



VITAL2015

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Thursday, June 25

10:45 am-noon

Education Breakout Session

Track: I&A

The Intersection of Hunger and Health

There is substantial research to demonstrate the critical role that food plays in an individual's health. Studies show that a healthy diet can aide in the prevention or treatment of a number of conditions, such as diabetes and obesity. Hunger or food insecurity is associated with greater risk of chronic conditions, higher rates of hospitalization, and increased utilization of acute healthcare services, subsequently leading to increased costs. As health systems dedicated to serving our nation's most vulnerable patients, essential hospitals have an opportunity and responsibility to develop and implement innovative programs to address the problem of food insecurity within their communities. This session presents insights from two health systems who have taken steps to better understand the relationship between food and health, as well as the role of hospitals in decreasing food insecurity. In addition, it provides executives with the tools they need to address the issue and discusses some of the challenges faced and lessons learned in developing a multi-faceted program, including corporate and community engagement. Finally, presenters will discuss the clinical and financial outcomes seen with an evaluation of these programs. The session will be led by Hennepin County Medical Center, Cook County Health & Hospitals System, and Greater Chicago Food Depository and is targeted for a wide audience including, hospital and community health executives.

Kathy Chan, Director of Policy, Cook County Health & Hospitals System

Diana Cutts, MD, Staff Physician, Hennepin County Medical Center

William Marks, Director of Food, Nutrition, and Environmental Services, Hennepin County Medical Center

Steven McCullough, MBA, Vice President of Community Partnerships, Greater Chicago Food Depository

Audience: hospital and community health executives

Del Mar,
Lobby Level

>> Speakers, please use this approved session content sheet as a blueprint for developing your session, as the above text has been approved by our internal communications team and will be printed in/on all official VITAL2015 collateral. If *anything* is in correct about your listing, please contact [Alana Mallory](#) no

later than **Monday, May 8** to request edits. Due to internal printing deadlines, requests submitted after that date may not be able to be honored. Thank you for your cooperation! | Need the **VITAL2015 PowerPoint template**? [Click here](#) to download it again.