

CARDIOVASCULAR RISK ASSESSMENT SHEET

Patient Name: JOSEPHDate: 2021-12-13

Age: 25Sex: lalakiHeight:

172.72Weight: 67.0Waist:

35.0

Cardiovascular Risk Factors

Diabetes No ✓ Yes

Woman Only

Pregnant ☐ Yes ☒ No: Planning Pregnancy ☐ Yes ☒ No: G _ P _ Postmenopause ☐ Yes ☒ No

PAST MEDICAL / SURGICAL HISTORY		
Hospitalization or Surgery		Medical History
Reason	Date	
None	None	None

Family HX	Name	Alive	Hypertension	CAD	Stroke	PVD	Diabetic	Age	Cause of Death
Mother	-	-	-	-	-	-	-	-	-
Father	-	-	-	-	-	-	-	-	-

PRIMARY PREVENTION ASSESSMENT TOOL

1. Smoking status not smoking: No
smoking: yes amount: 4/semana
2. Diet No
3. Alcohol intake Amount/frequency: 5/semana
4. Physical activity no
5. Blood pressure None
6. Waist circumference 35.0

7.	Cholesterol	<u>None</u>	goal(<200)
	HDL	<u>None</u>	goal (men ≥ 40) (women ≥ 50)
	Diastolic	<u>None</u>	goal (men ≥ 40) (women ≥ 50)
	HBA1C	<u>None</u>	
8.	Risk	<u>No risk computable From ASCVD Risk Estimator</u>	
9.	Comment	<u>hello world</u>	