



WakeMed, 3000 New Bern Avenue, Raleigh, NC 27610, 919-350-8000

Name: Shane Ranilla | DOB: 9/3/1992 | MRN: 5467580 | PCP: Duke Primary Care Meadowmont

## Discharge Summary

Updated Feb 16, 2026

[Discharge Summary by Mary Sims, MD at 2/16/2026 2:32 PM](#)

### WakeMed Antepartum Discharge Note

**Admit date:** 2/15/2026 **Discharge date:** 2/16/2026

**Primary Obstetric Provider:** Duke Womens Health Cary/Hollis Springs

**Discharge Attending Physician:** Mary Sims, MD

#### Discharge Diagnoses:

**Principal Problem:** Pregnancy at 33w0d

**Hospital Problems:** Principal Problem:  
Preterm labor in third trimester

#### Discharge Medications:

#### Discharge Medications

#### Continue taking

**PNV no.63-iron,carbonyl-FA-dha** 27 mg iron- 800 mcg-200 mg Cap  
Take 1 tablet by mouth daily.

#### Consults: Neonatology

**Betamethasone Administered:** Yes

Dates:

2/15/2026 1:26 AM, 2/16/2026 1:26 AM

**Hospital Course:** Shane Ranilla is a 33 y.o. G2P0010 who was admitted at 33w0d and discharged at 33w1d. Patient was admitted for preterm contractions. The patient presented at 33w0d with preterm contractions. She was found to be 4 cm dilated. She received a course of betamethasone and IV magnesium as well as GBS prophylaxis. Contractions resolved. She was monitored for several hours after discontinuing magnesium and remained without contractions. She has already taken a week off of work and was given a work excuse. We discussed possible precipitating factors including working as an RN without hydration or rest breaks. She was provided a note for work accommodations for both. The patient was discharged to home in stable condition with routine outpatient antenatal care.

Relevant labs:

**WBC**

Date	Value	Ref Range	Status
02/15/2026	9.8	3.6 - 11.2 K/uL	Final

**Platelet Count**

Date	Value	Ref Range	Status
02/15/2026	319	150 - 450 K/uL	Final

**Day of Discharge Physical Exam:**

Temp: [97.9 °F (36.6 °C)-98.2 °F (36.8 °C)] 98.2 °F (36.8 °C)

Heart Rate: [78-97] 90

Respirations: [16-17] 17

BP: (87-113)/(50-67) 104/62

**Physical Exam**

Vitals reviewed.

**Constitutional:**

Appearance: Normal appearance.

**Cardiovascular:**

Rate and Rhythm: Normal rate and regular rhythm.

**Pulmonary:**

Effort: Pulmonary effort is normal.

**Abdominal:**

Comments: **Gravid, soft non tender**

**Psychiatric:**

Mood and Affect: Mood normal.

**Other vaccinations:**

There is no immunization history on file for this patient.

**Condition at discharge:** Stable

**Discharge Day Services:** The patient was seen by the primary team and deemed ready for discharge.

- Interpreter Services: no

Mary Sims, MD

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