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In [3]: import re
def phone_number(text):
    phone_number_regex = re.compile(r"^\(?\d{3}\)?(?:-|\s)\d{3}(?:-|\s)\d{4}$")

    def remove_prefix(text):
        return re.sub(r"^My phone number is ", "", text)

    text = remove_prefix(text)
    match = phone_number_regex.search(text)
    if match:
        return match.group()
    else:
        return None

text = "My phone number is (123)-456-7890"
phone_number = phone_number(text)
print(phone_number)
```

(123)-456-7890

```
In [4]: import re
def is_strong_password(password):

    if len(password) < 8:
        return False

    if not re.search("[A-Z]", password):
        return False

    if not re.search("[a-z]", password):
        return False

    if not re.search("[0-9]", password):
        return False

    if not re.search("[!@#$$%^&*()_+-]", password):
        return False

    return True

password = "Christ@123"

if is_strong_password(password):
    print("The password is strong.")
else:
    print("The password is not strong.")
```

The password is strong.

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In [ ]:
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