

### Fast paced, non-stop action packed cycling sessions



### A great way to introduce KS2 children to the exciting sport of cycling in a child-safe environment

Each day offers up to four sessions of fast, fun action and can cater for 2, 3 or 4 classes. Activities take place around a circuit and obstacle course marked out on your school playground or field where the children learn technical skills and take part in a series of fun challenges, games, and mini competitions.

All activities are risk assessed and suitable for all KS2 classes, with sessions adapted to suit the range of abilities of each group or class. Children bring their own bikes and helmets (spares can be made available upon request)



"The children loved it. Clear messages were delivered in a fun interactive way and every child gained a priceless lesson whilst having fantastic fun"

**Chris Dyson, Headteacher, Parklands  
Primary School, Leeds.**