

ROAD SAFETY TRAINING

Road Cycling Training Courses for Year 5/6



Develop control, balance and confidence with a **Pro-Ride Balance Bike Fun Day**

Our one day and two day road safety training courses are designed for full classes of approx 30 children in Years 5 or 6.

Led by qualified Bikeability instructors, the training consists of basic skills training in the playground (known as Level 1) where skills are observed and developed with an assessment for suitability to go on to the next phase.

Following on from Level 1, children are split into groups and taken out onto quiet roads where they work on hazard awareness and taught how to carry out maneuvers at key junctions (level 2). Further input is provided by preparing school staff to deliver classroom delivered in a fun interactive way and every theory sessions and supervise additional fun skill-games sessions in the playground.

All support materials, risk assessment and staff instructions together with student certificates are included.



Chris Dyson, Headteacher, Parklands

