

LOCAL SUBSTANCE USE RESOURCES

Information & Funding Resources

- Washington Recovery Helpline
Info for statewide substance use services
1-866-789-1511
- 24-Hour Crisis Line 866-427-4747 (866-4-CRISIS)
Immediate counseling, outreach, and referrals.
- Department of Social and Health Services
Funding and resource assistance 1-877-501-2233
www.wahealthplanfinder.org
www.washingtonconnection.org
- Free Internet access
Seattle Public Libraries (multiple locations)
King County Libraries (multiple locations)

Detoxification Services

Primarily for alcohol, opiates, and benzodiazepines;
may require medical clearance; priority for people
with plan for inpatient treatment

- Recovery Place (Medicaid) 253-833-7444
1701 18th Ave South, Seattle
- Seadrumar (Medicaid) 206-245-1086
10344 14th Ave S, Seattle
- Cascade Behavioral Health (Medicare/Private)
12844 Military Rd S, Tukwila 866-425-4874
- Fairefax Behavioral Health (Medicare/Private)
10200 NE 132nd St, Kirkland 425-284-8300

Free Faith-Based Programs

- Salvation Army
1000-4th ave S, Seattle
206-587-0503 x. 26(women); x28(men)
- Union Gospel Mission (no methadone)
Men: 206-622-5177
Women: 206-628-2008 (transgender case-by-case)

Substance Use Disorder Assessments

- Sound (Medicaid)
1600 East Olive St. (206) 302-2200
Walk-In Hours: M-F 8 am-12 pm
- DESC Downtown Emergency Service Center-
Crisis (free). Multiple sites, call first.
(206) 464-1570; 24hrs; Walk-in: MWF 9-10:30am

Recovery Services

- **Public Health Needle Exchange**
Provides clean needles, abscess care, maternal care,
(206-477-8238), HIV/Hepatitis testing, and Narcan
206-477-8239, 2124 4th Ave, Seattle
- People's Harm Reduction Alliance
Peer run needle delivery program
Alley behind Post Office, 42nd & University Way
<http://www.peoplesharmreductionalliance.org/>
- Recovery Café 206-374-8731
Drop-in center for people sober at least 24h;
provides groups, classes, and meals
2022 Boren Ave, Seattle
- Harborview Brief Therapy & Drop-In Groups
Free, confidential counseling sessions for people
considering changes to substance use
Drop-in group: MWF 1-2pm
401 Broadway, Seattle 206-744-9609

Sex-related resources

- REST (Real Escape from the Sex Trade)
206-451-7378 (transgender case-by-case)
- King County Sexual Assault
24h Resource Line/Crisis Response 888-998-6423
- Planned Parenthood (800) 769-0045
STD testing and treatment, birth control, cancer
screening, abortion, and general health care.
- Domestic Violence Hotline 800-799-7233
- Harborview Medical Center for Sexual
Assault and Traumatic stress 206-744-1600
- Organization for Prostitute Services (OPS)
1609 19th Ave, Seattle 98122; 206-853-6243
- DAWN 425-656-7867
Emergency shelter, mental health support, support
groups and children's advocacy. Serves adults, with
or without children, who are survivors of domestic
violence. 221 W Gowe St. Kent WA

Inpatient Treatment Programs

Most programs require a chemical dependency
assessment (SUD).

Outpatient Treatment

Agencies accept Medicaid unless otherwise noted

- Asian Counseling & referral services
3639 Martin Luther King Jr Way S, Seattle
206-695-7600
- Chief Seattle Club
410 2nd Ave Ext S, Seattle 206-292-6214
- Community Psychiatric Clinic Recovery
Program 206-632-5009; 206-461-3614
3825 Bridge Way N, Seattle
- Consejo (Spanish Speaking)
3808 S Angeline, Seattle 206-461-4880
- Downtown Emergency Services Center
(DESC) 206-464-6454
216 James St, Seattle
- Harborview Mental Health & Addiction
Services 206-744-9696
401 Broadway, Seattle
- Integrative Counseling Services
701 N 36th St, Suite 300, Seattle 206-216-5000
- Matt Talbot Center (free, faith-based)
2313 3rd Ave, Seattle 206-256-9865 must be sober
- Navos Mental Health & Wellness Center
1210 SW 136th St, Burien 206-257-6600
- Pioneer Human Services 206-470-3856
- Residence XII (Women)
12029 113th Ave NE, Kirkland 1-800-776-5944
- Seattle Counseling Services (LGBTQ)
1216 Pine St, Seattle 206-323-1768
- Seattle Indian Health Board 206-329-8700
611 12th Ave, Suite 200, Seattle 206-834-4029
Walk-In M-Th 9-1 pm.
- SeaMar (Spanish Speaking)
10001 17th PI S, Seattle 206-812-6160
- Thunderbird 206-722-7152
9236 Renton Ave S, Seattle
- Valley Cities Counseling 253-939-4055
Multiple locations in King County 253-833-7444
- Veteran's Addiction Treatment Center
1600 S Columbia Way, Seattle 206-764-2081

LOCAL SUBSTANCE USE RESOURCES

Food Resources

- Cherry Street Food Bank/Northwest Harvest
11 Cherry Street (206) 625-0755
- Downtown Food Bank (206) 626-6462
1531 Western
- El Centro de la Raza 206-957-4634
2524 16th Avenue South (206) 329-7960
- Emergency Feeding Program of Seattle and King County (206) 329-0300
7100 42nd Seattle
- Lake City Food Bank, 12736 33rd Avenue NE
(206) 365-8043; (206) 367-3477
- Salvation Army (206) 447-9944
1101 Pike Street
- St. Vincent de Paul Food and Clothing Bank
5972 Fourth Avenue South (206) 767-7888
- The Food Bank @ St. Mary's - Walk-in Food Bank
(has baby supplies)
Center address - 611 – 20th Seattle, WA 98144
Avenue South (206) 324-7100 x18
- University District Food Bank (206) 523-7060
1413 N.E. 50
- West Seattle Food Bank (206) 932-9023
3419 SW Morgan Street

Clothing: Salvation Army Centers, Goodwill, St. Vincent de Paul, Value Village

Hepatitis C resources

- Hepatitis Education Project 206-732-0311
911 Western Ave Suite 302
- Country doctor community clinic 206-299-1600
500 19th ave E
- ICHS multiple locations, 206-788-3700
- STD Clinic & Testing (Harborview) 206-744-3590
908 Jefferson St, 11th floor

Medication Assisted Treatment (MAT)

Many health centers and medical providers offer medication assisted treatment for opiate, alcohol, and tobacco use. To find providers near you call the Washington 1-866-789-1511 or warecoveryhelpline.org/mat-locator
Methadone & Suboxone:

- Evergreen Treatment Services, various locations in King County 206-223-3644
- Therapeutic Health Services, various locations in King County 206-323-0934

Suboxone only:

- Harborview Outpatient Based Opiate Treatment (OBOT) Program

Various locations, Seattle, 206-744-2332 (voicemail)

Transitional Housing

- Catholic Community Services
Aloha Inn (sober) 206-283-6070
1911 Aurora Ave N, Seattle, WA 98109
- Plymouth Housing Group 206-652-8325
1524 1st Avenue rent@plymouthhousing.org
- Compass Housing Alliance (sober)
77 S. Washington St., 5th Floor
206-357-3140
- Solid Ground Transitional Housing Program
206.753.4830
- Sound Mental Health housing and Chemical Dependency Services 206.302.2300
1600 E Olive St, Seattle, WA 98122

Housing

- Seattle, Catholic Community Services
(206) 328-5900
- Federal Way Multi-Service Center-
(253) 874-6718
- YWCA- Renton (425) 264-1400
- Solid Ground - North Seattle (206) 934-6160
- Bellevue Catholic Community Services
(206) 328-5900

AA Meeting at Harborview

Fridays, 6:30 pm-7:30 pm 3West, Room 109

Support Groups

- Alcoholics Anonymous (AA) 206-587-2838
- Cocaine Anonymous (CA) caofwa.org
- Crystal Meth Anonymous (CMA) crystallmeth.org
- Marijuana anonymous (MA) marijuana-anonymous.org
- Narcotics anonymous (NA) seattlena.org
- SMART Recovery- Secular smartrecovery.org
- Secular Organizations for Sobriety (SOS) sossobriety.org
- Buddhist Recovery nwbuddhistrecovery.org
- Co-Dependents Anonymous coda.org
- Families anonymous familiesanonymous.org
- Tobacco Quit Line 1-800-784-8669

Medical-Dental Health

Community Health Access Program
Washington call 211 or 1-877-211-9274

Dental contacts:

- 206-443-7607 skcds.org
- HealthPoint several locations 425-424-6350
- Union Gospel Mission 206-621-7695
- Community Colleges/UW: teaching
206-546-4711, 206-934-4423