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Does the Type of Femoral Stem and/or Femoral Head Influence the Rate of Adverse Local Tissue Reactions After Primary Total Hip Arthroplasty?



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Does the type of femoral stem and/or femoral head influence the rate of adverse local tissue reactions (ALTR) after primary total hip arthroplasty?

Recommendation: The incidence of adverse local tissue reactions (ALTRs) in primary total hip arthroplasty (THA) is higher with the use of cobalt-chromium alloy femoral heads compared to ceramic femoral heads. It is important to note that other factors also affect the rate of ALTR including metal-on-metal (MOM)-bearing surface, modularity of the femoral stem, femoral head size, and the type of femoral stem.

Strength of Recommendation: Strong.

Delegate Vote: Agree 95.4%, disagree 2.8%, abstain 1.9% (unanimous strongest consensus).

Rationale

Adverse local tissue reaction (ALTR), also known as adverse reaction to metal debris, is a potential complication after primary THA. Although it has various definitions across the literature, it is broadly defined as a local lymphocytic reaction and surrounding tissue necrosis secondary to wear and corrosion at the level of the hip joint or

implant modular junctions [1]. Most literature focuses on bearing surface materials as a potential risk factor for ALTR. However, more recently, the term mechanically assisted crevice corrosion (MACC) was introduced to describe the process from which tribocorrosion at the head-neck (or, in the case of modular neck stems, neck-stem) interfaces led to ALTR [2]. Notwithstanding, the role of the femoral component design and materials in the development of this pathology is still a matter of debate. Femoral component characteristics associated with ALTR are: 1) head and bearing surface materials; 2) femoral head size; and 3) head-neck and neck-stem modularity.

Head and Bearing Surface Materials

An ALTR has traditionally been associated with metal-on-metal (MOM)-bearing surfaces, with the reported ALTR-related revision

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rates ranging from 0 to 41.6% [3–22]. While some studies describe low revision rates, the incidence of symptomatic and asymptomatic pseudotumors evidenced in metal artifact reduction sequence magnetic resonance imaging is considerably high [23–25]. Moon et al. found no revisions for ALTR in a MOM THAs cohort with 20 years of mean follow-up [5]. However, the incidence of asymptomatic pseudotumors in this cohort was 28.6%. The ALTR revision procedures are usually performed in a discretionary manner based on the symptom's severity, leading to an underestimation of the true ALTR rates in this patient population.

Metal heads are often coupled with polyethylene liners to minimize the risk of metal debris. There were three retrospective single-cohort studies that investigated the incidence of ALTR in metal-on-polyethylene (MOP) articulations that reported a high rate of ALTR-related revision surgery, namely 4.5, 11.7, and 18.9% [26–28]. Conversely, in a randomized controlled trial performed by Ikeda et al., the incidence of asymptomatic ALTR and revisions was significantly higher in MOM articulations (41.6%) compared to MOP articulations (0%) [29]. While the use of a polyethylene liner in the context of a metal head could mitigate the risk of ALTR, other alternatives, such as the use of ceramic heads, might provide better outcomes [30]. Higgins et al. evaluated a cohort of MOM versus ceramic-on-metal bearings and found a higher revision rate in the MOM group (21.4 versus 19.4%) [31]. However, the number of patients who had a ceramic-on-metal THA in this study is not negligible. The bearing surfaces least linked to revisions for ALTR were ceramic-on-polyethylene and ceramic-on-ceramic [32–37], with only one study reporting two of 26 (7%) patients who had ceramic-on-ceramic articulations undergoing revision surgery in the setting of a symptomatic pseudotumor [6].

Femoral Head Size

Larger-diameter femoral heads are often preferred when performing THA, as they help mitigate the risk of dislocation. Notwithstanding, a larger head diameter might increase the likelihood of volumetric polyethylene wear, increase frictional torque at the bearing surface, and therefore influence the rate of ALTR [38]. De Steiger et al. studied the risk of ALTR revisions in MOP with large (≥ 36 mm) and small-diameter (≤ 32 mm) femoral heads using the data from the Australian Orthopaedic Association National Joint Replacement Registry [39]. They found that larger heads increased the rate of revisions for ALTR compared to smaller heads (hazard ratio 3.2 [95% confidence interval 1.9 to 5.3]; $P < 0.001$). Retrieval studies have shown an association between increased femoral head and taper dimensions and the development of MACC, secondary to increased torque at the head-neck interface [40,41]. However, retrieval studies were out of the scope of this review. A randomized controlled trial performed by Engh et al. assessing the 5-year survivorship of MOM THAs with 36- and 28-mm femoral heads and MOP THAs with 36-mm femoral heads showed slightly higher rates of ALTR in 36-mm heads (3.3 versus 0%) only for the MOM group [42]. There were two studies that described an increased number of symptomatic and asymptomatic pseudotumors in MOP THA with heads ≥ 36 mm; however, in the context of modular necks and a high-risk stem, they might act as confounders [43,44]. The current literature suggests that larger-diameter femoral heads exhibit a higher risk of ALTR compared to smaller-diameter heads in both MOP and MOM implants.

Neck–Stem Modularity

Neck modularity is commonly seen at the neck–head (that is, trunnion–bore) interface, but some implants exhibit a modular neck–stem junction to further adjust for neck length, anteversion,

and offset. In a prospective cohort study, Nawabi et al. found that a sizable number of patients who had a recalled modular THA system were revised due to ALTR (73 of 199, 33.8%), as opposed to no revisions in the nonmodular stem group (zero of 17) [45]. This aligns with the findings of a prospective cohort described by Vendittoli et al., in which neck–stem modular implants had higher ALTR revision rates compared to implants without such modularity (six of 13 versus five of 32, 15.6%) [46]. Multiple other studies analyzing modular neck–stem implants showed a high prevalence of asymptomatic pseudotumor and elevated metal ions [32,43,44] regardless of the femoral head characteristics. The type of metal used in the modular neck does influence the mechanism of failure. Titanium alloy necks fail predominantly at the head-neck junction, and due to the lower elasticity modulus, this type of neck is more prone to fracture [8,47]. Conversely, cobalt-chrome alloy modular necks are found to fail to corrosion predominantly at the neck-stem junction [48,49].

High-Risk Femoral Stems and Recalled or Discontinued Systems

A few nonrecalled cementless stems have been identified as high-risk for ALTR. In the 10-year follow-up cohort described by McGrory et al., 16 of 163 patients (9.8%) who had an M/L taper style stem demonstrated ALTR by magnetic resonance imaging [26]. Similarly, Grothe et al. describe a high incidence of pseudotumors (27%) in a cohort of two stems with a small-diameter V40 taper. In the study by Grothe et al., both, titanium–molybdenum–zirconium–iron alloy (TMZF) stem and a modular neck stem, which was later recalled, had a high incidence of pseudotumors [50,51]. Using data from the Australian Orthopaedic Association National Joint Replacement Registry, DeSteiger et al. corroborated the high incidence of ALTR-related failures in TMZF and M/L stems [39]. The TMZF would be later replaced by a stem made from a different titanium alloy (Ti6Al4V). A subset of low-friction ion treatment cobalt-chromium heads, used in association with TMZF stems was recalled due to the same concern [27,52,53]. In a large retrospective cohort by Wilson et al., 72 of 621 (11.6%) MOP THA implants with a TMZF stem and low-friction ion treatment femoral head were revised for MACC, and four of them exhibited gross trunnion failure [54]. Of note, ALTR-related failures of TMZF stems were reported in association with polyethylene countersurface and metal heads, but not ceramic. The association of femoral stems and head composition strongly influences ALTR rates [50,54,55].

Other Femoral Component Characteristics

A greater femoral neck offset and length increase the moment arm and the forces transmitted through the taper, which could lead to MACC [56]. Snyder et al. studied the risk factors for ALTR in a cohort of patients who had a recalled THA system. They found that head offsets greater than 4 mm were associated with a higher prevalence of ALTR (53 versus 38%, $P = 0.050$) [52]. Contrastingly, Hussey et al. reported an MACC incidence of 3.2% (43 of 1,352) in a cohort of nonrecalled, noncemented MOP implants. Multivariate regression analysis revealed that a neck length of 0 was an independent risk factor for MACC compared to lengths of +3.5 and -3.5 mm [56].

CRediT authorship contribution statement

Juan D. Lizcano: Writing – review & editing, Writing – original draft, Validation, Methodology, Investigation, Conceptualization. **Sameh Marei:** Writing – review & editing, Writing – original draft, Investigation. **Peter F. Sharkey:** Writing – review & editing, Writing – original draft, Investigation. **Carlos A. Higuera-Rueda:**

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