

# BALANCE BIKE DAYS



**Non-stop  
action and an  
unforgettable  
experience!**

Small group Balance Bike  
Sessions for Early Years

## **Develop Confidence and Coordination at an early age with a Pro Ride Balance Bike Day**

Our Balance Bike days are a fun way to help early years children develop coordination, concentration, and balance, preparing them to ride a pedal bike confidently and safely.

Each day delivers a series of small group sessions lasting 30-45 minutes for up to 60 children. The day covers the basics of starting, stopping balancing, maneuvering, and steering achieved through a series of action-packed activities - all under the watchful eye of a qualified instructor.

Sessions take place outdoors and are suitable for all levels of ability from absolute beginners to seasoned peddlers. All equipment is provided including Strider balance bikes, helmets and session equipment.



"The children loved it. Clear messages were delivered in a fun interactive way and every child gained a priceless lesson whilst having fantastic fun"

**Chris Dyson, Headteacher,  
Parklands Primary School,  
Leeds.**