

CARDIOVASCULAR RISK ASSESSMENT SHEET

Patient Name: JOSEPHDate: 2021-11-19

Age: 23Sex: lalakiHeight:

160.02Weight: 65.0Waist:

30.0

Cardiovascular Risk Factors

Diabetes No ✓ Yes

Woman Only

Pregnant ☐ Yes ☒ No: Planning Pregnancy ☐ Yes ☒ No: G _ P _ Postmenopause ☐ Yes ☒ No

PAST MEDICAL / SURGICAL HISTORY		
Hospitalization or Surgery		Medical History
Reason	Date	
None	None	None

Family HX	Name	Alive	Hypertension	CAD	Stroke	PVD	Diabetic	Age	Cause of Death
Mother	-	-	-	-	-	-	-	-	-
Father	-	-	-	-	-	-	-	-	-

PRIMARY PREVENTION ASSESSMENT TOOL

1. Smoking status not smoking: Yes
smoking: no amount: 0
2. Diet No
3. Alcohol intake Amount/frequency: None
4. Physical activity yes
5. Blood pressure None
6. Waist circumference 30.0

7.	Cholesterol	<div><div>None</div></div>	goal(<200)
	HDL	<div><div>None</div></div>	goal (men ≥ 40) (women ≥ 50)
	Diastolic	<div><div>None</div></div>	goal (men ≥ 40) (women ≥ 50)
	HBA1C	<div><div>None</div></div>	
8.	Risk	<u>Risk: No risk computable</u> <u>Diagnosis: Base sa among sintomas na imong gihatag, wala kay sintomas nga nagaingon nga naa kay sakit sa Kasingkasing.</u>	
9.	Comment		