



*Fun, friendship and freedom -
inclusive cycling clubs for all
ages and abilities*

Develop control, balance and confidence with a Pro-Ride Balance Bike Fun Day

Our School Clubs are designed for children of all ages and abilities from those who just want to have fun cycling with friends in a safe, inclusive environment to those keen to learn new skills and get more involved.

After school clubs

Our qualified coaches will visit your school each week to run your club sessions on-site for up to 25 children. The program is tailored to the age and ability of the group and can be changed from term to term if required. The weekly format is similar to our day programs but with a more relaxed feel and focus on play and friendships. Children bring their own bike and helmet to school each week.

Holiday Clubs

Our holiday clubs are based on a 4 or 5-day program offering mornings or afternoons. Clubs follow a similar style to our weekly club sessions with lots of games and fun activities where children can try out different activities and learn new skills under the supervision of a qualified instructor.

Our service includes session plans together with a pre-club risk assessment and certificates and medals options for each attendee. To book a club for your school or to check availability and prices, please feel free to get in touch or check the website for details.



"The children loved it. Clear messages were delivered in a fun interactive way and every child gained a priceless lesson whilst having fantastic fun"

**Chris Dyson, Headteacher, Parklands
Primary School, Leeds.**