, S. B., Nock, M. K. (2019, August). *Using smartphone technology to improve the understanding of substance abuse and suicidal thoughts in real-time*. Poster presented at Summer Undergraduate Research Village Poster Session, Harvard University, Cambridge, MA.
11. Sherin, M., Dobie, T., Richards, J., Sherin, B., Leatherwood, C., Altschuler, M., Larison, S., Fishman, J., **Ricard, J. R.**, Morton, K. (2019, April) *Using teacher self-captured video in professional development*. Poster presentation given at 2019 Annual Meeting of the American Educational Research Association (AERA), Toronto, Canada.
12. **Ricard, J. R.**, Gupta, T., Mittal, V. A., Haase, C. M. (2019, March). *Signs of psychosis risk: Thin slices of altered emotional behavior in youth at clinical high risk for psychosis*. Poster presentation given at Society for Affective Science Conference. Boston, MA.
13. **Ricard, J. R.**, Castro-Ramirez, F., Pixley, H. S., Millner, A. J., Nock, M. K. (2018, November). *Trauma, psychopathology, and suicidal behaviors*. Poster presentation given at Annual Biomedical Research Conference for Minority Students, Indianapolis, IN.
14. Gupta, T., Rowghani, K., **Ricard, J. R.**, Haase, C. M., Daame, K., Mittal, V. A. (2018, September). *Alterations in emotional expression in youth at clinical-high risk for psychosis*. Poster presentation given at 32nd Annual Meeting of the Society for Research in Psychopathology, Indianapolis, IN.
15. **Ricard, J. R.**, Castro-Ramirez, F., Pixley, H. S., Millner, A. J., Nock, M. K. (2018, August). *Trauma, psychopathology, and suicidal behaviors*. Poster presentation given at Summer Undergraduate Research Village Poster Session, Harvard University, Cambridge, MA.
16. **Ricard, J. R.**, Castro-Ramirez, F., Pixley, H. S., Millner, A. J., Nock, M. K. (2018, July). *Trauma, psychopathology, and suicidal behaviors*. Poster presentation given at Leadership Alliance National Symposium, Hartford, CT.
17. **Ricard, J. R.**, Stephens, J., Haase, C. M. (2017, September). *Emotional behavior during conflict and marital satisfaction: A laboratory-based study of married couples*. Poster presentation given at NU Bioscientist Poster Presentation, Northwestern University, Evanston, IL.

RESEARCH GRANTS

ALACRITY Grant 2022

Division of Services and Intervention Research National Institute of Mental Health

Submission: Social determinants of self- and other-directed violence in Black and minoritized youth

Role: Co-Investigator (Principal Investigator: Frankie Castro-Ramirez, M.A.)

Amount Awarded: \$25,000

Hodgson Psychology Research Innovation Grant 2022

Department of Psychology Harvard University

Submission: Race and ethnicity as potential moderators of the associations between psychedelic use and deleterious mental health outcomes

Role: Co-Investigator (Principal Investigator: Grant Jones, M.A.)

Amount Awarded: \$10,000

G. Alfred Hess Jr. Undergraduate Research Fund 2020

School of Education and Social Policy Northwestern University

Submission: Life stress and facial expressions in individuals at clinical high risk for psychosis

Role: Principal Investigator (Faculty Sponsor: Dr. Claudia Haase)

Amount Awarded: \$850

Research Grant 2020

Office of Undergraduate Research Northwestern University

Submission: Life stress and facial expressions in individuals at clinical high risk for psychosis

Role: Principal Investigator (Faculty Sponsor: Dr. Claudia Haase)

Amount Awarded: \$850

Opportunities Research Fund 2019

School of Education and Social Policy Northwestern University

Submission: Signs of psychosis risk: Thin slices of altered emotional behavior in youth at clinical high risk for psychosis

Role: Principal Investigator (Faculty Sponsor: Dr. Claudia Haase)

Amount Awarded: \$600

Summer Advanced Undergraduate Research Grant 2019

Office of Undergraduate Research Northwestern University

Submission: Facial expressions of emotions and life stress in youth at clinical high risk for psychosis

Role: Principal Investigator (Faculty Sponsor: Dr. Claudia Haase)

Amount Awarded: \$3,500

Summer Research Opportunities at Harvard (SROH) Grant 2019

Harvard Kenneth C. Griffin Graduate School of Arts and Sciences Harvard University

Submission: Using smartphone technology to improve the understanding of substance abuse and suicidal thoughts in real-time

Role: Principal Investigator (Faculty Sponsor: Dr. Matthew Nock)

Amount Awarded: \$5,000

Summer Research Opportunities at Harvard (SROH) Grant 2018
 Harvard Kenneth C. Griffin Graduate School of Arts and Sciences Harvard University
 Submission: Trauma, psychopathology, and suicidal behaviors
 Role: Principal Investigator (Faculty Sponsor: Dr. Matthew Nock)
 Amount Awarded: \$5,000

G. Alfred Hess Jr. Undergraduate Research Fund 2018
 School of Education and Social Policy Northwestern University
 Submission: Facial expressions of emotions and trauma in individuals at clinical high risk for psychosis
 Role: Principal Investigator (Faculty Sponsor: Dr. Claudia Haase)
 Amount Awarded: \$550

Summer Undergraduate Research Grant 2017
 Office of Undergraduate Research Northwestern University
 Submission: How stonewalling behavior predicts marital satisfaction in married couples
 Role: Principal Investigator (Faculty Sponsor: Dr. Claudia Haase)
 Amount Awarded: \$3,500

Academic Year Research Grant 2017
 Office of Undergraduate Research Northwestern University
 Submission: The associations between emotional facial expressions and marital satisfaction
 Role: Principal Investigator (Faculty Sponsor: Dr. Claudia Haase)
 Amount Awarded: \$3,500

Undergraduate Research Assistant Program Grant 2016
 Office of Undergraduate Research Northwestern University
 Submission: Emotion in couples
 Role: Research Assistant (Principal Investigator: Dr. Claudia Haase)
 Amount Awarded: \$2,000

Note: J. R. Ricard currently holds the record for most research grants received as an undergraduate at Northwestern University

RESEARCH EXPERIENCE

Ph.D. Student 2022 – present
 Department of Psychology Yale University
 Dr. Arielle Baskin-Sommers, Associate Professor

Research Assistant 2018 – 2022
 Department of Psychology Harvard University
 Dr. Matthew Nock, Edgar Pierce Professor of Psychology
Project: *Intensive longitudinal study of suicidal behaviors and related health outcomes*

Research Assistant 2017 – 2020
 Department of Psychology Northwestern University
 Dr. Vijay A. Mittal, Professor
Project: *Multi-site assessment of psychosis-risk (MAP) study*

Research Assistant

2017 – 2020

School of Education and Social Policy

Northwestern University

Dr. Claudia Haase, Associate Professor, Human Development and Social Policy

Projects: *Caregiver-youth interaction study; Emotion in couples study*

Research Assistant

2017 – 2020

School of Education and Social Policy

Northwestern University

Dr. Miriam Sherin, Professor of Learning Sciences and Associate Provost for Undergraduate Education

Projects: *Freezing time: Using digital video to help teachers reason about classroom events; Understanding the role of video in teacher learning*

CLINICAL EXPERIENCE

Psychology Extern

2024 – present

Transitions Clinic

Yale University

Supervisor: Arielle Baskin-Sommers, PhD

- Delivered evidence-based psychotherapy to recently incarcerated adults with chronic medical conditions and psychological challenges (e.g., trauma, anxiety, depression, substance use, grief) through the national Transitions Clinic Network, which supports recently incarcerated adults' health and social needs post-release
- Collaborated with a multidisciplinary team (including internal medicine providers, community health workers, clinic legal staff, and external agencies (e.g., Department of Corrections)) to support patient care and reintegration
- Performed clinical evaluations using the SCID-5 and SCID-II to assess psychopathology; administered neuropsychological tests, including the Wide Range Achievement Test, D-KEFS Color-Word Interference Test, and Digit Span Backwards.
- Collaborated with the Community Advisory Board to develop infographics and tailor safety planning for recently incarcerated adults, addressing reintegration barriers such as housing instability, limited phone access, and halfway house restrictions

Psychology Extern

2023 – present

Yale Psychology Department Clinic

Yale University

Supervisors: Mary O'Brien, PhD and Faith Prelli, PsyD

- Conducted individual therapy sessions with adolescents and adults from the New Haven community under video supervision, utilizing evidence-based approaches such as Cognitive Behavioral Therapy, Cognitive Processing Therapy, Acceptance and Commitment Therapy, Dialectical Behavior Therapy, mindfulness, and self-compassion-based techniques
- Conducted clinical evaluations using the SCID-5 and performed comprehensive suicide risk assessments, collaborating with clients to develop tailored safety plans as needed
- Performed comprehensive suicide risk assessments and collaborated with clients to develop tailored safety plans as needed
- Presented client diagnoses, biopsychosocial conceptualizations, and treatment plans in clinical conferences and group supervision.
- Co-facilitated a Dialectical Behavior Therapy skills group for young adults from the New Haven community

TEACHING EXPERIENCE

Teaching Fellow PSYC 141: Psychology and Global Capitalism Instructor: Dr. Tariq Khan	2025 Yale University
Teaching Fellow PSYC 141: The Criminal Mind Instructor: Dr. Arielle Baskin-Sommers	2024 Yale University
Teaching Fellow PSYC 115: History of Psychology: Racism and Colonial Power Instructor: Dr. Tariq Khan	2024 Yale University
Teaching Fellow PSYC 342: Psychology of Gender Instructor: Dr. Tariq Khan	2023 Yale University

ACADEMIC CONTRIBUTIONS TO DIVERSITY, EQUITY, & INCLUSION

Panelist 'Black in Behavioral Sciences' Panel Invited to speak on career pathways, graduate school preparation, and research opportunities in clinical psychology for Black students at the Claremont Colleges	2025 The Claremont Colleges
Peer Mentor First-Year Clinical Psychology Mentorship Program Guided a first-year clinical psychology students through their transition to Yale, offering support on housing, academics, and program navigation	2024 – present Yale University
Graduate Application Mentor Yale Psychology Diversity Equity and Inclusion Sneak Peek Program Mentor underrepresented students on psychology PhD applications, providing guidance on admissions, program expectations, and career development	2023 – present Yale University
Graduate Mentor Next-Gen Psych Scholars Provided guidance to underrepresented undergraduates and post-baccalaureates on applying to psychology PhD programs, centering the experiences of BIPOC, low-income, first-gen, and LGBTQIA+ students	2022 – present University of Minnesota – Twin Cities
Panelist Office of Undergraduate Research 'Graduate School Application' Panel Shared insights on the graduate school application process, offering guidance on admissions, research opportunities, and preparation	2022 Northwestern University
Mentor Summer Research Opportunities at Harvard (SROH)	2021 Harvard University

Mentored an underrepresented undergraduate researcher, providing guidance on research development, academic growth, and preparation for graduate studies in the social sciences

Head Teaching Fellow

2020

Bio&ChemEXCEL

Northwestern University

Led instruction and mentoring for underrepresented pre-med and science students, providing academic support in chemistry, calculus, biology, and leadership development

Research Coordinator

2019

Undergraduate Psychology Association

Northwestern University

Promoted research opportunities and increased representation of underrepresented students in psychology through academic and professional development initiatives

Panelist

2019

AVID Program ‘Applying to Undergrad’ Panel

Evanston Township High School

Shared insights on the college application process, offering guidance on admissions, essays, and preparation for higher education for underrepresented students

Intern

2019

AVID Program

Evanston Township High School

Supported underrepresented college-bound students in a preparatory program by facilitating study skills development, mentorship, and academic support

Social Science Representative

2018 – 2020

Office of Undergraduate Research Advisory Council

Northwestern University

Advocated for initiatives to increase representation in social sciences, collaborating with university leadership to enhance diversity and inclusion efforts

Peer Mentor

2018 – 2020

Arch Scholars Mentor Program

Northwestern University

Mentored first-generation and low-income first-year students, providing guidance on academic and campus life through weekly meetings and support

Peer Research Mentor

2018 – 2019

Office of Undergraduate Research

Northwestern University

Guided underrepresented undergraduate students in navigating research opportunities, developing proposals, and applying for funding

Peer Mentor

2017 – 2018

NU Bioscientist

Northwestern University

Mentored first-year students from underrepresented backgrounds, providing support in navigating research opportunities in life sciences and biomedical fields

Mentor

2017 – 2020

Supplies for Dreams

Manuel Perez Public Elementary School

Mentored and provided academic support to underserved youth in Chicago’s Pilsen neighborhood, fostering a love for learning, expanding perspectives, and building confidence and agency

Mentor

Project SOAR

2017 – 2018

McGaw YMCA

Provided one-on-one mentorship to underrepresented Evanston youth, fostering positive relationships, personal growth, and academic support

SERVICE AND LEADERSHIP

Student Coordinator, Current Works in Clinical Psychology Speaker Series, Yale University

2023 – 2024

Student Coordinator, Psychology Department Graduate Interview Day, Yale University

2022

PROFESSIONAL MEMBERSHIPS

Association for Psychological Science (APS)

American Psychological Association (APA)

TECHNICAL SKILLS

R, MPlus, REDCap, Biolab, EPrime, SPSS, Facial Action Coding System (FACS; certified), SPAFF, Oedipus, iMotions, EMFACS, JASP, Emotional Expressive Behavior (EEB), JMP, Qualtrics