Preoperative Cognitive Profile Predictive of Cognitive Decline after Subthalamic Deep Brain Stimulation in Parkinson's Disease

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Abstract

Cognitive decline represents a severe non-motor symptom of Parkinson's disease (PD) that can significantly reduce benefits of subthalamic deep brain stimulation (STN DBS). Here, we aimed to identify pre-surgery cognitive profile associated with faster post-surgery cognitive decline in STN DBS treated PD patients to characterize patients who could benefit from more monitoring during treatment course. A retrospective observational study of 126 PD patients treated by STN DBS combined with oral dopaminergic therapy followed for 3.54 years on average (SD = 2.32) with repeated assessments of cognition was conducted. Pre-surgery cognitive profile was obtained via a comprehensive neuropsychological examination. Data were analyzed using exploratory factor analysis for pre-surgery cognitive profile extraction and Bayesian generalized linear mixed models for description of the longitudinal cognitive outcome. Overall, we observed a mild annual cognitive decline of 0.90 points from a total of 144 points in the Mattis Dementia Rating Scale (95% posterior probability interval (PPI) [-1.19, -0.62]). Pre-surgery executive deficit predicted the rate of post-surgery cognitive decline (b = -0.39, 95% PPI [-0.63, -0.15]). The predictive utility of pre-surgery executive deficit resulted from summing small effects of several single test scores. Patients with PD treated with STN DBS experience only mild annual post-surgery cognitive decline. According to our data and models patients with worse long-term cognitive prognosis can be identified via pre-surgery examination of executive functions. Aggregating results from multiple executive tests to estimate cognitive prognosis of PD patients treated with STN DBS is likely superior to examining single test scores.

Keywords: Parkinson's disease, deep brain stimulation, cognition, longitudinal, latent variable analysis

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Introduction

Bilateral subthalamic nucleus (STN) deep brain stimulation (DBS) is an advanced symptomatic treatment of Parkinson's disease (PD) that can successfully reduce motor symptoms and improve patients' quality of life (Armstrong & Okun, 2020; Bratsos et al., 2018). On the other hand, prior research revealed considerable heterogeneity in cognitive outcomes after STN DBS with a small to moderate post-surgery decline in verbal fluency and equivocal results for other cognitive domains (Combs et al., 2015; Mehanna et al., 2017; Parsons et al., 2006). The ability to predict which patients are likely to develop post-surgery cognitive decline can thus prove useful for patient selection and for guiding post-surgery patient monitoring. In this article, we aim to describe pre-surgery cognitive profile extractable from clinically available neuropsychological evaluation that indicates higher risk of long-term post-surgery cognitive decline in everyday clinical settings.

Studies addressing the task of predicting post-surgery cognitive decline in STN DBS treated PD patients can be broadly divided to two groups, randomized controlled trials (RCT) and long-term observational studies. In a typical RCT, patients are randomized to treatment and placebo groups and outcomes are compared in a full factorial design (evaluating interactions between group and time of assessment as the estimand of interest). Courtesy of their experimental control RCTs allow for causal inference and are well suited for providing guidelines for patient selection. However, even though RCTs are regarded as a gold standard for causal inference, it is ethically unacceptable to deny DBS treatment for PD patients for longer time intervals than necessary. Long-term (i.e., more than three years after surgery) outcomes can thus be best described by observational studies. While observational studies usually do not allow for causal inference and are not well suited for guiding patient selection due to a lack of proper control group and resulting collider bias (Cinelli et al., 2022), they are well suited for description of patients' long-term outcomes. Longitudinal observational studies can serve as a basis for selecting high-risk STN DBS treated patients that would benefit from increased monitoring.

Previous longitudinal observational studies reported that PD patients treated with STN DBS showing pre-surgery deficit in attention and executive functions are at risk of faster post- surgery cognitive decline or developing dementia (Bove et al., 2020; Gruber et al., 2019; Kim et al., 2014; Kishore et al., 2019; Smeding et al., 2009). However, previous studies aimed at identifying any possible pre-surgery predictors of post-surgery cognitive decline accepting high false positive error rates in the process. In this study, we complement prior findings by identifying a sparse solution to the problem of identifying pre-surgery cognitive profile that is predictive of long-term post-surgery cognitive decline in naturalistic clinical settings. In other words, we aim to describe a minimal significant pre-surgery cognitive profile that predicts higher rate of post-surgery cognitive decline in a sample derived from everyday clinical practice.

In a typical observational study aiming to determine pre-surgery risk factors of post- surgery cognitive decline the authors employ the following two-step procedure. In the first step, a series of separate univariate analyses for each potential predictor is conducted to pre-select variables for further analysis. In the second step, predictors that achieved an arbitrary threshold (e.g., $p < 0.05$) are used to predict the cognitive decline in a subsequent multiple regression model (Bove et al., 2020; Gruber et al., 2019; Kim et al., 2014; Smeding et al., 2009). This procedure can lead to false positive error rates that are magnitudes higher than the expected nominal five percent. To overcome this shortcoming, we apply to our data the Bayesian Lasso regression, a method developed for identifying small amount of significant predictors out of a larger pool of possible predictors such as results from a comprehensive neuropsychological battery (Park & Casella, 2008).

Another way to achieve sparsity in prediction of post-surgery cognitive decline is to reduce the number of potential predictors. In the context of neuropsychological assessment this can be accomplished straightforwardly via a latent variable approach such as factor analysis that statistically extracts commonalities across several cognitive tasks. Added benefit of employing such a procedure to pre-surgery predictors is that latent variable approaches can reduce the impact of the task impurity problem – the observation that any cognitive task involves several cognitive functions at once (Burgess, 2014; Whitney & Hinson, 2010).

Overall, in this study we aimed to derive a sparse solution to the task of identifying pre- surgery cognitive profile predictive of long-term post-surgery cognitive decline in STN DBS treated PD patients. In other words, instead of identifying any pre-surgery cognitive variables that can be predictive of post-surgery decline, we aimed to identify only the most likely predictive ones. To this end, we asked the following research questions: *RQ1)* What is the size of expected long-term rate of cognitive decline after STN DBS in PD patients? *RQ2)* What is the pre-surgery cognitive profile that is predictive of long-term post-surgery cognitive decline in STN DBS treated PD? To answer these questions, we analyzed data of retrospectively sampled longitudinally followed STN DBS treated PD patients with a single pre-surgery comprehensive neuropsychological assessment and up to five post-surgery cognitive screening assessments.

Materials and methods

Participants

The data of all patients diagnosed with idiopathic PD following United Kingdom Parkinson's Disease Society Brain Bank Criteria (Hughes et al., 1992) that underwent cognitive evaluation for STN DBS treatment at General University Hospital in Prague between years 2000 and 2020 were retrospectively gathered from clinical records and considered for inclusion in the study. Patients with atypical parkinsonian syndromes, dementia, depression at the time of pre- surgery assessment (according to an independent psychiatric evaluation), recurrent psychotic conditions or a gait disorder despite optimal dopaminergic therapy during pre-surgery assessment were not implanted and were thus not included in the study. Furthermore, only patients who underwent pre-surgery and at least one post-surgery assessment were included. All included patients were treated via continuous bilateral STN DBS in conjunction with dopaminergic therapy. Bilateral STN DBS implantation was performed as previously described (Jech et al., 2006; Jech et al., 2012; Ugosik et al., 2011). All patients provided signed informed consent and the study was approved by the General University Hospital Ethics Committee in Prague, Czech Republic.

Assessments

All patients underwent a comprehensive pre-surgery assessment including neuropsychological and neurological examinations. The patients were followed up post-surgery with similar examination protocol at varying time intervals according to their options. Post- surgery, patients were first contacted one year after the surgery and every two years afterwards. The pre-surgery assessment was performed with the usual dopaminergic therapy (ON medication). In the post-surgery assessment, patients were examined in the ON medication condition and STN DBS ON with optimal stimulation parameters.

Pre-surgery neuropsychological measures

The neuropsychological assessment was arranged analogously to the standard International Parkinson and Movement Disorder Society (MDS) neuropsychological battery at Level II for mild cognitive impairment in Parkinson's disease (PD-MCI) (Bezdicek, Sulc, et al., 2017; Litvan et al., 2012). The battery consisted of 10 tests in 5 cognitive domains: (i) attention: Trail Making Test, part A (TMT-A) (Bezdicek et al., 2012; Bezdicek, Stepankova, et al., 2017; Partington & Leiter, 1949) and dot color naming condition from Prague Stroop Test (PST-D) (Bezdicek et al., 2015) for sustained visual attention; (ii) executive functions: Trail Making Test, part B (TMT-B) (Bezdicek et al., 2012; Bezdicek, Stepankova, et al., 2017; Partington & Leiter, 1949) for set shifting, and Tower of London task (TOL) (Michalec et al., 2017; Shallice, 1982) for planning; (iii) language: Similarities (Sim.) from Wechsler Adult Intelligence Scale, third revision (WAIS-III) (Wechsler, 2010) for conceptualization, and category verbal fluency test (CFT, category Animals) (Nikolai et al., 2015) for speeded word production; (iv) working memory: Digit Span backward (DS-B) from WAIS-III (Wechsler, 2010) and Spatial Span backward (SS-B) from Wechsler Memory Scale, third edition (WMS-III) (Wechsler, 2011) for auditory and spatial working memory respectively; and (v) memory: Rey Auditory Verbal Learning Test delayed recall (RAVLT-DR) (Bezdicek et al., 2014; Frydrychová et al., 2018) for explicit verbal learning and memory, and WMS-III Family Pictures delayed recall (FP-DR) for visuo-spatial memory (Wechsler, 2011).

Results

Discussion

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