

M E N U

BAKE'S BREAKFAST

Cooked fresh to order

FULL IRISH €11.00

2 Sausages, 2 Bacon, Black and White Pudding, Mushroom, Fried Egg, Homemade Brown Bread or Toast, Tea or Americano

Allergens: 1,3,6,7,8,12

MINI BREAKFAST €8.00

1 Sausage, 1 Bacon, Fried Egg, Homemade Brown Bread/Toast, Tea or Americano

Allergens: 1,3,6,7,8,12

SCRAMBLED EGG ON TOAST €6.00

Scrambled Egg on 2 Slices of Toast or Homemade Brown Bread

Allergens: 1,3,7,8,12

SMOKED SALMON €8.50

Smoked Salmon and Scrambled Egg on Homemade Brown Bread

Allergens: 1,3,7,8,12

FIELD MUSHROOMS & POACHED EGGS €7.00

2 Field Mushrooms, 2 Poached Eggs on Toast or Homemade Brown Bread

Allergens: 1,3,6,7,8

FRENCH TOAST €8.00

French Toast, Hot Crispy Bacon or Sausages with Real Maple Syrup

Allergens: 1,3,7,8,12

AMERICAN STYLE PANCAKES €8.00

American Style Pancakes, served with real Maple Syrup, served with Crispy Bacon

Allergens: 1,3,7,12

BACON/SAUSAGE BAP OR SANDWICH €5.00

Bacon/Sausage Bap or Sandwich with Ballymaloe Relish/or Ketchup/Brown Sauce

Allergens: 1,7,12

BREAKFAST BAP €7.00

1 Sausage, 1 Bacon, Black and White Pudding, a Fried Egg, Ketchup/Brown Sauce or Relish

Allergens: 1,7,12

SAUSAGE ROLL €2.80

Sausage Roll with Ballymaloe Relish

Allergens: 1,7,12

PORRIDGE (ORGANIC) FROM €4.00

Porridge Served with a choice of Milk, Sugar, Honey, Seeds, Fruit or Nutella

Allergens: 1,7,12

EXTRA ITEMS €2.00

Bake Café
132 Tullow Street, Carlow



M E N U

BAKE'S BREAKFAST

Fresh from the Bakery

CROISSANT PLAIN ALL BUTTER €3.00

Served with Butter and Jam

Allergens: 1,7

CINNAMON SWIRL €3.40

With or without Cream Cheese Frosting

Allergens: 1,7

TOAST €3.00

Brown/White with Butter and Jam

Allergens: 1,7

SCONES €3.40

Plain, Fruit, Pear & Almond, Served with Butter and Jam, Optional Extra of Whipped Cream (€0.50)

Allergens: 1,3,7,8 (Almonds)

14 ALLERGENS

1. Cereals containing gluten - Wheat
2. Crustaceans, e.g. Crabs, Prawns, Lobsters
3. Eggs
4. Fish
5. Peanuts
6. Soybeans
7. Milk
8. Nuts (almonds, hazelnuts, walnuts, cashews, pecan nuts, brazil nuts, pistachio nuts, macademia)
9. Celery
10. Mustard
11. Sesame Seeds
12. Sulphur Dioxide and Sulphites
13. Lupin
14. Molluscs, e.g. Mussels, Oysters, Squid and Snails

Please advise the staff of any other allergy requirements

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