





## Wellbeing show



The Wellbeing Show, held from January 16-18 at Shaikh Rashid Hall of the Dubai International Convention and Exhibition Centre, was attended by more people this year than ever before, organisers said.

Organic foods, fitness, lifestyle, drumming and a healthy dose of feng shui, massage and medicine were just a few of the ideas featured at the event.









Huma Tarig, Nazia Mahboob

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