**（2023年红桥区高考二模D篇）**

Why are so many people unhappy in their jobs? There are two primary reasons. First, some people are convinced that earning a living is wasting time that they could spend enjoying themselves or uncovering their true talents.

If this is the case with you, recall your last long vacation. Was it two weeks of complete enjoyment? More likely it was a week and a half of fun in the sun, with another half a week of "Boy, I can't wait to get back to work. " If you didn't feel such vacation blues, then imagine taking a leave of absence. You could use it to work on a novel, attend classes or just sit around watching TV. At the end of three months, in all likelihood, your self-respect would be at an all-time low. While all work and no play are not good, all play and no work are disastrous. We need to feel we are accomplishing something. We also need some form of order in our lives.

The second and perhaps more common reason for people not to like their work is that they feel trapped. Once you've been at a company for five years and get married, have a mortgage (抵押贷款) and a child, you often feel you have very little choice about jumping ship if things aren't turning out as you'd planned. A steady paycheck can be the biggest restrict of all. People hate having to do something because they have no other choice.

If you find yourself hating your job, your option takes the form of an up-to-date resume (简历). You might also take a weekly glance through the help-wanted section, and make some visits to industry functions where low-key networking can take place. You're not giving up on your current job. Rather, you are providing yourself with an option. If things get unbearable at work, you could jump ship.

At the core of adopting a positive attitude to your workplace is, above all, assuming responsibility for your own situation. Most people feel controlled by their environment, but they really aren't. They have to learn to manage that environment so they can get from it what they need. (.ABCDB.)

1. Why do some people believe that working is wasting time?

A. They think it can't make them happy and display their natural abilities.

B. They think it prevents them from accompanying their families.

C. It can't guarantee they can get the payoff satisfying their needs.

D. It makes them have no time to do their private things at will.

2. The second main reason for people's unhappiness in their jobs is that they feel \_\_\_\_\_\_.

A. they have been working in a company for too long

B. they have no other way out but to keep working

C. they have to work to pay off their debts

D. they are not permitted to change a job

3. With an up-to-date resume ready as an option, you may feel better at your job because \_\_\_\_\_\_.

A. you have made a decision on your own

B. you have done wonders in your current job

C. you have chance to choose between two alternatives

D. you have chance to glance through the help-wanted section

4. It can be inferred that the author \_\_\_\_\_\_.

A. thinks holding an "up-to-date resume" is the best way to remove the unhappiness in one's job

B. can hardly tolerate one's complete enjoyment of life

C. believes that one cannot change his/her environment

D. will support the idea that one should make a balance between working and enjoying life

5. What is the author's attitude towards "self-respect"?

A. Cautious.

B. Negative.

C. Supportive.

D. Unconcerned.

**完型填空**

**（2023年滨海新区三模）**

If this time last year you had told me that an exercise bike would save me, I'd have 1 you were wrong. I'd have protested that I'm not athletic at all. My coordination is lacking and my 2 is like tortoise.

In Grade 7, my physical education teacher watched me, eyebrow 3 , as I tried my best to follow the gymnastic training. "You're doing pretty well in my class, "he said, " for someone with no 4 for sports at all. "

In high school, I wasn't 5 for a single team. I was bookish and slow, and that 6 of being better suited to quiet reading and leisurely walks 7 with me for a long time.

I discovered jogging in my late 20s, and I enjoyed the feeling of quiet accomplishment - without the fear of 8 teammates. I tried yoga and always prioritized 9 pursuits over physical ones.

It was, 10 , my gradually worsening mental condition that finally forced me to rethink about exercising. This winter, under pandemic, I found myself 11 under the weight of exhaustion. I knew 12 had to change. I needed an outlet to release the 13 of months of online conferencing and on- and- off solo parenting at home. Jogging in the morning wasn't enough to 14 it.

I 15 an exercise bike and hoped to have positive results. Since early March, I' ve hardly 16 a day on my bike. I'm not the fastest, but I stick to it. I'm finally learning that movement isn't 17 about athleticism (运动才能). More than anything, it's the feeling of accomplishment when you insist on something 18 outside of your comfort zone.

Athletes find glory in sports. For the rest of us, the 19 is more personal: better sleep, improved mood and boosted confidence. It was never about talent. That's what I wish my physical education teacher had told me. If only he'd said, "You're doing really well in my class. Look at your 20 . "(.DBCAC BCBAD CBACD BDACA.)

1. A. realized B. denied C. hoped D. insisted

2. A. height B. speed C. potential D. intelligence

3. A. laid B. extended C. raised D. waved

4. A. talent B. interest C. power D. respect

5. A. applicable B. reliable C. suitable D. available

6. A. plan B. image C. draft D. standard

7. A. left B. abandoned C. remained D. held

8. A. turning down B. letting down C. taking down D. breaking down

9. A. mental B. academic C. financial D. social

10. A. otherwise B. therefore C. instead D. however

11. A. failing B. quitting C. suffering D. fighting

12. A. nothing B. something C. anything D. everything

13. A. tension B. confusion C. satisfaction D. fascination

14. A. track B. throw C. ease D. leak

15. A. dealt with B. ran into C. figured out D. settled on

16. A. called B. missed C. dropped D. delayed

17. A. consequently B. deliberately C. naturally D. necessarily

18. A. difficult B. funny C. impressive D. disappointing

19. A. demand B. offer C. reward D. honor

20. A. persistence B. patience C. confidence D. courage

**(2023年和平高考三模C篇)**

The audio market has taken off over the past few years. Music-lovers have seen their habits change and slowly adapt to various new options on the market, from headphones to traditional cable earphones, and the launch, of course, of iPods and similar products.

First appearing in 2016, wireless earphone technology has profoundly changed how we listen to music. All the major brands want to be part of the action. But they are not only for music-lovers. Simple to use and easy to wear, wireless earphones are multi-functional; users can not only make and receive calls, but also listen to and share music with friends.

The technology was unfortunately not fully **up to scratch** in the beginning. Reports talk of devices which would fall out easily, lose their connection or just offered a poor listening experience.

All that has changed in the past two months. An American start-up has changed the game by introducing its latest creation: "premium quality" wireless earphones built with technology previously unknown in the world of sound.

Frank, the creator of AirPhones, tells us all, "I'm a real music fan, but I was fed up with buying earphones and headphones to be disappointed by their performance. So after graduating from engineering school, I decided to create my own brand. The first thing I did was to find a team of. professionals as dedicated to the listening experience as me. This is how we came up with AirPhones - top of the range, yet affordable, earphones. In no time, we were able to secure funding for the project. Our success comes from the passion we have for the product and working hard to make it a reality. "

"AirPhones are going to change your audio experiences forever, ". explains a member of the AirPhones creators team. Thanks to the integrated wireless You technology AirPhones employ, users enjoy the best voice and sound quality available on the market.

These Bluetooth earphones with their ergonomic (人体工程学的) design give extreme wear ability and comfort. Once in your ears, they stay there. You can take big part in intense activities like running, climbing, camping or horse-riding without the slightest worry that your earphones are going to slip out.

Equipped with a twin mode, AirPhones owners can listen to their own music, their friends' music or even share theirs with others.

These new stars of the tech industry are compatible (兼容的) on both Android and iOS. They have exceptional battery life, with more than 8 hours of performance when fully-charged. (.CABDB.)

1. What was the advantage of the wireless earphone when it first appeared?

A. Its multiple functions saved users a lot of money.

B. It changed the music lovers' way of communication.

C. People used it in some other ways besides enjoying music.

D. People were likely to become friends when sharing music with it.

2. What does the underlined phrase "up to scratch" in Para. 3 mean?

A. Good enough.

B. Able to be repeated.

C. Far from satisfactory.

D. Lacking in meaning.

3. Which of the following statements is true?

A. Frank came up with the idea of Airphones when he was in engineering school.

B. Everyone in Frank's team was committed to improving the listening experience.

C. Frank couldn't afford his project because the investment was not considered safe.

D. AirPhones would fall out easily or offered a poor listening experience in the beginning.

4. What would people experience when they used Airphones?

A. They would probably feel confused with the previously unknown technology.

B. Some of them would be disappointed by their high price but bad performance.

C. People could share voices and images in their friends' phones through Airphones.

D. People could participate in intense activities and enjoy music at the same time.

5. What is the passage mainly about?

A. The history of the earphone.

B. An progress in earphone technology.

C. The Bluetooth technology in use.

D. A major change in human life.

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