A section of the periodic table showing the first 18 elements is below

1 H

							₂ He
₃ Li	4 Be	5 B	₆ C	7 N	8 O	9 F	₁₀ Ne
11Na	₁₂ Mg	13 A l	14Si	15 P	16 S	17 Cl	18 Ar

Using only the symbol, write down the symbols for an element which forms an ion with 1 negative charge.