

## JSON in JavaScript

**JSON** (JavaScript Object Notation) is a lightweight data interchange format that is widely used for sending and receiving data between a client and a server. In JavaScript, you can work with JSON data using built-in functions and methods. Here's an overview of how to handle JSON in JavaScript:

1. **JSON.stringify():** The `JSON.stringify()` function is used to convert a JavaScript object into a JSON string. It takes an object as a parameter and returns the corresponding JSON string representation. For example:

```
var data = {  
  name: 'John',  
  age: 30,  
  city: 'New York'  
};
```

```
var jsonString = JSON.stringify(data);  
  
console.log(jsonString);  
  
// Output: {"name":"John","age":30,"city":"New York"}
```

2. **JSON.parse():** The `JSON.parse()` function is used to parse a JSON string and convert it back into a JavaScript object. It takes a JSON string as a parameter and returns the corresponding JavaScript object. For example:

```
var jsonString = '{"name":"John","age":30,"city":"New York"}';  
  
var data = JSON.parse(jsonString);  
  
console.log(data.name);  
  
console.log(data.age);  
  
console.log(data.city);  
  
// Output: John, 30, New York
```