

**Brittney Nichols**

Program Manager, Regional Learning Collaborative  
UT Health Northeast

Nichols manages a collaborative aimed at integrating mental health and physical health in 10 health care systems. Prior to joining UT Health, Nichols spent nearly a decade as a mental health professional with the East Texas Medical Center's Behavioral Health Center. As a licensed professional counselor, Nichols's clinical interests include treatment-resistant depression, group therapy, experiential therapy, and dialectical behavior therapy. Her practice included treating patients in an inpatient setting as well as in intensive outpatient programs. She is active in community advocacy work, focusing on eliminating the mental health stigma, and has contributed to a published book on domestic violence. Nichols earned a bachelor of fine arts degree from Emerson College in Boston and a master's degree in counseling psychology from UT at Tyler. She is currently working toward a master of business administration degree.