

# #ElephantYogaChallenge

## MAKE YOUR PRACTICE COUNT

Ninety-six elephants are killed in Africa every day for their ivory.

You can help save them with yoga. Join the **#ElephantYogaChallenge** to raise awareness and support for elephants.

**ACCEPT THE CHALLENGE:** [ElephantYogaChallenge.org](http://ElephantYogaChallenge.org)



Shape your body into an **elephant pose** (or an elephant-themed pose of your making) and record it.



Share the image on social media using **#ElephantYogaChallenge** and tag 3 friends to challenge them also.



Visit **ElephantYogaChallenge.org** to learn more and donate.

