

Myanmar Nutrition

Integrated Community Development Improves Nutrition

THE CHALLENGE

In Kayin, World Concern found the prevalence of malnutrition (53.7% stunting, 15.1% wasting and 33.3% under-weight) to be exceptionally high. Disease and inadequate diets are the main direct causes of malnutrition. High malnutrition rates exist among all income categories.

THE SOLUTION

World Concern uses a specific combination of activities (Mother groups, home gardens and savings and loan groups) as well as the Nutritional Causal Analysis to have an all-encompassing approach to combating the causes of malnutrition.

THE IMPACT

"I am Naw Eh Htoo Myint and I am 21 years old. After I received training, I advised my pregnant sister to exclusively breastfeed her baby until 6 months and not to feed her other food or give water. She followed my advice. My niece is now 8 months old and she is rarely sick and has been growing well."

