

Gastroenterology Department, St Crispin's Hospital, Donaldstown, DO5 7TP

Dr. Ruth Jones, Consultant Gastroenterologist

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Outpatient letter to General Practitioner

Patient demographics:

Patient name: Ms. Critchard

Date of birth: not specified

Gender: not specified

NHS number: not specified

Hospital ID: not specified

Patient address: not specified

Patient email address: not specified

Patient telephone number: not specified

Attendance details:

Date of appointment: not specified

Contact type: not specified

Consultation method: not specified

Seen by doctor: Dr. Ruth Jones, Consultant Gastroenterologist

Care professionals present: not specified

Outcome of patient attendance: not specified

Diagnosis:

1. Suspected proctitis, likely related to ulcerative colitis

History:

The patient reports rectal bleeding, loose stools (approximately 4 times per day), a sour taste in the mouth upon waking, epigastric pain, heartburn, and weight loss for the past 3 months. The patient also experiences crampy pain in the lower left side.

Family history:

Several relatives on the maternal side had Crohn's or colitis.

Social context:

Patient is not specified.

Allergies and adverse reactions:

Penicillin (patient experienced a generalized severe rash)

Examination findings:

The abdomen was found to be mildly tender in the left lower side (no guarding or rebound tenderness). Rigid sigmoidoscopy revealed inflamed and ulcerated mucosa up to about 15 cm with contact bleeding.

Investigation findings:

Not specified.

Procedure:

Rigid sigmoidoscopy performed.

Clinical summary:

Findings suggest proctitis, likely related to ulcerative colitis.

Actions for healthcare professionals:

Schedule a flexible sigmoidoscopy and order blood tests (FBC, U&E;, LFT, CRP). Perform stool tests to rule out infections (e.g., *C. difficile*).

Changes to medications and medical devices:

Not specified.

Medications and medical devices:

Medication name: Acycolic mesolazine

Dose: 800 mg

Form: Oral

Frequency: 3 x a day

Comment: Patient is advised to start this medication and avoid penicillin-based antibiotics due to an allergy.

Signature:

Yours faithfully,

Person completing record: Dr. Ruth Jones, Consultant Gastroenterologist

Date: not specified

Distribution list: Ms. Critchard (patient), Dr. O'Reilly (GP)