

**Mental Health Cases in the PSHS System
Annex A – Root Cause Analysis**

Campus: Central Visayas

School Year: 2017-2018

Total number of students enrolled at the start of the school year per grade level:

Grade 7: 90

Grade 8: 90

Grade 9: 90

Grade 10: 88

Grade 11: 83

Grade 12: 75

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Complete Name of Student (LAST NAME, First Name)	Grade Level	Sex	Scholarship Categorization Points (see Annex B)	Nature of the Problem Reported (see Annex C, indicating all that apply)	Date Reported or Observed	Action Taken	Were there red flags or symptoms displayed (Y/N)	Were there red flags (if any) captured or reported by the teachers or guidance counselors, before any action was taken? (Y/N)	Action taken	Probable Cause of the Problem	Possible Solution	Remarks
ARADANAS, Sophia Lorraine	Gr. 8	F	100 (Full)	8 (self-harming behaviour)	Aug. 14, 2017,	counseling	Y	Y	counseling	mistrust, family concern, living condition	client-centered therapy	existing case regarding self-harming behavior
					Aug. 23, 2017							
					Aug. 25, 2017							
				4 (depressive behaviour)	Dec. 6, 2017	personal follow-up						
JACOBS, John Daniel	Gr. 7	M	0 (Partial 3)	3 (tardiness)	Aug. 29, 2017	behavioural follow-up	N	N	follow up			referred by class adviser
				9 (maladjustment to life in PSHS - manners and hygiene)	Dec. 11, 2018	psycho-education/ personal follow-up			psycho-education / personal follow-up			referred by adviser
				3 (Academic performance)	April 4, 2018	Academic follow-up			Academic follow-up	demotivation	goal-setting	Low grade in Ad Tech
DELA CRUZ , Benedict John	Gr. 7	M	92 (Full)	3 (academic behaviour)	Sept. 7, 2017	personal, academic follow-up	N	N				
CABRERA, German III	Gr. 7	M	100 (Full)	4 (anxiety)	Oct. 5, 2017	counseling	N	N	counseling	health, finances and living condition	Talk therapy, Affirmation and positive stroking, Psycho-education,	referred by sch. nurse, mother was contacted by the sch. nurse
					Nov. 8, 2017	personal follow-up			personal follow-up			referred by Mr. Sasaban
				disinterested in	Dec. 12,	personal			personal			

				school	2018	follow-up			follow-up		Goal setting	
BIAÑA, Angelo Dwayne	Gr. 7	M	84 (Partial 1)	3 (health, "cutting class")	Oct. 11, 2017 (9:00 a.m.)	personal follow-up	N	N	personal follow-up	psychosomatic illness	Application of coping strategies	referred by the sch. nurse, Mother called thru nurse's phone
SATO, Marybeth	Gr. 10	F	75 (Partial 1)	9 (Interpersonal relationship problem - filed a complaint against another male scholar)	Oct. 12, 2017 (3:30 p.m.)	consultation for counseling	Y	N	follow-up	previous case against a male scholar		letter will be sent to her mother to get consent
					Oct. 19, 2017 (1:30 p.m.)	consultation for counseling						letter was read by her mother but forgot to sign
					Oct. 19, 2017 (3:40 p.m.)	personal follow-up, counseling						
				updates on the case she filed against one male student	March 22, 2018	personal follow-up						the student inquired about any progress on the case she filed
				psychological harm due to a past incident	April 12, 2018 (3:50 p.m.-4:45 p.m.)	personal follow-up, counselling				personal follow-up, counselling g	personal follow-up, counselling	
AMOYO, Jaycee Mariel	Gr. 8	F	0 (Partial 3)	8 (suicidal behaviour)	Oct. 26, 2017 (1:30 p.m.)	counseling	Y	N	counselling g	history of intrapersonal conflict between pursuing her athletics and Pisay		
GUINTO, Sebastian	Gr. 7	M	0 (Partial 3)	3 (academic performance)	Nov. 27, 2017	academic follow-up	N	N		demotivation	goal-setting	Low grades in Filipino, Values Ed, and Ad Tech
TARONGOY,	Gr. 7	M	84 (Partial 1)	3 (academic	Nov. 27,	academic	N	N			goal-	Low grade in

Adrianne Francis				performance)	2017	follow-up					setting	Mathematics
YUSINGBO, Phoebe Nerice	Gr. 8	F	100 (Full)	academic performance	Nov. 27, 2017	academic follow-up	N	N		classroom setting	goal-setting	Low grade in Mathematics
ALAZAS, Althea Kaye	Gr. 7	F	79 (Partial 1)	4 (trauma and anxiety)	Nov. 28, 2017 (2:00-3:00 p.m.)	counseling	N	N	counseling	pre-school experien		referred by adviser, Ms. Calvo
				3 (academic behaviour)	Nov. 22, 2017	phone conference			phone conferenc e			mother called up
					Jan. 27, 2018	consultation and conference			consultati on and conferenc e			consultation and conference with mother
				3 (academic behaviour)	April 4, 2018 (3:50-4:20 p.m.)	personal follow-up			personal follow-up			
				mother wants to refer her daughter to a psychologist	April 11, 2018					consultation (requested a referral letter)		mother called up
				re. psychiatric referral	April 13, 2018 (4:00 p.m.)	consultation (consent to release information)			referral to psychiatris t			counselor called up the mother
					April 13, 2018 (5:00-5:10 p.m.)	consultation (consent for the referral)						
				4 (depression (as per psychiatrist's assessment))	April 17, 2018 (8:15-8:30)	case conference						with the mother

					April 17, 2018	case conference						with Ms. Jessa Calvo (adviser of Althea)
PALAHANG, Leigh Therese	Gr. 8	F	100 (Full)	3 (academic performance)	Dec. 5, 2017	academic follow-up	N	N				Low grade in Mathematics and Earth Science
PAGATPATAN, Zdenalie	Gr. 12	F	55 (Partial 1)	3 and 9 (academic behavior; interpersonal relationship)	Dec. 14, 2017 (10:30-12:00)	counseling	N	N				
SANCHEZ, Julianne	Gr. 12	F	42 (Partial 2)	3 and 9 (academic behavior; interpersonal relationship)	Dec. 14, 2017 (1:00-2:45)	counseling	Y	Y				
				4 and 5 (depression, suicidal behaviour)	Jan. 27, 2018	consultation and conference						consultation and conference with mother
					Feb. 27, 2018 (2:30 p.m.)	follow-up; counseling; session with a psychiatrist						mother brought her to a psychiatrist
UY, Chrislyn Jeanne	Gr. 10	F	0 (Partial 3)	4 and 5 (depression, suicidal behaviour)	Jan. 27, 2018	consultation and conference; student has sessions with a psychiatrist	Y	N				consultation and conference with the mother
					April 3, 2018 (2:50-3:40 p.m.)	counseling; psychiatric session						
MELICOR, McSteven	Gr. 12	M	100 (Full)	9 (interpersonal concern)	Jan. 31, 2018	consultation	N	N				
KYONO,	Gr. 10	M	0 (Partial 3)	4 and 5	Feb. 2,	Intake	Y	Y	personal			

Yoshinori Jr.				(depression, suicidal behaviour)	2018	interview, personal follow-up			follow-up			
					Feb. 5, 2018	counseling			counseling			
				Yoshi's suicidal behavior	Feb. 21, 2018 (2:30 p.m.)	consultation and conference with the mother			case conference			counselor called up the mother.
				withdrawal of financial support from parents	Feb. 21, 2018 (3:15 p.m.)	counseling			counseling			
				parents withdrawal of financial support to their son Yoshinori Kyono, Jr.	March 7, 2018	case conference			case conference			Ms. Botero and Ms. Cherry from DSWD, Mrs. Kyono with two of her sisters, Dr. Rica, Engr. Quilates
				family, academics, finances	March 22, 2018	personal follow-up				family, academics, financial concern		
				parent's consent for psychiatric referral for scholar Yoshinori Kyono, Jr. parent's consent for psychiatric referral for scholar Yoshinori Kyono, Jr.	March 22, 2018	coordination, follow-up			coordination, follow-up			Ms. Flordeliza Botero of DSWD to contact the mother; did not receive any reply
					March 23, 2018							
					April 2, 2018							
				withdrawal of	June 6,	conference						Aunt called up

				financial support from parents	2018	with Yoshi's aunt						
					June 11, 2018	conference						Case conference at DSWD with Ms. Botero, Ms. Forte, Mr. Sasaban, Yoshinori Kyono
					June 21, 2018	conference						Case conference at DSWD with Ms. Botero, Ms. Forte, Mr. Sasaban, Yoshinori Kyono, Dr. Rica, and Engr. Quilates
					July 3, 2018	follow-up with DSWD						Follow-up with Ms. Botero of DSWD
REDOBLE, Kirah Audrey	Gr. 10	F	0 (Partial 3)	9 (intrapersonal, academics)	February 8, 2018	counselling	N	N	intake interview	academic pressure	relaxation technique	
DINALO, Barly	Gr. 10	M	100 (Full)	9 (Interpersonal relationship with teacher, personal concern)	Feb. 12, 2018	Parent conference, student-teacher conference, consultation	N	N				
					Feb. 13, 2018	Parent-teacher conference, consultation						
REQUISO, Junice Luth Marie	Gr. 8	F	84 (Partial 1)	stealing	Feb. 13, 2018	risk assessment/ personal follow-up	Y	Y	risk assessment t/ personal follow-up	financial status of family	counseling sessions, further clinical assessment and evaluation	
					Feb. 15, 2018	personal follow-up			personal follow-up			

						and counseling			and counseling			
					Feb. 19, 2018	case conference; psychiatric consultation			case conferenc e; psychiatric consultati on			case conference with mother; psychiatric consultation
PASION, Pamela Jean	Gr. 11	F	89 (Partial 1)	3 and 9 (academic behaviour, interpersonal relationship)	Feb. 27, 2018 (3:40- 4:10 p.m.)	counseling	N	N	counselin g			referred by Ms. Ramayla
				regarding referred scholar Pamela Jean Pasion	March 16, 2018	post- counseling conference			post- counseling conferenc e			Ms. Sherry Ramayla
BENABAYE, Saul Andrew	Gr. 10- Photon	M	0 (Partial 3)	possible case of depression	March 1, 2018 (9:10- 9:26 a.m.)	personal follow-up	N	N	personal follow-up	history of depression in Grade 8 and 9		referred by Mr. Albiso
DIAMANTE, Joyce Marseen Nickie	Gr. 10- Photon	F	79 (Partial 1)	4 and 8 (depression, suicidal behaviour)	March 1, 2018 (1:50- 2:45 p.m.)	counseling	Y	N	counselin g	academic pressure		
AVILA, Edd Marie	Gr. 11	F	(Full)	3 (academic performance)	March 23, 2018	personal and academic follow-up	N	N	personal and academic follow-up	family and behavioural problems		
GUINTO, Ricardo	Gr. 11	M	0 (Partial 3)	3 (academic performance)	April 3, 2018 (9:00- 9:25 a.m.)	personal and academic follow-up	N	N	personal and academic follow-up			referred by Ms. Ramayla
				re. scholar Ricardo Guinto 3 (academic behaviour)	April 7, 2018 (4:00- 4:10	post- counseling conference			post- counseling conferenc e			post-counseling conference with Ms. Sherry Ramayla

VILLONES, Jee	Gr. 9 – Krypton	M	92 (Full)	3 (academic performance)	p.m.) April 3, 2018	academic follow-up	N	N	academic follow-up	undeveloped time management, difficulty in concentrating	goal-setting	Low grade in Physics and Mathematics
BILIRAN, Jon Lexis	Gr. 7- Zircon	M	0 (Partial 3)	3 (academic performance)	April 4, 2018	academic follow-up	N	N	academic follow-up	ineffective study skills, undeveloped time management, difficulty in concentrating	goal-setting	Low grade in Ad Tech
BALASABAS, Raniel Dave, CASIA, James Gabriel, BONTILAO, Ardel Anton	Gr. 12	M M M	68 (Full) 84 (Partial 1) 13 (Partial 3)	10 (Misconduct – stealing)	April 6, 2018 (2:35-3:30 p.m.)	case conference						conference was requested by Casia and Bontilao
BALASABAS, Raniel Dave	Gr. 12	M	68 (Full)	4 (depression)	April 6, 2018 (3:30-3:45 p.m.)	personal follow-up	Y	N				
VALLE, Vince	Gr. 8	M	30 (Partial 3)	possible depressive behavior	April 7, 2018 (2:00-3:05 p.m.)	consultation, conference with mother	N	N	consultation, conference with mother			Mrs. Rhodora Q. Valle (mother of Vince Valle)
BUSLON, Daisy Joyce	Gr. 12	F	(Partial 1)	9 (personal and social concern)	April 11, 2018	Counseling	N	N	Counseling			
RAMIREZ, Bernadette	Gr. 11	F	30 (Partial 3)	4, 6, and 9 (Anxiety, Stress, Bullying, Interpersonal Relationship)	July 4, 2018	Counseling	Y	N	Counseling	bullying	counseling and case conference	Referred by Ms. Riza Gil

Other Remarks, if any:

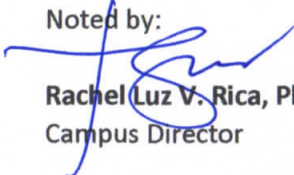
The above-stated cases are only initial assessment of the counselor. Diagnosis of a certain mental illness is done by a Psychiatrist.

Prepared by:

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SST I/GSA I
Date: July 9, 2018


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GSA

Noted by:


Rachel Luz V. Rica, Ph.D.
Campus Director

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SCHOLARSHIP CATEGORIZATION (S.Y. 2017-2018)

NAME	GRADE	SCHOLARSHIP CATEGORY	POINTS
ARADANAS, Sophia Lorraine	8 8	Full	100
JACOBS, John Daniel	7	Partial 1	
DELA CRUZ, Benedict John	7	Partial 3	0
CABRERA, German III	7	Full	92
BIAÑA, Angelo Dwayne	7	Partial 1	84
SATO, Marybeth		Partial 1	75
	10		
AMOYO, Jaycee Mariel	8	Partial 3	0
GUINTO, Sebastian	7	Partial 3	0
TARONGOY, Adrianne Francis	7	Partial 1	89
YUSINGBO, Phoebe Nerice	8	Full	100
ALAZAS, Althea Kaye	7	Partial 1	79
PALAHANG, Leigh Therese	8	Full	100
PAGATPATAN, Zdenalie	12	Partial 1	55
SANCHEZ, Julianne	12	Partial 2	42
UY, Chrislyn Jeanne	10	Partial 3	0
MELICOR, McSteven	12	Full	100
KYONO, Yoshinori Jr.	10	Partial 3	0
GEMINA, Roddnie	8	Full	100
REDOBLE, Kirah Audrey	10	Partial 3	0
DINALO, Barly	10	Full	100
REQUISO, Junice Luth Marie	8	Partial 1	84
PASION, Pamela Jean	11	Partial 1	89
BENABAYE, Saul Andrew	10	Partial 3	0
DIAMANTE, Joyce Marseen Nickie	10	Partial 1	79
AVILA, Edd Marie	11	Full	
GUINTO, Ricardo	11	Partial 3	
VILLONES, Jee	9	Full	92
BILIRAN, Jon Lexis	7	Partial 3	0
CASIA, James Gabriel,	12	Partial 1	84
BONTILAO, Ardel Anton		Partial 3	13
	12		
BALASABAS, Raniel Dave	12	Full	68
VALLE, Vince	8	Partial 3	30
BUSLON, Daisy Joyce	12	Partial 1	
RAMIREZ, Bernadette	11	Partial 3	30

**Based on the Registrar's File. PSHS-CVisC is still on the process of recategorizing the scholarship of the existing students.*

Annex C

Number code	Indications / Types of Behaviour Observed
1	Autism/ Autism Spectrum Disorder
2	ADHD/ Hyper Activity
3	Demotivation/ non submission of requirements/ Unsatisfactory Grade/ Loss of Interest/ Poor Acad. Performance/ Absenteesim
4	Emotional Anxiety/ Stress/ Depression/ Bipolar Disorder
5	Suicidal Ideation/ Tendency
6	Aggressive Behaviour/ Unmanageable Tantrums/ Bullying
7	Hallucination/ Delusion
8	Self-hurt/ Self-Inflicted Injury or Harm
9	Interpersonal Relationship Problem/ Emotional Sensitivity/ Emotional Imbalance/ Maladjustment to life in PSHS, Social Behavioural Problems (Withdrawal)/ Isolation
10	Misconduct
11	Major Depressive Disorder with Psychotic Features/ Dysthymia (with attempted Suicide)
	Other indications not listed above (Please specify, and add lines as needed):
	12.
	13.
	14.
	15.
	16.