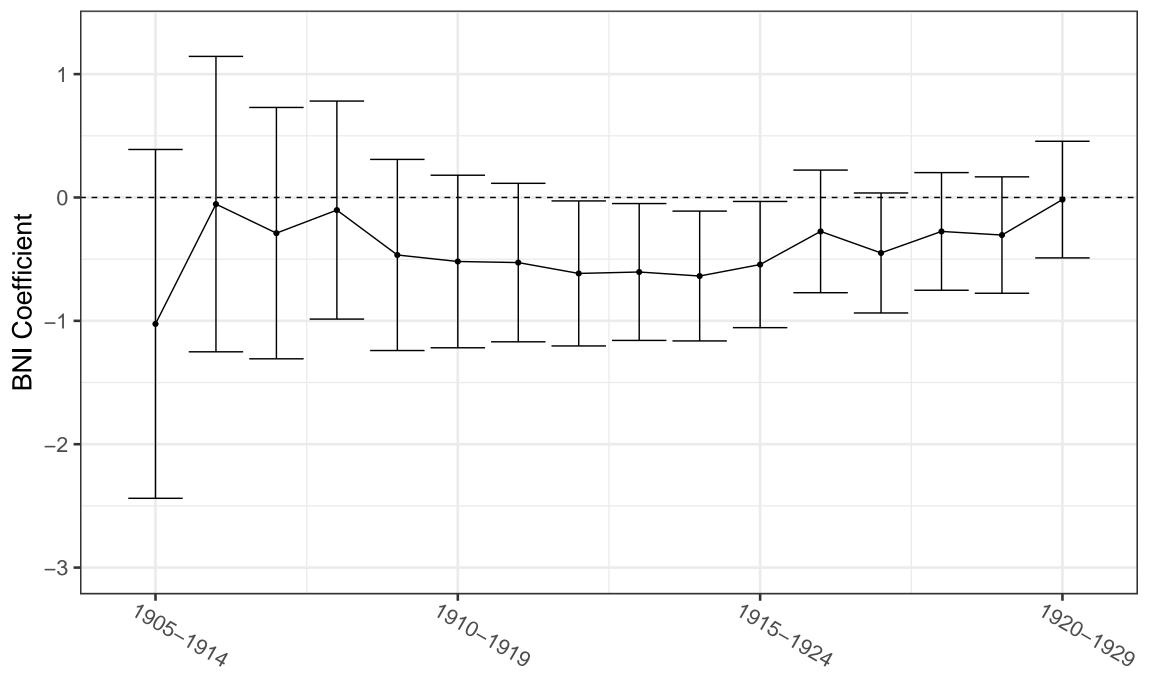BNI Gradient and Birth Cohort (10-Year Windows)