## PLAGE NATER

A quartet for
Baritone saxophone,
Electric guitar,
Piano, and
Untuned percussion

Composed by
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2014

## A water against the plague...

From Volodimir Pavliuchuk's Cordial Waters:

No.1 Plague Water (1671, England)

- 150 gm scabious (Scabiosa sp.)
- 150 gm pimpernel (Anagallis arvensis)
- 150 gm tormentil root (Potentilla erecta)
- 4 litres 5% malt extract wash
   (strong beer as in the original)

Macerate for 12 hours and then distil. The recommended does is a spoonful every 4 hours. No.2 Plague Water (1677, England)

- ∘ 100 gm rue
- 100 gm rosemary
- 100 gm sage
- $\circ$  100 gm sorrel
- 100 gm celandine (Chelidonium majus)
   (The leaves contain small amounts of toxic alkaloids which can be reduced greatly by drying the plant)
- 100 gm mugwort (Artemisia vulgaris)
- 100 gm bramble (blackberry) tops
- 100 gm pimpernel (Anagallis arvensis)
- 100 gm dragons (Dracunculus vulgaris.)
- 100 gm agrimony (Agrimonia eupatoria)
- ∘ 100 gm lemonbalm
- ∘ 100 gm angelica leaves
- 4 litres white wine(substitute a 15% ABV sugar wash)

Macerate for 5 days and then distil.

## PLAGUE WATER

for Ensemble Nikel

Josiah Wolf Oberholtzer (1984)









































































