

# Track and Field

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*People run for life, I live for run.*

*No matter people run, jump, throw, etc.,  
most of them enjoy the pleasure of training.*

*Although the goal is hard to be achieve,*

*you may probably fail,*

*and even you may wanna cry,*

*as long as you try hard,*

*and*

*you still insist on your dreams,*

*you will succeed eventually.*

*Impossible is nothing.*

*Just remember that*

*"Never give up!"*

*You will see*

*Success is just a matter of time.*