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Chatbots: Development and Applications

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1 Fundamentals

Before working on a topic it is necessary to have common definitions of its vocabulary. This chapter will help aligning previous assumptions.

1.1 Defintion of the Term Chatbot

The term *chatbot* consists of two parts - *chat* and *bot*. The meaning can be better understood after examining the two components separately.

The Oxford dictionary defines **chat** as “an informal conversation” and more specifically as “the online exchange of messages in real time with one or more simultaneous users of a computer network”[1].

As apparent in this definition conversations play a central role in *chats* and therefore *chatbots*. But before examining what characterizes a conversation other noteworthy aspects of this definition are the inherent *informal* format of a *chat*, and the traits of being *online* and *real time*.

Informality doesn’t have to be seen as a strict requirement; however a chat message and, for example, a classical letter have different degrees of formality.

Being *online* and thereby not bound to a specific location, device or other physicality can be seen as critical foundation for determining potential types of systems to interact with such media.

The aspect of limiting communication to *real time* gives an important restriction on possible interactions and sets a baseline for the expected user experience. This also excludes the usage of certain technologies that don’t allow for the desired responsiveness.

A *conversation* is defined as “a talk, especially an informal one, between two or more people, in which news and ideas are exchanged”[2].

Important here is that there are always at least *two* parties involved in communication and that information is *exchanged*. Keeping that in mind the kind of systems involved in this should always receive and provide information; chatbots can not work with solely

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unidirectional interaction.

Bot is defined as being “(chiefly in science fiction) a robot” with the specific characteristics of representing “an autonomous program on a network (especially the Internet) which can interact with systems or users, especially one designed to behave like a player in some video games”[3],

Foremost this provides the information that *bots*, including *chatbots*, are *programs*. It’s important to internalize that the creation of a chatbot is eventually the creation of an artifact in the form of a computer program.

Furthermore the aspect of *autonomy* and the communication over a *network* can be connected with the previous described trait of a *chat* being *online*. The program is given autonomy by not being bound to any specific device. Building on this allows for different solutions than a scenario where the user is in full control of a programs behavior.

Lastly there is a hint in this definition pointing out that a *bot* can often be seen as a *player* in a *game*. This trend towards game-like mechanisms and the previous mentioned *informality* suggest the utilization of playful interactions.

Concluding from the combination of these definitions a chatbot can be defined as an autonomous computer program that interacts with users or systems online and in real time in the form of, often play-like and informal, conversations.

1.2 About Conversational Interfaces

Having defined the concept and character of chatbots, one apparent attribute of the technology under examination is that its domain of application involves interaction with one or more users.

Any form of interaction requires an interface as a way to interact. An **interface** is generally described as a “point where two systems, subjects, organizations, etc. meet and interact” and in the area of computing it can be further defined as a “device or program enabling a user to communicate with a computer”[4].

This definition leaves a broad array of possible manifestations. However, the range of suitable means of communication can be further narrowed by including another aspect of the previous definition, namely that interaction happens in the form of conversation.

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Many communication mechanisms can be excluded by focusing on this characteristic of the interaction.

The term *conversation* strongly suggests the usage of natural, human language as a means of interaction while discouraging the idea of using an interface consisting purely of static or graphical elements.

Picturing a *conversational* interface one might expect a flow of interactions consisting of elements from all involved parties similar to the interfaces humans use to interact with each other.

It should also be noted that conversations are not limited to written language. Spoken language is also a possible interface for communication.

Focusing on written, text-based communication, it becomes apparent that not all text-based interfaces fit the characteristics of a *conversational interface*.

Classical command line interfaces often used to interact with computers are one example of text-based interfaces which don't have the attributes of conversational interfaces. As implied in the naming, these interfaces use *commands* for interaction. A **command** is an “authoritative order”[5] which contrasts with a conversation.

The term *conversation* has a connotation of complex, non-linear communication where each involved party understands the underlying ideas communicated opposed to merely receiving the characters the words consist of.

This deeper understanding of the intends a user has and the ability to adjust the interaction with a conversation consisting of customized parts sets conversational interfaces, and thus chatbots, apart from other interfaces.

2 Applications

The following chapters explore different applications of chatbots.

Starting with past work in the first chapter and looking at the present day in the subsequent chapters, different approaches and products are presented. Apart from highlighting interesting products, whole categories with potential benefits of using chatbots are defined and equally, problematic areas are identified as well.

Furthermore the current ecosystem is portrayed; this includes involved companies, available target platforms and additional tooling.

Moreover, current and potential users of chatbot products are analyzed and important questions about the current state of chatbot usage are addressed.

Lastly the aspired goals, potentials and promises of chatbots are further identified.

2.1 Past Work

Before working on new projects with nowadays technology one should know about prior work and learn from past ideas - both, succeed and failed attempts.

This chapter presents selected events from the last century, which introduced ideas forming the present definition of chatbots.

It should be noted that this is no attempt at presenting an all-encompassing overview about the history of computing, instead the aim is to explain where the idea of chatbots and the interest of creating them originated from.

2.1.1 The Turing Test

Even before the term *chatbot* was coined people started working on machines that interact with humans.

One of the first important milestones was the 1950 paper "Computing Machinery and Intelligence" by Alan Turing[6]. His ideas back then are still an important building block of what is call a *chatbot* in todays world and his thoughts are still central to many discussions about artificial intelligence.

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The most famous idea from this paper is the so called "Turing Test". This test is meant to identify if a machine posses human-like intelligence.

Originally Turing described this test as "imitation game" whereas the experiment consist of a human interacting with two parties via *textual messages*. One of the parties is another human and one is a machine. The human doesn't know upfront which one is the machine, but only that one of them will be a machine. During the *game* the human can interact, via what we nowadays call *chatting*, with the other party and is free to use any variation of messages. If the human is not able to tell which of the two parties is a machine and which one is a human, the machine passes the Turing Test.

When creating a chatbot or another kind of artificial intelligence this test can still be applied to test the human-likeness of the created machinery. Up to this point in time the Turing Test still remains to be challenged by new systems.

2.1.2 ELIZA

14 Years after the Turing Test was defined Joseph Weizenbaum started working on what would be known as the first program to pass a (limited) version of the Turing Test. Joseph Weizenbaum began working at MIT Artificial Intelligence Laboratory in 1964 and he released the ELIZA program in 1966.

The original version of ELIZA was written in a programming programming language called MAD-Slip which was also created by Joseph Weizenbaum himself and it ran on the IBM 704 computer.

ELIZA creates responses to natural language messages a user inputs via a text-based terminal.

The most famous implementation of ELIZA is called DOCTOR and simulates a Rogerian psychotherapist. Rogerian psychotherapy is a person-centered therapy intended to let the client realize their own attitudes and behavior. Relying on mostly simple methods, it remains a popular treatment. Most answers the therapist gives are questions for further details about information which the client mentioned previously. Furthermore clients mostly keep the assumption that a therapist has specific intentions even when asking a non-obvious question.

ELIZA takes advantage of the structure of the English language; the program takes apart sentences via pattern matching and keywords and reuses phrases after substituting certain words.

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For example, a clients answer “Well, my boyfriend made me come here.” can be transformed to “Your boyfriend made you come here?”[7].

Certain signal words or sentences containing no signals words can be answered with generic, static phrases. Detecting the signal word “alike” in the sentence “Men are all alike.” ELIZA could pick the programmed phrase “In what way?” as answer[7].

Knowing about the nature of Rogerian psychotherapy, Joseph Weizenbaum created ELIZA initially intended as a parody showing off the simple behavior necessary to imitate this therapy.

He was surprised that even people knowing about the inner workings of the program ended up having serious conversations with ELIZA. In one anecdote Joseph Weizenbaum tells how his secretary, after starting a conversation with ELIZA, asked him: “Would you mind leaving the room, please?”[8, p. 5].

Lead by the success of the experiment he published the book "Computer power and human reason: from judgment to calculation" in 1976 which discusses his thoughts about artificial intelligence including the differences between machines and humans and the limits of computer intelligence.

In the book he admits that he had not realized “that extremely short exposures to a relatively simple computer program could induce powerful delusional thinking in quite normal people.”[9]. This idea coined the term *Eliza Effect* which describes people assuming computers to behave like humans. This term is still in use today.

2.1.3 Further Noteworthy Developments

Another famous program was published by the psychiatrist Kenneth Colby in 1972.

He created PARRY as an attempt to simulate a human with paranoid schizophrenia. The implementation of PARRY is far more complex than ELIZA and it also models a personality including concepts of how to have conversations.

The most famous demonstration of PARRY was at the first International Conference on Computer Communications (ICCC) in 1972 where PARRY and ELIZA had a conversation with each other.[10]

Later on in scientific experiments PARRY also passed a version of the Turing Test.

Further programs that have been created to pass the Turing Test and which gained the

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publics attention include

Jabberwacky which was started in 1988 and attempts to learn from the users input[11], *Dr. Sbaitso* which was released in 1991 as an ELIZA-like demonstration for a sound card and was one of the first chatbots for MS-DOS based personal computers[12], and A.L.I.C.E., which has been first released in 1995 and became famous for its realistic behavior that is based on heuristic patterns instead of static rules[13].

The origin of the term *chatbot* itself can be seen in a paper called “ChatterBots, TinyMuds, and the Turing Test: Entering the Loebner Prize Competition” published by Michael L. Mauldin in 1994, whereby *chatbot* can be seen as a variation of the original version *ChatterBots*. [14]

Up until today the Turing Test has only been passed limited to certain domains and there is no chatbot yet that is able to simulate general human behavior indistinguishably from a real human.

It needs to be noted that although creating an as human-like as possible system remains a popular challenge, not all applications of chatbots profit from this type of behavior. Many systems are instead optimized to provide quick and efficient interactions and behave accordingly without attempting to hide their artificiality.

2.2 Present Day

With more than sixty years of history the concept of chatbots is not new.

People have been fascinated with the idea of being able to *talk to computers* since a long time; but past attempts have mostly been simple experiments or applications focused on the aspect of entertainment associated with science fiction inspired machines.

Lately the technology industry and press are increasingly interested in the topic of conversational interfaces.

The reinforced interest can be explained by observing recent developments of technology and recent market trends.

Since Apple’s release of Siri in 2011[15] customers have become more aware of the possibilities of conversational interfaces. Even though the capabilities were limited at that time, functionality improved quickly in the following years, which can be attributed to the new competition Apple triggered in the market.

Simultaneously, in this period of time artificial intelligence gained new traction due to the

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success of using artificial neural networks for machine learning[16].

The concept of artificial neural networks “dates back to the 1950s, and many of the key algorithmic breakthroughs occurred in the 1980s and 1990s”[17], but only now they are successfully applied. This is mainly due to the increased computing power available now. A second important condition is the amount of data available today; big Internet companies specialize on collecting data, originally intended to better target advertisement, but now they can use their data to train neural networks. Neural networks have their name because they are modeled after human brains; instead of specific rules of what the program should do the machine learns from examples in similar ways to how humans learn. Some task that are too complex to solve with a rule-based program, can now be solved by collecting enough example data and letting the machine figure out the solution instead.

This techniques can also be applied in the field of natural language processing, which is essential to understanding and generating text for conversational interfaces.

With these new technical possibilities more people see *conversation as an interface* not only as an idea of science fiction movies but instead as something that could be possible in the real world.

In addition to these new technical possibilities recent market trends make chatbots more compelling. “Computing is rapidly shifting to mobile devices”[18] and “messaging apps have surpassed social networks in monthly active users”[19]. This development means that users don’t have space for complex interfaces on the small screens of their devices, they need a solution which is light-weight in data consumption, and they can not use complicated keyboard shortcuts. At the same time users already spend the majority of their time in messaging applications and therefore, they are well accustomed to this way of communicating.

Originating from the current state of technology the increased interest in conversational interfaces creates new platforms, products and applications for chatbots.

2.3 Platforms

Unless software is distributed on dedicated hardware software products are designed to be run and accessed through other software. The underlying software is the platform a product is created for.

Products that target operating systems such as Microsoft Windows or Apple’s iOS require

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users to install necessary executable files on their local system.

Other software uses the web as platform, whereby customers use a web browser to access the software over the internet, while the software itself is executed on another computer called *server*.

In the case of chatbots the target platform can be any medium which enables users to send messages to each other. A chatbot can be seen as a counterpart to interact with in the same way users interact with other humans.

There are numerous platforms available that fulfill these requirements.

It should be noted that while messaging platforms provide means of communication, chatbots function similar to software accessible via a web browser; a server executing the chatbot software is needed and the messaging platform communicates with the server in the same way a web browser does communicate with a server on the users behalf.

Because of the wide variety of available messaging platforms it is not possible to create an all-encompassing collection of available platforms in the context of this work; the following is an overview over the currently most popular platforms, their capabilities and their area of focus.

To begin with, one of the most used online communication platforms is E-Mail.

E-Mail however does not provide the earlier defined characteristics of chatbots to be able to communicate *informally* and in *real time*; which disqualify E-Mail as a platform for chatbots, even though it can be automated in similar ways.

A well-known communication technology, which is suited for chatbots, is *Short Message Service*, short SMS.

SMS is primarily used on mobile devices and users are identified by their phone numbers, wherefore the communication has to happen through cell network providers. The technology is limited in number of characters, often users are charged by amount of messages sent and communication is limited to text-only. “End of year 2009 user level for SMS globally was 78%, ie 3.6 Billion”[20] people worldwide which means it remains one of the most popular communication channels; and therefore is an interesting option for applications requiring a low entry barrier.

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Since chatbots can communicate not only via text but also using voice, *phone calls* are also a possible medium. They are a common way of communication available to a large number of people. However, relying solely on voice for communication without any visual feedback the design of the user experience has to be thought out especially careful. Furthermore not only being able to understand and generate natural language, but also be able to parse and generate voice comes with further development cost.

Apple's *Siri* is another voice based system available; but it is not accessible as platform for external services.

Voice based systems that can be targeted as platforms are Amazon's *Alexa* and *Google Assistant*. Both systems are general assistants helping the user with a variety of task and in both cases they allow delegating specific tasks to third parties so they can handle the task at hand.

Currently popular target platforms for chatbots are messenger platforms. They are primarily text based, they mostly come without cost for the end user and additional to text they often support multimedia formats such as pictures, audio, locations and stickers. Some platforms also allow developers to display sliders, buttons and other graphical interface elements to the user, which can help guiding users instead of exclusively relying on natural language for communication.

Facebook's *WhatsApp* is with one billion active users in January 2017[21] one of the most popular messenger applications. It, however, does not allow automated access to its platform and therefore using it as a chatbot platform is not a viable option.

The second messenger application belonging to Facebook, called *Facebook Messenger*, is equally popular with one billion active users in January 2017[21] as well. Contrary to WhatsApp, Facebook Messenger provides a platform for developing chatbots. Counting over 100,000 monthly active chatbots[22] it is an interesting platform to develop for.

Following in popularity[23] are two Chinese messenger platforms, *QQ Mobile* and *WeChat*. Both of them currently do not provide a specific chatbot platform, but there have been successful attempts at creating chatbots for these platforms[24].

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Further popular messenger applications are the Japanese *Line* Microsoft's *Skype* *Telegram* and the more business focused *Slack*. All of these applications also provide dedicated platforms for the development of chatbots.

The choice of platform mostly depends on the target market. Different audiences prefer different platforms and a product might be better suited for certain environments.

As with the creation of other software it is also possible to release the same chatbot software for multiple targets. In similar ways to other platforms, the interaction of the software with the platform has to conform to the technical details and protocols of each target, the usage of platform-specific features has to be adapted individually and the user experience needs to be designed to fit each environment's expectations.

2.4 Products

With the amount of messaging platforms opening up for chatbot development, companies have become interested in releasing their product for this new format and some developers created new products focusing solely on the chatbot market.

Chatbot development is still a new market with a lot of changes happening all the time but there are some current trends in what companies are interested in creating. The direction might change soon in the future and there are probably still many undiscovered possibilities.

One helpful classification of chatbots is categorizing them in terms of features they provide. The following categories are adapted from the article “7 Types of Bots” by *Dotan Elharrar, a Product Manager at Microsoft AI & Research*[25].

Single-feature Chatbots A popular category of bots provide only one single feature. These bots are limited in functionality but simple to use. One example is a Facebook bot called Instant Translator[26]; in the beginning the user selects one language to translate to and all the bot does from there on is to translate all text it receives from the users language to the selected target language.

Proactive Chatbots This category are chatbots that push information to the user instead of answering questions in conversations. Hereby the user doesn't need to interact with the chatbot, but only uses it as service to receive information at certain times. One example

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would a service which sends the user a daily weather forecast. Another use-case is the Chatbot from the airline KLM[27]; a user can use the service to get updates and information about their flights delivered.

Group Chatbots There is a range of functionality chatbots can provide when they interact with a whole group of people instead of only a single user. These chatbots are limited to platforms which provide the necessary features to use chatbots in group conversations. A simple example for a Group Chatbot is called Roll[28]; when sending a question to Roll the chatbots answers with one name of the members of the group.

Simplification Chatbots In a few cases chatbots are used to provide users with a simpler interface to complicated existing tasks which traditionally require the handling of a lot of bureaucracy. One example is a service called DoNotPay. It is advertised as "the world's first robot lawyer"[29] and the service helps the user with simple legal problems, such as fighting a parking ticket.

Entertainment Chatbots One of the most popular kind of chatbots are still chatbots whose functionality consists only of having conversations with users. These services don't interact with other resources apart from the conversation itself. The previous described ELIZA belongs to this category.

Personal Assistants This category consists of chatbots that combine many different features and can be seen as platforms of their own. Siri and Alex, which have been mentioned earlier, belong to this category.

Optimization Chatbots Most companies are interested in chatbots in this category. The idea is to make an existing product more accessible by creating a chatbot for users to connect to the product. By taking advantage of new platforms companies like to reduce friction for customers to use the product. The currently most obvious aspect of the chatbot platforms is the ease for users to access the products. Companies like to optimize the use of their product by making it available via the conversational interfaces of chatbots.

Use cases fitting this category can be found across many different industries. The article "100 Best Bots For Brands & Businesses"[30] lists examples from different industries using chatbots to optimize access to their products. Products include beauty brands such as

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Sephora, consumer goods like Johnnie Walker, entertainment companies including Disney and Marvel, fashion brand such as H&M, financial services like PayPal, food delivery from stores such as Pizza Hut, E-Commerce platforms including eBay, Traveling services such as Airbnb and Expedia, Airlines like Lufthansa and British Airways and many news outlets including Washington Post, New York Times, Forbes and BCC.

As apparent from the engagement of many well established companies, brands are very interested in being present on messenger platforms.

While there is big interest in targeting messaging platforms as a new market, the consumer engagement and the development efforts are nothing compared to established markets such as mobile applications or the web. Most of current products only provide limited features and are mostly created to connect customers to existing products.

With increasing interest, engagement and, subsequently, financial investments the arise of more sophisticated products can be expected in the future.

2.5 Promises

As explained previously in 2.2, the interest in chatbots and conversational interfaces increased in recent time, because of the advancements made in the field of artificial intelligence and the popularity of messaging platforms, mobile devices, and personal assistants like Siri.

The conditions are right to think about using the newly available possibilities, however, the question remaining is why we would want chatbots. What can chatbots achieve that existing solutions are not good at, both, from a user's point of view and looking at the interests companies have.

From a user's point of view chatbots can be seen as a new interface to interact with computers. Existing interfaces are not intuitive to humans. Using technology is something humans need to learn first. With every new application one uses and every new website one visits there is a new interfaces to adapt to. "Adjusting to a machine does not come naturally to us. With every app you need to learn how to use it. ... Conversations come naturally to us"[31]. Conversation is a way of communicating humans already know how to use because they use it to interact with other humans. If it is possible to use this communication technology to interact with machines, it should be really intuitive for humans to

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use it. “The vision for a chatbot: get machines to respond to questions like a human being”[31].

Further, there is a trend in consumer behavior of “outsourcing their “chores”, such as driving, shopping, cleaning, food delivery, errands”[32] to companies that offer these services. Service companies are not a new occurrence, however, in the past it took more effort to coordinate the usage of such services. By using technology to automate many steps of the coordination process, not only the cost can be lowered, but also the friction for customers using a service is reduced significantly. Managing and coordinating the usage of such services is a task conversational interfaces are particularly suited for because it is a scenario that profits especially from the simplicity and low friction that characterize conversational interfaces.

Users can also profit from technical advantages of chatbots over to native applications and websites.

Native applications need to be downloaded first which includes all resources and not just the ones we require at this moment. Websites are a little slimmer and one only needs to download the resources required to load the current page. But one page still contains not only content, but also layout information, styling, decorative images and in most cases also Javascript to run some additional logic in the web browser.

The only thing a chatbots needs to download over the network is the content. Everything else is provided my the platform it is embedded in. Compared to these existing solutions, “a chatbot uses very low bandwidth”[31], which can be an important advantage not only for the perceived responsiveness but especially in places where slow network connections are still common.

Providing customers a more intuitive and more direct way of interacting with a company’s product is already a compelling reason for a company to be interested in the new platforms, but there are additional benefits companies can draw from conversational interfaces, which are not perceivable for the users.

First, “the cost of developing a chatbot is one-third of what is required in developing a mobile app”[31]. This might not be the case for every single product but in general, creating a chatbot is less work than creating a mobile application, because there is no custom design required nor is it necessary to write code for the logic controlling the user interface.

Next, “Chat apps also have higher retention and usage rates than most mobile apps”[33].

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Since chatbots are part of a chat application they can take advantage of being where the attention of mobile phone users already is. A chatbot can therefore potentially gain more user engagement than a competing website or mobile application.

Another aspect of the flexible nature of using natural language as an interface is that “chatbots are able to gain invaluable data and insights on user behavior”[34], because firstly, users have the freedom to send any kind of information and feedback and secondly, being in the context of a conversation people tend to be more talkative than they would be in a more formal environment. Especially for companies such as media outlets or retailers being able to further profile users can be a useful assistance in tailoring personal experiences for users and targeting them with individual offers.

Additional context and user data is also available on the platform itself; when interacting with a user via a chatbot on the Facebook Messenger platform all public information of the user’s Facebook profile is also available for the company to use for further personalization.

Lastly, the most fundamental reasons for a company to be interested in chatbots as a platform are the before mentioned popularity and ubiquity of messenger applications. “The question brands and publishers now face is how to engage with these private social network users”[34]. When the attention of users is shifting away from not only non-digital media but also away from other mobile applications, including traditional social networks, companies need to find a way to reach users at the place they spend most of their time at.

3 Development

To not only understand possible applications of chatbots but also understand what the practical development of a chatbot looks like this chapter guides through the development of an example chatbot.

To start with, an appropriate application needs to be chosen and specified in its requirements. Before starting with the implementation possible usage scenarios need to be defined and matching user stories will be created.

When all requirements are set, the appropriate platforms, tooling and solutions can be selected. After all preparations are done the technical implementation will take place. It is followed by any analysis of complications and a comparison to other possible solutions.

3.1 Choosing a Practical Example

Before thinking about implementation details a suitable application for a chatbot needs to be selected.

As illustrated earlier, chatbots can be used to cater a wide variety of applications.

Since this example application should be a suitable demonstration of the different aspects of developing chatbots, it should not be too simplistic in scope. An appropriate example covers more than one of the product categories described in section 2.4, while being, at the same time, not too technical challenging in a problem domain which is not a specific to chatbot development.

A service, that accepts image files and returns the same picture with a filter applied, might be an interesting and entertaining use case for a chatbot, however, it would not be an adequate example to give a general introduction to chatbot development since, even though it would a technical interesting task to solve regarding image processing, it would not illustrated much technical details in the domain of chatbot development.

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The here selected example application is a system for individual language studying.

While this idea arises from a personal need for such a system and an observed shortage in the functionalities existing solutions provide, this application also fulfills the state requirements of a suitable example application. The language studying chatbot fits into multiple product categories from section 2.4; it is not only an optimization in an existing problem domain but also makes use of proactive features, group scenarios and eventually entertaining aspects.

Although there is a necessity to understand parts of the problem domain of language studying, the required domain-specific knowledge is minimal and the main communication medium remains text-based.

The idea is to build a system independent from existing learning resources, that users can use to study their own vocabulary. Since there is no need to focus on content for specific languages, the main focus remains the implementation of the chatbot features.

In short, a user is able to input new vocabulary; then the system tests the user's knowledge in appropriate learning intervals.

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Erklärung

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Ort, Datum

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