

CARDIOVASCULAR RISK ASSESSMENT SHEET

Patient Name: NICOLE NACARDate: 2021-11-19

Age: 22Sex: babaeHeight:

152.40Weight: 60.0Waist:

30.0

Cardiovascular Risk Factors

Diabetes No ☒ Yes ☐

Woman Only

Pregnant ☐ Yes ☒ No: Planning Pregnancy ☐ Yes ☒ No: G 0 P 0 Postmenopause ☐ Yes ☒ No

PAST MEDICAL / SURGICAL HISTORY		
Hospitalization or Surgery		Medical History
Reason	Date	
sa akong kamot	Last week	
Naa pud sa tiil	Last march	BP Medication
		Adik ko

Family HX	Name	Alive	Hypertension	CAD	Stroke	PVD	Diabetic	Age	Cause of Death
Mother		no	no	no	no	no	no	56	Sakit sa kamot
Father	Rondolf	yes	no	no	no	no	no	50	-

PRIMARY PREVENTION ASSESSMENT TOOL

1. Smoking status not smoking: No
smoking: yes amount: 5
2. Diet No
3. Alcohol intake Amount/frequency: 10
4. Physical activity no

5. Blood pressure 90.0

6. Waist circumference 30.0

7. Cholesterol 195.0 goal(<200)

HDL 60.0 goal (men \geq 40) (women \geq 50)

Diastolic 30.0 goal (men \geq 40) (women \geq 50)

HBA1C None

8. Risk Risk: 7.367507004869667 Diagnosis: Base sa among sintomas na imong gihatag, wala kay sintomas nga nagaingon nga naa kay sakit sa Kasingkasing.

9. Comment