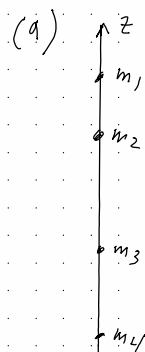


Sec 32, Prob 1:



$I_3 = 0$ since $x_4 = y_4 = 0$
for all masses

$$I_1 = \sum_a m_a (r_a^2 - x_a^2) = \sum_a m_a z_a^2$$

$$I_2 = \sum_a m_a (r_a^2 - y_a^2) = \sum_a m_a z_a^2$$

$$\rightarrow I_1 = I_2 = I$$

$$= \sum_a m_a z_a^2$$

... (assuming COM at $z=0$)

If COM is not at $z=0$, but at z_{com} , then:

$$I = \sum_a m_a (z_a - z_{\text{com}})^2, \quad z_{\text{com}} = \frac{1}{M} \sum_b m_b z_b$$

$$= \sum_a m_a (z_a^2 + z_{\text{com}}^2 - 2z_{\text{com}} z_a)$$

$$= \sum_a m_a z_a^2 + M z_{\text{com}}^2 - 2z_{\text{com}} \underbrace{\sum_a m_a z_a}_M z_{\text{com}}$$

$$= \sum_a m_a z_a^2 - M z_{\text{com}}^2$$

This last expression can be rewritten in terms of $l_{ab} = |z_a - z_b|$ as follows:

$$I = \frac{1}{2} \sum_a m_a z_a^2 + \frac{1}{2} \sum_b m_b z_b^2 - \frac{1}{M} \left(\sum_a m_a z_a \right) \left(\sum_b m_b z_b \right)$$

$$= \frac{1}{2M} \sum_a \sum_b m_b m_a z_a^2 + \frac{1}{2M} \sum_a \sum_b m_a m_b z_b^2 - \frac{1}{M} \sum_a \sum_b m_a m_b z_a z_b$$

Thus

$$I = \frac{1}{2M} \sum_a \sum_b m_a m_b (z_a^2 + z_b^2 - 2z_a z_b)$$

$$= \frac{1}{2M} \sum_a \sum_b m_a m_b (z_a - z_b)^2$$

$$= \frac{1}{2M} \sum_a \sum_b m_a m_b l_{ab}^2$$

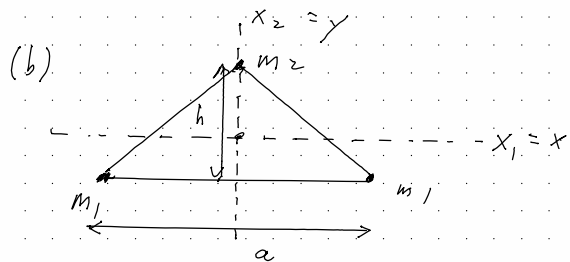
NOTE: For just two masses:

$$I = \frac{1}{2M} (m_1 m_2 l^2 + m_2 m_1 l^2)$$

$$= \frac{m_1 m_2}{M} l^2$$

$$= m l^2 \quad \text{where } m \equiv \frac{m_1 m_2}{m_1 + m_2}$$

$$l = |z_1 - z_2|$$



Assume COM at $(x_1, x_2) = (x, y) = (0, 0)$

Then $2m_1 y_1 + m_2 y_2 = 0$

where $y_2 - y_1 = h$

thus, $2m_1 y_1 + m_2 (h + y_1) = 0$

$(2m_1 + m_2) y_1 + m_2 h = 0$

$y_1 = \frac{-m_2 h}{\mu}$, $\mu = 2m_1 + m_2$
 $= \text{total mass}$

and $y_2 = y_1 + h$
 $= \frac{-m_2 h}{\mu} + h$
 $= \frac{(\mu - m_2) h}{\mu}$
 $= \frac{2m_1 h}{\mu}$

All masses have $z_a = 0$

thus, $I_3 = \sum_a m_a (r_a^2 - z_a^2) = \sum_a m_a (x_a^2 + y_a^2)$

$I_1 = \sum_a m_a (r_a^2 - x_a^2) = \sum_a m_a y_a^2$

$$I_2 = \sum_a m_a (r_a^2 - y_a^2) = \sum_a m_a x_a^2$$

Thus, $I_3 = I_1 + I_2$

so need to calculate I_1, I_2 ,

$$I_1 = \sum_a m_a y_a^2$$

$$= 2m_1 y_1^2 + m_2 y_2^2$$

$$= 2m_1 \frac{m_2^2 h^2}{\mu^2} + m_2 \frac{4m_1^2 h^2}{\mu^2}$$

$$= \frac{2m_1 m_2 h^2}{\mu^2} (m_2 + 2m_1)$$

$$= \boxed{\frac{2m_1 m_2}{\mu} h^2}$$

$$I_2 = \sum_a m_a x_a^2$$

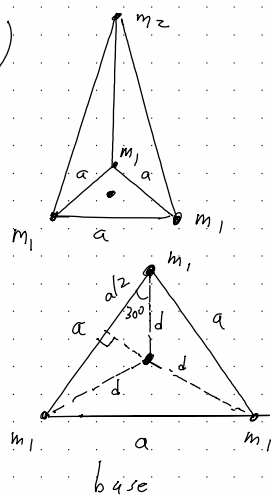
$$= m_1 \left(\frac{a}{2}\right)^2 + m_1 \left(\frac{-a}{2}\right)^2$$

$$= \boxed{\frac{m_1 a^2}{2}}$$

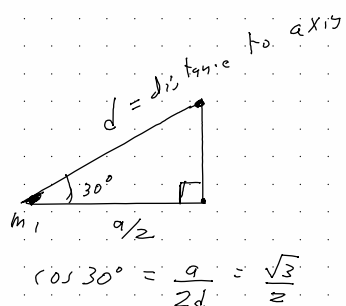
$I_3 = I_1 + I_2$

$$= \boxed{\frac{2m_1 m_2}{\mu} h^2 + \frac{m_1 a^2}{2}}$$

(c)



tetrahedron, height h
base: equilateral Δ with
side length a



$$\cos 30^\circ = \frac{a/2}{d} = \frac{\sqrt{3}}{2}$$

$$\rightarrow d = \frac{a}{\sqrt{3}}$$

COM lies on axis of symmetry (Z -axis)

Assume COM has $Z=0$

$$\text{Then } 0 = m_2 Z_2 + 3m_1 Z_1, \quad Z_2 - Z_1 = h$$

$$= m_2 (Z_1 + h) + 3m_1 Z_1$$

$$= (3m_1 + m_2) Z_1 + m_2 h$$

$$\rightarrow Z_1 = \frac{-m_2 h}{3m_1 + m_2} = \frac{-m_2 h}{\mu}$$

$$Z_2 = h + Z_1$$

$$= h - \frac{m_2 h}{\mu}$$

$$= \frac{3m_1 h}{\mu}$$

Since a tetrahedron has 3-fold rotational symmetry, the x_1 principal axis can be chosen arbitrarily in the plane \perp to the symmetry axis ($x_3 \equiv Z$). [x_2 is \perp to x_1, x_3]

$$\text{Thus, } I_1 = I_2 \equiv I$$

$$I_3 = \sum_a m_a (r_a^2 - Z_a^2) = \sum_a m_a s_a^2 \quad \text{where } s^2 = r^2 - Z^2$$

$$\begin{aligned} I_1 &= \sum_a m_a (r_a^2 - x_a^2) \\ I_2 &= \sum_a m_a (r_a^2 - y_a^2) \end{aligned} \quad \text{equal } (I_1 = I_2 \equiv I)$$

$$2I = I_1 + I_2$$

$$= \sum_a m_a (2r_a^2 - x_a^2 - y_a^2)$$

$$= \sum_a m_a (2(s_a^2 + Z_a^2) - s_a^2)$$

$$= \sum_a m_a s_a^2 + 2 \sum_a m_a Z_a^2$$

$$= I_3 + 2 \sum_a m_a Z_a^2$$

Thus,

$$I = \frac{1}{2} I_3 + \sum_a m_a Z_a^2$$

Now

$$I_3 = \sum_a m_a s_a^2$$

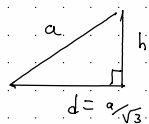
$$= 3m_1 d^2$$

$$= \cancel{3} m_1 \frac{a^2}{3} = \boxed{m_1 a^2}$$

$$\begin{aligned}
 \text{Also,} \\
 \sum_i m_i z_i^2 &= 3m_1 z_1^2 + m_2 z_2^2 \\
 &= 3m_1 \left(-\frac{m_2}{M} h\right)^2 + m_2 \left(\frac{3m_1}{M} h\right)^2 \\
 &= \frac{3m_1 m_2^2 h^2}{M^2} + \frac{9m_1^2 m_2 h^2}{M^2} \\
 &= \frac{3m_1 m_2 h^2}{M^2} (m_2 + 3m_1) \\
 &= \frac{3m_1 m_2 h^2}{M}
 \end{aligned}$$

$$\begin{aligned}
 \text{Thus,} \\
 I &= \frac{1}{2} I_3 + \sum_i m_i z_i^2 \\
 &= \boxed{\frac{1}{2} m_1 a^2 + \frac{3m_1 m_2 h^2}{M}}
 \end{aligned}$$

~~~~~  
 Regular tetrahedron:  $m_1 = m_2$

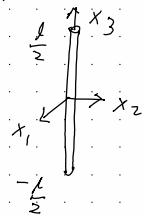


$$\begin{aligned}
 h^2 + \frac{a^2}{3} &= a^2 \rightarrow h = \frac{\sqrt{2}}{\sqrt{3}} a \\
 M &= 4m_1
 \end{aligned}$$

$$\left. \begin{aligned}
 I_3 &= m_1 a^2 \\
 I &= \frac{1}{2} m_1 a^2 + \frac{3m_1 m_1}{4m_1} \left(\frac{\sqrt{2}}{\sqrt{3}}\right)^2 a^2 \\
 &= m_1 a^2 (= I_1 = I_2)
 \end{aligned} \right\} \begin{aligned} \text{so } I_1 &= I_2 \\ &= I_3 = m_1 a^2 \end{aligned}$$

Sec 32, Prob 2:

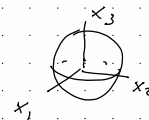
(a) Thin rod of length  $l$ :



$$\begin{aligned}
 I_3 &= \boxed{0} \\
 \text{and } I_1 &= I_2 = I
 \end{aligned}$$

$$\begin{aligned}
 I &= \int \rho dV (r^2 - x^2) \\
 &= \int \rho dV z^2 \\
 &= \int_{-l/2}^{l/2} dz \left(\frac{M}{l}\right) z^2 \\
 &= \frac{M}{l} \frac{z^3}{3} \Big|_{-l/2}^{l/2} \\
 &= \frac{M}{l} \frac{2}{3} \frac{l^3}{8} \\
 &= \boxed{\frac{1}{12} M l^2}
 \end{aligned}$$

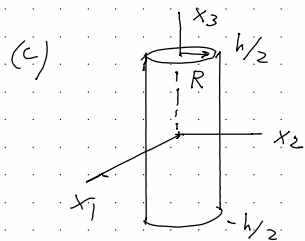
(b) Sphere of radius  $R$ :



$$I_1 = I_2 = I_3 = I$$

$$\begin{aligned}
 I &= \frac{1}{3} (I_1 + I_2 + I_3) \\
 &= \frac{1}{3} \left[ \int \rho dV (r^2 - x^2) + \int \rho dV (r^2 - y^2) \right. \\
 &\quad \left. + \int \rho dV (r^2 - z^2) \right] \\
 &= \frac{1}{3} \int \rho dV [3r^2 - x^2 - y^2 - z^2] \\
 &= \frac{2}{3} \int \rho dV r^2
 \end{aligned}$$

$$\begin{aligned}
 I &= \frac{2}{3} \int \rho dV r^2 \\
 &= \frac{2}{3} \frac{M}{\frac{4}{3}\pi R^3} \int_0^R r^4 dr \int_0^\pi \sin\theta d\theta \int_0^{2\pi} d\phi \\
 &= \frac{M}{2\pi R^3} \cdot 4\pi \int_0^R r^4 dr \\
 &= \frac{2M}{R^3} \frac{R^5}{5} \\
 &= \boxed{\frac{2}{5} M R^2}
 \end{aligned}$$



$$\begin{aligned}
 \rho &= \frac{M}{\pi R^2 \cdot h} \\
 dV &= ds \, d\phi \, dz \\
 \text{where } s^2 &= x^2 + y^2
 \end{aligned}$$

$$\begin{aligned}
 I_1 &= I_2 \equiv I \\
 2I &= I_1 + I_2 \\
 &= \int \rho dV (r^2 - x^2) + \int \rho dV (r^2 - y^2) \\
 &= \int \rho dV (2r^2 - s^2) \\
 &= \int \rho dV (2(s^2 + z^2) - s^2) \\
 &= \int \rho dV s^2 + 2 \int \rho dV z^2 \\
 \rightarrow I &= \frac{1}{2} I_3 + \int \rho dV \cdot z^2
 \end{aligned}$$

$$\begin{aligned}
 I_3 &= \int \rho dV s^2 \\
 &= \frac{M}{\pi R^2 h} \int_0^R s^3 ds \int_0^{2\pi} d\phi \int_{-h/2}^{h/2} dz \\
 &= \frac{M}{\pi R^2 h} \frac{R^4}{4} \cdot 2\pi \cdot h \\
 &= \boxed{\frac{1}{2} M R^2}
 \end{aligned}$$

$$\begin{aligned}
 I &= \frac{1}{2} I_3 + \int \rho dV z^2 \\
 \int \rho dV z^2 &= \frac{M}{\pi R^2 h} \int_0^R s \, ds \int_0^{2\pi} d\phi \int_{-h/2}^{h/2} z^2 dz \\
 &= \frac{M}{\pi R^2 h} \frac{R^2}{2} \cdot 2\pi \cdot \left. \frac{z^3}{3} \right|_{-h/2}^{h/2} \\
 &= \frac{M}{h} \frac{2}{3} \frac{h^3}{8} \\
 &= \frac{1}{12} M h^2
 \end{aligned}$$

$$\begin{aligned}
 I_{\text{tot}} &= \frac{1}{2} \left( \frac{1}{2} M R^2 \right) + \frac{1}{12} M h^2 \\
 &= \frac{1}{4} M R^2 + \frac{1}{12} M h^2 \\
 &= \boxed{\frac{1}{4} M \left( R^2 + \frac{1}{3} h^2 \right)}
 \end{aligned}$$

NOTE: special limiting case

(i) Thin rod ( $R \rightarrow 0$ )

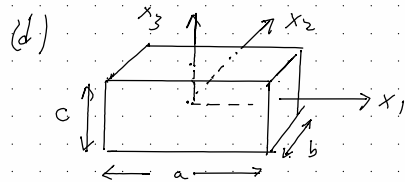
$$I_3 = 0$$

$$I_1 = I_2 = \frac{1}{12} M h^2$$

(ii) Thin disk ( $h \rightarrow 0$ )

$$I_3 = \frac{1}{2} M R^2$$

$$I_1 = I_2 = \frac{1}{4} M R^2$$



$$\rho = \frac{M}{abc}$$

$$dV = dx dy dz$$

$$\begin{aligned} I_1 &= \int \rho dV (y^2 + z^2) \\ &= \int \rho dV (y^2 + z^2) \\ &= \frac{M}{abc} \int_{-a/2}^{a/2} dx \int_{-b/2}^{b/2} dy \int_{-c/2}^{c/2} dz (y^2 + z^2) \\ &= \frac{M}{abc} x \int_{-b/2}^{b/2} dy \left( y^2 z + \frac{z^3}{3} \right) \Big|_{-c/2}^{c/2} \\ &= \frac{M}{bc} \int_{-b/2}^{b/2} dy \left( c y^2 + \frac{2}{3} \frac{c^3}{8} \right) \\ &= \frac{M}{bc} \left[ c \frac{y^3}{3} \Big|_{-b/2}^{b/2} + \frac{1}{12} c^3 y \Big|_{-b/2}^{b/2} \right] \end{aligned}$$

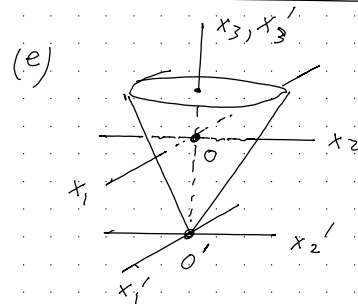
$$I_1 = \frac{M}{bc} \left[ c \frac{2}{3} \frac{b^3}{8} + \frac{1}{12} b c^3 \right]$$

$$= \frac{M}{12bc} [c b^3 + b c^3]$$

$$= \frac{M}{12} (b^2 + c^2)$$

$$I_2 = \frac{M}{12} (c^2 + a^2)$$

$$I_3 = \frac{M}{12} (a^2 + b^2)$$



First calculate

$I_{ij}$  (wrt  $x'_1, x'_2, x'_3$ )

Then calculate  $I_{ij}$  via

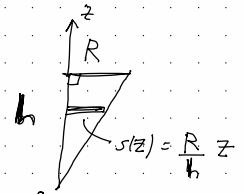
$$I_{ij} = I'_{ij} - M(a^2 \delta_{ij} - a_i a_j)$$

where  $\vec{a} = (0, 0, d)$

$d$ : height of com above  $O'$

Volume of cone:

$$\begin{aligned} V &= \int dV \\ &= \int_0^h dz \int_0^{2\pi} d\phi \int_0^{\frac{R}{h}z} s ds \\ &= \pi \int_0^h dz \frac{s^2}{2} \Big|_0^{Rz/h} \end{aligned}$$



$$\begin{aligned}
 V &= \pi \int_0^h dz \frac{R^2 z^2}{h^2} \\
 &= \frac{\pi R^2}{h^2} \frac{z^3}{3} \Big|_0^h \\
 &= \frac{\pi R^2}{h^2} \frac{h^3}{3} \\
 &= \boxed{\frac{1}{3} \pi R^2 h}
 \end{aligned}$$

Thus,  $\rho = \frac{M}{V} = \boxed{\frac{M}{\frac{1}{3} \pi R^2 h}}$  (mass density)

$$\begin{aligned}
 I_3' &= \int \rho dV (r^2 - z^2) \\
 &= \int \rho dV s^2 \\
 &= \rho \int_0^h dz \int_0^{2\pi} d\phi \int_0^{Rz/h} s^3 ds \\
 &= \frac{\rho}{4} \cdot 2\pi \int_0^h dz s^4 \Big|_0^{Rz/h} \\
 &= \frac{\rho \pi}{2} \int_0^h dz \left( \frac{R^4}{h^4} \right) z^4 \\
 &= \frac{\rho \pi R^4}{2 h^4} \frac{h^5}{5} \\
 &= \frac{\rho \pi R^4 h}{10}
 \end{aligned}$$

Thus,

$$\begin{aligned}
 I_3' &= \frac{M}{\frac{1}{3} \pi R^2 h} \frac{\pi R^4 h}{10} \\
 &= \boxed{\frac{3}{10} M R^2}
 \end{aligned}$$

Similar to the cylinder, we have  $I_1' = I_2' \equiv I'$  where

$$I' = \frac{1}{2} I_3' + \int \rho dV z^2$$

Now:

$$\begin{aligned}
 \int \rho dV z^2 &= \rho \int_0^h dz z^2 \int_0^{2\pi} d\phi \int_0^{Rz/h} s ds \\
 &= \cancel{4} \pi \rho \int_0^h dz z^2 \frac{s^2}{2} \Big|_0^{Rz/h} \\
 &= \pi \rho \frac{R^2}{h^2} \int_0^h dz z^4 \\
 &= \pi \rho \frac{R^2}{h^2} \frac{h^5}{5} \\
 &= \frac{\pi}{5} \rho R^2 h^3 \\
 &= \frac{\pi}{5} \left( \frac{M}{\frac{1}{3} \pi R^2 h} \right) R^2 h^3 \\
 &= \frac{3}{5} M h^2
 \end{aligned}$$

So

$$I' = \frac{1}{2} \left( \frac{3}{10} \mu R^2 \right) + \frac{3}{5} \mu h^2$$

$$= \boxed{\frac{3}{5} \mu \left( \frac{R^2}{4} + h^2 \right)} = I'_1 = I'_2$$

Need to find location of COM,

$$d = \frac{1}{\mu} \int \rho dV z$$

$$= \frac{1}{\mu} \rho \int_0^h z dz \int_0^{2\pi} d\phi \int_0^{Rz/h} s ds$$

$$= \frac{1}{\mu} \rho \cdot 2\pi \int_0^h z dz \cdot \frac{1}{2} \left( \frac{R}{h} \right)^2 z^2$$

$$= \frac{\pi \rho}{\mu} \frac{R^2}{h^2} \frac{z^4}{4} \Big|_0^h$$

$$= \frac{\pi \rho}{4\mu} R^2 h^2$$

$$= \frac{\pi \rho}{4\mu} \frac{1}{3} \pi R^2 h \cdot R^2 h^2$$

$$= \boxed{\frac{3}{4} h}$$

Thus,

$$I_{ij} = I'_{ij} - \mu (a^2 \delta_{ij} - a_i a_j)$$

$$\text{where } \vec{a} = (0, 0, -\frac{3}{4}h) \rightarrow a^2 = \frac{9}{16} h^2$$

$$\rightarrow I_1 = I'_1 - \mu a^2$$

$$= \frac{3}{5} \mu \left( \frac{R^2}{4} + h^2 \right) - \mu \frac{9}{16} h^2$$

$$= \frac{3}{20} \mu R^2 + \mu h^2 \left( \frac{3}{5} - \frac{9}{16} \right)$$

$$\frac{48 - 45}{80} = \frac{3}{80}$$

$$= \boxed{\frac{3}{20} \mu \left( R^2 + \frac{h^2}{4} \right)}$$

$$\text{Also, } I_2 = I_1$$

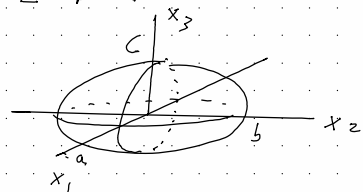
$$\text{Finally, } I_3 = I'_3 - \mu (a^2 - a^2) \rightarrow 0$$

$$= I'_3$$

$$= \boxed{\frac{3}{10} \mu R^2}$$



(f) Ellipsoid with semi-axes  $a, b, c$



$$(a, b, c) \leftrightarrow (x_1, x_2, x_3)$$

Define rescaled coordinates:

$$(u, v, w) \equiv \left(\frac{x_1}{a}, \frac{x_2}{b}, \frac{x_3}{c}\right)$$

So that boundary of ellipsoid

$$1 = \left(\frac{x_1}{a}\right)^2 + \left(\frac{x_2}{b}\right)^2 + \left(\frac{x_3}{c}\right)^2 = u^2 + v^2 + w^2$$

unit sphere

Volume:

$$V = \int dx_1 \int dx_2 \int dx_3$$

$$= abc \int du \int dv \int dw$$

$$= abc \int_0^{2\pi} d\phi \int_0^{\pi} \sin\theta d\theta \int_0^1 r^2 dr$$

$$= abc \cdot 2\pi \cdot 2 \cdot \left[\frac{r^3}{3}\right]_0^1$$

$$= \boxed{\frac{4}{3} \pi abc}$$

$$\rightarrow \rho = \frac{\mu}{\frac{4}{3} \pi abc}$$

$$I_3 = \int \rho dV (x^2 + y^2)$$

$$= \int \rho dV (x^2 + y^2)$$

$$= \frac{\mu}{\frac{4}{3} \pi abc} \int \int \int dx dy dz (x^2 + y^2)$$

$$= \frac{\mu}{\frac{4}{3} \pi abc} abc \int \int \int du dv dw (a^2 u^2 + b^2 v^2)$$

$$= \frac{\mu}{\frac{4}{3} \pi} \int_0^1 r^2 dr \int_0^{\pi} \sin\theta d\theta \int_0^{2\pi} d\phi (a^2 r^2 \sin^2\theta \cos^2\phi + b^2 r^2 \sin^2\theta \sin^2\phi)$$

Now:  $\int_0^{\pi} \sin\theta d\theta \int_0^{2\pi} \sin^2\theta d\phi = \int_{-1}^1 d(\cos\theta) \int_0^1 (1 - \cos^2\theta) d\cos\theta$

$$= \int_{-1}^1 dx (1 - x^2)$$

$$= \left(x - \frac{x^3}{3}\right) \Big|_{-1}^1$$

$$= 2 \cdot \frac{2}{3} = \boxed{\frac{4}{3}}$$

$$\int_0^1 r^4 dr = \frac{r^5}{5} \Big|_0^1 = \boxed{\frac{1}{5}}$$

$$\int_0^{2\pi} d\phi \left\{ \sin^2 \phi \right\} = 2\pi \cdot \frac{1}{2} = \boxed{1\pi}$$

Thus,

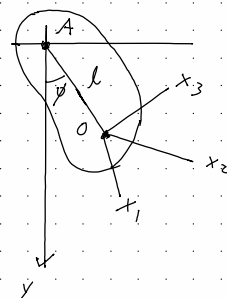
$$I_3 = \frac{M}{\frac{4}{3}\pi} \left( a^2 \frac{4}{3} \cdot \frac{1}{5} \cdot \pi + b^2 \frac{4}{3} \cdot \frac{1}{5} \cdot \pi \right)$$

$$= \boxed{\frac{M}{5} (a^2 + b^2)}$$

cyclically permuting  $a, b, c \rightarrow$

$$\boxed{\begin{aligned} I_1 &= \frac{M}{5} (b^2 + c^2) \\ I_2 &= \frac{M}{5} (c^2 + a^2) \end{aligned}}$$

Sec 32, Prob 3:



com. at O  
rotation axis at A, out of page

$$\vec{\Omega} = \dot{\phi} \hat{n}$$

$$U = \mu g l (1 - \cos \phi)$$

$$\approx \frac{1}{2} \mu g l \phi^2 \quad \text{for } \phi \ll 1$$

$$L = T - U$$

$$T = \frac{1}{2} \mu V^2 + \frac{1}{2} (I_1 \Omega_1^2 + I_2 \Omega_2^2 + I_3 \Omega_3^2)$$

$$\vec{\Omega} = \dot{\phi} \hat{n} \rightarrow \begin{aligned} \Omega_1 &= \dot{\phi} \hat{n} \cdot \hat{x}_1 = \dot{\phi} \cos \alpha \\ \Omega_2 &= \dot{\phi} \hat{n} \cdot \hat{x}_2 = \dot{\phi} \cos \beta \\ \Omega_3 &= \dot{\phi} \hat{n} \cdot \hat{x}_3 = \dot{\phi} \cos \gamma \end{aligned}$$

$$V = l \dot{\phi}$$

Thus,

$$T = \frac{1}{2} \mu l^2 \dot{\phi}^2 + \frac{1}{2} \dot{\phi}^2 (I_1 \cos^2 \alpha + I_2 \cos^2 \beta + I_3 \cos^2 \gamma)$$

so

$$L = \frac{1}{2} \dot{\phi}^2 \left( \mu l^2 + I_1 \cos^2 \alpha + I_2 \cos^2 \beta + I_3 \cos^2 \gamma \right) - \frac{1}{2} \mu g l \phi^2$$

$$\rightarrow \omega = \sqrt{\frac{\mu g l}{\mu l^2 + I_1 \cos^2 \alpha + I_2 \cos^2 \beta + I_3 \cos^2 \gamma}}$$