

ABQ Area Resources Quick Guide

Updated 10/1/24

Note: Area code is (505) except where indicated; some organizations have hyperlinks in their name to website

Other Resource Guides:

[Bernalillo County Resource Guide](#) – developed by Bernalillo

County Early Childhood Coalition

[New Mexico Native American Resource Directory](#) –

New Mexico Health Care Authority (HCA), Behavioral Health

Services Division

[CABQ Dept. of Senior Affairs Quick Guide](#) (scroll down to “View the Quick Guide”)

[UNM Center for Development and Disability \(CDD\) Disability Resource Directory](#)

[sharenm.org](#)--SHARE New Mexico resource directory

[ABQcrg.org](#)--ABQ Coordinated Resource Guide (currently being updated—this 10-1-24 Quick Guide will be posted on it)

For community events posted by BCHVWG Coalition:

<https://padlet.com/communityeventsbchvwg/community-events-84uc30q49xh50oar>

Cell Phone Program: The federal subsidies for phones ended June 30. You may still order one free online at Assurance Wireless, but it may take 2-4 weeks to receive in the mail:

Assurance Wireless--Shellie-call/text (505) 977-1122 (M-F 9-5)

To meet in person --\$10 for same day phone activation with her (phone is free and phone service free for at least 1 year)

She is at Storehouse on Wednesday & Friday, 9 to noon.

Or call Marcos (Shellie's brother): 747-246-9126

If your Assurance phone was lost or stolen, call Assurance Customer Service, 888-321-5880

Domestic Violence Shelters (call 24/7)

S.A.F.E. House (in Albuquerque) 247-4219

Haven House (in Rio Rancho) 896-4869

Valencia Shelter for DV (in Valencia County) 864-1383

Other Crisis Hotlines/Helpines

Poison Center/Medication Info 800-222-1222

988 Suicide and Crisis Lifeline:

Call or text **988** if feeling sad or angry or not feeling safe

--Veterans (x1 or text **838255**), Espanol (x2), LGBTQI+ <25 (x3)

or chat: [chat.988lifeline.org](#) (for yourself or if you're worried about a loved one who may need crisis support)

NM Crisis & Access Line ([nmcrisisline.com](#)) 855-662-7474

--or [chat.988lifeline.org](#) -- 24/7 counseling + treatment referrals

--Download the NMConnect app at [nmcrisisline.com](#)

--**NM 5-Actions program** see [nmcrisisline.com](#) for info

NM Warm Line (peer mental health support) 855-466-7100

--call 7:00 am -11:30 pm; or text 6:00 pm – 11:00 pm 7days/week

Veterans Crisis Line – call 988 (ext. 1) or text 838255

(this is for veterans, military service members and relatives)

UNM Psychiatric Emergency Services (24/7) 272-2920

NMDOH Helpline: 833-796-8773 (833-SWNURSE)

Agora warmline 6:00 am to 12:00 pm 277-3013

Adult Abuse/Neglect Hotline 866-654-3219

Child Abuse/Neglect Hotline (CYFD) ... 855-333-SAFE(7233)

ABQ Dept. of Senior Affairs info line 764-6400

Aging & Disability Resource Ctr ([NMALTSO](#)) 800-432-2080

Equality New Mexico (LGBTQ advocacy [eqnm.org](#)) 224-2766

Postpartum Support Int'l, call or text 800-944-4773

--or text en Espanol: 971-203-7773

Trans Lifeline 877-565-8860

Trevor Lifeline: 866-488-7386 or text START to 678-678

****CALL 311 for info about any City of ABQ services****

City of ABQ Dept. of Senior Affairs (age 60+) 764-6400

See [cabq.gov/seniors/senior-services](#) for services & Quick Guide

CABQ Health & Social Services Centers

Food (walk-ins **M/W/F 10 am - 12** and **Tues & Thurs 1 - 3 pm**)

(call 311 to find out your center for food box)

Rent & utility assistance (call 311 to find out your center)

Clothing (appointment only at John Marshall and Ruth

Adams—anyone who lives in Albuquerque can call)

Diapers (no walk-ins, call first any of the 4 centers below)

Alamosa Center, 6900 Gonzales SW 836-8800

Los Griegos Center, 1231 Candelaria NW 761-4050

John Marshall Center, 1500 Walter SE 848-1345

Ruth Adams Center, 7525 Zuni SE 767-5700

See [cabq.gov/health-housing-homelessness/health/health-social-services](#) for listing of on-site agencies at each center

Victims/Survivors/Overcomers of Violence

Family Advocacy Center (FAC) – any violence, inc. stalking

-- M-F 8 am – 5 pm, 625 Silver SW (2nd floor) 243-2333

Domestic Violence Resource Center (in Family Advocacy Ctr)

-- (Calls are taken 24/7—walk-ins 8 am – 5 pm) 248-3165

National DV phone no. (24 hours) 800-799-7233

Rape Crisis Center (2 offices: walk-ins M-F 8-5 at both):

--625 Silver SW (2nd floor, Family Advocacy Center) 266-7711

--9741 Candelaria Rd NE (near Eubank) 266-7712

--**Rape Crisis Center's** 24/7 hotline 266-7711

StrongHearts Native Helpline (24/7) for Native women impacted

by DV, dating or sexual violence 844-762-8483

Emergency trafficking hotline--all ages ([NM Dream Ctr](#))

--505-504-1301

Life Link trafficking hotline: 505-GET-FREE (505-438-3733)

victims of trafficking call or text (and info/resource line)

Enlace Comunitario (Domestic Violence) 246-8972

--English & Spanish DV crisis intervention and legal support, therapy, support groups, case management

Casa Forteleza (sexual violence) (bilingual Spanish) 910-4031

2340 Alamo SE, #124 (Call or walk in M-F 8:30am - 5pm)

First Nations Community Healthsource (FNCH) programs:

--**Human Trafficking** (case management) 375-8518 (office)

or call or text 697-0712 (cell no.) – not a crisis hotline

--VOCA (for victims of crime) -- call (no text) 515-3922 or

375-8514

The Arc of NM – victim advocates for sexual assault, 883-4630

domestic violence or crime victims with intellectual or

developmental disabilities; email address is: advocate@arcnm.org

FREE MEAL SITES

--Albuquerque Indian Center, 105 Texas SE (& Zuni)
Mon to Fri: Breakfast (9:00 - 10:00 am); Lunch (12 - 1:00 pm)

--All Nations Wellness & Healing Center, 6416 Zuni SE
Mon to Fri: Breakfast (8:00 - 9:30 am); Lunch (12 - 1:30 pm)

--See "Homeless Services" section for other free meals

--Also: City of ABQ multigenerational centers and senior centers and Bernalillo County senior centers offer free or donation-based lunches (\$2 suggested) for seniors 60+, low-cost lunches for ages 50-59; also, low-cost breakfasts Monday-Friday 8-9 am at all sites.

See cabq.gov/seniors/senior-services/senior-meals
and bernco.gov/community-services/community-health-outreach/senior-meals

Also-home-delivered meals for homebound seniors (764-6400)

Food Assistance

(Also see CABQ Health & Social Services centers above)

Roadrunner Food Bank (no walk-ins) 349-5340

--see rffb.org (click on Find Help tab) or call to find a nearby pantry

Storehouse, 106 Broadway SE (Wed/Fri/Sat 9-12) 842-6491
--also diapers; dog food (3rd Friday of the month)

Rio Grande Food Project 600 Coors SW W/F/Sat 9-11 831-3778
--Note: both Storehouse and RGFP assist with water bills

Salvation Army, 4301 Bryn Mawr Dr. NE 872-1171, x2
--food boxes, gas bill assistance, sometimes electric or rent assist

City of ABQ Dept. of Senior Affairs 764-6400
--home-delivered meals for homebound seniors
--see "Free Meal Sites" above (city and county meals for seniors)

St. Felix Pantry, 4020 Barbara Loop SE--Rio Rancho 891-8075
--Thurs-Saturday, 9am to noon (for any New Mexican residents)

ECHO Food Bank (age 60+) 300 Menaul NW #226 (east side)
--Mon-Thurs, 7:30am-4:30pm (call 242-6777 if you can't find it)

Silver Horizons (age 50+) (food, household bills) 884-3881

Meals on Wheels (no income or age requirements) 823-8060

God's Warehouse, 8011 Central NE (on Tennessee)
--Food boxes 3rd Friday of the month, 11:30 am (or when truck arrives)
Note: food is given to food outreach ministries Mon & Thurs, 11:30 am (or when truck arrives)

The Rock at Noon Day (boxes), 2400 2nd St. NW (Fri 12:30 pm)

Veterans Integration Center (VIC) 296-0800
--Food pantry for any low-income veterans: 10am-2pm on Fridays

Animal Humane, 615 Virginia SE--pet food Sun & Thurs 10-12pm

Housing

HUD Subsidized/Tax Credit housing: resources.hud.gov

AHA (Alb. Housing Authority) -- abqha.org 764-3920

Bernalillo County Housing Dept.-- bernco.gov 314-0400

Albuquerque Homeless Helpline: phone (505) 768-4357;
text (505) 600-2835 or email: 768-help@nmceh.org
(NMCEH is NM Coalition to End Homelessness)

Good Shepherd Center 243-2527 x100
2 men's residential programs:

--Fresh Start Substance Use Recovery Program (stay 6 months)
Apply Wed or Fri, 9-11 am at 218 Iron SW, or call (x100)

--Reentry Program for homeless men (stay 90 days)
Call for info 243-2527 x100

Housing Program: Rapid Rehousing (may be a waitlist)
--Apply in person Mon, 9:30-11:30 am at 614 2nd SW

Goodwill Supportive Services for Veteran Families
Info at goodwillnm.org/veteran-housing 881-6401 x1842

Heading Home see headinghome.org 344-2323

--See "Overnight Shelters" for info on AOC Men's Shelter

--Family Housing Navigation Center: -- no self-referrals;
to refer a homeless family, complete online referral form at
gatewayservicescabq.com

--Gateway Center: to refer an individual woman-identifying adult
or a family (1 or 2-parent) -- complete online referral form at
gatewayservicescabq.com -- no self-referrals

HELPMN/CPLC 445-4291
--special needs low-income housing assistance for ages 18-62;
must be referred by case manager; disability verification by doctor

Oxford Houses - sober living for men & women (+ young child)
--ABQ houses: 605-591-0993; Las Cruces: 575-361-2071
see Oxfordvacancies.com (search by zip or state)
--(look at the vacancies website, but you can call any house
directly--there may be a vacancy even if not indicated to be one)

Salvation Army Men's Rehab Program (call M-F 8-5) 242-3112

Steelbridge residential programs (Bible-based, men & women)
--214 Coal SW, walk in or call Mon-Thurs 9am-1pm 346-4673

TenderLove Community Center (appt only Tu-Fri) 349-1795
--recovery/transitional housing for women with children; housing
stability/rapid rehousing (see tenderlovecommunitycenter.org)

Veterans Integration Center (VIC) call M-F 8-4:30 296-0800
Transitional housing and rapid rehousing for homeless veterans;
food pantry for any low-income veterans: 10am-2pm on Fridays

Vizionz-Sankofa, housing stability assistance call 832-7141
eviction prevention, relocation services, landlord mediation;
classes: basic computer, job readiness, life skills, financial literacy

Drop-In Centers

New Day Drop-In Center for ages 16-22

142 Truman St. NE (north of Central) -- Tues-Fri 12-5 pm

The Harbour—a NM Dream Center drop-in center for ages 14-21

--126 Gen. Chennault NE Wed/Th/Fri 2 to 8 pm) 900-3833

see nmdreamcenter.org/the-harbour

--or call/text 24/7 NM Dream Center hotline: (505) 504-1301

ABQ Center for Hope & Recovery (ACHRnm.org) 246-2247

913 2nd St. NW (M-F, 9 am – 4 pm)

Peer-run drop-in center, peer case management and peer support; Pathways Navigators; daily groups (in-person and virtual), job search assistance

All Nations Wellness Center 6416 Zuni SE 717-2704

--Mon to Fri: Breakfast (7:30 - 9am); Lunch (12 - 1:30pm)

--walk-in or call; phone use; Job help M-F 9-12

The Living Room on CARE Campus, 5901 Zuni SE (south side)

--a new peer support drop-in for people in every stage of recovery, also concerned family members are welcome – staffed by CPSWs

--drop-in hours are Monday-Friday 7am – 7 pm

NM Reentry Center (for any justice involved adult) 389-5458

--Call or walk in Mon to Fri, 8 am – 4 pm, 215 3rd St. SW

Peer-run organization: one-on-one peer support/case management, support groups; assistance with ID documents; job preparation/job placement; housing navigation

Transgender Resource Center of NM 200-9086

--5600 Domingo Rd. NE (see TGRCNM.org)

--walk in Mon/Wed/Fri, 1-6 pm (+ support groups); can call Mon-Fri

WIL (Women in Leadership) Drop-In Center for all women

300 Central SW (Third Central Plaza), #1500-E (1st floor)

Hours: Monday-Friday, 9 am – 3 pm

-- peer support, job readiness, other services..... 369-1731

Family Services

(Note: See “Medical, Mental Health and Recovery” section for other organizations that serve pregnant women & mothers)

Childcare Finder: newmexicokids.org or call 800-691-9067

NM WIC (nutritious food + other supports) 866-867-3124

--nmwic.org/locations; for info about WIC see nmwic.org

For low-income women who are pregnant or are mothers of at least one child under 5 years old

NM Public Education Dept (PED) - parent-portal

(<https://webnew.ped.state.nm.us>)

--Early Literacy guides for families: [English](#) and [Spanish](#)

ABQ Adult Learning Center (abqalc.org) 907-9957

Family Wellness program: Parents and children working together to improve educational, health, financial outcomes and family relationships; individualized literacy
--See “Jobs/Job Training/Education” for other ABQ-ALC services

All Faiths Children’s Advocacy Ctr (allfaiths.org) 271-0329

--Family Wellness Program: child & family therapy; CCSS

--Adoption Services: pregnancy counseling, infant + older child adoption

AMIkids Family Services 220-1258

--Home-based Family Centric Model (FCM) classes--see website: skills classes for youth ages 11-18 and their families who live within Bernalillo County; services available in Spanish; also Youth Mental Health First Aid certification (English & Spanish)

APS Title I McKinney-Vento program 256-8239 x0

--families and/or youth who are unhoused or unstably housed (see website for eligibility and services)

--can be referred or self-refer (See [link](#) to student referral form)

Asian Family Center, for AAPINH all ages 717-2877

Direct services (see “Immigrant and Refugee Services” section)

--family workshops & youth programs; see nmafc.org

Children’s Promise Center (2 locations) 554-1206

401 Alvarado SE, daycare, preschool, school age (M-F 6:30 am-) 12855 Eastridge Dr NE (M-F 7:00 am-)

Common Spirit St. Joseph’s Children 924-8000

Home visiting support services (virtual) for prenatal to age 3, only for women expecting their first child; can enroll during pregnancy up to 3 months’ old; see website: stjosephnm.org

--free statewide; no income requirements; bilingual

Cuidando Los Niños homeless child care 843-6899

--for age 6 weeks to pre-K; bilingual Spanish; usually no wait list

DulceSalado Consultation & Therapeutic Services 585-5024

culturally sensitive bilingual agency (statewide), provides individual, family and multisystemic therapy services (MST for ages 11-17); support groups for youth and for parents; no wait list; adoption & parenting services; Medicaid accepted for all services except for adoption services, which are self-pay

Families ASAP (parent-run support organization) 948-6371

--Provides info, support, advocacy for parents/caregivers raising children with mental health challenges; bilingual Spanish/bicultural

Family Promise of ABQ -- transitional housing program for homeless families (1 or 2 parents—may be a wait list) 268-0331

The Grief Center (a/k/a Children’s Grief Center) 323-0478

--counseling and support groups for children, teens, families & adults grieving the death of a loved one; also workshops

Kassy's Kause, bilingual for women w/perinatal or 603-2988
postpartum depression: individual support & online support group
--(see kassyskause.org for resources info, inc birthing services)

La Plazita Institute, 831 Isleta Blvd SW (M-F 9-5) 508-1802
--free programs for young men & young women; traditional &
cultural healing services; Pathways Navigator; garden -- see
website for complete list of programs/services for youth & adults

Locker #505 -- clothing for grades K thru 12th 294-1647
--referrals only--no self-referrals
--email request for referral form: director@locker505.org
--serves Bernalillo, Sandoval, Valencia & Tarrant Counties

MCH Family Outreach 255-8740
No cost case management; parent & caregiver education,
resource information, service planning and advocacy.
--See mch.org/locations/Albuquerque

NAPPR (all families) nappr.org 345-6289
--Early Head Start; home visiting; Early Intervention (support for
at risk and special needs children)

NM Friends of Foster Children (nmffc.org) 596-0519
--financial support to meet the needs of foster kids
--fun activities for foster kids
--email: programManager@NMFFC.org

Open Skies Healthcare, 707 Broadway NE, # 401 342-5454
Medicaid only: CCSS for adults and children; assessments;
behavioral respite services; treatment foster care

Parents Reaching Out (PRO) (peer support for parents of
children w/disabilities or special medical needs) 247-0192
See parentsreachingout.org for workshops & support groups

PB&J Family Services 877-7060
--see pbjfamilyservices.org/programs for program descriptions
and online referral process (some programs allow self-referral)
Pegasus Legal Services for Children (bilingual) 244-1101
---Pegasuslaw.org (see description under "Legal Services")

UNM Maternity & Family Planning Clinics (2 locations)
Team: doctors, nurses, nurse midwives & nurse practitioners;
nutritionist, counselor, health educator
--NW Valley-Los Griegos Health & Social Service Ctr 272-2158
--SW Valley-Alamosa Health & Social Service Ctr 272-2154
Medical, nutrition and social services (bilingual Spanish), including
family planning (natural family planning; birth control)

Western Heights Learning Center 247-2079
--Free Home Visiting Program for pregnant women and children
ages 0-5 -- in person (not bilingual)
--call (x108) or call Sally at 401-6372
or email: sally@westernheightsabq.org

YDI has many programs-see ydinm.org-including early childhood
General intake is ydinm.org/need-help or call office: 352-3444
--Also see "Jobs/Job Training/Education" & "Recovery (Mental
Health and/or Substance Use)" sections for YDI programs

Immigrant and Refugee Services

Mexican Consulate, 1610 4th St NW 247-2147

NM Immigrant Law Center, 625 Silver SW, 4th Floor 247-1023
--hours to call: Monday, 1-5 pm; Tuesday to Friday, 9am-5pm
(closed 12 to 1 Tues-Fri); call or walk in to request appointment
--see nmilc.org ("Our Services" tab)

ABQ FaithWorks (asylum seekers & refugees) 457-1728
--call or email info@abqfaithworks.org

Asian Family Center, for AAPINH all ages 717-2877
Direct services include culturally and language-specific case
management, including for DV and sexual assault victims; also
family workshops & youth programs; see nmafc.org

ABQ Adult Learning Center abqalc.org 907-9957
--ESL (+ adult basic ed, family wellness, High School Equivalency)

Casa de Salud, integrative primary care and MAT (bilingual)
--1608 Isleta SW (walk in or call) see website 907-8311
--health & healing services for individuals & the whole family
--all immigrants are welcome to walk in or call

Catholic Charities--see ccasfnm.org 724-4670
--immigration & citizenship legal assistance (including DACA)
--refugee support for refugee families after 90-day government
program ends (ccasfnm.org/refugeesupport)
--ESL, citizenship and other classes (see Jobs/Job Training/
Education section)

Encuentro NM, 907 4th St. SW (info@encuentronm.org) 247-2920
--classes: ESL, citizenship, home health aide certificate program
en Espanol, computer training, financial literacy, intro to Small
Business, elderly food & nutrition; offers child care while learning

Enlace Comunitario (Domestic Violence) 246-8972
--English & Spanish DV crisis intervention and legal support, therapy,
support groups, case management

First Nations (FNCH), 5608 Zuni SE 262-2481
--register at Zuni Medical Clinic: all immigrants can walk in or call

Lutheran Family Services (asylum seekers & refugees) 933-7032

WINGS (Walking in Grace) Program for Survivors of Torture
(a program of Las Cumbres Community Services) 819-1643
--immigration legal services, mental health & physical health care
coordination; social services and community integration

Vizionz-Sankofa, refugee support services call 832-7141

Legal Assistance

NM Legal Aid (civil matters) **Mon-Th 10 am-1 pm 243-7871**

Public Defender, 505 Marquette NW (PNC Bank) **369-3600**
(or talk to a Public Defender **3rd Friday** of the month **10 am – 5 pm** at the International District Library, 7601 Central SE)

Metro Court (ext. 1 for warrant status) **841-8151**
--**Outreach Court** (homeless only--misdemeanors) **841-8142**

APD Evidence, 823-4600, to claim possessions after discharge from MDC (but first call **768-2020** for APD case no.(or 798-7000 for Sheriff's case no.)—police reports available at 400 Roma NW

Christian Legal Aid (homeless only) walk-in 1st & 3rd Wed at noon at The Rock at Noon Day, 2400 2nd St. NW (volunteer attorneys)

NM Immigrant Law Center, 625 Silver SW, 4th Floor **247-1023**
--hours to call: Monday, 1-5 pm; Tuesday to Friday, 9am-5pm (closed 12 to 1 Tues-Fri); call or walk in to request appointment
--see nmilc.org ("Our Services" tab)

Pegasus Legal Services for Children **244-1101**
(bilingual) for children, youth and their caregivers-Pegasuslaw.org
--Kinship Guardianship (Pegasus Legal Services) for grandparents and other relatives raising children
--Youth Law Project (youth emancipation, paternity, child custody and timesharing, and Child Support)

Senior Citizens Law Office (seniors age 60+) **265-2300**

Jobs/Job Training/Education

NM Workforce Connection Center, 501 Mountain NE **843-1900**
--walk-in help with job search, weekly on-site employer events
--classes every Friday onsite for Computer Basics training (9-11 am) and Resume Writing (1-3 pm) (or get 1-to-1 help any time from an instructor to write your resume)

ABQ Adult Learning Center abqalc.org **907-9957**
1201 San Mateo SE, Walk in or call Mon-Thurs, 12:30-3:30 (or register online) – services are in-person or virtual
--English as a Second Language (ESL)
--High School Equivalency (HiSET/GED preparation)
--Adult Basic Education (reading, writing and basic math)
--Career Pathway services--one is Basic Solar Installer classes + certification
--Family Wellness: individualized literacy for adults and children

ABQ Center for Hope & Recovery, 913 2nd St NW **246-2247**
--employment assistance and drop-in center (walk-in or call)

Catholic Charities **724-4670**
Call Monday through Friday 8:00 am to 5:00 pm.
Free adult ed/training classes (GED/HiSET, ESL, Citizenship, other); Spring, Fall, Summer terms; Spring term starts in January and registration opens in December, but GED/HiSET, ESL & -----

Career Pathways classes may be joined thruout the term **CNM** (Student Services Ctr: 900 University Blvd. SE) **224-3000**
>100 associate degrees & certificates; ESL, Basic Education, High School Equivalency; support programs for prospective or current students who are or were in the foster care system (FOSTER -----

CNM), or who are or were involved in the criminal justice system (FIRST). Also, if you or one of your clients is interested in CNM but wants help getting started, submit the Community Partner Referral Form and someone from the CNM Student Recruitment and Outreach Team will be in touch within 48 business hours.
(\$100 scholarship available for prospective students who apply for CNM via FOSTER, FIRST or Community Partner Referrals)

NM DVR (Dept. of Vocational Rehabilitation) **383-2500**
111 Lomas Blvd NW (Suite 422 in US Bank Building)
Adults w/ disabilities can walk in or apply online: dvr.state.nm.us
--click on "Online Referral" -- you should get a call back in 2 weeks or less. See "NMDVR At A Glance"

Goodwill, 5000 San Mateo NE **314-1816**
--Walk-ins: Monday to Friday, 8:00 am to 5:00 pm
See goodwillnm.org for all programs: click on appropriate tab: "Find jobs" or "Find Classes" or use links below:
--Job prep and job search; employment; [seniors \(55+\) employment](http://seniors (55+) employment);
--GoodSkills classes: employment & life skills (some are virtual)
--Supportive Services for veterans & families (jobs, housing)
--Homeless veterans' reintegration program (jobs & support)

Gordon Bernell Charter School **916-8618**
Walk-ins welcome Monday to Friday 10am-2pm at 2821 4th St. NW
High school diploma + adult ed in-person or online
--Age 16-21: high school diploma
--Adults age 22+: literacy + HiSET (high school equivalency)
Classes also in MDC: persons currently or previously at MDC can further their education

HELPNM/CPLC **265-3717**
--Classroom training and educational assistance (some assistance for certification programs) – in-person or virtual
--Paid work experience (480 hours)
--Rental assistance (limited)

Job Access program (transportation for low-income) **724-3623**
--for jobs, job training, child care if timely bus service is unavailable
--see riometro.org (Job Access) for eligibility and details

New Day Life Skills Academy (ndnm.org) **260-9912**
Classes: In-person at the Academy (2820 Ridgecrest SE) and at Drop-in Center, 142 Truman St. NE
--**Life Skills Classes (ages 16-22)** -- in-person
--**Resiliency Group (ages 16-22)**--in-person (drop-in center)
--**Life Skills Coaching (ages 12-21)** (see ndnm.org for info)
--**Kaleidoscope Recovery Program** (A-CRA): support group for ages 16-24 (abstinence not required); also offers 12-step (AA & NA); contact is Juno Doty (505-274-6311; jdoty@ndnm.org)

--also a group for adults (CRAFT) who support young people ages 16-24 experiencing challenges with substances

NMCAN – skill building and community building **217-0220**
for young people ages 14-26 including those in or transitioning out of foster care, or who have faced homelessness or are juvenile justice involved. Call or email: info@nmcn.org
--see nmcn.org for info & referral form for self or other youth

TenderLove Community Center (call Tu-Fri) **349-1795**
--fashion design classes, computer training, GED prep, life skills, job prep, culinary arts (nutrition classes),
(see tenderlovecommunitycenter.org)

YDI Independent Futures Program for youth 16-21 **212-7405**
who are staying in Bernalillo County and are homeless, at risk of homelessness, couch surfing or precariously housed
--youth can self-refer or be referred (call for info)
--employment assistance and/or education, life skills, CCSS/case management, individualized service planning

Vizionz-Sankofa **832-7141**
Classes: basic computer, job readiness, life skills, financial literacy

Educational/Training websites:

GCFglobal.org--short videos: computer, learn typing + improve typing speed, math, reading, job prep, GED/HISET prep, internet, financial literacy, social media, languages—click on “All Topics”

Khan Academy - khanacademy.org—math+other online learning + khanacademykids.org – many languages (app is English only)

Duolingo.com – language learning (English & other languages)

Irlen.com – visual processing help for children with special needs

NM Public Education Dept (PED): parent-portal
--Early Literacy guides for families: [English](#) and [Spanish](#)

Resources -- Physical and/or Cognitive Disabilities

Note: Community Outreach for the Deaf (COPD) has closed

Adelante Development Center (goadelante.org) **341-2000**
For people with mental and physical disabilities & seniors
--day & residential programs & employment
--Compadres senior day program (seniors 55+)
--**Back in Use**--recycled assistive devices **341-7171**
(wheelchairs, walkers, canes, hospital beds & adaptive equipment)
Call for self or other person in need
--**GiveABQ**—home and office furniture (referral only) **341-4483**
--**Benefits Connection Center** (help seniors & people with disabilities apply for govt benefits—leave message) **273-5222**

ARCA (adults & families)--arcaopeningdoors.org ... **332-6700**
Wraparound services for individuals with intellectual and/or developmental disabilities—see website for details; including residential services

ARC of NM (adults & families)--arcnm.org **883-4630**
These services for people with intellectual or developmental disabilities: [Representative payee services](#), [guardianship](#); victim advocates for sexual assault, domestic violence, or crime victims (call or email: advocate@arcnm.org to connect with one)

NM Aging & Disability Resource Ctr/NMALTSD **800-432-2080**

NMTAP office (Technology Assistance Program) **841-4464**
assistive/adaptive technology--see website: tap.gcd.state.nm.us

NM Brain Injury Resource Center (walk in or call) **292-7414**
--3150 Carlisle NE (Suite 208); email: info@braininjurynm.org
M-F 9-12 & 1-4 pm; for support groups see BrainInjuryNM.org

Independent Living Resource Center (ILRC) **266-5022**
--independent living services+referrals to resources - ILRCnm.org

NM DVR (Dept. of Vocational Rehabilitation) **383-2500**
111 Lomas Blvd NW (Suite 422 in US Bank Building)
Adults w/ disabilities can walk in or apply online: dvr.state.nm.us
--click on “Online Referral” -- you should get a call back in 2 weeks or less. See “[NMDVR At A Glance](#)”

NM Commission for the Blind (CFB.state.nm.us) **841-8844**
Irlen.com – visual processing help for children with special needs
Parents Reaching Out (PRO) (peer support for parents of children w/disabilities or special medical needs) **247-0192**
See parentsreachingout.org for workshops & support groups

UNM CDD (Center for Development & Disability) **272-3000**
--see [UNM CDD website](#) for many family-centered programs and services for children with disabilities: clinical evaluations; autism; early childhood; other
--CDD resource library, 2300 Menaul NE **272-0281**
(calling first encouraged but not required)

Medical, Mental Health and Recovery

(also see “Drop-In Centers” section)

Acronyms:

--MAT is Medication-Assisted Treatment for addiction to opioids (may also be for alcohol and/or other substances)

--SUD is Substance Use Disorder

--IOP is Intensive Outpatient Program

--CCSS is Comprehensive Community Support Services (comprehensive case management)

UNMH directory (hospital & clinics) 272-2111

VA Medical Center, 1501 San Pedro Dr. SE 265-1711 x0

--homeless or unstably housed veterans can call 256-2784

or walk in at Building 96: Mon-Fri 8:30 am - 3 pm

ABQ Center for Hope & Recovery (ACHRnm.org) 246-2247

913 2nd St. NW (M-F, 9 am – 4 pm)

Peer-run drop-in center, peer case management and peer support; Pathways Navigators; daily groups (in-person and virtual), job search assistance

Casa de Salud (bilingual Spanish), 1608 Isleta SW 907-8311

--call or walk in—Integrative primary care, inc. alternative healing; transgender care; Behavioral Health (MAT), needle exchange + Narcan (see casadesaludnm.org) (all immigrants are welcome)

Central Desert Behavioral Health Hospital 243-3387

1525 North Renaissance NE (psychiatric inpatient—call first)

Duke City Recovery Toolbox (MAT), 912 1st St. NW 224-9777

First Choice (several medical clinics—see fcch.com) 768-5450

First Nations Community Healthsource 262-2481

Zuni Clinic (medical), 5608 Zuni SE, M-F 8-7; Sat 8-12

--Dental Clinic, 262-6547, 8am – 7pm; Sat 8am-12

--Homeless Outreach Program (walk-in): M-F 8-6; Sat 8-12

Truman Clinic, 625 Truman St. NE (medical)

--Traditional Wellness (separate building): 515-3919, M-F 8-5

Central Clinic (pediatrics & prenatal) 7317 Central NE

--Mon-Th 8am – 6pm, Fri 8am – 5pm

All Nations Wellness Center, 6416 Zuni SE 717-2704

--Mon to Fri: Breakfast (8:00 – 9:30 am); Lunch (12 - 1:30 pm)

--walk-in or call, job help M-F 9-12

NewView Healing, 4213 Montgomery NE, #C-4213 498-3807

--Adolescent IOP; individual & group therapy; peer support

Sage Neuroscience Center (appointment only) 884-1114

--behavioral health and integrated care; medical outpatient detox;

--Acute Psychiatric Outpatient Program; IOP (adult & adolescent)

Turning Point Recovery Center (call first, 8am-9pm) 217-1717

--MAT; IOP; inpatient or outpatient detox and treatment;

counseling; detox (wait list); wellness center; men's & women's residential treatment

[Turquoise Lodge](#) (inpatient and outpatient treatment) 841-8978

Oak Street Health -- Medicare only primary care-call 431-0214

Southwest CARE Center 780-4040 x3

4710 Jefferson NE (call first for appointment); no waitlist for:

Hep/HIV/PrEP/PEP (waitlist: primary care & gender affirming)

UNM Truman Health Services (HIV/Hepatitis C/Transgender care)

--801 Encino PI NE, #F (call first); walk-in is only for HIV

and Hep C testing M/Tu/W/F 9-4 & Thurs 1-6:30 272-1312

UNM Milagro Program – for pregnant women actively using or

with history of using drugs or alcohol 463-8293

[Lovelace G.R.A.C.E.](#) – for pregnant women actively using or with a history of using substances 727-6238

Call this number or walk into a Lovelace OB-GYN to make an appointment or to request G.R.A.C.E. navigation

[Planned Parenthood](#) (women's health care) 265-9511 x1

Call for in-person or online appointment, with or without insurance; birth control, STD testing, abortion, and other services

(note, the location on San Mateo was closed; currently the only ABQ clinic is at 4630 Eubank NE)

[Birthright of Albuquerque](#) 262-2235

--support services for pregnant women & mothers of newborns

[La Luz Women's Center](#), ABQ and Rio Rancho 620-3894

--support services for pregnant women & mothers of newborns

DOH Resource Guide for HIV/Hepatitis/STD: nmhivguide.org

BC Health Council opioid resource website: LittleThingsNM.org

Recovery (Mental Health and/or Substance Use)

See above section “Medical, MH & Recovery” for other listings

--MAT is Medication-Assisted Treatment for addiction to opioids (may also be for alcohol and/or other substances)

--SUD is Substance Use Disorder

--IOP is Intensive Outpatient Program

--CCSS is Comprehensive Community Support Services (comprehensive case management)

CARE Campus Detox for alcohol & other drugs (intake 24/7)

--5901 Zuni SE (first come, first served--call or walk in) 468-1555

UNM Mental Health Center, 2600 Marble NE 272-2800

UNM ASAP, 2600 Yale SE, outpatient clinic (MAT) 994-7999

--walk in or call; ext 1 for info; ext 4 for intake; ASAP now serves adults & adolescents age 14+ (there is no more UNM STAR)

City of ABQ's Substance Use Disorder Treatment voucher:

--called the P.A.T.H. program--for non-Medicaid only individuals who are very low-income & meet other criteria.

--For eligibility & list of providers, see cabq.gov/health-housing-homelessness/health/substance-abuse

Albuquerque Health Services (MAT)—Methadone (or scripts for Suboxone)
 --112 Monroe NE—open M-F 5:30 am – noon **260-9917**
 --172 Montano Rd NW (& 2nd St.)—M-F 5:30 – 11 am **344-4427**
 --1209 Isleta SW—M-F 5:30 – 11:30 am **873-1973**
 --1558 Stephanie Rd. SE-Rio Rancho M-F 5:30-11 am **896-5517**

Centro Savila (South Valley and I.D. locations) **312-7296**
 --Benefits enrollment (over the phone--call 312-7296 to request)
 No walk-ins. Refer self or other person by calling or online form:
 --Case management & support groups (bilingual Spanish)
 --mental health therapy, individuals, couples, families (bilingual)
 --**seeking safety group**
 --**Strengthening Families Program (SFP)**
 --**grief group** (Spanish speaking grieving individuals or families)
 --**women's support group** Spanish speaking victims--violent crime

Choice Recovery Path – outpatient addiction treatment
 Apply online - helps people build the tools they need to make changes in their lives (utilizing Progress Board & toolkit)

Christian Counseling Professionals **856-0300** or **445-0771**
 3 locations: 210 Alvarado SE, 4770 Montgomery NE, #C-114 and 8205 Spain Road NE #106
 --counseling & CCSS – walk in or call Mon-Fri, 8 am to 4 pm (can be faith-based if requested)
 --IOP—90 day program: individual session + 3 hr substance abuse group—IOP hours are Mon, Tues, Thurs, 10am-1pm

The Community Lighthouse (see **TCLhnm.com**) **273-6300**
 3301 Candelaria NE #B (at Carlisle)--**Mon-Fri 8 am to 7 pm**
 --community support services (CCSS) (bilingual) for children, teens and adults, ages 2-65 (on Medicaid)
 ---EMDR
 ---Experiential Play Therapy (EPT) for children 3-11
 -- Functional Family Therapy (FFT); child therapy; teen therapy; therapy for parents; in-person or telehealth therapy (virtual)

Courageous Transformations **800-7092**
 3301 Los Arboles NE (just west of Carlisle) wrap-around services
 --outpatient SUD treatment, MAT (Suboxone, Methadone, Vivotrol); therapy for individuals, couples and families, peer support (Certified Peer Specialists), Hep C & HIV treatment (can be faith-based if requested)

DulceSalado Consultation & Therapeutic Services **585-5024**
 culturally sensitive bilingual agency, provides individual, couple and family therapy services – see description in “Family Services”

Engender, Inc. – Telehealth only counseling/therapy **242-4400**
 individual/couple/family for anyone in New Mexico;
 flexible hours Monday to Saturday; IOP for ages 18+ for SUD

Faith Works Counseling, in-person or telehealth (virtual)
 Location: 4110 Wolcott NE, Ste B (no walk-ins) **844-692-3099**
 book an appt. online (not faith based unless requested by client)
 --individual, couples and family therapy
 --MST (multisystemic therapy) in-home for ages 11-17

Full Circle Recovery (allows MAT) - no wait list **865-4140**
 --telehealth (virtual) or in person; call for appointment
 --mental health & substance use; IOP (adult & adolescent); CCSS
The Grief Center (a/k/a Children's Grief Center) **323-0478**
 --Support groups for children, teens, families & adults grieving the death of a loved one; also workshops (see **griefnm.org**)

Haven Behavioral Hospital **254-4511**
 --for Inpatient Psychiatric and SUD treatment, call **254-4502**
 --for Outpatient services including IOP and PHP, call **254-4564** (these are structured outpatient programs), in-person & virtual, day & night groups available

High Desert Healing, (see **hdhnm.com**) **717-1332**
 --Telehealth & in person; MAT; individual (may be a wait list) & group therapy; CCSS (case management); guided meditation groups; also see YouTube **mind & body therapy videos**

Hipocampo bilingual Spanish counseling **209-9227**
 for Spanish speaking individuals and families
 + diabetes prevention & management
 --Call or go to **bit.ly/AdmisionHipocampo**

Hope Forward Therapy, 2521 San Pedro NE **633-4107**
 --CCSS (case management) – no wait list; bilingual Spanish
 --adult, couples & family therapy; can be faith-based if requested
 --Circle of Security parenting group (in-person or virtual)
 --grief support group (twice a month) and individual grief support

Ideal Option (MAT) – no wait list, low barrier - 2 phone numbers:
 --**877-522-1275** to refer self; or
 --**844-464-3325** (24/7) to refer a client for same day or next day to begin outpatient detox services, MAT (medication assisted services), peer support for SUD (substance use disorder) and Alcohol Use Disorder. Contact Katrina at **505-390-2425** with any questions.

Krossroads Integrative Health and Recovery Solutions
 400 Gold SW (Simms Bldg), 12th & 13th floors **715-4610**
 Call for appointment; in-person or telehealth
 CCSS (12th flr); MAT, psych eval, IOP, individual & group therapy (satellite office for IOP and SUD counseling is on Carlisle)

The Living Room on CARE Campus, 5901 Zuni SE (south side)
 --peer support drop-in staffed by CPSWs for people in every stage of recovery; family members are also welcome
 --drop-in hours are Monday-Friday 7am – 7 pm

Meridian Behavioral Health, 3908 Carlisle NE **639-5916**
 -- individual therapy and CCSS for adults and youth (age 12+); IOP for adults (SUD); bilingual (Spanish) available
 --see **meridianbxhealthinc.com**

A New Awakening Rio Rancho –locations in ABQ & Rio Rancho:
 3321 Candelaria NE – west of Carlisle (881-2793) and
 1207 Golf Course Rd SE (994-4100): Mental health &/or substance abuse therapy for adults, adolescents & families
 – call for an appt.

(A different BH organization called **A New Awakening** in downtown ABQ is currently referral only from CYFD, courts, pre-trial or probation personnel)

New Mexico Solutions, 707 Broadway NE #500 268-0701 x0 and 2551 Coors NW; call for appointment; therapy for children and adults, couples, families, individual and group (including PSR); CCSS (case mgt); Carelink (care coordinator), and ACT team

Open Skies Healthcare, 707 Broadway NE, # 401 345-8471
Medicaid only: CCSS for adults and children; assessments; behavioral respite services; treatment foster care

Rio Grande Counseling (telehealth 7 days/week) 246-8700
--individual adult therapy (telehealth) and IOP (group video chat)
Serenity Mesa -- transitional living for youth (14-21) 877-3644
with SUD; healingaddictionnm.org (info@serenitymesa.com)
--inpatient detox (may be a waitlist)
--also, rental assistance program for youth ages 17-24

Serna Solutions, 6000 Uptown Blvd., #140 305-4949
(bilingual available); Rio Rancho office: 4101 Barbara Loop SE
--mental health and/or SUD therapy in-person or virtual
(all ages; currently no wait list); IOP; CCSS
--Family Empowerment Project for family members (for FEP call 420-3377 or email family@sernasolutionsllc.com)
--Youth Empowerment Project (YEP) program for ages 12-24 and their families (for YEP info call 230-4949)
--can refer yourself or someone else online
--training for professionals, offering CEUs

Southwest Pueblo Consultants and Counseling Services
Counseling all ages: individuals, couples, families 241-9316
--in person or virtual

The Balanced Path--call or text M-F 12 -6 pm 234-1174
Telehealth only therapy for adults & teens (individuals, couples & families), including CBT, Trauma-informed. No wait list.

Umoja Behavioral Health, telehealth and in-person 633-8173
Culturally responsive counseling & peer support services;
Open to all youth, teens & adults, including LGBTQIA+ & BIPOC;
Call or email info@umojawellness.com, or email individual therapist after reading about them on the "Meet Our Team" page.
No wait list.

YDI Community Engagement Team (24/7) 910-6357
--short-term peer case management, crisis intervention and stabilization for all ages, including in a crisis such as DV or unsheltered.

AA: call (24/7) 266-1900 or Espanol: 266-3688

--see albuquerqueAA.org/meetings
or walk in at 1921 Alvarado NE (M-F 9-6; Sat/Sun 9-3);

NA: 800-798-6649 (24/7) or see website for [Albuquerque NA](http://AlbuquerqueNA)

SMART Secular Recovery in-person+online smartrecovery.org
Refuge Recovery (online) refugerecovery.org (Buddhist inspired)

NAMI Albuquerque 256-0288/**NAMI New Mexico** 260-0154

Overeaters Anonymous (OA-cnmi.org) 261-3553

PeopleWorks-NM (peopleworksnm.org) 990-4186
for people who have a gambling problem and/or their family
--Free—online or in-person (privacy respected)

Al-Anon for family members: 262-2177

Adult Children of Alcoholics (ACA)—in-person and virtual

Parents of Addicted Loved Ones (PAL) see PALgroup.org
--virtual meetings only – see website for online meeting times

Have Inpatient Treatment for ABQ Area Residents (all accept Medicaid & some have outpatient services):

Central Desert Behavioral Health Hospital 243-3387
1525 North Renaissance NE (psychiatric inpatient—call first)

Haven Behavioral Hospital 254-4502
--Psychiatric inpatient & outpatient services; also SUD

Turning Point Recovery Ctr (turningpointrc.com) 217-1717
--detox, inpatient or outpatient treatment—call first

Turquoise Lodge (inpatient and outpatient treatment) 841-8978

VA Medical Center, 1501 San Pedro Dr. SE 265-1711 x0

Located outside of Albuquerque:

Santa Fe Recovery Ctr, Santa Fe sfrecovery.org 471-4985
--& their **Four Corners Detox Recovery Ctr** (Gallup) 413-3447

Carlsbad LifeHouse, Carlsbad (575) 725-5552
--medical detox; 28-day adult residential treatment for men and women + women with children; Medicare also accepted

Peak Behavioral Hospital, Santa Teresa 575-589-3000

New Mexico Behavioral Health Institute, Las Vegas 454-2100
(State Owned psychiatric hospital)

New Mexico Rehabilitation Center, Roswell ... 575-347-3400
(State Owned BH inpatient residential; also physical rehab)

OVERNIGHT SHELTERS for Unhoused

Gateway West (Westside Emergency Shelter):

for Adult Men & Women (no families); up to 2 pets
Open 24/7 (3 meals/day) & drops off daily in ABQ

Pickups for individual adults:

--NE corner of Indian School Rd & 1st St NW (3, 4, 5, 6, 7, 8 pm
7 days/week);--HopeWorks, 1201 3rd St. NW (3:15 pm Mon-Fri-
may arrive earlier)

--First Nations, 5608 Zuni SE (on Palomas) (6:00 pm 7 days/wk)

--God's Warehouse, 8011 Central NE (6:15 pm 7 days/wk),

Or call 839-9193 after 8:00 pm for info on pickups

Gateway East – To refer a family or a woman (woman-identifying
adult), use the online referral form at gatewayservicescabq.com

AOC Men's Shelter/Heading Home (715 Candelaria NE)

--(no walk-ins)-best time to call is 8 am, 7 days/wk ... 344-4340

Good Shepherd Center (men only), 218 Iron SW (check in 5-6pm)

Barrett House (women & children--boys <18) (no walk-ins)

--call 8 am-5 pm (waitlist) **not DV** – leave message 243-4887

Joy Junction (women & families (1 or 2 parent), limited # of men)

--4500 2nd St. SW (call first—you can call 24/7 and they will run
a criminal background check) 877-6967

Youth Shelters (also see "Drop-In Centers")

Amistad Shelter, ages 12–17 (24 hours 7 days/wk) 877-0371

New Day Shelter, ages 11–17 (24 hours 7 days/wk) 938-1060

Casa Q (24/7 for LGBTQ+ youth ages 14-17) 872-2099

The Harbour Drop-In – a daytime drop-in center for ages 14-21

--126 General Chennault NE 900-3833

--Wed/Th/Fri 2 to 8 pm); see nmdreamcenter.org/the-harbour
or call/text 24/7 NM Dream Center hotline: (505) 504-1301

Domestic Violence Shelters (call 24/7)

Safe House (in Albuquerque) 247-4219

Haven House (in Rio Rancho) 896-4869

Valencia Shelter for DV (in Valencia County) 864-1383

Homeless Services

Albuquerque Homeless Helpline: phone (505) 768-4357;
text (505) 600-2835 or email: 768-help@nmceh.org
(NMCEH is the NM Coalition to End Homelessness)

ABQ FaithWorks ID clinic to assist unhoused or transitionally
housed people needing to obtain IDs or birth certificates:

Tuesdays, 10 am–12 pm, at Immanuel Presbyterian Church,
114 Carlisle SE (n. of Central), and Wednesdays, 10 am-12 pm at
Central United Methodist Church, 201 University NE. (n. of Lomas)

APS Title I McKinney-Vento Program for homeless students or
unstable housed students or in transitional living 256-8239 x0

Albuquerque Healthcare for the Homeless (AHCH)

1217 1st St. NW (Hours: Mon/Tu/Th/Fri 8:00-4:00; Wed 7:30-12)

Medical Clinic & Behavioral Health Clinic (walk-in) 242-4644

Pharmacy (clients only): Mon & Thurs 8am-4pm; Wed 8-12

Dental Clinic (call or walk in for appointment) 242-8288

Resource Center/case management (7:30-4 walk-in) 843-7611

--sign in for showers begins at 7:30 am

ArtStreet has open studio hours for all: Mon & Tues, 11 am - 4 pm
---Thurs 10-1 weekly pottery group; Fri 12-2 rotating media group;
other groups each Wed/Thurs/Fri

First Nations Community Healthsource

Zuni Clinic (medical), 5608 Zuni Road SE 262-2481

---Mon to Fri 8am – 7pm; Sat 8am–12

---Dental Clinic, 262-6547, 8am – 7pm; Sat 8am–12

---Homeless Outreach Program (walk-in): M-F 8-4; Sat 8-12

Truman Clinic, 625 Truman St. NE (medical)

---Traditional Wellness (separate building): 515-3919, M-F 8-5

Central Clinic (for families only), 7317 Central NE

---Pediatrics & prenatal: Mon-Th 8am – 6pm, Fri 8am – 5pm

All Nations Wellness Center, 6416 Zuni SE 717-2704

---Mon to Fri: Breakfast (8:00 – 9:30 am); Lunch (12 - 1:30 pm)

---walk-in; phone use; Job help M-F 9-12

Good Shepherd Center, 218 Iron SW 243-2527 x100

Mon/Tues/Wed/Fri meal for all (2-3 pm); Sat Lunch: 11:30 - 12

-Mail service for unhoused men & women Mon-Fri, 2-3:30 pm

-Clothing (men only) Mon/Tues/Wed/Fri, 9-11 am

-Overnight shelter (for men only with ID) – check in 5-6 pm

-Respite care (men only): referred by healthcare provider

--2 men's residential programs -- see "Housing" section

--Housing program (Rapid Rehousing for single homeless adults,
men and women--waitlist)--see "Housing" section

Heading Home (see Overnight Shelters) 344-2323

HopeWorks 843-9405

Day Shelter, 1201 3rd St. NW, open Mon-Fri, 7 am – 3 pm

Meal 10 am - 12 pm; phone use, showers (8 am - 2 pm);

Clothing 8 am – 12 pm; Mail & long-term storage 12 - 2 pm

Peer navigator: help with IDs, Medicaid, SNAP; referrals to case
management; resource tables on a weekly basis;

Behavioral Health case managers

Steelbridge 346-4673

Resource Center for homeless & low income, 2021 2nd St NW

Open Monday to Friday, 8 am-4 pm for clothing and food boxes
(and to drop off donations)

Residential programs for men and for women (Bible-based)

--214 Coal SW, walk in or call Mon-Thurs 9 am-1 pm)

The Rock at Noon Day, 2400 2nd St. NW (north of I-40)

Tues-Fri, 9 am – 1 pm: Breakfast 9-9:30, Lunch 12-12:30pm;

Showers 9:00-10:30 am; clothing 9-11 am; Mail 9-12:30 pm

Laundry Service first come, first served, beginning 9 am;

Computer lab Tuesdays & Thursdays 9-11 am

Weekend Hours:

2nd & 4th Saturdays: 9 am–1 pm, Breakfast and Lunch.

3rd Sat. and 2nd, 3rd, 4th & 5th Sundays: 9am–1pm, lunch at 12

God's Warehouse, 8011 Central NE (on Tennessee)

Open Tuesday and Friday 3-5 pm for meal and clothing

Other meals: Mon, Wed & Thurs around 4 pm (outside the fence
on Wednesdays); Saturday/Sunday meal with 4 pm church

--Food boxes 3rd Friday of the month, 11:30 or when truck arrives