Hooks are functions that allow you to access the React state and lifecycle using functional components. useContext allows for the ability to send data from a component to all child components. Those child components are then eligible to use the data. Use Reducer is for complex state manipulations and state transitions useReducer accepts a reducer function and an initial state. It then returns the current state paired with a dispatch statement. useReducer is able to pass down dispatch instead of state.

useContext would be beneficial when passing something like font or other css properties. Anything that a large portion of the application would end up using. useReducer is beneficial when dealing with compex state logic or state that depends on the previous state.

I would refactor the To-Do list by adding useContext for my styling.