

# CARDIOVASCULAR RISK ASSESSMENT SHEET

Patient Name: {NAME: 'JANE DOE'}Date: 2021-10-04

Age: 50Sex: babaeHeight:

167.0Weight: 79.0Waist:

72.0

## Cardiovascular Risk Factors

Diabetes No ✓ Yes

Woman Only

Pregnant Yes No: Planning Pregnancy Yes No: G 2 P 2 Postmenopause Yes No

PAST MEDICAL / SURGICAL HISTORY		
Hospitalization or Surgery		Medical History
Reason	Date	
		hasDiabetes
		hasBpMedication

Family HX	Name	Alive	Hypertension	CAD	Stroke	PVD	Diabetic	Age	Cause of Death
Mother	{name: 'Janine Doe'}	yes	yes	yes	yes	yes	yes	65	
Father	{name: 'John Doe'}	no	no	no	no	no	no	65	sakit tyan

## PRIMARY PREVENTION ASSESSMENT TOOL

1. Smoking status not smoking: No  
smoking: yes amount: 2
2. Diet No
3. Alcohol intake Amount/frequency: 2
4. Physical activity yes

5. Blood pressure     90.0
6. Waist circumference     72.0
7. Cholesterol     130.0     goal(<200)  
HDL     20.0     goal (men ≥ 40) (women ≥ 50)  
Diastolic     12.0     goal (men ≥ 40) (women ≥ 50)  
HBA1C     12.0
8. Risk     Risk: 8.8C
9. Comment     \_\_\_\_\_