



WakeMed, 3000 New Bern Avenue, Raleigh, NC 27610, 919-350-8000

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Progress Notes

Signed Feb 15, 2026

Progress Notes by Paul Sparzak, DO at 2/15/2026 6:42 PM

Subjective:

Patient seen and examined. Patient resting in bed. No complaints at this point in time. Patient is not reporting feeling any contractions. Patient endorses good positive fetal movement.

Objective:

Vitals:

Vitals:

	02/15/26 1500	02/15/26 1600	02/15/26 1700	02/15/26 1800
BP:	104/55	106/51	108/52	99/54
Pulse:	82	93	94	83
Resp:	16	16	16	
Temp:		97.9 °F (36.6 °C)		
TempSrc:		Oral		
SpO2:	95%	96%	97%	95%
Weight:				
Height:				

General: A&Ox3

Abdomen: Soft, Non tender

Cervical Exam: 4/70/-2 per OB ED provider

FHT: 130s, moderate variability, positive decelerations, no decelerations

Toco: 0

FHR Category- category 1

Assessment:

33 y.o. G2P0010 33w0d here for threatened preterm labor.

Plan:

Patient was counseled on continue with magnesium sulfate until at the 24-hour mark.
24 hours patient received betamethasone. At which time we will stop the magnesium sulfate.
Will continue to observe patient in hospital for at least 24 hours after stopping the magnesium sulfate.

Paul Sparzak DO FACOOG FACOG
2/15/2026, 6:42 PM

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