A section of the periodic table is shown below.

₁ H

	_						₂ He
₃ Li	₄ Be	5 B	₆ C	7 N	8 O	9 F	₁₀ Ne
₁₁ Na	₁₂ Mg	13 A l	₁₄ Si	15 P	16 S	17 Cl	18 Ar

Using only the symbol, write down the symbols for a solid element and a gaseous element at room temperature.