



AMERICA'S
ESSENTIAL
HOSPITALS



Venkatesh Sasthakonar Esackimuthu, MD

Director of Bariatric Surgery
Nassau University Medical Center (NuHealth)

Dr. Sasthakonar Esackimuthu is an International Medical Graduate from India. He completed his surgery residency at North Shore LIJ Health System on Long Island in 2007 and spent a year at New York Medical College pursuing a fellowship in minimally invasive surgery. In 2008 he joined NuHealth as faculty and then in 2010 became the Director of Bariatric Surgery. Under his leadership NuHealth pursued and obtained the Bariatric Center of Excellence designation.

Dr. Sasthakonar Esackimuthu and his colleagues Dr. Amgad Makaryus and Ms. Skarka participated in America's Essential Hospitals' yearlong Fellows program in 2013. Their culminating project was focused on "Improving Patient Perception of Nurse and Physician Communication Through Team Steps Methodology."