

Date	Relationship	Social	Family
11/11/2020	1	0	1
12/11/2020	2	0	1
13/11/2020	3	0	1
14/11/2020	3	0	1
15/11/2020	3	0	0
16/11/2020	4	0	0
17/11/2020	3	0	1
18/11/2020	3	0	1
19/11/2020	1	0	1
20/11/2020	1	3	1
21/11/2020	1	4	1
22/11/2020	1	1	1
23/11/2020	1	0	1
24/11/2020	1	0	1
25/11/2020	0	0	0
26/11/2020	1	0	1
27/11/2020	1	0	1
28/11/2020	1	0	1
29/11/2020	1	0	1
30/11/2020	2	0	1
01/12/2020	2	0	1
02/12/2020	2	3	1
03/12/2020	2	0	0
04/12/2020	2	0	0
05/12/2020	2	0	1
06/12/2020	2	0	1
07/12/2020	2	0	1
08/12/2020	2	0	1
09/12/2020	2	0	0
10/12/2020	2	0	0
11/12/2020	2	0	0
12/12/2020	2	0	1
13/12/2020	2	0	1
14/12/2020	2	0	1
15/12/2020	2	0	0
16/12/2020	2	0	0
17/12/2020	2	0	1
18/12/2020	2	0	1
19/12/2020	2	0	1
20/12/2020	1	0	1
21/12/2020	1	0	1
22/12/2020	1	0	1
23/12/2020	1	3	0
24/12/2020	0	3	0
25/12/2020	0	4	1
26/12/2020	0	0	1
27/12/2020	0	0	1
28/12/2020	0	4	0
29/12/2020	0	3	0
30/12/2020	0	0	0
31/12/2020	0	0	1
01/01/2021	0	0	1
02/01/2021	0	0	1
03/01/2021	0	0	1
04/01/2021	3	0	1
05/01/2021	2	0	1
06/01/2021	2	3	0

	Relationship	Social	Family
TOTAL	83	31	41
Average	1.4	0.5	0.7
Median	2	0	1
Mode	2	0	1

Date	Anxiety	Depression
11/11/2020	4	2
12/11/2020	4	2
13/11/2020	3	3
14/11/2020	2	4
15/11/2020	2	2
16/11/2020	1	1
17/11/2020	1	2
18/11/2020	1	3
19/11/2020	2	2
20/11/2020	2	2
21/11/2020	2	1
22/11/2020	3	2
23/11/2020	3	3
24/11/2020	3	4
25/11/2020	4	4
26/11/2020	4	4
27/11/2020	3	3
28/11/2020	2	3
29/11/2020	2	3
30/11/2020	2	3
01/12/2020	1	3
02/12/2020	1	3
03/12/2020	2	4
04/12/2020	2	3
05/12/2020	2	3
06/12/2020	3	2
07/12/2020	3	3
08/12/2020	3	4
09/12/2020	3	3
10/12/2020	3	3
11/12/2020	3	4
12/12/2020	2	3
13/12/2020	1	2
14/12/2020	1	2
15/12/2020	1	2
16/12/2020	2	2
17/12/2020	2	2
18/12/2020	2	2
19/12/2020	2	4
20/12/2020	2	2
21/12/2020	2	2
22/12/2020	3	4
23/12/2020	5	3
24/12/2020	5	3
25/12/2020	5	3
26/12/2020	5	4
27/12/2020	3	4
28/12/2020	2	2
29/12/2020	1	2
30/12/2020	2	2
31/12/2020	2	3
01/01/2021	2	4
02/01/2021	1	4
03/01/2021	1	3
04/01/2021	4	2
05/01/2021	2	2
06/01/2021	1	2

	Anxiety	Depression
TOTAL	137	158
Average	2.4	2.8
Median	2	3
Mode	2	2

Date	Mood	Motivation
11/11/2020	2	3
12/11/2020	2	3
13/11/2020	3	3
14/11/2020	4	3
15/11/2020	4	5
16/11/2020	4	3
17/11/2020	3	3
18/11/2020	4	2
19/11/2020	2	3
20/11/2020	2	2
21/11/2020	5	4
22/11/2020	4	2
23/11/2020	3	1
24/11/2020	2	1
25/11/2020	1	0
26/11/2020	1	2
27/11/2020	2	1
28/11/2020	1	0
29/11/2020	1	0
30/11/2020	2	1
01/12/2020	2	0
02/12/2020	2	1
03/12/2020	2	0
04/12/2020	2	2
05/12/2020	1	2
06/12/2020	1	1
07/12/2020	2	2
08/12/2020	2	2
09/12/2020	2	1
10/12/2020	1	0
11/12/2020	2	1
12/12/2020	1	1
13/12/2020	2	3
14/12/2020	2	1
15/12/2020	2	1
16/12/2020	3	2
17/12/2020	4	3
18/12/2020	4	3
19/12/2020	3	3
20/12/2020	2	3
21/12/2020	2	1
22/12/2020	2	1
23/12/2020	2	3
24/12/2020	1	3
25/12/2020	3	1
26/12/2020	0	0
27/12/2020	3	2
28/12/2020	4	3
29/12/2020	3	3
30/12/2020	2	3
31/12/2020	1	1
01/01/2021	3	3
02/01/2021	3	3
03/01/2021	3	4
04/01/2021	2	4
05/01/2021	2	3
06/01/2021	3	3

	Mood	Motivation
TOTAL	133	115
Average	2.3	2.0
Median	2	2
Mode	2	3

	Average	Median	Mode
Relationship	1.4	2	2
Social	0.5	0	0
Family	0.7	1	1
Anxiety	2.4	2	2
Depression	2.8	3	2
Mood	2.3	2	2
Motivation	2	2	3
TOTAL			
Relationship	83		
Social	31		
Family	41		
Anxiety	137		
Depression	158		
Mood	133		
Motivation	115		



