



Contacts and Emergency Numbers Sheet

Please print this sheet off and keep it by your phone for reference during your shift.

support@iheartpsychics.com

Main IHP Line: (855) 550-8400
Psychic Support Department: (855) 550-6300

Suicide Prevention & Crisis Lines: (800) 273-8255
National Hopeline Network: (800) SUI-CIDE
National Suicide Prevention Lifeline: (800) 273-TALK (8255)
National Youth Crisis Hotline: (800) 442-HOPE (4673)
Girls & Boys Town National Hotline: (800) 448-3000
Domestic Abuse Hotline: (800) 799-SAFE (7233)
Elder Abuse and Neglect Resource Line: (800) 677-1116
Sexual Assault and Abuse Hotline: (800) 656-HOPE (4673)

ALCOHOL (800) 331-2900
Al-Anon for Families of Alcoholics: (800) 344-2666
Alcohol and Drug Helpline: (800) 821-4357
Alcohol Treatment Referral Hotline: (800) 252-6465
Alcohol & Drug Abuse Hotline: (800) 729-6686
Families Anonymous: (800) 736-9805
National Council on Alcoholism and Drug Dependence Hopeline: (800) 622-2255

CHILD ABUSE
Child Help USA National Child Abuse Hotline: (800) 422-4453

DOMESTIC VIOLENCE
National Domestic Violence Hotline: (800) 799-7233
National US Child Abuse Hotline: (800) 422-4453

MEDICAL
American Association of Poison Control Centers: (800) 222-1222
America Social Health: STD Hotline: (800) 227-8922

OTHER
Shoplifters Anonymous: (800) 848-9595
Eating Disorders Awareness and Prevention: (800) 931-2237
Teen Help Adolescent Resources: (800) 840-5704

PREGNANCY

Planned Parenthood Hotline:

(800) 230-PLAN (7526)

RAPE AND SEXUAL ASSAULT

Rape, Abuse, and Incest National Network:

(RAINN) (800) 656-HOPE

National Domestic Violence/Child Abuse/ Sexual Abuse:

(800) 799-7233

Abuse Victim Hotline:

(866) 662-4535

RUNNING AWAY

National Runaway Switchboard:

(800) 231-6946

National Hotline for Missing & Exploited Children:

(800) 843-5678

Child Find of America:

(800) 426-5678

National Institute on Drug Abuse Hotline:

(800) 662-4357