



WakeMed, 3000 New Bern Avenue, Raleigh, NC 27610, 919-350-8000

Name: Shane Ranilla | DOB: 9/3/1992 | MRN: 5467580 | PCP: Duke Primary Care Meadowmont

Discharge Summary

Updated Feb 16, 2026

[Discharge Summary by Mary Sims, MD at 2/16/2026 2:32 PM](#)

WakeMed Antepartum Discharge Note

Admit date: 2/15/2026 **Discharge date:** 2/16/2026

Primary Obstetric Provider: Duke Womens Health Cary/Hollys Springs
Discharge Attending Physician: Mary Sims, MD

Discharge Diagnoses:

Principal Problem: Pregnancy at 33w0d

Hospital Problems: Principal Problem:
Preterm labor in third trimester

Discharge Medications:

Discharge Medications

Continue taking

PNV no.63-iron,carbonyl-FA-dha 27 mg iron- 800 mcg-200 mg Cap
Take 1 tablet by mouth daily.

Consults: Neonatology

Betamethasone Administered: Yes

Dates:

2/15/2026 1:26 AM, 2/16/2026 1:26 AM

Hospital Course: Shane Ranilla is a 33 y.o. G2P0010 who was admitted at 33w0d and discharged at 33w1d. Patient was admitted for preterm contractions. The patient presented at 33w0d with preterm contractions. She was found to be 4 cm dilated. She received a course of betamethasone and IV magnesium as well as GBS prophylaxis. Contractions resolved. She was monitored for several hours after discontinuing magnesium and remained without contractions. She has already taken a week off of work and was given a work excuse. We discussed possible precipitating factors including working as an RN without hydration or rest breaks. She was provided a note for work accommodations for both. The patient was discharged to home in stable condition with routine outpatient antenatal care.

Relevant labs:

WBC

Date	Value	Ref Range	Status
02/15/2026	9.8	3.6 - 11.2 K/uL	Final

Platelet Count

Date	Value	Ref Range	Status
02/15/2026	319	150 - 450 K/uL	Final

Day of Discharge Physical Exam:

Temp: [97.9 °F (36.6 °C)-98.2 °F (36.8 °C)] 98.2 °F (36.8 °C)

Heart Rate: [78-97] 90

Respirations: [16-17] 17

BP: (87-113)/(50-67) 104/62

Physical Exam

Vitals reviewed.

Constitutional:

Appearance: Normal appearance.

Cardiovascular:

Rate and Rhythm: Normal rate and regular rhythm.

Pulmonary:

Effort: Pulmonary effort is normal.

Abdominal:

Comments: **Gravid, soft non tender**

Psychiatric:

Mood and Affect: Mood normal.

Other vaccinations:

There is no immunization history on file for this patient.

Condition at discharge: Stable

Discharge Day Services: The patient was seen by the primary team and deemed ready for discharge.

- Interpreter Services: no

Mary Sims, MD

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