

CARDIOVASCULAR RISK ASSESSMENT SHEET

Patient Name: AMIER UMBUKANDate: 2021-11-21

Age: 21Sex: lalakiHeight:

167.64Weight: 40.0Waist:

25.0

Cardiovascular Risk Factors

Diabetes No ☒ Yes ☐

Woman Only

Pregnant ☐ Yes ☒ No: Planning Pregnancy ☐ Yes ☒ No: G _ P _ Postmenopause ☐ Yes ☒ No

PAST MEDICAL / SURGICAL HISTORY		
Hospitalization or Surgery		Medical History
Reason	Date	
None	None	None

Family HX	Name	Alive	Hypertension	CAD	Stroke	PVD	Diabetic	Age	Cause of Death
Mother	-	-	-	-	-	-	-	-	-
Father	-	-	-	-	-	-	-	-	-

PRIMARY PREVENTION ASSESSMENT TOOL

1. Smoking status not smoking: No
smoking: yes amount: 1
2. Diet No
3. Alcohol intake Amount/frequency: 1
4. Physical activity no
5. Blood pressure None
6. Waist circumference 25.0

7.

Cholesterol

None

goal(<200)
- HDL

None

goal (men ≥ 40) (women ≥ 50)

Diastolic

None

goal (men ≥ 40) (women ≥ 50)

HBA1C

None

8.

Risk

No risk computable From ASCVD Risk Estimator

9.

Comment

No comment given