



WakeMed, 3000 New Bern Avenue, Raleigh, NC 27610, 919-350-8000

Name: Shane Ranilla | DOB: 9/3/1992 | MRN: 5467580 | PCP: Duke Primary Care Meadowmont

History and Physical Notes

Signed Feb 15, 2026

[History and Physical Notes by Paul Sparzak, DO at 2/15/2026 1:49 AM](#)

WakeMed Obstetric Admission History & Physical

History of Present Illness:

Chief Complaint: Contractions, Pregnancy (Staring around 2300 on 2/14)

Shane Ranilla is a 33 y.o. G2P0010 at 33w0d with Estimated Date of Delivery: 4/5/26 who presents for contractions. The patient denies vaginal bleeding and leakage of fluid. Fetal Movement: the patient states that the baby moves as usual.

Patient reported she had contractions that started about 11 PM/2300. Reports that they have been progressing and becoming increasing in severity. Rates them an 8 out of 10. Reports some is getting progressively increasing in pain and pressure.

Pregnancy is complicated by hypothyroidism, low back pain, pruritus in pregnancy.

Allergies- Allergies

No Known Allergies

Medications (home)-

Prior to Admission medications

Medication	Sig	Start Date
PNV no.63-	Take 1 tablet by	
iron,carbonyl-FA-dha	mouth daily.	
27 mg iron- 800 mcg-		
200 mg cap		

OB History-

OB History

Gravida	Para	Term	Preterm	AB	Living
2				1	
SAB	IAB	Ectopic	Multiple		Live Births
1					

#	Outcome	Date	GA	Lbr Len/2nd	Weight	Sex	Type	Anes	PTL	Lv
2	Current									
1	SAB	03/2025	6w0d							

GYN History- noncontributory

Past Medical History- Past Medical History

Past Medical History:

- | | |
|------------------------------------|------|
| Diagnosis | Date |
| • Hypothyroid | |
| • Mitral valve prolapse | 2010 |
| <i>no surgery needed; resolved</i> | |

Past Surgical History- Past Surgical History

History reviewed. No pertinent surgical history.

Family History- Family History

History reviewed. No pertinent family history.

Alcohol/ Drug/ Tobacco/ Sexual History-

Social History

Substance and Sexual Activity
Alcohol Use Never

Social History

Substance and Sexual Activity
Drug Use Never

Tobacco Use History

Social History

Tobacco Use
Smoking Status Never
Smokeless Tobacco Never

Prenatal Labs-

Prenatal Results

Initial Prenatal Labs

Test	Value	Reference Range	Date	Time
Rh				
Antibody Screen				
ABO				
Hgb	13.1 g/dL	10.9 - 14.3	02/15/26	0130

MCV
 Platelets
 Rubella
 Varicella
 RPR
 Syphilis Screen
 w/ Reflex
 Confirmation
 Urine Culture
 HBsAg
 Hepatitis C
 Antibody
 HIV
 Gonorrhea
 Chlamydia
 Gonorrhea, Urine
 Chlamydia, Urine
 1 hour GTT
 (Early)

Aneuploidy Screening

Test	Value	Reference Range	Date	Time
Tetra AFP only				

Other Maternal Testing

Test	Value	Reference Range	Date	Time
Hgb				
Fractionation				
Hgb				
Electrophoresis				
CF Screen				
PAP - WakeMed				
PAP - outside facility				

3rd Trimester

Test	Value	Reference Range	Date	Time
Hgb	13.1 g/dL	10.9 - 14.3	02/15/26	0130
MCV	84 fL	74 - 96	02/15/26	0130
Platelets	319 K/uL	150 - 450	02/15/26	0130
Antibody Screen				

1 Hour GTT
 3 Hour GTT-
 Fasting
 3 Hour GTT- 1
 Hour
 3 Hour GTT- 2
 Hours
 3 Hour GTT- 3
 Hours
 RPR
 Syphilis Screen
 w/ Reflex
 Confirmation
 HIV
 HIV p24 initial
 interpretation
 HIV mand
 prenatal
 HIV rapid
 laboring pt
 Gonorrhea
 Chlamydia
 Gonorrhea- Urine
 Chlamydia-Urine
 GBS
 GBS w/Penicillin
 Allergy
 GBS PCR

(See Report)

02/15/26 0130

GBS PCR
 w/Penicillin
 Allergy

Comorbidities

Test	Value	Reference Range	Date	Time
HCT	39 %	31 - 42	02/15/26	0130
Platelets	319 K/uL	150 - 450	02/15/26	0130
A1C				
AST				
ALT				
Creatinine				
Uric Acid				
LDH				
Urine Protein				
Urine Creatinine				
Urine				
Protein/Creatinine				
Ratio				
24hr Urine				
Protein				

24hr Urine
 Creatinine
 TSH
 Free T4
 Ferritin
 Vit B12
 Folate

Legend

[^]: Historical

Review of Systems

Gastrointestinal:

Abdominal contraction

Genitourinary:

Contractions

All other systems reviewed and are negative.

Vital Signs- Patient Vitals for the past 12 hrs:

	BP	Temp	Temp src	Pulse	Resp	SpO2	Height	Weight
02/15/26 0155	109/68	—	—	76	18	99 %	—	—
02/15/26 0149	120/72	—	—	83	19	99 %	—	—
02/15/26 0102	115/62	98.7 °F (37.1 °C)	Oral	76	17	97 %	1.68 m (5' 6.14")	83.5 kg (184 lb)

Weight: 83.5 kg (184 lb) Body mass index is 29.57 kg/m².

Physical Exam

Vitals and nursing note reviewed.

Constitutional:

Appearance: Normal appearance. She is normal weight.

HENT:

Head: Normocephalic and atraumatic.

Nose: Nose normal.

Mouth/Throat:

Mouth: Mucous membranes are moist.

Pharynx: Oropharynx is clear.

Eyes:

Conjunctiva/sclera: Conjunctivae normal.

Pupils: Pupils are equal, round, and reactive to light.

Cardiovascular:

Rate and Rhythm: Normal rate and regular rhythm.

Pulses: Normal pulses.

Pulmonary:

Effort: Pulmonary effort is normal.

Breath sounds: Normal breath sounds.

Abdominal:

General: Abdomen is flat. Bowel sounds are normal.

Palpations: Abdomen is soft.

Musculoskeletal:

Cervical back: Normal range of motion.

Neurological:

Mental Status: She is alert.

SVE: 4/80/-2, vertex per OB ED provider

OB Ultrasounds-bedside ultrasound performed by ED provider shows fetus in the cephalic position

FHR Category-category 1

Recent Labs-

Results for orders placed or performed during the hospital encounter of 02/15/26
CBC with Differential

Result	Value	Ref Range
Differential Percent	Diff %	
Differential Absolute	Diff Absolute	
WBC	9.8	3.6 - 11.2 K/uL
RBC	4.60	3.63 - 4.92 M/uL
Hemoglobin	13.1	10.9 - 14.3 g/dL
Hematocrit	39	31 - 42 %
Mean Cell Volume	84	74 - 96 fL
Mean Cell Hemoglobin	29	24 - 33 pg
Mean Cell Hemoglobin Concentration	34	33 - 36 g/dL
RDW	14.5	12.3 - 17.0 %
Platelet Count	319	150 - 450 K/uL
Mean Platelet Volume	7.4 (L)	7.5 - 11.2 fL
Neutrophils	68	43 - 77 %
Lymphocytes	22	16 - 44 %
Monocytes	8	5 - 13 %
Eosinophils	2	1 - 8 %
Basophils	0	0 - 1 %

Neutrophils Absolute	6.7	1.8 - 7.8 K/uL
Lymphocytes Absolute	2.1	1.0 - 3.0 K/uL
Monocytes Absolute	0.8	0.3 - 1.0 K/uL
Eosinophils Absolute	0.2	0.0 - 0.5 K/uL
Basophils Absolute	0.0	0.0 - 0.1 K/uL
Nucleated RBCS	0	/100 WBC

Assessment:

Shane Ranilla is a 33 y.o. G2P0010 at 33w0d with Estimated Date of Delivery: 4/5/26 who is being admitted for threatened preterm labor.

33 weeks gestation of pregnancy**Preterm labor in third trimester without delivery**

Hospital Problems: Principal Problem:
Preterm labor in third trimester

Plan:

- Fetal Monitoring: Continuous Fetal Monitoring
- PNL - Blood type a, positive/ Anti-bodyscreen negative/ Rubella positive/ Varicella negative/ RPR negative/ HBsAg nonreactive/ HIV nonreactive/ 1-hr OGTT 129/ GBS unknown
- Antibiotics- ampicillin for GBS result.

Patient was counseled extensively about potential preterm labor.
Patient to be started on magnesium sulfate.
Patient has already received first dose of steroids. Patient will receive second dose of betamethasone in approximately 24 hours
Patient to be started on ampicillin for GBS prophylaxis.
Will continue to monitor patient's preterm labor symptoms.

I personally performed this service.

Paul Boyd Sparzak, DO

MyChart® licensed from Epic Systems Corporation© 1999 - 2026