Model_Exploration

April 17, 2021

Objectives

Provide an overview of some machine learning models, using the latest iteration of the input data.

Applied Data Filters

The dataframe included in this analysis contains the following modifications of the original data set:

- 1. Meal level aggregation
- 2. Meals that are only lunch or dinner
- 3. Meals that have both seafood and meat, where there is ambiguity in the ratio, are dropped
- 4. Meals that are more than 0 KCAL
- 5. Meals of participants older than 18 years of age
- 6. Meals that are consumed at home
- 7. Meals that are non-vegeterian

Section 1: Logistic Regression Model

Model Evaluation

This section evaluated the performance of the logistic regression model over several model fittings. This is done to account for the random sampling of the model data. The performance is measured by a split of the data into training and test sets, using an 80% training and 20% test split. The prediction success rate of the model is used as the evaluation criteria.

```
fped_vars.append('seafood_meal')
    #Use variable combination selected by loop
    df_mdl = df_mdl[fped_vars]
    #Split the training and test data
    X_train, X_test, y_train, y_test = train_test_split(df_mdl.
 →drop(['seafood_meal'], axis=1), df_mdl['seafood_meal'], test_size=test_ratio)
    #Fit the logistic regression model
    log_reg = LogisticRegression()
    log_reg.fit(X_train, y_train)
    #Obtain predictions on test set and calculate success rate
    y_pred = log_reg.predict(X_test)
    n_correct = sum(y_pred == y_test)
    pred_sr = [str(n_correct/len(y_pred))]
    #Calculate model execution time for combinatorial variable selection
    #non_cmb_time = time.time() - startTime
    #non_cmb_time_df = pd.DataFrame([non_cmb_time ])
    \#non\_cmb\_time\_df = non\_cmb\_time\_df.rename(\{0: 'Runtime(Seconds)'\}, axis=1)
    #Create a dataframe with variables used and their success rate
    pred sr df = pd.DataFrame(pred sr)
    pred_sr_df = pred_sr_df.rename({0: 'Success Rate'}, axis=1)
    fped vars.remove('seafood meal')
    var list df = pd.DataFrame([fped vars])
    #model_result = pd.concat([var_list_df, pred_sr_df, non_cmb_time_df],__
\rightarrow axis=1)
    model_result = pd.concat([var_list_df, pred_sr_df], axis=1)
    return model_result
#Level 5 has all components of level4, but breaks the total fruit intou
\hookrightarrow subcomponents
food_cmp_level5 = ['F_CITMLB', 'F_OTHER', 'F_JUICE',
                   'V_DRKGR', 'V_REDOR_TOMATO', 'V_REDOR_OTHER', _

    'V_STARCHY_POTATO',
                   'V STARCHY OTHER', 'V OTHER', 'V LEGUMES',
                   'G_WHOLE', 'G_REFINED',
                   'PF EGGS', 'PF SOY', 'PF NUTSDS', 'PF LEGUMES',
                   'D_MILK', 'D_YOGURT', 'D_CHEESE',
                   'OILS', 'SOLID_FATS', 'ADD_SUGARS', 'A_DRINKS']
df = pd.read_csv('../../Data/nhanes_full_pre_proc.csv')
#df = df[df['meal_energy'] == 'Medium-Low']
sr_tot=[]
for i in range(100):
    model_res_df_x = nhanes_full_log_reg(df = df,
                                    fped_vars = food_cmp_level5,
                                    non_sfd_class_n = 500,
                                    sfd_class_n = 500,
```

```
test_ratio = 0.2, )
sr_tot.append(model_res_df_x['Success Rate'][0])

sr_tot = pd.DataFrame(sr_tot)
sr_tot = sr_tot[0].astype(float)
print(sr_tot.describe())
```

```
count
         100.000000
           0.668950
mean
           0.034497
std
           0.590000
min
25%
           0.650000
50%
           0.670000
75%
           0.690000
           0.755000
max
Name: 0, dtype: float64
```

The table above is showing the prediction success rate results of the model over 100 runs.

Model Interpretation

This section performs a single fit of the logistic regression model and obtains the regression coefficients. Using the coefficients derived from the fitted model, the probability of a meal containing seafood or not can be obtained by the following equation:

$$p(X) = \frac{e^{\beta_0 + \beta_1 X_1 + \dots + \beta_p X_p}}{1 + e^{\beta_0 + \beta_1 X_1 + \dots + \beta_p X_p}}$$

Where

 β_0

is the intercept. When trying to interpret the impact of a single component, we can see that the probability depends on the initial values of the other components. Therefore, the only valuable information from the coefficient values themselves is the sign. If the sign is positive, then we know that increasing the value of the component will increase the probability while the inverse is true of a negative sign.

Below is an example for the model interpretation.

```
[51]: def nhanes_full_log_reg_params(df, fped_vars, non_sfd_class_n, sfd_class_n, u → test_ratio):

#Sample the seafood and non-seafood classes, create model input df df_non_sfd = df[df['seafood_meal']==0].sample(n=non_sfd_class_n, u → random_state=1)

df_sfd = df[df['seafood_meal']==1].sample(n=sfd_class_n, random_state=1)

df_mdl = pd.concat([df_non_sfd, df_sfd])

#Add the classification target variable to the df input list fped_vars.append('seafood_meal')
```

```
#Use variable combination selected by loop
    df_mdl = df_mdl[fped_vars]
    #Split the training and test data
    X_train, X_test, y_train, y_test = train_test_split(df_mdl.
 →drop(['seafood_meal'], axis=1), df_mdl['seafood_meal'], test_size=test_ratio)
    #Fit the logistic regression model
    log reg = LogisticRegression()
    log_reg.fit(X_train, y_train)
    #Obtain predictions on test set and calculate success rate
    y_pred = log_reg.predict(X_test)
    n_correct = sum(y_pred == y_test)
    pred_sr = [str(n_correct/len(y_pred))]
    pred_sr_df = pd.DataFrame(pred_sr)
    pred_sr_df = pred_sr_df.rename({0: 'Success Rate'}, axis=1)
    fped_vars.remove('seafood_meal')
    var_list_df = pd.DataFrame([fped_vars])
    \#model\_result = pd.concat([var\_list\_df, pred\_sr\_df, non\_cmb\_time\_df], 
\rightarrow axis=1)
    model_result = pd.concat([var_list_df, pred_sr_df], axis=1)
    return log_reg.coef_, log_reg.intercept_
food_cmp_level5 = ['F_CITMLB', 'F_OTHER', 'F_JUICE',
                   'V_DRKGR', 'V_REDOR_TOMATO', 'V_REDOR_OTHER', _

    'V_STARCHY_POTATO',
                   'V_STARCHY_OTHER', 'V_OTHER', 'V_LEGUMES',
                   'G_WHOLE', 'G_REFINED',
                   'PF_EGGS', 'PF_SOY', 'PF_NUTSDS', 'PF_LEGUMES',
                   'D_MILK', 'D_YOGURT', 'D_CHEESE',
                   'OILS', 'SOLID_FATS', 'ADD_SUGARS', 'A_DRINKS']
df = pd.read_csv('.../.../Data/nhanes_full_pre_proc.csv')
log_reg_coefficients, log_reg_intercept = nhanes_full_log_reg_params(df = df,
                                    fped_vars = food_cmp_level5,
                                    non_sfd_class_n = 500,
                                    sfd_class_n = 500,
                                    test ratio = 0.2)
print("The logistic regression coefficients are: \n", log_reg_coefficients)
print("\n")
print("The logistic regression intercept is: \n", log_reg_intercept)
```

```
The logistic regression intercept is: [-0.11213369]
```

'A_DRINKS']

The vectors printed above represent the coefficients from the fitted logistic regression model, using the level 5 FPED components:

```
[52]: print("The logistic regression variables are: \n", food_cmp_level5)

print("\n")

The logistic regression variables are:
    ['F_CITMLB', 'F_OTHER', 'F_JUICE', 'V_DRKGR', 'V_REDOR_TOMATO',
    'V_REDOR_OTHER', 'V_STARCHY_POTATO', 'V_STARCHY_OTHER', 'V_OTHER', 'V_LEGUMES',
    'G_WHOLE', 'G_REFINED', 'PF_EGGS', 'PF_SOY', 'PF_NUTSDS', 'PF_LEGUMES',
```

'D_MILK', 'D_YOGURT', 'D_CHEESE', 'OILS', 'SOLID_FATS', 'ADD_SUGARS',

However, due to the high number of components/parameters that are used in the model, even the signs of the parameters are random in nature. This is because the model fit convergence can arrive at different solutions. The model fitting algorithms use a random point for initializing the algorithm. And with the model of this size, this will affect the parameter sign, depending on when the algorithm arrives at a solution. For example, running the model again will yield the following solution, where we can see that some of the parameter signs are different:

```
The logistic regression coefficients are:

[[-0.06971927 -0.13028231  0.52887761  0.42064084 -0.55416455 -0.0284824  -0.49418688  0.57011787  0.51343868 -0.08268138  0.21338709  0.02828873  0.81689587  0.19440342 -0.22312681 -0.30616341  0.38247213  0.06824989  -1.05100914  0.0363042  -0.02564836 -0.03278337  0.0121854 ]]
```

```
The logistic regression intercept is: [-0.08784222]
```

Therefore, it is not advisable to draw inferences from the parameter values of the model. This may also be due to the low performance of the model, i.e. the model is not very representative of the real world. This may lead the model to arrive at different solutions, especially for components that do not provide a clear contribution. Below is an example of how to interpret the model derived above. First, we can obtain a meal at random from the dataframe:

```
[56]: random_meal = df.sample(n=1, random_state=1)
      random_meal[food_cmp_level5]
[56]:
           F_CITMLB F_OTHER F_JUICE V_DRKGR V_REDOR_TOMATO V_REDOR_OTHER \
      4939
                                  3.6
                                           0.03
                0.0
                          0.0
                                                           0.2
                                                                          0.0
           V_STARCHY_POTATO V_STARCHY_OTHER V_OTHER V_LEGUMES
                                                                     PF_SOY \
      4939
                        0.0
                                         0.0
                                                 0.49
                                                              0.0
           PF_NUTSDS PF_LEGUMES D_MILK D_YOGURT D_CHEESE OILS
                                                                    SOLID FATS \
      4939
                  0.0
                             0.0
                                     0.0
                                               0.0
                                                         0.0
                                                             1.96
            ADD_SUGARS
                       A_DRINKS
      4939
                  0.0
                            0.0
      [1 rows x 23 columns]
```

The component values for the randomly selected meal are displayed above. We can plug these in to the logistic probability equation from above, and can derive the probability of the meal containing seafood using the fitted model parameters.

```
[83]: from math import exp
X = np.array(random_meal[food_cmp_level5])
Beta = np.array(log_reg_coefficients).T
X_Beta = np.dot(X, Beta)
b0 = log_reg_intercept
p = (exp(b0 + X_Beta))/(1+exp(b0 + X_Beta))
print("The probability of this meal containing seafood is: ", p)
```

The probability of this meal containing seafood is: 0.8924882523661772

From this initial point, we can then calculate how this probability changes if we change one component value while leaving the others constant. For example, we can try to decrease the F_JUICE component by 2, to 1.6 from 3.6:

```
[85]: X[0,2] = 1.6
print("The new X vector is: ", X)

X_Beta = np.dot(X, Beta)
b0 = log_reg_intercept
p = (exp(b0 + X_Beta))/(1+exp(b0 + X_Beta))
print("\nThe probability of this meal containing seafood is: ", p)
```

The new X vector is: [[0. 0. 1.6 0.03 0.2 0. 0. 0. 0.49 0. 0.

```
2.76 0. 0.
0. 0. 0. 0. 1.96 0.09 0. 0. ]]
```

The probability of this meal containing seafood is: 0.7424340046290475

As was stated above, we can see in which direction the probability will change based on the sign for the component parameter. However, the actual change in probability depends on the values of the other parameters. This is due to the non-linear nature of the exponential function that the logistic regression uses to derive probabilities. Finally, did the model predict this meal correctly?

This meal did indeed contain shrimp, so the model was able to classify this meal correctly.

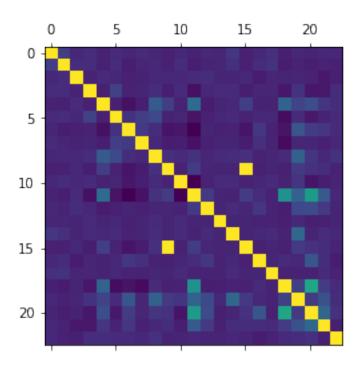
Model Diagnostics

The logistic regression success rate is a bit low, at around a 0.66 prediction success rate. So this model does not seem to be very representative of the real world behavior of food consumers. This may very well be due to the statistical distribution characteristics of the FPED components, which was explored in other reports. But we also know that regression models can be negatively affected by a dataset with a high number of variables, which is the case for this NHANES observations space. The model above was fitted using 23 variables, and the model solution will have a high variance if there is correlation within those components. Below is the correlation matrix for these components:

```
[96]: import matplotlib.pyplot as plt

df = pd.read_csv('../../Data/nhanes_full_pre_proc.csv')
    def histogram_intersection(a, b):
        v = np.minimum(a, b).sum().round(decimals=1)
        return v

df = df[food_cmp_level5]
    corr = df.corr()
    #plot(corr.style.background_gradient(cmap='coolwarm'))
    plt.matshow(corr)
    plt.show()
```



The correlation matrix does not show any high correlations among the components. The correlation values are actually quite low. Just as an extra cautionary step, the section below attempts to use a PCA transformation of the observation space and use the principal components to re-fit the model.

```
100.000000
count
           0.648350
mean
           0.024163
std
min
           0.592500
25%
           0.634375
50%
           0.648750
75%
           0.662500
           0.700000
max
Name: 0, dtype: float64
[0.57740584 0.32557929 0.0784561 0.01022015 0.00256172]
```

The model above is fitted 100 different times, to account for the variances in the sampling of the data. The results above are showing the success rate distribution of these 100 runs. Five principal components, which explain most of the variation within the data, were used to re-fit the model. This model is actually performing worse than the original, re-iterating that correlation within the components is not an issue for this dataset.

Section 2: Component-Wise Linear Regression

This section explores a linear regression model, targetting each one of the components while using the others. In this manner we can see how changing the amount of seafood on a plate will affect each of the components.

```
from sklearn.linear_model import LinearRegression
from sklearn.metrics import mean_squared_error
from sklearn.metrics import r2_score
import numpy as np

def linear_regressor(df, obs_space, target, n_sfd, n_non_sfd):
    df_non_sfd = df[df['seafood_meal']==0].sample(n=n_non_sfd)
    df_sfd = df[df['seafood_meal']==1].sample(n=n_sfd)
    df = pd.concat([df_non_sfd, df_sfd])
    df_x = df[obs_space]
    df_y = df[target]
    lin_reg = LinearRegression()
    lin_reg.fit(df_x, df_y)
    y_pred = lin_reg.predict(df_x)
    lin_mse = mean_squared_error(df_y, y_pred)
    lin_mse = np.sqrt(lin_mse)
```

```
lin_r2 = r2_score(df_y, y_pred)
   return target, lin r2, lin mse, df[target].describe()['mean'], df[target].
 →describe()['std']
food cmp level6 = ['F CITMLB', 'F OTHER', 'F JUICE',
                   'V_DRKGR', 'V_REDOR_TOMATO', 'V_REDOR_OTHER', _

→ 'V STARCHY POTATO',

                   'V_STARCHY_OTHER', 'V_OTHER',
                   'G_WHOLE', 'G_REFINED',
                   'PF_EGGS', 'PF_SOY', 'PF_NUTSDS', 'PF_LEGUMES',
                   'PF_CUREDMEAT', 'PF_ORGAN', 'PF_POULT', 'PF_MEAT',
'D_MILK', 'D_YOGURT', 'D_CHEESE',
                   'OILS', 'SOLID_FATS', 'ADD_SUGARS', 'A_DRINKS']
#Read the pre-processed dataframe.
df = pd.read_csv('.../.../Data/nhanes_full_pre_proc.csv')
result = []
for var in food_cmp_level6:
    obs_space = list(food_cmp_level6)
    obs space.remove(var)
    #print(variables)
   target = var
   result_temp = linear_regressor(df, obs_space, var, 500, 500)
   result.append(result_temp)
result = pd.DataFrame(result)
result = result.rename(columns={0: "Regression Target", 1: "R^2", 2: "RMSE", 3:

¬"Target Mean", 4:"Target SD"})
result = result.sort_values(by="R^2", ascending = False)
print(result)
```

```
Regression Target
                          R^2
                                   RMSE Target Mean Target SD
         SOLID_FATS 0.488401 10.013990
                                                      14.007465
24
                                            10.55589
22
                                                     0.600320
           D CHEESE 0.468449
                              0.437460
                                             0.21444
               OILS 0.325445
23
                               9.751514
                                             9.85552 11.879022
10
          G REFINED 0.323397
                               1.823277
                                             2.09176
                                                      2.217700
19
       PF SEAFD TOT 0.288836
                               2.525525
                                             1.83201
                                                     2.996290
18
            PF MEAT 0.208648
                               1.481895
                                             0.70173
                                                      1.666671
6
   V_STARCHY_POTATO 0.192106
                               0.321119
                                             0.14430 0.357443
4
     V_REDOR_TOMATO 0.171867
                               0.256515
                                             0.14051
                                                       0.282021
          PF_NUTSDS 0.154644
                               0.391540
                                                       0.426062
13
                                             0.05461
17
           PF_POULT 0.153676
                                             0.68087
                                                       1.726451
                               1.587469
25
         ADD_SUGARS 0.153480
                                5.298738
                                             3.61063
                                                       5.761971
            V_OTHER 0.141773
                                             0.33273
                                                       0.499483
8
                               0.462492
```

15	PF_CUREDMEAT	0.139455	0.816721	0.28877	0.880855
11	PF_EGGS	0.116634	0.288373	0.10681	0.306974
9	G_WHOLE	0.076042	0.546682	0.18344	0.569018
20	D_MILK	0.071919	0.401900	0.14483	0.417390
5	V_REDOR_OTHER	0.071725	0.134720	0.04519	0.139898
3	V_DRKGR	0.053090	0.285205	0.09484	0.293238
14	PF_LEGUMES	0.048688	0.815307	0.20966	0.836328
26	A_DRINKS	0.038677	0.561471	0.12194	0.572941
7	V_STARCHY_OTHER	0.037122	0.224318	0.06454	0.228715
1	F_OTHER	0.034316	0.316904	0.07205	0.322647
12	PF_SOY	0.019993	0.162955	0.01793	0.164691
0	F_CITMLB	0.018741	0.240987	0.04065	0.243400
2	F_JUICE	0.015150	0.378592	0.07032	0.381684
16	PF_ORGAN	0.013154	0.233679	0.01647	0.235349
21	D_YOGURT	0.010256	0.038004	0.00292	0.038220

The table above is showing the results of the linear regression model, targeting each component. The performance metric is the the standard model Root Mean Square Error, or RMSE. Given that each component has different units and distribution characteristics, the regression target component statistics are disaplyed above. The table is sorted by the R-squared result of the model. This provides an indication of how well the model predicts the quantities of the target component. As we can see, the better performing models are when regressing on SOLID_FATS and D_CHEESE. However, even for these models, the R-squared result is not very high.

Model Interpretation

The linear regression model is represented by the following equation:

$$\hat{y} = \beta_0 + \beta_1 X_1 + \dots + \beta_n X_n$$

The interpretation here is that changing the value of a component by some unit, while holding all the other parameters constant, will change the prediction value by:

$$\delta \hat{y} = \beta_n \delta X_n$$

Since the linear regression on solid fats performed the best, we can use this as an example.

```
[124]: def linear_regressor_params(df, obs_space, target, n_sfd, n_non_sfd):
    df_non_sfd = df[df['seafood_meal']==0].sample(n=n_non_sfd)
    df_sfd = df[df['seafood_meal']==1].sample(n=n_sfd)
    df = pd.concat([df_non_sfd, df_sfd])
    df_x = df[obs_space]
    df_y = df[target]
    lin_reg = LinearRegression()
    lin_reg.fit(df_x, df_y)
    y_pred = lin_reg.predict(df_x)
    lin_mse = mean_squared_error(df_y, y_pred)
    lin_mse = np.sqrt(lin_mse)
```

```
return lin_reg.coef_, lin_reg.intercept_
obs_space = list(food_cmp_level6)
obs_space.remove('SOLID_FATS')
lin_reg_coefficients, lin_reg_intercept = linear_regressor_params(df,__
 →obs space, 'V LEGUMES', 500, 500)
print("The linear regression predictor variables are: \n", obs_space)
print("\n")
print("The linear regression coefficients on SOLID FATS are: \n", __
 →lin_reg_coefficients)
print("\n")
print("The linear regression intercept on SOLID_FATS is: \n", lin_reg_intercept)
print("\n")
print("The linear regression coefficient for PF_SEAFD_TOT is: \n", __
→lin_reg_coefficients[19])
print("\n")
print("So increasing the PF_SEAFD_TOT value by 1 unit, will change the amount ⊔

→of solid fats by: ", lin_reg_coefficients[19])
print("\n")
print("And decreasing the PF_SEAFD_TOT value by 1 unit, will change the amount ⊔
 →of solid fats by ", -lin_reg_coefficients[19])
The linear regression predictor variables are:
 ['F CITMLB', 'F OTHER', 'F JUICE', 'V DRKGR', 'V REDOR TOMATO',
'V_REDOR_OTHER', 'V_STARCHY_POTATO', 'V_STARCHY_OTHER', 'V_OTHER', 'G_WHOLE',
'G_REFINED', 'PF_EGGS', 'PF_SOY', 'PF_NUTSDS', 'PF_LEGUMES', 'PF_CUREDMEAT',
'PF_ORGAN', 'PF_POULT', 'PF_MEAT', 'PF_SEAFD_TOT', 'D_MILK', 'D_YOGURT',
'D_CHEESE', 'OILS', 'ADD_SUGARS', 'A_DRINKS']
The linear regression coefficients on SOLID_FATS are:
 [ 9.36136806e-05 -3.07388895e-04 5.23706205e-04 5.68146634e-05
 1.42595451e-04 -5.59135261e-04 6.08344288e-05 -2.41502561e-04
-2.14181140e-04 1.63839757e-05 9.71694764e-05 -6.33311412e-04
 3.22683943e-04 1.83353777e-04 2.48870266e-01 -5.36502668e-05
-1.32913699e-05 5.42045282e-05 9.21734886e-06 -2.70821736e-06
 2.38046579e-04 1.12222444e-03 -1.67284936e-04 1.71555880e-06
-1.61058470e-05 1.46566527e-04]
The linear regression intercept on SOLID_FATS is:
-9.028702816244599e-05
```

The linear regression coefficient for PF_SEAFD_TOT is:

So increasing the PF_SEAFD_TOT value by 1 unit, will change the amount of solid fats by: -2.7082173596260176e-06

And decreasing the PF_SEAFD_TOT value by 1 unit, will change the amount of solid fats by 2.7082173596260176e-06

So even in this model, the coefficient for PF_SEAFD_TOT is too small to be used reliably for making inferences on how solid fats are consumed among seafood and non seafood meals. In addition to this, the poor performance on the linear regression when targeting the other components, indicates that a linear regression does not best represent the behavior in the real world. This model is most likely experiencing similar issues as the logistic regression model, where the distribution characterisites of the input data are not suited for regression.

Section 3: Decision Tree Model

Decision trees are an alternative to the regression approach, while still providing a certain level of explainability of the data features. Given the statistical characteristics of the features in this dataset, a decision tree may provide a more suitable model of the real world behavior.

```
[113]: from sklearn.tree import DecisionTreeClassifier
       from sklearn.metrics import accuracy_score
       from sklearn.tree import export text
       def tree regressor(df, components, n sfd, n non sfd):
           df non sfd = df[df['seafood meal']==0].sample(n=n non sfd)
           df_sfd = df[df['seafood_meal']==1].sample(n=n_sfd)
           df = pd.concat([df_non_sfd, df_sfd])
           df_x = df[components]
           df_y = df['seafood_meal']
           X_train, X_test, y_train, y_test = train_test_split(df_x, df_y, test_size=0.
        ⇒2)
           decision tree = DecisionTreeClassifier()
           decision_tree.fit(X_train, y_train)
           y_pred_tree = decision_tree.predict(X_test)
           #score = decision tree.score(X test, y test)
           score = accuracy_score(y_test, y_pred_tree)
           tree_rules = export_text(decision_tree, feature_names=list(X_train.columns))
           return score, tree_rules
       df = pd.read_csv('../../Data/nhanes_full_pre_proc.csv')
       food_cmp_level5 = ['F_CITMLB', 'F_OTHER', 'F_JUICE',
                           'V_DRKGR', 'V_REDOR_TOMATO', 'V_REDOR_OTHER', _
        \hookrightarrow 'V_STARCHY_POTATO',
```

0 100.000000 count 0.645750 mean 0.023381 std 0.595000 min 25% 0.630000 50% 0.643750 75% 0.662500 0.705000 max

The prediction success rate is not much higher for this model.

Model Interpretation

The resulting decision tree is depicted below. The tree contains a high amount of branches, due to the high amount of components.

[114]: print(tree_rules)

```
|--- SOLID_FATS <= 2.86
    |--- OILS <= 2.75
        |--- G_REFINED <= 0.15
           |--- V_REDOR_OTHER <= 0.02
                |--- SOLID_FATS <= 2.18
                    |--- V_DRKGR <= 0.00
                        |--- V_REDOR_TOMATO <= 0.22
                            |--- V_OTHER <= 1.00
                                |--- V_REDOR_TOMATO <= 0.00
                                    |--- D MILK <= 0.04
                                        |--- V_STARCHY_POTATO <= 0.85
                                            |--- truncated branch of depth 12
                                        |--- V_STARCHY_POTATO > 0.85
                                        |--- class: 0
                                    |--- D_MILK > 0.04
```

```
|--- class: 0
                                  -- V_REDOR_TOMATO > 0.00
                                    |--- V_OTHER <= 0.01
                                        |--- class: 0
                                    |--- V OTHER > 0.01
                                        |--- SOLID_FATS <= 0.82
                                            |--- class: 1
                                        |--- SOLID_FATS > 0.82
                                        |--- class: 0
                                |--- V_OTHER >
                                |--- class: 0
                        |--- V_REDOR_TOMATO > 0.22
                            |--- class: 1
                    |---V_DRKGR>0.00
                        |--- class: 1
                  -- SOLID_FATS > 2.18
                    |--- OILS <= 1.53
                        |--- class: 0
                    |--- OILS > 1.53
                    1
                        |--- class: 1
              -- V_REDOR_OTHER > 0.02
                |--- V_STARCHY_OTHER <= 0.13
                    |--- V_REDOR_OTHER <= 0.69
                        |--- V_OTHER <= 0.05
                            |--- class: 1
                        |--- V_OTHER > 0.05
                            |--- V_OTHER <= 0.55
                                |--- class: 0
                            |--- V_OTHER > 0.55
                                |--- class: 1
                    |--- V_REDOR_OTHER > 0.69
                        |--- class: 1
                 --- V_STARCHY_OTHER > 0.13
                    |--- F_OTHER <= 0.34
                        |--- class: 1
                    |--- F_OTHER > 0.34
                        |--- class: 0
          -- G_REFINED > 0.15
            |--- V_REDOR_TOMATO <= 0.15
                |--- G_REFINED <= 0.49
|--- F_OTHER <= 0.45
                        |--- class: 0
                    |--- F_OTHER > 0.45
                        |--- class: 1
                |--- G_REFINED > 0.49
                    |--- ADD_SUGARS <= 0.25
                        |--- V_OTHER <= 0.09
                        | |--- V_STARCHY_OTHER <= 0.03
```

```
|--- F_JUICE <= 0.81
                     |--- OILS <= 2.35
                         |--- V_OTHER <= 0.06
                             |--- truncated branch of depth 4
                         |--- V_OTHER > 0.06
                           |--- class: 0
                      |--- OILS > 2.35
                         |--- class: 0
                 |--- F_JUICE > 0.81
                     |--- class: 0
             |--- V_STARCHY_OTHER > 0.03
                 |--- class: 0
            -- V_OTHER > 0.09
             |--- V_DRKGR <= 0.69
                 |--- class: 1
             |--- V_DRKGR > 0.69
                 |--- class: 0
     |--- ADD_SUGARS > 0.25
          |--- G_REFINED <= 0.72
             |--- class: 1
          --- G_REFINED > 0.72
             |--- G_REFINED <= 3.32
                 |--- OILS <= 0.49
                     |--- V_OTHER <= 0.27
                         |--- G_REFINED <= 1.02
                             |--- class: 1
                         |--- G_REFINED > 1.02
                             |--- truncated branch of depth 3
                      |---V_OTHER>0.27
                         |--- class: 0
                    -- OILS > 0.49
                      |--- V_OTHER <= 0.28
                         |--- F_JUICE <= 0.01
                         | |--- truncated branch of depth 3
                         |--- F JUICE > 0.01
                             |--- truncated branch of depth 3
                        -- V_OTHER > 0.28
                         |--- G_REFINED <= 2.12
                             |--- truncated branch of depth 2
                         |--- G_REFINED > 2.12
                             |--- class: 1
                         1
             |--- G_REFINED > 3.32
                 |--- class: 1
-- V_REDOR_TOMATO > 0.15
 |--- OILS <= 2.34
     |--- G_REFINED <= 0.35
         |--- class: 1
     |--- G_REFINED > 0.35
```

```
| | |--- class: 0
            |--- OILS > 2.34
                |--- class: 1
|--- OILS > 2.75
    |--- PF LEGUMES <= 1.01
        |--- ADD_SUGARS <= 2.97
            |--- V_STARCHY_POTATO <= 0.84
                |--- D_CHEESE <= 0.05
                    |--- G_REFINED <= 1.69
                        |--- V_OTHER <= 2.64
                            |--- V_DRKGR <= 1.83
                                |--- V_REDOR_TOMATO <= 0.11
                                    |--- OILS <= 33.44
                                        |--- truncated branch of depth 6
                                    |--- OILS > 33.44
                                        |--- truncated branch of depth 2
                                |--- V_REDOR_TOMATO > 0.11
                                    |--- V_REDOR_TOMATO <= 0.14
                                        |--- class: 0
                                    |--- V_REDOR_TOMATO > 0.14
                                        |--- truncated branch of depth 7
                            |--- V_DRKGR > 1.83
                            1
                                |--- class: 0
                        |--- V_OTHER > 2.64
                            |--- class: 0
                    |--- G_REFINED > 1.69
                        |--- SOLID_FATS <= 2.73
                            |--- D_MILK <= 0.93
                                |--- ADD_SUGARS <= 1.56
                                    |--- ADD_SUGARS <= 1.32
                                    | |--- truncated branch of depth 12
                                    |--- ADD_SUGARS > 1.32
                                    |--- truncated branch of depth 3
                                |--- ADD_SUGARS > 1.56
                                    |--- class: 1
                            |--- D_MILK > 0.93
                                |--- class: 0
                        |--- SOLID_FATS > 2.73
                            |--- class: 0
                   - D_CHEESE > 0.05
                     --- V_REDOR_TOMATO <= 0.01
                        |--- OILS <= 6.48
                            |--- G_WHOLE <= 0.14
                                |--- class: 0
                            |--- G_WHOLE > 0.14
                                |--- V_OTHER <= 0.06
                                    |--- class: 0
                                |--- V_OTHER > 0.06
```

```
|--- OILS > 6.48
                   |--- class: 1
           |--- V_REDOR_TOMATO > 0.01
               |--- class: 0
      -- V_STARCHY_POTATO > 0.84
       |--- SOLID FATS <= 0.77
           |--- class: 0
       |--- SOLID_FATS > 0.77
           |--- class: 1
|--- ADD_SUGARS > 2.97
   |--- G_REFINED <= 2.02
       |--- PF_EGGS <= 0.39
           |--- V_REDOR_OTHER <= 0.04
               |--- SOLID_FATS <= 0.35
                   |--- OILS <= 13.16
                       |--- SOLID_FATS <= 0.02
                           |--- V_REDOR_TOMATO <= 0.04
                               |--- truncated branch of depth 2
                           |--- V_REDOR_TOMATO > 0.04
                           | |--- class: 0
                       |--- SOLID FATS > 0.02
                           |--- class: 0
                     -- OILS > 13.16
                       |--- class: 1
               |--- SOLID_FATS > 0.35
                   |--- V_STARCHY_POTATO <= 0.25
                       |--- class: 1
                   |--- V_STARCHY_POTATO > 0.25
                       |--- PF_EGGS <= 0.01
                       | |--- class: 0
                       |--- PF_EGGS > 0.01
                           |--- class: 1
                   Ι
              - V_REDOR_OTHER > 0.04
               |--- PF EGGS <= 0.04
                   |--- OILS <= 2.87
                       |--- class: 1
                   |--- OILS > 2.87
                     |--- class: 0
                   |--- PF_EGGS > 0.04
                   |--- class: 1
       |--- PF_EGGS > 0.39
           |--- class: 0
   |--- G_REFINED > 2.02
       |--- V_OTHER <= 0.30
           |--- F_JUICE <= 0.01
           1
               |--- class: 0
           |--- F_JUICE > 0.01
```

```
|--- G_REFINED <= 2.72
                               |--- class: 0
                            |--- G_REFINED > 2.72
                               |--- class: 1
                            |--- V_OTHER > 0.30
                       |--- SOLID_FATS <= 2.21
                           |--- class: 1
                        |--- SOLID_FATS > 2.21
                           |--- class: 0
        |--- PF_LEGUMES > 1.01
           |--- OILS <= 8.66
               |--- class: 1
            |--- OILS > 8.66
                |--- V_REDOR_TOMATO <= 0.31
                    |--- D_YOGURT <= 0.25
                       |--- PF_LEGUMES <= 4.47
                           |--- class: 0
                        |--- PF_LEGUMES > 4.47
                            |--- G_REFINED <= 2.33
                              |--- class: 1
                            |--- G_REFINED > 2.33
                               |--- class: 0
                       |--- D_YOGURT > 0.25
                       |--- class: 1
                |--- V_REDOR_TOMATO > 0.31
                    |--- SOLID_FATS <= 1.66
                       |--- class: 1
                    |--- SOLID_FATS > 1.66
                       |--- class: 0
|--- SOLID_FATS >
                  2.86
    |--- PF_EGGS <= 0.03
        |--- D_CHEESE <= 0.19
           |--- OILS <= 1.44
               |--- V_STARCHY_OTHER <= 0.62
                    |--- PF SOY <= 0.35
                       |--- V_REDOR_TOMATO <= 0.21
                            |--- PF_EGGS <= 0.00
                               |--- V_STARCHY_POTATO <= 1.78
                                   |--- V_REDOR_OTHER <= 0.48
                                        |--- D_MILK <= 1.79
                                        | |--- truncated branch of depth 3
                                        |--- D_MILK > 1.79
                                            |--- truncated branch of depth 2
                                    |--- V_REDOR_OTHER > 0.48
                                        |--- OILS <= 0.37
                                            |--- class: 0
                                        |--- OILS > 0.37
                                        1
                                           |--- class: 1
```

```
|--- V_STARCHY_POTATO > 1.78
                     |--- V_STARCHY_OTHER <= 0.25
                         |--- class: 1
                     |--- V_STARCHY_OTHER > 0.25
                         |--- class: 0
               -- PF_EGGS > 0.00
                 |--- OILS <= 0.51
                     |--- class: 0
                 |--- OILS > 0.51
                     |--- class: 1
         |--- V_REDOR_TOMATO > 0.21
             |--- SOLID_FATS <= 3.59
                 |--- class: 1
             |--- SOLID_FATS > 3.59
                 |--- G_REFINED <= 5.17
                     |--- V_LEGUMES <= 0.66
                         |--- class: 0
                     |--- V_LEGUMES > 0.66
                         |--- V_REDOR_TOMATO <= 0.39
                           |--- class: 1
                         |--- V_REDOR_TOMATO > 0.39
                         1
                             |--- class: 0
                   -- G_REFINED > 5.17
                     |--- class: 1
     |--- PF_SOY > 0.35
         |--- class: 1
   -- V_STARCHY_OTHER > 0.62
     |--- ADD_SUGARS <= 1.12
         |--- A_DRINKS <= 0.27
             |--- class: 0
         |--- A_DRINKS > 0.27
             |--- class: 1
     |--- ADD_SUGARS > 1.12
     |--- class: 1
-- OILS > 1.44
 |--- D_MILK <= 0.01
     |--- F_OTHER <= 0.96
         |--- SOLID_FATS <= 13.30
             |--- A_DRINKS <= 1.22
                 |--- OILS <= 1.57
                     |--- PF_LEGUMES <= 0.89
                         |--- V_DRKGR <= 0.09
                             |--- class: 1
                         |---V_DRKGR>0.09
                         |--- class: 0
                     |--- PF_LEGUMES > 0.89
                         |--- class: 0
                 |--- OILS > 1.57
```

```
|--- V_STARCHY_OTHER <= 0.01
                      |--- D_YOGURT <= 0.26
                         |--- truncated branch of depth 6
                      |--- D_YOGURT > 0.26
                          |--- class: 1
                    -- V_STARCHY_OTHER > 0.01
                      |--- OILS <= 10.40
                          |--- truncated branch of depth 5
                      |--- OILS > 10.40
                          |--- truncated branch of depth 4
          |--- A_DRINKS > 1.22
              |--- class: 1
        -- SOLID_FATS > 13.30
          |--- G_REFINED <= 1.20
              |--- ADD_SUGARS <= 0.91
                 |--- V_STARCHY_OTHER <= 1.17
                 | |--- class: 1
                  |--- V_STARCHY_OTHER > 1.17
                      |--- class: 0
                 - ADD_SUGARS > 0.91
                  |--- G_REFINED <= 0.88
                     |--- class: 0
                  |--- G_REFINED > 0.88
                     |--- class: 1
          |--- G_REFINED > 1.20
              |--- V_OTHER <= 0.46
                 |--- class: 0
              |---V_OTHER>0.46
                 |--- V_REDOR_OTHER <= 0.35
                     |--- V_OTHER <= 0.60
                       |--- class: 1
                      |--- V_OTHER > 0.60
                      |--- class: 0
                  |--- V_REDOR_OTHER > 0.35
                      |--- class: 1
 |--- F_OTHER > 0.96
     |--- class: 1
-- D_MILK > 0.01
 |--- SOLID_FATS <= 18.02
     |--- SOLID_FATS <= 4.09
         |--- D_MILK <= 0.47
              |--- class: 0
          |--- D_MILK > 0.47
              |--- OILS <= 15.29
                 |--- class: 1
              |--- OILS > 15.29
              |--- class: 0
     |--- SOLID_FATS > 4.09
```

```
|--- V_REDOR_TOMATO <= 0.50
                    |--- OILS <= 9.37
                        |--- OILS <= 8.30
                            |--- ADD_SUGARS <= 0.66
                                |--- truncated branch of depth 2
                            |--- ADD_SUGARS > 0.66
                                |--- truncated branch of depth 3
                        |--- OILS > 8.30
                            |--- class: 0
                    |--- OILS > 9.37
                        |--- V_STARCHY_POTATO <= 0.05
                            |--- class: 1
                        |--- V_STARCHY_POTATO > 0.05
                            |--- V_STARCHY_POTATO <= 0.17
                                |--- class: 0
                            |--- V_STARCHY_POTATO > 0.17
                            |--- truncated branch of depth 2
                |--- V_REDOR_TOMATO > 0.50
                    |--- class: 0
           - SOLID_FATS > 18.02
            |--- G_REFINED <= 1.78
                |--- V_OTHER <= 1.20
                    |--- G_REFINED <= 0.41
                        |--- class: 0
                    |--- G_REFINED > 0.41
                        |--- V_OTHER <= 0.10
                            |--- OILS <= 17.61
                                |--- class: 0
                            |--- OILS > 17.61
                            1
                                |--- class: 1
                        |--- V_OTHER > 0.10
                            |--- class: 1
                    |--- V_OTHER > 1.20
                   |--- class: 1
            |--- G_REFINED > 1.78
                |--- class: 0
D CHEESE > 0.19
|--- OILS <= 34.49
   |--- ADD_SUGARS <= 0.11
        |--- V_OTHER <= 0.00
           |--- SOLID_FATS <= 35.72
                |--- V_STARCHY_POTATO <= 0.09
                   |--- class: 1
                |--- V_STARCHY_POTATO > 0.09
                   |--- class: 0
            |--- SOLID_FATS > 35.72
                |--- class: 0
       |--- V_OTHER > 0.00
```

```
|--- OILS <= 3.10
                |--- class: 0
             --- OILS > 3.10
                |--- OILS <= 9.22
                    |--- G REFINED <= 0.66
                       |--- class: 1
                    |--- G REFINED > 0.66
                        |--- V_STARCHY_OTHER <= 0.11
                        | |--- class: 0
                        |--- V_STARCHY_OTHER > 0.11
                            |--- class: 1
                |--- OILS > 9.22
                    |--- class: 0
      -- ADD_SUGARS > 0.11
        |--- D_MILK <= 2.12
            |--- F_OTHER <= 2.02
                |--- PF_EGGS <= 0.02
                    |--- V_REDOR_TOMATO <= 0.00
                        |--- G_REFINED <= 1.75
                            |--- D MILK <= 0.03
                                |--- truncated branch of depth 4
                            |--- D MILK > 0.03
                                |--- class: 0
                        |--- G_REFINED > 1.75
                            |--- OILS <= 0.05
                                |--- class: 1
                            |--- OILS > 0.05
                                |--- class: 0
                    |--- V_REDOR_TOMATO > 0.00
                        |--- V_OTHER <= 0.47
                            |--- class: 0
                        |--- V_OTHER > 0.47
                            |--- V_OTHER <= 0.50
                            | |--- class: 1
                            |--- V OTHER > 0.50
                                |--- truncated branch of depth 3
                            1
                  -- PF EGGS > 0.02
                    |--- D_CHEESE <= 0.71
                        |--- class: 0
                    |--- D_CHEESE > 0.71
                       |--- class: 1
                    |--- F_OTHER > 2.02
                |--- class: 1
        |--- D_MILK > 2.12
            |--- class: 1
|--- OILS > 34.49
    |--- D_CHEESE <= 1.06
       |--- class: 0
```

```
| | |--- D_CHEESE > 1.06
              | |--- class: 1
I
           |--- PF_EGGS > 0.03
        |--- D_MILK <= 0.01
           |--- D CHEESE <= 0.24
               |--- V_REDOR_TOMATO <= 0.49
                   |--- ADD_SUGARS <= 0.03
                        |--- V_STARCHY_OTHER <= 0.01
                           |--- PF_EGGS <= 0.09
                               |--- class: 0
                            |--- PF_EGGS > 0.09
                               |--- class: 1
                        |--- V_STARCHY_OTHER > 0.01
                           |--- class: 0
                    |--- ADD_SUGARS > 0.03
                        |--- V_OTHER <= 1.67
                            |--- SOLID_FATS <= 50.96
                               |--- V_REDOR_OTHER <= 1.23
                                    |--- OILS <= 5.87
                                       |--- G REFINED <= 0.09
                                           |--- class: 0
                                        |--- G REFINED > 0.09
                                            |--- truncated branch of depth 7
                                    |--- OILS > 5.87
                                        |--- V_STARCHY_POTATO <= 0.77
                                            |--- truncated branch of depth 3
                                        |--- V_STARCHY_POTATO > 0.77
                                            |--- truncated branch of depth 2
                                |--- V_REDOR_OTHER > 1.23
                                   |--- class: 0
                               |--- SOLID_FATS > 50.96
                               |--- class: 0
                        |--- V_OTHER > 1.67
                           |--- ADD_SUGARS <= 4.38
                               |--- class: 0
                           |--- ADD_SUGARS > 4.38
                           |--- class: 1
                  -- V_REDOR_TOMATO > 0.49
                   |--- V_REDOR_OTHER <= 0.00
                       |--- class: 0
                   |--- V_REDOR_OTHER > 0.00
                       |--- class: 1
           |--- D_CHEESE > 0.24
                |--- OILS <= 11.27
                   |--- V_REDOR_TOMATO <= 0.31
                       |--- A_DRINKS <= 0.50
                           |--- class: 0
                       1
                       |--- A_DRINKS > 0.50
```

```
| | |--- class: 1
          |--- V_REDOR_TOMATO > 0.31
              |--- class: 1
      |--- OILS > 11.27
          |--- OILS <= 26.79
              |--- PF_LEGUMES <= 1.74
                  |--- class: 1
              |--- PF_LEGUMES > 1.74
                  |--- class: 0
          |--- OILS > 26.79
              |--- SOLID_FATS <= 20.41
                  |--- SOLID_FATS <= 7.76
                      |--- class: 0
                  |--- SOLID_FATS > 7.76
                      |--- PF_EGGS <= 0.05
                          |--- class: 0
                      |--- PF_EGGS > 0.05
                          |--- class: 1
                      |--- SOLID_FATS > 20.41
                  |--- class: 0
--- D_MILK > 0.01
  |--- F_CITMLB <= 0.00
      |--- OILS <= 7.73
          |--- OILS <= 0.55
              |--- V_REDOR_TOMATO <= 0.07
                  |--- D_MILK <= 0.56
                      |--- ADD_SUGARS <= 3.74
                          |--- class: 1
                      |--- ADD_SUGARS > 3.74
                          |--- ADD_SUGARS <= 4.75
                              |--- class: 0
                          |--- ADD_SUGARS > 4.75
                              |--- F_OTHER <= 0.07
                                |--- class: 1
                              |--- F OTHER > 0.07
                      1
                          |--- class: 0
                  |--- D MILK > 0.56
                      |--- class: 0
              |--- V_REDOR_TOMATO > 0.07
                  |--- class: 0
             - OILS > 0.55
              |--- D_MILK <= 0.03
                  |--- class: 0
              |--- D_MILK > 0.03
                  |--- V_REDOR_OTHER <= 0.00
                      |--- V_OTHER <= 0.21
                      |--- D_CHEESE <= 0.03
                      1
                          | |--- G_REFINED <= 0.77
```

```
|--- class: 0
                     |--- G_REFINED > 0.77
                         |--- truncated branch of depth 5
                 |--- D_CHEESE > 0.03
                     |--- ADD_SUGARS <= 0.27
                         |--- class: 1
                     |--- ADD_SUGARS >
                     |--- class: 0
                - V_OTHER > 0.21
                 |--- V_OTHER <= 1.50
                     |--- class: 0
                 |--- V_OTHER > 1.50
                     |--- class: 1
                 --- V_REDOR_OTHER > 0.00
             |--- OILS <= 1.76
                 |--- class: 0
             |--- OILS > 1.76
                 |--- class: 1
- OILS > 7.73
   - D CHEESE <= 0.82
     |--- G_REFINED <= 0.15
         |--- class: 0
       -- G_REFINED > 0.15
         |--- V_DRKGR <= 0.03
             |--- G_REFINED <= 2.86
                 |--- SOLID_FATS <= 18.15
                     |--- G_REFINED <= 1.37
                         |--- truncated branch of depth 2
                     |--- G_REFINED > 1.37
                         |--- truncated branch of depth 4
                 |--- SOLID_FATS > 18.15
                     |--- V_REDOR_OTHER <= 0.00
                         |--- class: 0
                     |--- V_REDOR_OTHER > 0.00
                         |--- class: 1
               -- G_REFINED > 2.86
                 |--- V_REDOR_OTHER <= 0.28
                     |--- V_REDOR_TOMATO <= 0.01
                        |--- class: 1
                     |--- V_REDOR_TOMATO > 0.01
                         |--- truncated branch of depth 3
                 |--- V_REDOR_OTHER > 0.28
                     |--- class: 0
             V_DRKGR > 0.03
             |--- G_REFINED <= 7.83
                 |--- OILS <= 48.51
                     |--- class: 1
                 |--- OILS > 48.51
```

Support Vector Machine Model

A Support Vector Machine model does not provide any explainability of the model features, but is explored here to see if it can provide any improvement in performance.

```
[117]: import numpy as np
       from sklearn import datasets
       from sklearn.pipeline import Pipeline
       from sklearn.preprocessing import StandardScaler
       from sklearn.svm import LinearSVC
       df = pd.read_csv('../../Data/nhanes_full_pre_proc.csv')
       df = df[df['meal_energy'] == 'Medium-Low']
       def svm_regressor(df, variables, n_sfd, n_non_sfd, param):
           df_non_sfd = df[df['seafood_meal']==0].sample(n=n_non_sfd)
           df_sfd = df[df['seafood_meal']==1].sample(n=n_sfd)
           df = pd.concat([df_non_sfd, df_sfd])
           X = df[variables]
           Y = df['seafood_meal']
           X_train, X_test, y_train, y_test = train_test_split(X, Y, test_size=0.2)
           #svm_nhanes = LinearSVC(C=1, loss="hinge")
           svm_nhanes = Pipeline([
               ("scaler", StandardScaler()),
               ("linear svc", LinearSVC(C=param, loss="hinge"))
           ])
           #svm_nhanes = LinearSVC(C=1, loss="hinge")
```

```
svm_nhanes.fit(X_train, y_train)
y_pred_svm = svm_nhanes.predict(X_test)
score = accuracy_score(y_test, y_pred_svm)
return score

result = []
for i in range(100):
    model_fit = svm_regressor(df, food_cmp_level5, 500, 500, 1)
    result.append(model_fit)

result = pd.DataFrame(result)
print(result.describe())
```

count 100.00000
mean 0.65960
std 0.03379
min 0.59500
25% 0.63500
50% 0.66000
75% 0.68000
max 0.74000

This model does not provide any improvement in performance from the previous models.

[]: