2025 AAU District Information: June 6-8
Palisades High School
15221 York Road, Charlotte, NC 28278

Fees: Entry fee is **$25.00** for each **athlete**. No entry fees will be transferred or refunded. Athlete entries can not be processed without a valid 2025 AAU Membership. All AAU Memberships must be purchased in advance (pending status is not acceptable) You can obtain AAU Memberships by visiting **www.aausports.org**. **All entry fees must be paid online, no exceptions will be granted.**

Eligibility: This meet is open to any athlete that falls within the age divisions listed below. Athletes aged 13 and older may enter in up to a maximum of 4 events including relays. Athletes ages 12 and younger may enter in 3 events including relays. If an athlete is entered into too many events, meet management reserves the right to reject the athlete from one or more events without notification.

Entry Process: All teams and unattached athletes must utilize the Athletic.net online entry process via **www.Athletic.net** and locate the AAU North Carolina District Qualifier Meet under Events. Athlete entries can not be entered without a valid 2025 AAU Membership. Teams have until 11:59pm, Monday, June 2, 2025 to complete their athlete registrations. *Please note that you must pay for your entries with a credit card online, or your entries will not be accepted.*

Age Divisions: Age divisions are determined by year of birth. Listed below are the events that will take place in each age division. *Athletes who are still eighteen (18) years of age through the final day of AAU Junior Olympic Games August 2, 2025 shall be eligible to compete in the 17-18 year olds division*`

Check-In Requirements: A packet will be provided for each team consisting of competition numbers, team roster, and events entered. A team representative will be responsible for picking up the packets. Packets can be picked up at the track facility. Be sure to have birth certificates available in the event Proof of Age is needed

Awards: AAU Championship Medals are awarded to the top three (3) finishers in each event and division. Awards will not be mailed to the athlete's home. It is the responsibility of athlete, coach or parent to pick up awards before leaving the meet.

Admission: Daily admission charge of $10.00. Cash, Cash App, or Credit Card Parking $5 per vehicle

Advancement: Top 16 Running Events, Top 16 Field Events, & Top 16 Relays Advance to the AAU Region 25 Qualifier ****ATHLETE MAY ONLY ADVANCE TO THE REGIONAL QUALIFIER IN THE EVENT(S) IN WHICH HE/SHE QUALIFIED AT THE DISTRICT QUALIFIER****

AAU North Carolina District Qualifier Event Schedule

FRIDAY   **JUNE 6, 2025**

5:00PM	1500M RACE WALK	TIMED FINALS	ALL DIVISIONS
	400M HURDLES	TIMED FINALS	15-16, 17-18
	100M DASH	TIMED FINALS	13-UP ONLY
	2000M STEEPLECHASE	AUTOMATICALLY ADVANCED TO JO'S	15-16, 17-18
		FIELD EVENTS	
5:00PM	LONG JUMP	(3 attempts)	Start with age 15-16 then 17-18 only
5:00PM	SHOT PUT	(3 attempts)	Start with age 17-18 then 15-16 only
5:00PM	HIGH JUMP		Start with age 17-18 then 15-16 only

DANIELS HIGH PERFORMANCE

SATURDAY   JUNE 7, 2025

9:00AM	3000M RUN	TIMED FINALS	ALL DIVISIONS
	100M DASH	TIMED FINALS	12-UNDER ONLY
	80M,100M,110M HURDLES	TIMED FINALS	ALL DIVISIONS
	800M RUN	TIMED FINALS	ALL DIVISIONS
	200M DASH	TIMED FINALS	13-UP ONLY
	4X800M RELAY	TIMED FINALS	ALL DIVISIONS
	4X100M RELAY	TIMED FINALS	ALL DIVISIONS
	FIELD EVENTS		
9:00AM	LONG JUMP	(3 ATTEMPTS)	Start with age 14-down
9:00AM	SHOT PUT	(3 ATTEMPTS)	Start with age 14-down
12:00PM	HIGH JUMP		Start with age 9-up
1:00PM	TURBO JAVELIN	(3 ATTEMPTS)	Start with age 8-up

SUNDAY   JUNE 8, 2025

9:00AM	1500M RUN	TIMED FINALS	ALL DIVISIONS
	200M DASH	TIMED FINALS	12-UNDER ONLY
	200M HURDLE	FINALS	13-14 ONLY
	400M	TIMED FINALS	ALL DIVISIONS
	3000M RACE WALK	TIMED FINALS	ALL DIVISIONS
	4x400M RELAY	TIMED FINALS	ALL DIVISIONS
	FIELD EVENTS		
9:00AM	TRIPLE JUMP	(3 ATTEMPTS)	Start with age 17-18
9:00AM	DISCUS	(3 ATTEMPTS)	Start with age 17-18
10:00AM	JAVELIN	(3 ATTEMPTS)	Start with age 13
9:00AM	POLE VAULT	TOP 5 ADVANCE TO JO'S	Start with age 13