A water against the plague...

From Volodimir Pavliuchuk's Cordial Waters:

No.1 Plague Water (1671, England)

- 150 gm scabious (Scabiosa sp.)
- 150 gm pimpernel (Anagallis arvensis)
- 150 gm tormentil root (Potentilla erecta)
- 4 litres 5% malt extract wash(strong beer as in the original)

Macerate for 12 hours and then distil. The recommended does is a spoonful every 4 hours.

## No.2 Plague Water (1677, England)

- 100 gm rue
- 100 gm rosemary
- ∘ 100 gm sage
- 100 gm sorrel
- 100 gm celandine (Chelidonium majus)

  (The leaves contain small amounts of toxic alkaloids which can be reduced greatly by drying the plant)
- 100 gm mugwort (Artemisia vulgaris)
- 100 gm bramble (blackberry) tops
- 100 gm pimpernel (Anagallis arvensis)
- $\circ~100~\mathrm{gm}$ dragons (Dracunculus vulgaris.)
- o 100 gm agrimony (Agrimonia eupatoria)
- 100 gm lemonbalm
- 100 gm angelica leaves
- 4 litres white wine(substitute a 15% ABV sugar wash)

Macerate for 5 days and then distil.