

# **Profile**

Driven personal trainer and photographer transitioning into web development after completing a full-stack bootcamp. With excellent teamwork and interpersonal skills from diverse experiences, I offer valuable assets to the software engineering field. Motivated and detail-oriented, I am eager to apply my passion for problem-solving, innovation, and strong work ethic in a web development role, making a significant impact on projects while delivering top-quality solutions.

# **Employment History**

# Travel/Fitness photographer, Self-employed, Barcelona

APRIL 2019 - PRESENT

- Captured and edited professional photos for various clients in travel and fitness industries.
- Managed end-to-end photography projects, including client communication, planning, and post-processing.
- Marketed services and showcased portfolio through social media and personal website.

#### Personal Trainer, Forus, Barcelona

DECEMBER 2019 - PRESENT

- Conducted comprehensive fitness assessments to identify clients' physical strengths, weaknesses, and goals.
- Developed tailored fitness programs, including strength training, cardiovascular exercise, and flexibility routines.
- Provided guidance on proper exercise techniques to ensure clients' safety and maximize results.
- Monitored clients' progress, adjusting programs as needed to maintain motivation and achieve desired outcomes.

# Education

#### Full-Stack web development, Ironhack

OCTOBER 2022 - MAY 2023

Intensive full-stack bootcamp focused on MERN stack technologies, including MongoDB, Express, React, and Node.js. Additionally, learned essential tools such as HTML, CSS, JavaScript, Git, and agile methodologies to develop modern web applications.

- Developed full-stack projects using MERN stack, showcasing my ability to create end-to-end solutions and apply learned technologies effectively.
- Engaged in collaborative coding, working with fellow students to enhance teamwork, communication, and problem-solving skills.

#### MSc in health and physical activity, University of Barcelona, Barcelona

SEPTEMBER 2020 - JUNE 2021

• Completed a Master's in Health and Physical Activity, where I excelled academically with one of the top scores in the class. Gained in-depth knowledge of subjects like research methodology and statistics.

## **Details**

Barcelona

Spain

+34 615912335

jorge.mendezgines@gmail.com

# Links

Linkedin

**GitHub** 

## Skills

- •Front-end development: HTML5, CSS3, React, Javascript, A IAX
- Back-end development:Node,js, Express, MongoDB
- Teamwork and collaboration: GitHub, pair-programming, collaborative GitHub
- Quick learner
- PResponsive design: Skilled in creating responsive designs for optimal user experience on various devices and screen sizes.
- Advanced Communication Skills

## Languages

Spanish		
English		
Dutch		
German		

# BSc Sports Sciences, University of Las Palmas de Gran Canaria, Las Palmas de Gran Canaria

SEPTEMBER 2012 - DECEMBER 2016

- Acquired comprehensive understanding of the multidisciplinary field, studying topics such as exercise physiology, biomechanics, sports psychology, and Statistics.
- For my thesis, I conducted in-depth research on a relevant topic, earning honors for my outstanding work and exceptional contribution to the field.