

Health Sharing

You're in Control



Keep friends and family up to date on how you're doing by securely sharing your Health data.



Dashboard and Notifications

Data you share will appear in their Health app. They can also get notifications if there's an update.

Private and Secure



Only a summary of each topic is shared, not the details. The information is encrypted and you can stop sharing at any time.

Share with Someone



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Get Started

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