

Mental Health Cases in the PSHS System

Annex A – Root Cause Analysis

Campus: WESTERN VISAYAS

School Year: 2017-2018

Total number of students enrolled at the start of the school year per grade level:

Grade 7:	90	Grade 10:	90
Grade 8:	90	Grade 11:	90
Grade 9:	90	Grade 12:	87

Complete Name of Student* (LAST NAME, First Name)	Grade Level	Sex	Scholarship Categorization Points (see Annex B)	Nature of the Problem Reported (see Annex C, indicating all that apply)	Date Reported or Observed	Action Taken	Were there red flags or symptoms displayed (Y/N)	Were the red flags (if any) captured or reported by the teachers or guidance counsellors, before any action was taken? (Y/N)	Action Taken	Probable Cause of the Problem	Possible Solution	Remarks
1. Jerick Adrian Mosquete	7	M	Partial 3	3	11/21/17	COUNSELING	Y	Y	INTERVENTION	ADJUSTMENT/ATTITUDE	Guidance	He's responsive and counseling is done.
2. John Vincent Maroma	7	M	Partial 2	3	11/21/17	COIUNSELING	-	Y	INTERVENTION	-	-	Counseling is done but I did follow up with his adviser on acad related issues.
3. Janus Nathaniel Casbadillo	7	M	Partial 3	3	11/21/17	COUNSELING	-	Y	INTEVENTION	-	-	Counseling is done. The student was still on the process of adjustment.
4. Justin Uygongco	7	M	Partial 3	3	11/29/17	COUNSELING	-	Y	-	-	-	Counseling is done. Like any other grade 7 student is on the process of adjustment. But, he's very cooperative.
5. Obek Yusek Macavinta	7	M	Partial 2	3	12/1/17	COUNSELING	-	Y	-	-	-	Counseling is done.
6. Christian Jave Julleza	7	M	Partial 2	3	12/5/17	COUNSELING	-	Y	-	-	-	We had few sessions and actually he just went into the office and ask for help.
7. Vincent Jon Marfil	7	M	Partial 3	3	12/8/17	COUNSELING	-	Y	-	-	-	Counseling is done.
8. Daniel Limoso	7	M	Limoso	3	1/9/18	COUNSELING	-	Y	-	-	-	Counseling is done. But I had also a separate talks with his mother and adviser.
9. Christian Alarcon	7	M	Full	3	1/9/18	COUNSELING	-	Y	-	-	-	
10. James Earl	8	M	Partial 1	3	1/7/18	COUNSELING	-	Y			-	Counseling is done.

11.	Setias	8	M	Partial 3	3	1/21/17	COUNSELING	-	Y	-	-	-	Counseling done but I had conference with guardian and adviser.
12.	Abraham Sahi	8	M	Partial 3	3	1/21/17	COUNSELING	-	Y	-	-	-	Counseling is done.
13.	Paul Christian Que	8	M	Full	3	1/22/17	COUNSELING	-	Y	-	-	-	Counseling is done.
14.	Oliver Ladores Kian	8	M	Partial 3	3	1/23/17	COUNSELING	-	Y	-	-	-	Counseling is done.
15.	Montalban Ralph Planta	8	M	Partial 1	3	1/23/17	COUNSELING	-	Y	-	-	-	Counseling is done.
16.	Louie Filomeno	8	M	Full	3	12/1/17	COUNSELING	-	Y	-	-	-	Counseling is done.
17.	Vincent Tabalanza	8	M	Full	3	2/7/18	COUNSELING	-	Y	-	-	-	Counseling is done.
18.	Sealthiel Malones	8	M	Partial 3	9	2/7/18	COUNSELING	-	Y	-	-	-	Counseling is done.
19.	Gabriel Uy	9						-		-			
20.	Christian Dave Juayong	9	M	Partial 2	1,9	11/21/17	REFER TO PSYCH	-	Y	-	-	Monitoring	Counseling is done.
21.	C-Sar Mart Aguirre	9	M	Partial 3	8,11	1/7/18	REFER TO PSYCHIATRIST	-	Y	-	-	Monitoring	Counseling, facilitate psychological assessment
22.	Justin Tan	9						-		-			Referred to psychiatrist, follow up and conference with adviser and parents.
23.	Kheynith Denosta	9	M	Full	3	11/21/17	COUNSELING	-	Y	-	-	Guidance	Few counseling sessions, conference with mother and adviser.
24.	Miles Candelario	9	M	Partial 1	3	11/21/17	COUNSELING	-	Y	-	-	Guidance	Counseling is done.
25.	Daryll Abiog	9						-		-			Counseling is done.
26.	Karl Dennis Duenas	9	M	Partial 1	3	4/16/2018	COIUNSELING	-	Y	-	-	-	Counseling is done.
27.	Juan Carlos Tesoro	10	M	Full	3	5/18/18	COUNSELING	-	Y	-	-	-	Counseling is done.
28.	Mikko Legurpa	10	M	Partial 1	3	5/17/18	COUNSELING	-	Y	-	-	-	Counseling is done.
29.	Joshua Golingay	10	M	Partial 2	3	11/29/17	COUNSELING	-	Y	-	-	-	Counseling is done.
30.	Gian Carriedo	10						-		-		Monitoring	Counseling is done and conference with the adviser.
31.	Jon Andrey Selera	10	M	Full	3	11/29/17	COUNSELING	-	Y	-	-	Guidance	Counseling is done.
32.	Luis Vince Hilario	10	M	Partial 3	3	11/29/17	COUNSELING	-	Y	-	-	Follow up	Counseling is done.
33.	Jon Rian Tan	10	M	Partial 1	3	2/27/18	COUNSELING	-	Y	-	-	Guidance	Counseling is done.
34.	Cyrus Barrera	10	M	Partial 1	3	3/6/18	COUNSELING	-	Y	-	-	-	Counseling is done and conference with the mother.
35.	Wayne Rocg Samaniego	10	M	Partial 3	5,11	11/28/2017	COUNSELING	-	Y	-	-	-	Counseling is done.
36.	Niko Immanuel Golo	11	M	Partial 1	3,9	10/26/17	REFER TO PSYCHIATRIST	-	Y	-	-	Monitoring	Counseling is done.
37.	Eugene Imbang	11	M	Partial 3	9,10	8/7/2017	REFER TO PSYCHOLOGIST	-	Y	-	-	Follow up	Referred to psychiatrist, conference with the mother and follow up counseling.
38.	Jose Gabriel Javellana	11	M	Partial 1	6,9	7/13/2017	REFER TO PSYCHIATRIST	-	Y	-	-	Monitoring	Facilitate psychological assessment, counseling and conference with mother and adviser.
39.	Elcid Villegas	11	M	Partial 3	5,8, 11	7/18/17	REFER TO PSYCHIATRIST	-	Y	-	-	Follow up	Referred to Psychiatrist, follow up counseling and conference with the father.
40.	John Mark Villanueva	11	M	Partial 2	3	9/19/2017	REF. TO PSYCH COUNSELING	-	Y	-	-	Monitoring	Referred to psychiatrist, follow up, conference with adviser and guardian.
						12/11/17		-	Y	-	-	follow up Guidance	

41.	Kian Oreta	11	M	Partial 2	3	1/12/17	COUNSELING	-	Y	-	Social and personal	-	Counseling is done.
42.	LJ Macadangdang	11	M	Partial 3	3	1/12/17	COUNSELING	-	Y	-	attitude	-	Counseling is done.
43.	Lyle Geraldez	11	M	Full	3	4/16/18	COUNSELING	-	Y	-	Behavioral	-	Counseling is done.
44.	John Mark Ticar						COUNSELING			-	Behavioral		Counseling is done.
45.	Rex Bayer	12	M	Partial 2	4	12/5/17		-	Y			Monitoring	
46.	Philip Sabinay	12	M	Partial 2	3	12/11/17		-	Y			Follow up	
47.	Jehiel Lyre Malan	12	M	Partial 3	3	1/23/18	REFER TO PSYCH	-	Y	-	Personal and identity crisis	Guidance	Referred to psychiatrist, follow up counseling, conference with father and adviser.
48.	Dominic Redaniel	10	M	Partial 1	3,4	2/20/18	COUNSELING	-	Y	-	Personal and social adjustment	Follow up	Counseling s done.
49.	Leandro Martin Acla	8	M	Partial 3	4	2/28/18	COUNSELING	-	Y	-	Medical and psychological	Monitoring	Leave of absence and taken care by family.
50.	Joachim Regalado	12	M	Partial 3	2,4	11/11/17	REFER TO PSYCH-MEDICAL REFER TO PSYCHIATRIST COUNSELING	-	Y	-	Medical and psychological Psychiatric and personal		Family disclosed to the office he's undergoing psych-medical treatment. Disclosed his psych-medical condition but didn't supply us doctor's certificate.
1.	Beatriz Archangeles	7	F	Partial 2	4	12/1/2017	Referred to mental health prof	Y	Y	INTERVENTIO	Personal and social	Follow up	She was referred to mental health prof, counseling, conference to parents and adviser.
2.	J LAH Sargado	7	F	Partial 3	4	1/10/18	Referred to mental health prof	-	-	N	Personal and family	Follow up	She was referred to mental health prof, counseling, and conference with parents and adviser/follow up.
3.	Rein Margaret Sarmiento	7	F	Partial 2	3	11/2017	Counseling	-	-	-	Academic and attitude	Guidance	
4.	Maulyn Dominguez	7	F	Partial 3	9	9/18/17	Counseling	-	-	-	Academic and attitude	Guidance	Counseling is done.
5.	Jozil Donne Cerna	7	F	Partial 3	9	9/20/17	Counseling	-	-	-	Personal, social and family	Follow up and guidance	Few times called and had counseling, calling the attention of parents and conference with discipline office and adviser.
6.	Princess Jasmine Augustino	7	F	Partial 3	3	10/10/17	Counseling	-	-	-			Counseling is done.
7.	Lara Chua	7	F	Partial 3	3	11/20/17	Counseling	-	-	-	Academic and adjustment	Guidance	Counseling is done.
8.	Fritz Fernandez	7	F	Partial 2	3	11/20/17	Counseling	-	-	-	Adjustment	Guidance	Counseling is done.
9.	Reanna Guanzon	7	F	Partial 1	3	11/21/17	Counseling	-	-	-	Adjustment	Guidance	Counseling is done.
10.	Nicole Hermione Palma	7	F	Full	3	11/27/17	Counseling	-	-	-	Academic and adjustment	Guidance	Counseling is done.

11.	Christian Mark Celis	7	F	Partial 3	3	12/4/17	Counseling	-	-	-	Academic and adjustment	Guidance	Counseling is done.
12.	Lei Jo Presaldo	7	F	Partial 3	3	1/17/18	Counseling	-	-	-	Academic and adjustment	Guidance	Counseling is done.
13.	Sofia Soliel Haresco	7	F	Partial 3	3	4/12/18	Counseling	-	-	-	Academic and adjustment	Guidance	Counseling is done.
14.	Ma. Gloria Ordiales	7	F	Full	3	4/18/18	Counseling	-	-	-	Academic and adjustment	Guidance	Counseling is done.
15.	Riegelles Jianne Williams	7	F	Partial 3	3	4/10/2018	Counseling	-	-	-	Academic and adjustment	Guidance	Counseling is done.
16.	Arriane Kirsten Villaruel	8	F	Partial 1	4,5,8	8/30/17	Referred to Psychiatrist	-	-	-	Personal, family and social	Follow up, monitoring	She had sessions with the psychiatrist, conference with mother and teacher. While in school she's monitored.
		8	F	Partial 3	3	8/11/17	Counseling	-	-	-			
17.	Naomi Ingeniero	8	F	Full	3	1/18/18	Counseling	-	-	-	Academic and attitude	Guidance	Counseling is done.
		8	F	Partial 1	3	1/25/18	Counseling	-	-	-	Academic and attitude	Guidance	Counseling is done.
18.	Ilaya Nograles	8	F	Partial 2	4	10/4/17	Counseling	-	-	-	Tired in academics	Guidance	Counseling is done.
19.	Irahnessa Sy	8	F	Partial 1	3	11/22/17	Counseling	-	-	-	Academics and attitude	Guidance	Recommended to seek help from tutor or subject teacher and submit all the requirements.
20.	Rikka Sombiro												
21.	Rohanne del Castillo	8	F	Full	3	11/22/17	Counseling	-	-	-	Academics and attitude	Guidance	Recommended to seek help from tutor or subject teacher and submit all the requirements.
22.	Mary Therese Holipas	8	F	Partial 1	3	11/22/17	Counseling	-	-	-	Academics and attitude	Guidance	Recommended to seek help from tutor or subject teacher and submit all the requirements.
23.	Kathleen Marie Allgaen	8	F	Partial 1	3	11/22/17	Counseling	-	-	-	Academics and attitude	Guidance	Recommended to seek help from tutor or subject teacher and submit all the requirements.
24.	Zinnia Dyne Tapanga	8	F	Partial 3	3	12/4/17	Counseling	-	-	-	Academics and attitude	Guidance	Recommended to seek help from tutor or subject teacher and submit all the requirements.
25.	Helean de Castro	8	F	Partial 3	3	12/4/17	Counseling	-	-	-	Academics and attitude	Guidance	Recommended to seek help from tutor or subject teacher and submit all the requirements.
26.	Eunica Gubaton	8	F	Partial 3	3	02/1/18	Counseling	-	-	-	Academics and attitude	Guidance	Counseling is done.
27.	Win Mar Gonzaludo	8	F	Partial 3	4	02/11/18	Counseling	-	-	-	Academics and physical condition	Guidance and referral	She's catching her breathe every time she feels pressure and felt nervous when there's an immediate changes of situation. Counseling is done.
28.	Nhormainie Paciente	8	F	Full	3	02/01/18	Counseling	-	-	-	Academic and attitude	Guidance	
29.	Eve Micah Montefrio	9	F	Partial 1		4/10/18	Psychiatric diagnosis				PTSD	Monitoring and follow up	Dr Balderrama had already call ed the parents and referred to psychiatrist for therapy.
30.	Polina Espino	9	F	Partial 1		4/10/18	Psychiatric diagnosis				A lot of trauma	Monitoring and follow up	
31.	Franxen Angela Dordas	9	F	Partial 3		4/10/18	Psychiatric diagnosis				High risk/suicidal thoughts	Monitoring and follow up	Diagnosed by Dr Balderrama and the mother was called and advised to continue psychotherapy with therapist.
32.	Johanna Gavan	9	F	Partial 3	1,9	12/5/17	Counseling	-	-	-	Personal and social	Guidance	
33.	Ashley Calderon										Personal, academic and	Monitoring and	Monitoring is going and counseling sessions because she's oftentimes mentioned during the scholarship meeting for having

34.	Kyle Lustica	9	F	Partial 1	9,10	1/23/18	Counseling	-	-	-	family	guidance	an awkward attitude towards her fellow students and teachers. Counseling is done.
35.	Dea Punsalan	9	F	Partial 1	4	1/23/18	Counseling	-	-	-	Personal and academics	Guidance	Diagnosed by Dr Balderrama recommended for treatment/therapy
36.	Elaine Geroche	10	F	Full		4/10/18	Psychiatric diagnosis				Generalized anxiety disorder	Monitoring and follow up	and continue consultation and follow up by the guidance counselor.
		10	F	Partial 3			Psychiatric diagnosis				Unmotivated and hopeless	Monitoring and follow up	Recommended for therapy/treatment.
37.	Donna dela Cruz	10	F	Full			Consultation				Family issues, stress from school work	Follow up and guidance	Living with her mother and had difficulty communicating with her, not so close, father died when she was on grade 3. Sometimes cried because of requirements.
38.	Mary Jane Tang	10	F	Full	3,4	11/28/17	Counseling	-	-	-	Identity crisis, personal, academics and family	Follow up and guidance	Consultation and conference with adviser and parents.
39.	Treasure Babe Horlador	10	F	Full	3,4,10	11/28/17	Counseling	-	-	-	Personal, academics and social	Follow up and guidance	Consultation, counseling, conference with adviser, discipline officer and parents.
40.	Kimberly Tukasim	11	F	Full		4/10/18	Psychiatric Diagnosis				Mild depression	Guidance and follow up	Diagnosed by Dr Balderrama
41.	Yrma Angelee Tiron	11	F	Partial 3			Psychiatric Diagnosis				Schizoaffective and anxiety	Monitoring and follow up	Diagnosed by Dr Balderrama and recommended for MRI
42.	Samantha Laureen Alvarez	11	F	Partial 2		4/10/18	Psychiatric Diagnosis				Major depressive disorder; Anorexia Nervosa	Monitoring and follow up	Diagnosed by Dr. Balderrama and recommended for therapy
43.	Lanel Rose Cordova	11	F	Partial 1	3,4,9	11/16/17	Referred	-	-	-	Tired academically, emotionally drained and anxiety	Monitoring and follow up	Referred to psychiatrist for therapy, conference with adviser and parents.
44.	Kyla Depakakibo	11	F	Partial 3	3	11/27/17	Counseling	-	-	-	Academics and attitude	Guidance	Counseling is done.
45.	Zsanelle Serilo	11	F	Partial 3	4	11/27/17	Counseling	-	-	-	Academics/tired	Guidance	Counseling is done.
46.	Michelle Gervero	11	F	Partial 3	4	11/27/17	Counseling	-	-	-	Academics/tired	Guidance	Counseling is done.
47.	Honeylyn Francisco	12	F	Full		4/10/18	Psychiatric Diagnosis	-	-	-	Bipolar depression	Follow up and monitoring	She underwent medications and therapy when she was in Grade 10. Diagnosed by Dr Balderrama and recommended to continue her therapy.
48.	Tiffany Rose Montinola	12	F	Partial 2		4/10/18	Consultation				Avoidant personality traits, felt she is drained	Follow up and guidance	Interviewed and evaluated by Dr Balderrama and recommended to improve her social skills.
49.	Sophia Buenaobra										Bereavement due to	Counseling	Interviewed and examined by Dr Balderrama and recommended her experiences to be processed.

50.	Novie Dorado	12	F	Full		4/10/18	Consultation				father's death and behavior of her classmates	Guidance	Interviewed and examined by Dr. Balderrama
51.	Suzielette Veve Hilay	12	F	Full		4/10/18	Consultation				Stress and relationship, difficulty in social skills, mother is to strict and protective		

\*Student information will be dealt with utmost confidentiality in line with Data Privacy guidelines. Only aggregate data generated will be presented in the report to the BOT.

Other Remarks, if any:

The list of scholars above are those who went into the guidance center as referred by their teachers, advisers, scholarship council, discipline officer, outside experts, friends and parents. Nevertheless, there were students also who did not come for counseling and intervention after issuing the call slips through their respective advisers. The students who received the call slips after following them up but still did not come.

The psychological and clinical cases mentioned above were those who disclosed to us with corresponding evidence or certificates coming from their respective medical doctors and mental health professionals. We have the feeling that there were still students suffering for mental health issues chose not to reveal and ask for help. The cases of suicidal ideation, intent and attempts are just alarming. The numbers were rising despite of the collaborative effort we exert as an institution and with the help of outside mental health experts. Usually they are the students who complained as being drained, tired and exhausted due to academic related work, especially research subject for the senior years. Furthermore, there is this occurring and reoccurring action by teachers despite of administrative order and moratorium that should be no quiz, long quizzes and other activities a week prior to quarter exams. Nevertheless, it has no avail, and they are complaining and helpless by themselves since they have to take it without exception. Guidance office became their place where they can pour out their frustrations and angst.

Interesting patterns of the kind of behavior displayed by our scholars, strength of emotion and coping mechanism has something to do with the kind of home environment they have. It is not an absolute observation but a big factor. Usually our problematic scholars behaviorally and prone to depression has home factor. Broken families, death of loved ones, too strict parents, having high expectations, poor family bonding and communication dynamics. Now they entered a school where academic pressure is unavoidable. Though, they may have a very high mental ability but still poor in managing their emotions and social life.

Unique to Pisay community are the kind of students we are dealing with. Our training as guidance counselors actually are limited. It has nothing to do with clinical issues. It is beyond our professional work and ethics. Yet, a lot of cases are clinically related. Although referral to another expert is the immediate remedy. I think we need further training, a specialized training more than the regular registered counselor's competencies and skills. We are dealing with specialized population and therefore we need further specialized training. Especially at least initial and foundational skills and competencies in handling clinical cases.

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Prepared by:

**DARREL G. LEDESMA** M.Ed., RGC  
Guidance Services Associate I

Date: July 11, 2018

# Annex C

Number code	Indications / Types of Behaviour Observed
1	Autism/ Autism Spectrum Disorder
2	ADHD/ Hyper Activity
3	Demotivation/ non submission of requirements/ Unsatisfactory Grade/ Loss of Interest/ Poor Acad. Performance/ Absenteesim
4	Emotional Anxiety/ Stress/ Depression/ Bipolar Disorder
5	Suicidal Ideation/ Tendency
6	Aggressive Behaviour/ Unmanageable Tantrums/ Bullying
7	Hallucination/ Delusion
8	Self-hurt/ Self-Inflicted Injury or Harm
9	Interpersonal Relationship Problem/ Emotional Sensitivity/ Emotional Imbalance/ Maladjustment to life in PSHS, Social Behavioural Problems (Withdrawal)/ Isolation
10	Misconduct
11	Major Depressive Disorder with Psychotic Features/ Dysthymia (with attempted Suicide)
	Other indications not listed above (Please specify, and add lines as needed):
	12.
	13.
	14.
	15.
	16.