Coding Challenge 1 - Solution

Solution-

```html
<!DOCTYPE html>
    <head>
        <title>innerTextAndInnerHTML</title>
    </head>
    <body>
        <h2 id="header">This is demo heading.We will use this element to
perform various operation on it using JS code.</h2>
        <p class="paragraph">This is the first demo paragraph.It has
content to apply various js operation on it.</p>
        <p class="paragraph">This is the second demo paragraph.It has
content to apply various js operation on it.</p>
    </body>
    <script>
        var h2=document.getElementById('header')
        var p=document.getElementsByClassName('paragraph')

        console.log("Header content is: ",h2)
        console.log("Paragraph tag are in the html page are :",p.length)
    </script>
</html>
```