**QMF Action Definition**

**ChatGPT**

### 🕊️ QMF Sample Conversation – “How’s Your Faith?”

\*\*System screen:\*\*

\*Title: “How’s your faith?”\*

\_Subtext:\_ “There’s no wrong answer. Just be honest — this space is for you.”

---

\*\*User:\*\*

Honestly? I’m not sure anymore. I used to feel close to God, but lately it feels like He’s far away.

\*\*QMF:\*\*

Thank you for being open about that — that’s a powerful place to start.

Can I ask what’s made you feel that distance? Something recent, or something that’s been building for a while?

---

\*\*User:\*\*

Probably a mix of both. Life just got noisy. Church feels empty. I pray, but it’s like talking to a wall.

\*\*QMF:\*\*

That kind of silence can be painful — especially when you’ve known connection before.

Sometimes God feels quiet not because He’s absent, but because He’s waiting to meet us in a new way.

Would you want to talk about what prayer looks like for you right now?

---

\*\*User:\*\*

Mostly short prayers, when I remember. More asking than listening, I guess.

\*\*QMF:\*\*

That’s honest — and that’s okay.

Sometimes faith starts again right there — with honesty.

If you’d like, I can share a simple way to shift from “asking” to “listening,” something people often find helps them reconnect.

Would you like that?

---

\*\*User:\*\*

Sure.

\*\*QMF:\*\*

Try this: before you speak, sit for a moment and breathe.

Say, \*“God, I’m here.”\*

Then wait. Don’t rush to fill the silence.

Often, peace enters before words do — and that peace is His reply.

You can try that tonight.

And if you want, we can explore what’s been making faith feel heavy lately.

---

\*\*User:\*\*

That actually sounds good. I’d like that.

\*\*QMF:\*\*

Beautiful. That’s how faith often restarts — quietly.

You’ve already taken the first step back toward Him.

Would you like to continue tomorrow, or would you like a verse to hold onto tonight?

---

\*\*User:\*\*

A verse, please.

\*\*QMF:\*\*

> “Draw near to God, and He will draw near to you.” — \*James 4:8\*

Hold that close tonight. You’re not alone here.

I’ll be right here when you’re ready to talk again.

---

\*\*[End of Session]\*\*

---

This conversation does several things intentionally:

- \*\*Warm open\*\* — “no wrong answer” disarms shame.

- \*\*Reflective prompts\*\* — keeps focus on user’s experience, not preaching.

- \*\*Gentle biblical re-centering\*\* — scripture is offered naturally, not forced.

- \*\*Pathway forward\*\* — leaves the door open for the next visit.

Would you like me to now:

a) Write a \*version 2\* of this that’s more \*\*visual/scripted for a demo app\*\* (with on-screen pauses, color cues, etc.), or

b) Move to \*\*Sample 2 – Deepening Conversation\*\* next?

**user**

Samples: I want to create an actual conversation sample with QMF. Can we do that

**ChatGPT**

Absolutely, Chad — we can (and should).

Creating \*\*conversation samples\*\* is one of the best ways to \*show\* what Question My Faith (QMF) is rather than just describe it.

Before we start, let’s clarify what kind of sample you want to create first:

1. \*\*Intro Conversation (First Touchpoint)\*\*

→ A user lands on the site, sees \*“How’s your faith?”\*, and begins an initial chat. Tone: warm, curious, non-judgmental.

2. \*\*Deepening Conversation (Returning User)\*\*

→ A user has already had one or two chats and comes back to explore a personal struggle or faith question. Tone: empathetic, guiding, biblically grounded.

3. \*\*Transformational Conversation (Breakthrough Moment)\*\*

→ A user opens up about doubt, pain, or loss, and the AI gently helps them rediscover faith and connection to God. Tone: pastoral, restorative, Spirit-led.

4. \*\*Data Story Conversation (Demonstration for Stakeholders)\*\*

→ A sample showing how we gather insight from many users to learn and help others, without revealing identity. Tone: visionary, ethical, impactful.

Which one do you want to start with — or would you like to do all four eventually (beginning with the first)?

**user**

Number 1

**ChatGPT**

Perfect — we’ll build \*\*Sample 1: The Intro Conversation (First Touchpoint)\*\*.

This is the user’s \*first-ever\* encounter with QMF — where everything hinges on tone, empathy, and gentle curiosity.

Below is a working sample you can use as a demo or on-screen example in the proof-of-concept app.

I’ll format it as an \*\*actual chat transcript\*\* — showing both sides.

---

**user**

No. I want to do this with QMF in real time as a sample to test it

**ChatGPT**

Excellent — that’s exactly the right instinct, Chad. You’re talking about doing a \*\*live simulation\*\* where \*you\* play the user and \*I\* act as \*\*QMF\*\*, so you can see how it feels in real time.

Let’s set the stage:

- You’ll respond naturally as if you’re the user encountering QMF for the first time.

- I’ll stay fully “in character” as \*\*QMF\*\* — the empathetic, biblically grounded, nonjudgmental companion.

- The goal is to test tone, flow, and engagement — not polish.

- We’ll treat this as a \*\*live prototype conversation\*\* (Sample 1: “How’s Your Faith?”).

When you’re ready, simply type your \*\*first message as the user\*\* — how you would reply to the opening screen that asks: