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Prices in Canada may be higher

\$6.00

In Minnesota, 2 Stark Views About a Victim

A Rural-Urban Divide, Reflected at a Bar

This article is by Sheila M. Eldred, Elizabeth A. Stawicki and Kurt Streeter.

NISSWA, Minn. — The regulars file into Ye Old Pickle Factory in Nisswa before 10 a.m. most days, taking their seats at the bar. Chili pepper lights hang from the ceiling, and neon beer signs glow against wood-paneled walls. A television flickers on. "The Price Is Right" is about to start.

They have been doing this since the mid-1980s, gathering in this small, dim room, waiting for someone on the game show to spin exactly \$1 on the big wheel. When that happens, everyone receives a token for a free drink. Lately, they had been in a lull. No one had hit the dollar in weeks — until Wednesday.

Nisswa is a town of about 2,000 people in the Brainerd Lakes Area, a popular summer vacation destination about 150 miles north of Minneapolis. Most of the regulars on hand this morning say they prefer not to go to the city anymore. Not since the summer of 2020, when George Floyd was murdered by a police officer and the city erupted.

Now, Minneapolis is in the news again. An Immigration and Customs Enforcement agent shot and killed a woman, Renee Good, during an immigration operation on Jan. 7, and demonstrators are back on the streets.

What did the regulars make of it?

Ms. Good's death was tragic, they said. Horrific.

But they also said that she had asked for trouble.

"You obey the law officer," a man in a veteran's ball cap said, "and question it later."

This is the divide, in a single sentence. In Minneapolis, protesters saw an innocent woman killed by a federal agent and took to the streets. At "the Pickle," the regulars saw a woman who should have complied.

In bars, cafes and coffee shops across rural Minnesota, the same conversations were unfolding. Ms. Good's death had become a mirror, reflecting back a fracture that had been deepening for years — not just in their state, but across the country, wherever rural areas chafe against the political power of big cities.

Deb Lund and Connie Jenson, both in their early 70s, sat at the bar. A Busch Light cooler nearby read "Welcome Hunters!" A patron had brought smoked salmon to share, and someone passed a Tupperware container down the line.

This area, like most of rural Minnesota, votes solidly Republican. It was not always this way. For decades, rural Minnesota was home to moderate Democrats

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ICE AND FIRE Minnesota embodies a civic ideal that President Trump wants to discredit. PAGE 19

Reality Check on Weight-Loss Drugs: You May Need One Forever

By DANI BLUM

Weight-loss drugs like Wegovy require a lifetime commitment. Stop taking them, and you'll almost always gain back the weight you lost.

But many patients don't want to hear that. Dr. Padmaja Akkireddy, an endocrinologist at Nebraska Medicine, estimated that more than half of her patients don't want to stay on a weight-loss drug long term. And data shows that most Americans quit the drugs within a year of starting them.

Even Oprah Winfrey said that she stopped taking a weight-loss drug "cold turkey" for a year, then gained back 20 pounds. "I tried to beat the medication," she told People magazine. It was then that she realized "It's going to be a lifetime thing," she told the magazine.

Many people have to stop taking the drugs because they can no longer afford them. Others grow tired of side effects like fatigue and constipation. Some just don't want to rely on a drug forever.

Frequently, patients believe they will be the exception, said Dr. Michelle Hauser, the obesity

Once They Stop, Many Users Regain Pounds

medicine director of the Stanford Lifestyle and Weight Management Center. They seem to think,

"That's not going to be me, I'm not going to take them forever," Dr. Hauser said.

Medical authorities at the highest level have pushed that misconception. Health Secretary Robert F. Kennedy Jr., for one, has said

weight-loss drugs can allow people to "reset," suggesting they are a temporary bridge, not a long-term tool.

But research has repeatedly shown that most people need to stay on the drugs to maintain weight loss or other health benefits. This month, the latest big study to demonstrate people regain weight showed that the average person who used weight-loss drugs returned to their starting weight around a year and a half after stopping them.

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New Era on the Battlefield

Russians have been debating whether comparatively inexpensive drones have made their military's longstanding approach to war obsolete.

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'People Will Lose Their Lives'

Gaza Doctors Without Borders clinics face closures after the group resisted Israeli rules restricting speech.

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Tenants Forced to Bundle Up

Some renters in New York City are routinely left without heat or hot water during the winter.

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A Quarterback's Big Leap

The Patriots' Drake Maye came into his own in his second season and led New England back to the playoffs.

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Strengths of Rams Receivers

The differing personalities of Puka Nacua and Davante Adams are a perfect offensive complement.

METROPOLITAN

Predictions of a Deluge

The next hurricane to hit New York could bring a deadly storm surge and the damage of extreme rainfall, a climate risk group says.

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SUNDAY STYLES

Musing on the Mean Streets

The indie filmmaker Abel Ferrara, who left New York for a life in Rome, looks back in a recently released book.

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Brooklyn Heights Showdown

A former financier's plan to alter a modernist townhouse inspired a pastor who grew up there to oppose it.

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ARTS & LEISURE

Jodie Foster, Fluently

In the film "A Private Life," the actress takes on her first solo lead role in which she speaks French.

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He Likes the Sound of That

Jim Phelan is making English horns and oboes, and reviving one of the great names in classical music.

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SUNDAY BUSINESS

A Giant Bet on Bitcoin

Michael Saylor turned his software company into the center of the crypto frenzy. It worked out, until now.

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What Is Netflix Thinking?

Ted Sarandos, a company co-chief executive, talks about its plan to buy Warner Bros. Discovery.

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THE WEATHER

Today, cloudy, a bit of snow, high 37. Tonight, partly cloudy, low 27. Tomorrow, partly cloudy, brisk, cold and windy in the afternoon, high 36. Weather map appears on Page 30.

How Activists In Iran Combat Web Blackout

Sneaking In Thousands of Starlink Terminals

This article is by Adam Satariano, Paul Mozur and Sheera Frenkel.

Iran's communications blackout seemed complete. Internet and cellular networks had been shut down by the authorities. Online banking, shopping and text messaging services stopped working. Information about the growing protests was scarce.

Yet a ragtag network of activists, developers and engineers pierced Iran's digital barricades. Using thousands of Starlink satellite internet systems that they had quietly smuggled into the country, they got online and spread images of troops firing into the streets and families searching for bodies.

Their actions, described by digital rights researchers and others, forced Iran's government to respond. The authorities deployed military-grade electronic weaponry designed to disrupt the GPS signals that Starlink equipment needs to function, a step that activists and civil society groups said was rarely taken outside battlefields like those in Ukraine.

The cracks exposed in Iran's internet shutdown were no accident. Since 2022, activists and civil society groups have worked on sneaking Starlink terminals into the country, aided by a U.S. government sanctions exemption for Starlink and American companies to offer communication tools in Iran. About 50,000 of the terminals are now in Iran, according to digital activists, in defiance of an Iranian law passed last year that bans the systems, and of rules prohibiting unlicensed services.

"You need to plan to have that infrastructure in place," said Feridoun Bashir, the executive director of ASL19, a digital rights group focused on Iran. "This is because of years of planning and work among different groups."

The hidden networks of Starlinks — and the Iranian government's aggressive response against them — shows how national digital blackouts are becoming harder for authorities to enforce. Governments have long used internet disruptions to suppress dissent in countries like India, Myanmar and Uganda. But

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TRUMP TO IMPOSE NEW TARIFF RATES OVER GREENLAND

A 10 TO 25 PERCENT RISE

8 European Nations Are Targeted to Force Sale of Danish Territory

This article is by Shawn McCreesh, Ana Swanson and Maya Tekeli.

WEST PALM BEACH, Fla. — President Trump on Saturday turned up the pressure in his pursuit of Greenland, vowing to slap new tariffs on a bloc of European nations unless they agree to negotiate the territory's sale to the United States.

Denmark, which controls Greenland, would be hit with a 10 percent tariff on Feb. 1, Mr. Trump wrote on Truth Social, his social media site. Norway, Sweden, France, Germany, Britain, the Netherlands and Finland, fellow NATO members that have expressed solidarity with Denmark in its refusal to yield to Mr. Trump's demands, would also be subject to the 10 percent tariff.

If those countries did not relent, he added, the rate would increase to 25 percent on June 1, "until such time as a deal is reached for the Complete and Total purchase of Greenland."

In his post, Mr. Trump argued that the United States needed to control Greenland as a bulwark against Chinese and Russian ambitions in the Arctic, although the United States already has the right to expand its military presence in Greenland under a 1951 agreement with Denmark.

The United States currently charges a 10 percent tariff on British imports and 15 percent on imports from the European Union, after striking limited trade deals with both governments last year. The new tariffs would presumably be imposed on top of those and could throw the trade deals into doubt.

The post was a marked escalation in Mr. Trump's pressure campaign and came as the Supreme Court was weighing whether to overturn the legal authority that the president would likely use to impose the new tariffs. The court

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MAXIMAL INTERVENTION An emboldened President Trump is going all in, from Caracas to Tehran and beyond. News Analysis. PAGE 11

NO-WIN DEAL President Trump has María Corina Machado's Nobel Prize, but neither got what they really wanted. News Analysis. PAGE 8

CRITIC'S NOTEBOOK

An Oddly Formal Catchphrase Spells Out a Need: Obedience

By A.O. SCOTT

Like an action movie or an old-fashioned sitcom, the first year of the second Trump administration has spawned a catchphrase, a scrap of language that is all but impossible to avoid.

Thank you for your attention to this matter.

Sometimes trailed by

multiple exclamation points, this sentence most often appears at the end of one of the president's posts on his Truth Social platform. In mid-December, The Washington Post calculated that, since his re-election, Mr. Trump had expressed gratitude for your attention at least 190 times. He has hardly slowed down this year. In the past week, Mr. Trump has used the phrase at least half a dozen times, including in messages about Green-

land, credit card interest rates, congestion pricing and the political situation in Venezuela.

Anti-Trumpe — including Gov. Gavin Newsom of California — have mocked this expression. Supporters have embraced it.

Steven Cheung, the White House communications director, told The Post that when the president "ends a message with that phrase, it is final and forceful." A red foam cap sporting

those eight words in an uppercase font is available for purchase at MAGA.com.

But what does it mean? "Thank you for your attention to this matter" (hereafter TYFYATTM) goes against the familiar elements of Trumpian style. Saying "thank you" in advance is uncharacteristi-

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