

A section of the periodic table is shown below.

₁ H

							₂ He
₃ Li	₄ Be	₅ B	₆ C	₇ N	₈ O	₉ F	₁₀ Ne
₁₁ Na	₁₂ Mg	₁₃ Al	₁₄ Si	₁₅ P	₁₆ S	₁₇ Cl	₁₈ Ar

Using only the symbol, write down the symbols for a metal and a non-metal.