

CARDIOVASCULAR RISK ASSESSMENT SHEET

Patient Name: JOSEPHDate: 2021-11-19

Age: 21Sex: lalakiHeight:

123.00Weight: 23.0Waist:

23.0

Cardiovascular Risk Factors

Diabetes No ☒ Yes ☐

Woman Only

Pregnant ☐ Yes ☒ No: Planning Pregnancy ☐ Yes ☒ No: G _ P _ Postmenopause ☐ Yes ☒ No

PAST MEDICAL / SURGICAL HISTORY		
Hospitalization or Surgery		Medical History
Reason	Date	
None	None	None

Family HX	Name	Alive	Hypertension	CAD	Stroke	PVD	Diabetic	Age	Cause of Death
Mother	-	-	-	-	-	-	-	-	-
Father	joseph	yes	no	no	no	no	no	55	-

PRIMARY PREVENTION ASSESSMENT TOOL

1. Smoking status not smoking: Yes
smoking: no amount: 0
2. Diet No
3. Alcohol intake Amount/frequency: None
4. Physical activity no
5. Blood pressure None
6. Waist circumference 23.0

- | | | | |
|----|-------------|-------------|--|
| 7. | Cholesterol | <u>None</u> | goal(<200) |
| | HDL | <u>None</u> | goal (men \geq 40) (women \geq 50) |
| | Diastolic | <u>None</u> | goal (men \geq 40) (women \geq 50) |
| | HBA1C | <u>None</u> | |
-
- | | | | |
|----|---------|--|--|
| 8. | Risk | <u>Risk: No risk computable Diagnosis: Base sa among sintomas na imong gihatag, wala kay sintomas nga nagaingon nga naa kay sakit sa Kasingkasing.</u> | |
| 9. | Comment | <u>pacheck dayun</u> | |