

# Integrating Rural Providers in a Revitalized Strategic Plan

Mark D. Birdwhistell, Vice President of External Affairs & Administration, UK HealthCare Rob L. Edwards, Chief External Affairs Officer, UK HealthCare



# **About UK HealthCare**



# **ABOUT UK HEALTHCARE**

- Large academic medical center located in Lexington, Kentucky
  - 2 acute care hospitals and 1 children's hospital (945 beds)
  - » Level I trauma center
  - » NCI designated cancer center
  - Specializing in advanced sub-specialty (clinical programs)
  - Management contract of Eastern State Hospital (239 beds)



# UK HEALTHCARE'S MARKET SPACE

#### **Market Definition**

Primary - 0.3M population

Secondary - 0.5M population

Tertiary - 1.0M population

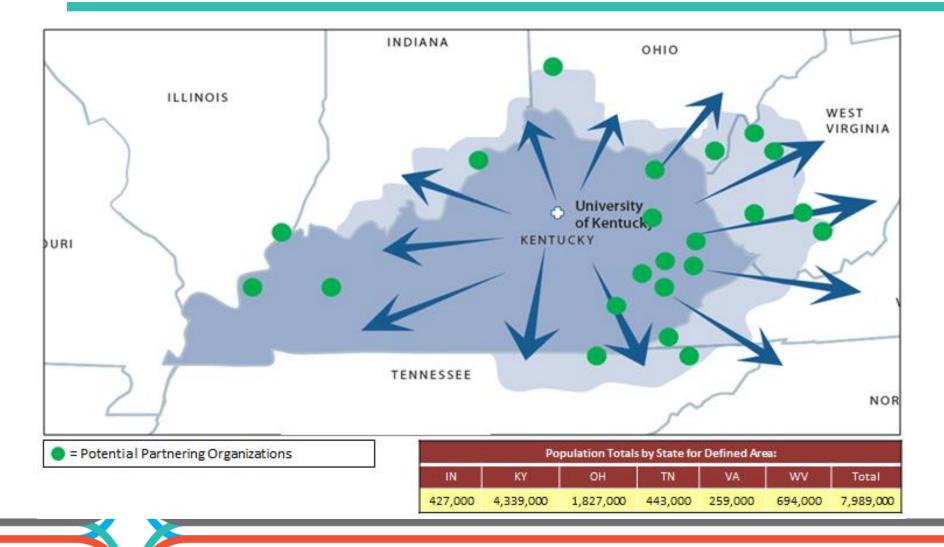
Other - 2.5M population



Procedure	Estimated Incidence per One Million KY Residents	Aspirational Volume	Population Required to Achieve Aspirational Volume	Population Required to have 50% Market Share
Kidney & Kidney / Pancreas Transplants	34.34	110	3,204,000	6,408,000
Liver Transplant	16.82	60	3,567,000	7,134,000
HeartTransplant	5.30	25	4,717,000	9,434,000
Lung Transplant 8.07		25	3,100,000	6,200,000
Adult Bone Marrow Transplant 28.13		150	5,332,000	10,664,000
Brain Cancer Admissions	68.30	250	3,660,000	7,320,000



# UK HEALTHCARE'S MARKET SPACE

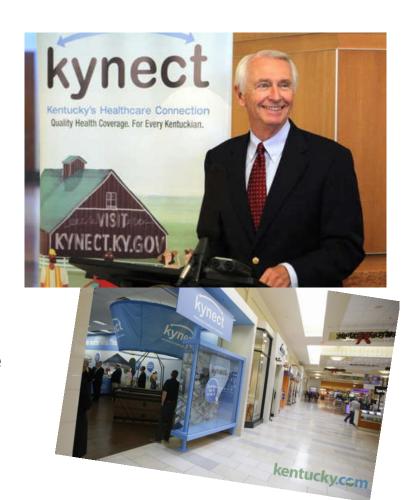


# Medicaid Expansion in Kentucky and its Impact



## MEDICAID EXPANSION IN KENTUCKY

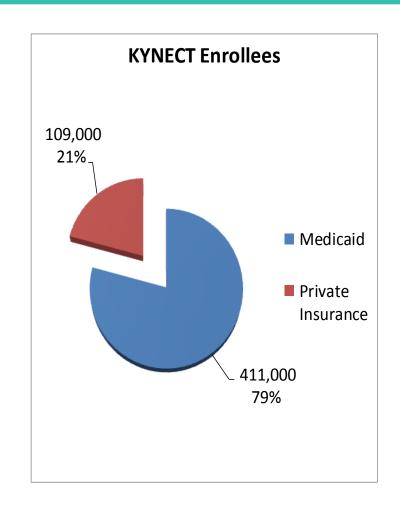
- May 9, 2013 Governor Steven L.
   Beshear announced his use of executive authority to expand Medicaid under the ACA
- Federal funding covers 100% of the costs for the Medicaid expansion population and drops to 95% after 2017 and 90% in 2020
- By 2020, the Commonwealth's share of the costs for the newly eligible Medicaid patients will be substantial (est. \$50M - \$100M annually)





# **KENTUCKY: A CASE STUDY**

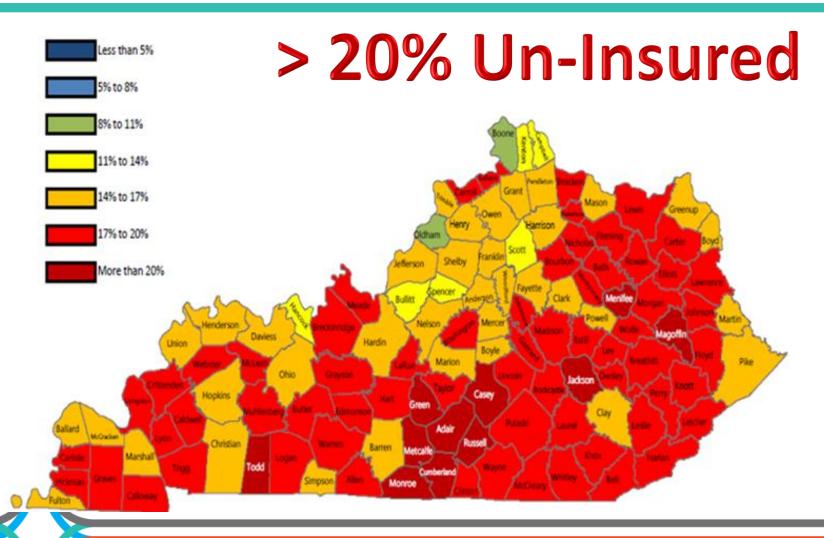
- ~ 520,000 individuals currently enrolled statewide (2,389 enrolled directly with assistance of UK HealthCare staff)
- Estimated 75% of enrollees were previously uninsured
- Estimated 52% under the age of 35





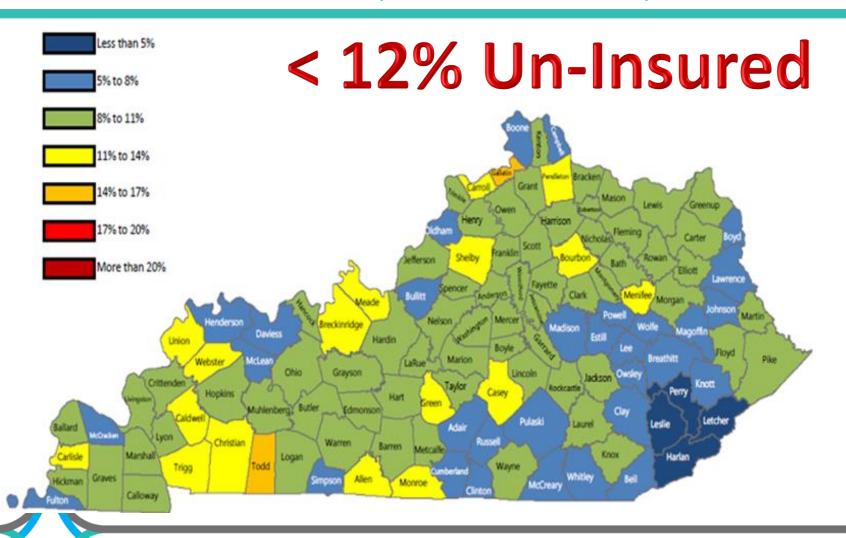


# ACA IMPACT IN KENTUCKY (PRE-EXPANSION)





# ACA IMPACT IN KENTUCKY (POST-EXPANSION)





# RESULTS AND IMPACT TO UK HEALTHCARE

### Change in Payor Mix

Inpatient	FY14 (Jul-Dec)	FY14 (Jan-Apr)	Trend
Medicaid	26.7%	35.3%	
Self-Pay/Charity	12.2%	4.1%	-

Outpatient ED	FY14 (Jul-Dec)	FY14 (Jan-Apr)	Trend
Medicaid	30.1%	43.1%	
Self-Pay/Charity	29.5%	16.3%	-

## Financial assistance adjustments

» Adjustments dropped from \$54.8 million for the period of January – April 2013 to \$13.5 million for the same period in 2014





# UK HealthCare's Revitalized Strategic Plan



### FY 2014 STRATEGIC PLAN – GROWING TO SERVE KENTUCKY

#### Advanced Subspecialty Care

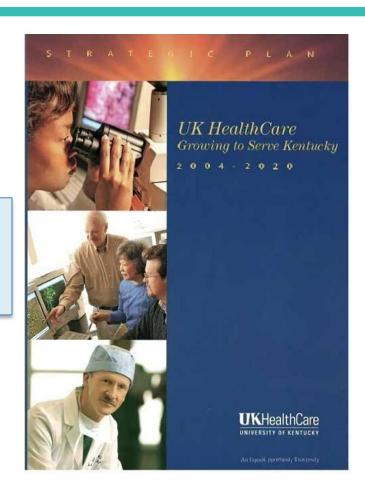
Level 1 Trauma Center; Kentucky Children's Hospital,
 Solid-Organ Transplantation, Markey Cancer Center,
 Advanced Neurosciences, Advanced Surgery,
 Cardiovascular Services

#### • Regional Care – Preserving Rural Providers

 Leverage community health care providers by augmenting specialty services and allowing patients to remain close to home and utilize local services

### • Efficiency, Quality and Patient Safety

 Center for Enterprise Quality and Safety has been established to focus on the development of efficient processes aimed at optimizing clinical outcomes and the safety of patients







# UK HEALTHCARE'S REVITALIZED STRATEGIC PLAN

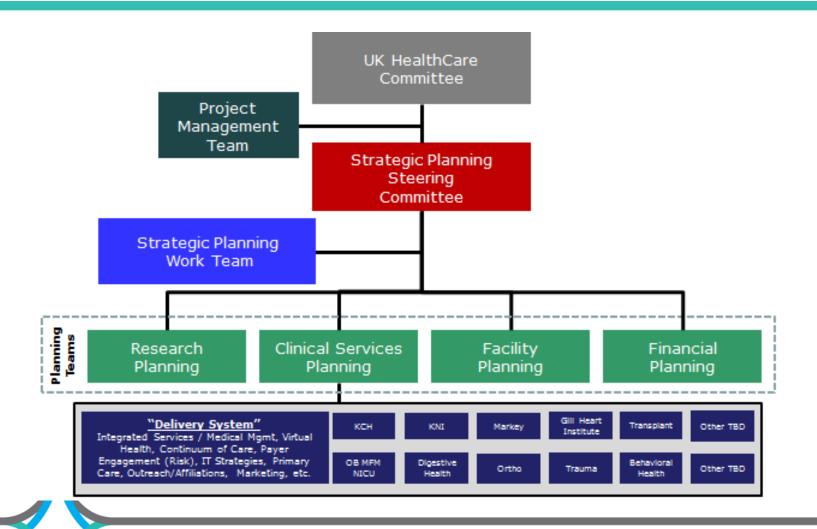
- UK HealthCare has embarked on a strategic planning process for calendar years 2015-2020, leveraging the expertise of Monitor Deloitte.
- The strategic plan will emphasize continued need to grow our market footprint to support subspecialty programs.
- The strategic plan will be unveiled during the upcoming University of Kentucky Health Care Committee Retreat on June 18, 2015.







# STRATEGIC PLANNING STRUCTURE





# **EMERGING THEMES FROM 2020 STRATEGIC PLAN**

The Foundation of the Strategy:

#### Patient Centered Care

Patient Experience

Design a leading patientcentric experience that positions UKHC to be KY's destination provider

Strategic Cultural Alignment

> Enable staff and leadership to be ambassadors of the patient-centered culture and UKHC brand

#### Chapter I: Growth in Complex Care

Service Line Growth

Develop integrated service lines and position them to achieve substantial growth over the next five years

2 Service Line Growth Enablers

> Enhance service line inpatient growth by emphasizing operational excellence

3 Ambulatory Specialty Care

> Support service line ambulatory growth goals by improving access to UKHC specialists, developing a patient-centered care model, and partnering with community physicians

#### Chapter II: Strengthen Partnership Networks

Acute Care Partnerships

Partner with health systems to reduce costs, increase efficiency, position for population health, and gain access to continuum assets

Post-Acute Care Partnerships

Improve outcomes and reduce wait times for postacute care by partnering with local and regional facilities

Primary
Care Partnerships

Secure UK's "fair share" of lives by developing a PCP network in Bluegrass region

Community Care

Strengthen Kentucky's community providers through innovative care models

#### Chapter III: Value-Based Care and Payments

Value-Based Care

Improve predictability of outcomes and cost while adopting evidence-based leading practices

2 Value-Based Payment Models

Prepare to adopt valuebased payment models as market forces dictate

Complex Chronic Care

Build a complex chronic care clinic to reduce costs of high utilizers and improve their health outcomes

Chapter IV: Strategic Enablers

Service Line Operating Model

Technology

Strategy Implementation

**Facility Planning** 

Marketing



## FOUNDATION: PATIENT CENTERED CARE

The Foundation of the Strategy:

#### Patient Centered Care

Patient Experience

Design a leading patientcentric experience that positions UKHC to be KY's destination provider

Strategic Cultural
Alignment

Enable staff and leadership to be ambassadors of the patient-centered culture and UKHC brand

# Chapter I: Growth in Complex Care

Service Line Growth

Develop integrated service lines and position them to achieve substantial growth over the next five years

2 Service Line Growth Enablers

> Enhance service line inpatient growth by emphasizing operational excellence

3 Ambulatory Specialty
Care

Support service line ambulatory growth goals by improving access to UKHC specialists, developing a patient-centered care model, and partnering with community physicians

#### Chapter II: Strengthen Partnership Network

Acute Care Partnerships

Partner with health systems to reduce costs, increase efficiency, position for population health, and gain access to continuum assets

Post-Acute Care Partnerships

Improve outcomes and reduce wait times for postacute care by partnering with local and regional facilities

Primary Care

Secure UK's "fair share" of lives by developing a PCP network in Bluegrass region

4 Community Care

Strengthen Kentucky's community providers through innovative care models

# Chapter III: Value-Based Care and Payments

Value-Based Care

Improve predictability of outcomes and cost while adopting evidence-based leading practices

2 Value-Based Payment Models

Prepare to adopt valuebased payment models as market forces dictate

3 Complex Chronic Care

Build a complex chronic care clinic to reduce costs of high utilizers and improve their health outcomes

Chapter IV: Strategic Enablers

Service Line
Operating Model

Technology

Strategy Implementation

Facility Planning

Marketing



# PATIENT EXPERIENCE: SELECTED STRATEGY

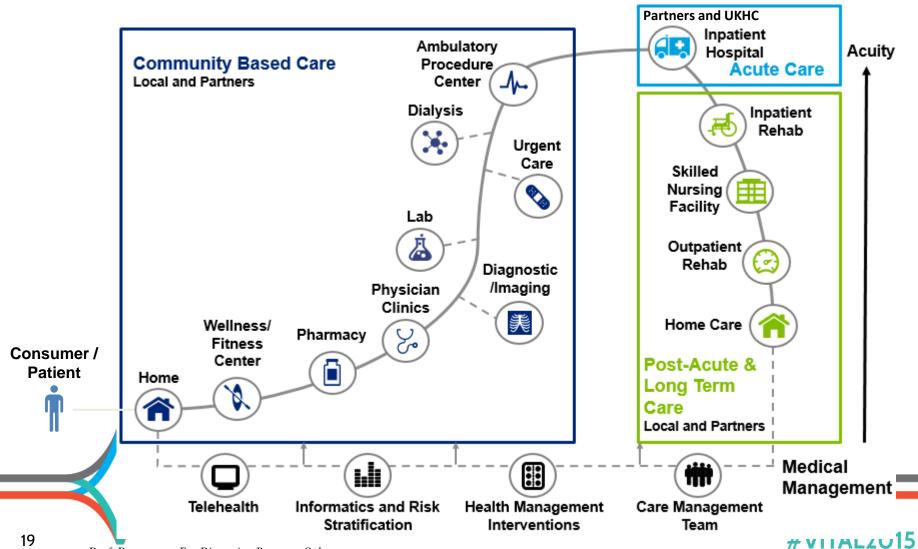








# FOCUSING ON THE PATIENT'S TOTAL EXPERIENCE



# **CHAPTER I: GROWTH IN COMPLEX CARE**

The Foundation of the Strategy:

#### Patient Centered Care

Patient Experience

Design a leading patientcentric experience that positions UKHC to be KY's destination provider

2 Strategic Cultural Alignment

> Enable staff and leadership to be ambassadors of the patient-centered culture and UKHC brand

# Chapter I: Growth in Complex Care

Service Line Growth

Develop integrated service lines and position them to achieve substantial growth over the next five years

2 Service Line Growth Enablers

Enhance service line inpatient growth by emphasizing operational excellence

3 Ambulatory Specialty Care

> Support service line ambulatory growth goals by improving access to UKHC specialists, developing a patient-centered care model, and partnering with community physicians

#### Chapter II: Strengthen Partnership Network:

Acute Care Partnerships

Partner with health systems to reduce costs, increase efficiency, position for population health, and gain access to continuum assets

Post-Acute
Care Partnerships

Improve outcomes and reduce wait times for postacute care by partnering with local and regional facilities

Primary Care

Secure UK's "fair share" of lives by developing a PCP network in Bluegrass region

4 Community Care

Strengthen Kentucky's community providers through innovative care models

# Chapter III: Value-Based Care and Payments

Value-Based Care

Improve predictability of outcomes and cost while adopting evidence-based leading practices

2 Value-Based Payment Models

> Prepare to adopt valuebased payment models as market forces dictate

3 Complex Chronic Care

Build a complex chronic care clinic to reduce costs of high utilizers and improve their health outcomes

Chapter IV: Strategic Enablers

Service Line Operating Model

Technology

Strategy Implementation

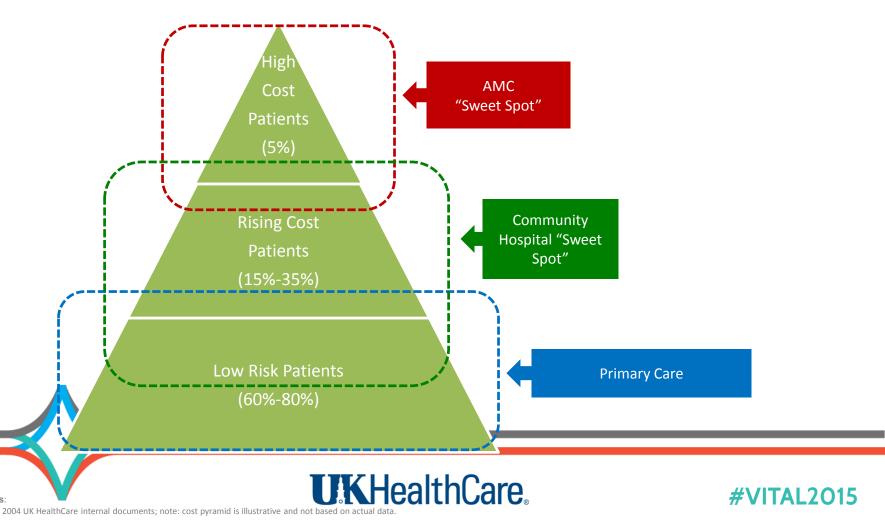
Facility Planning

Marketing



# SERVICE LINE GROWTH: SELECTED STRATEGY

UKHC will focus on treating the most complex patients and partnering with community providers to keep lower acuity patients in their home community



# SERVICE LINE GROWTH ENABLERS: SELECTED STRATEGY

- UKHC will invest in key clinical and support services across the organization to support growth through:
  - » Redesigning the transfer management processes in order to create capacity at UKHC and treat patients in the appropriate care setting and return them to our community partners...
  - Developing a service line operating model to support and coordinate comprehensive, multi-disciplinary care across the continuum and Commonwealth



## CHAPTER II: STRENGTHEN PARTNERSHIP NETWORKS

#### Service Line Growth

Develop integrated service lines and position them to achieve substantial growth over the next five years

Service Line Growth Enablers

> Enhance service line inpatient growth by emphasizing operational excellence

Ambulatory Specialty Care

> Support service line ambulatory growth goals by improving access to UKHC specialists, developing a patient-centered care model, and partnering with community physicians

Chapter II: Strengthen Partnership Networks

#### Acute Care Partnerships

Partner with health systems to reduce costs, increase efficiency, position for population health, and gain access to continuum assets

Post-Acute Care Partnerships

Improve outcomes and reduce wait times for postacute care by partnering with local and regional facilities

#### Primary Care

Secure UK's "fair share" of lives by developing a PCP network in Bluegrass region

Community Care

Strengthen Kentucky's community providers through innovative care models

#### Value-Based Care

Improve predictability of outcomes and cost while adopting evidence-based leading practices

Value-Based Payment Models

Prepare to adopt valuebased payment models as market forces dictate

Complex Chronic Care

> Build a complex chronic care clinic to reduce costs of high utilizers and improve their health outcomes

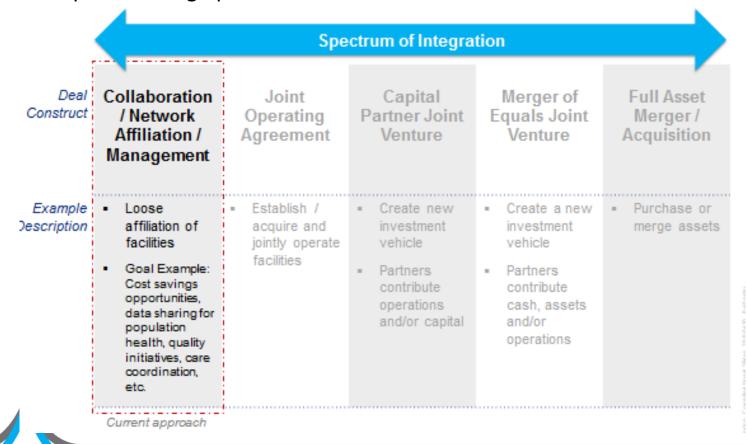
Chapter IV: Strategic Enablers





## **ACUTE CARE PARTNERSHIPS: STRATEGIC IMPERATIVE**

As providers seek scale and efficiency, organizations are utilizing an array of partnership structuring options



# **ACUTE CARE PARTNERSHIPS: STRATEGIC IMPERATIVE**

UKHC already has strong relationships with many potential collaborative partners.



Partnership celebration for Appalachian Regional Healthcare, Manchester Memorial Hospital and UK HealthCare. Included in photo: Senate President Robert Stivers, Joe Grossman, Dr. Susan Smyth, Erika Skula, Dr. Eli Capilouto, and Dr. Michael Karpf.





Partnership celebration for Appalachian Regional Healthcare, Mountain Comprehensive Health Corporation and UK HealthCare. Included in photo: Dr. Van Breeding, Mike Caudill, Dr. Mike Karpf, Dena Sparkman, Susan Smyth, and Joe Grossman.





# **COMMUNITY CARE: SELECTED STRATEGY**

UKHC will offer virtual care platforms to community provider partners in order to support the health and wellness of Kentucky's rural population

Strengthen Kentucky's community providers...

...by developing unique care models for treating common chronic conditions and keeping care in the community ....

... and providing remote hospital monitoring services to community acute care providers





## CHAPTER III: VALUE-BASED CARE AND PAYMENTS

The Foundation of the Strategy:

#### **Patient Centered Care**

Patient Experience

Design a leading patientcentric experience that positions UKHC to be KY's destination provider

2 Strategic Cultural Alignment

> Enable staff and leadership to be ambassadors of the patient-centered culture and UKHC brand

#### Chapter I: Growth in Complex Care

Service Line Growth

Develop integrated service lines and position them to achieve substantial growth over the next five years

2 Service Line Growth Enablers

> Enhance service line inpatient growth by emphasizing operational excellence

3 Ambulatory Specialty Care

> Support service line ambulatory growth goals by improving access to UKHC specialists, developing a patient-centered care model, and partnering with community physicians

#### Chapter II: Strengthen Partnership Networks

Acute Care Partnerships

Partner with health systems to reduce costs, increase efficiency, position for population health, and gain access to continuum assets

Post-Acute Care Partnerships

Improve outcomes and reduce wait times for postacute care by partnering with local and regional facilities

Primary Care

Secure UK's "fair share" of lives by developing a PCP network in Bluegrass region

4 Community Care

Strengthen Kentucky's community providers through innovative care models

#### Chapter III: Value-Based Care and Payments

Value-Based Care

Improve predictability of outcomes and cost while adopting evidence-based leading practices

2 Value-Based Payment Models

Prepare to adopt valuebased payment models as market forces dictate

Complex Chronic Care

Build a complex chronic care clinic to reduce costs of high utilizers and improve their health outcomes

Chapter IV: Strategic Enablers

Service Line Operating Model

Technology

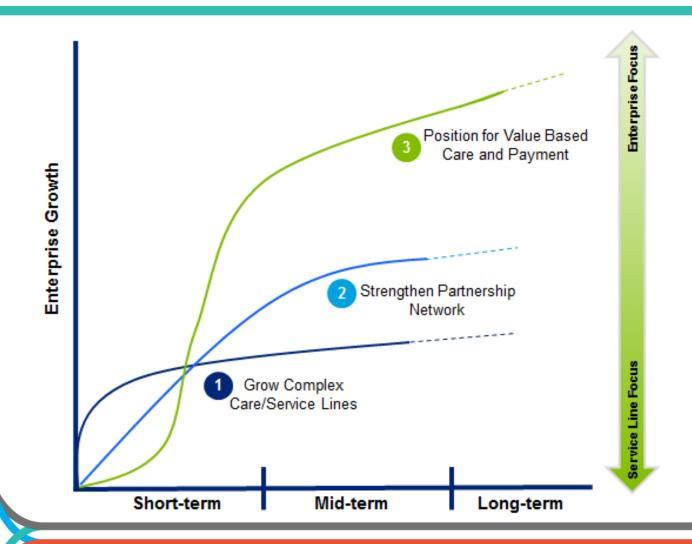
Strategy Implementation

Facility Planning

Marketing



# GROWING THE UK HEALTHCARE ENTERPRISE





## STRATEGIC ENABLERS

The Foundation of the Strategy:

#### Patient Experience

Design a leading patientcentric experience that positions UKHC to be KY's destination provider

# Strategic Cultural Alignment

Enable staff and leadership to be ambassadors of the patient-centered culture and UKHC brand

#### Chapter I: Growth in Complex Care

#### Service Line Growth

Develop integrated service lines and position them to achieve substantial growth over the next five years

#### 2 Service Line Growth Enablers

Enhance service line inpatient growth by emphasizing operational excellence

#### 3 Ambulatory Specialty Care

Support service line ambulatory growth goals by improving access to UKHC specialists, developing a patient-centered care model, and partnering with community physicians

#### Chapter II: Strengthen Partnership Network

#### Acute Care Partnerships

Partner with health systems to reduce costs, increase efficiency, position for population health, and gain access to continuum assets

## Post-Acute Care Partnership

Improve outcomes and reduce wait times for postacute care by partnering with local and regional facilities

#### Primary Care

Secure UK's "fair share" of lives by developing a PCP network in Bluegrass region

#### 4 Community Care

Strengthen Kentucky's community providers through innovative care models

#### Chapter III: Value-Based Care and Payments

#### Value-Based Care

Improve predictability of outcomes and cost while adopting evidence-based leading practices

#### 2 Value-Based Payment Models

Prepare to adopt valuebased payment models as market forces dictate

# Complex Chronic Care

Build a complex chronic care clinic to reduce costs of high utilizers and improve their health outcomes

#### Chapter IV: Strategic Enablers

Service Line Operating Model

Technology

Strategy Implementation

Facility Planning

Marketing



## **EXAMPLE: MARKETING & BRANDING**

- Brand leverage is a critical success factor for UKHC to effectively compete in today's healthcare environment
  - » Inform how we message to our target audiences and stakeholder
  - » Inform how we deliver the UK HealthCare patient experience
  - » Define value to our partners to define our essential role to healthcare in the Commonwealth
  - » Outline our Promise to our employees, patients, partners on what we deliver to them in product and experience
  - » Differentiate from the competition so patients understand our value and why they should choose UK HealthCare





# **EXAMPLE: OUR MARKETING OBJECTIVES**

Drive a deeper and new understanding of the UK HealthCare brand/sub brands and its benefit to patients, physicians, partners, employees, opinion leaders and all stakeholders

Drive CHOICE of UK HealthCare (by service line) among targeted patient populations in defined geographies Raise the esteem and reputation of UK
HealthCare as a world class Academic Medical
Center—locally, regionally and nationally











# Strategic Initiative Implementation



# MANAGING THE PROCESS

- As a result of the strategic planning process, UK HealthCare has enhanced its clinical outreach operations through:
  - » The creation of a scorecard to measure and define the strength of its relationships with external entities
  - The launch of a new outreach operating process to standardize operations and implement outreach initiatives





### SCORECARD: STRATIFYING THE STRENGTH OF RELATIONSHIPS

Providers that have existing operational administrative relationships with UK HealthCare receive additional recognition using the point scale.

	Score	Defining Factors	Hospital Example
Management	10	UK Ownership – Acquired/Merged	Good Samaritan
	9	Management of the entire facility	Eastern State Hospital
	8	Service Line Management – At least three key service lines (target service lines are cardiovascular, cancer, stroke)	
	7	Service Line Management – Two key service lines (target service lines are cardiovascular, cancer, stroke)	
	6	Service Line Management – One key service lines (target service lines are cardiovascular, cancer, stroke)	CV Service Line ARH
Marketing/Education	5	Level III affiliate (Affiliate on all service lines) or Clinical Services Agreement (scope of clinical services could increase relationship score)	Georgetown Community Hospital
	4	Level II affiliate (Affiliate on two service lines) or Clinical Services Agreement (scope of clinical services could increase relationship score)	
	3	Level I affiliate (Affiliate on one service line) or Clinical Services Agreement (scope of clinical services could increase relationship score)	Our Lady of Bellefonte
	2	Partnership for education program	
	1	Professional relationship with standard referral stream	Baptist Health Corbin



# **EXAMPLE: SOUTHEASTERN KENTUCKY/ARH REGION**

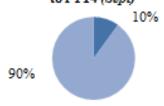
CMI (FY 15 Jul-Sept)

2.2023

Combined Contribution Margin (FY 15 Jul-Sept)

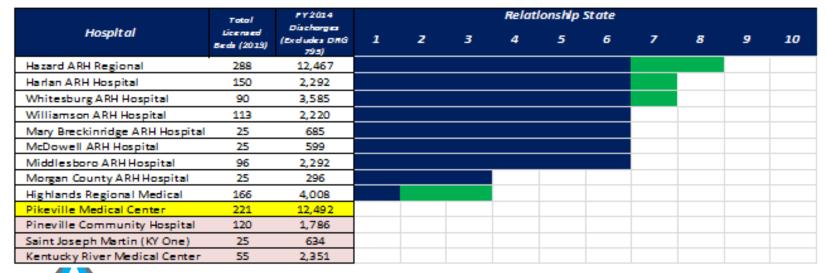
\$13,107,972

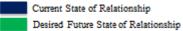
UKHC Inpatient Volume From Southeastern KY/ARH Region FY13 to FY14 (Sept)



- ■Southeastern KY/ARH Region
- All Other Regions









# CONSOLIDATING APPROACH TO PARTNERSHIPS

#### **LifePoint Hospitals**

Ephraim McDowell Frankfort Regional Harrison Memorial **Huntington Internal** Medical Group (WV) Manchester Memorial Methodist Hospital Our Lady of Bellefonte

Owensboro Health Rockcastle Regional St. Claire Regional St. Elizabeth Healthcare St. Mary's Medical (WV) The Christ Hospital The Medical Center -Bowling Green

Union

Trigg

Crittenden

Callow

Norton Healthcare Norton Audubon Hospital

Norton Hospital Norton Brownsboro Hospital

Norton Women's and Children's Hospital

Breckinridge

Graysor

Warren

Allen

Bluegrass Community Hospital **Bourbon Community Hospital** Clark Regional Medical Center **Georgetown Community Hospital** Jackson Purchase Medical Center Lake Cumberland Regional Hospital Logan Memorial Hospital Meadowview Regional Medical Center Spring View Hospital

Greenup

Δ

Elliott

Appalachian Regional Healthcare

#### **Baptist Health**

**Independent Hospitals** 

Baptist Health Madisonville Baptist Health Paducah Baptist Health Louisville Baptist Health Lexington Baptist Health Corbin **Baptist Health Richmond** Hardin Memorial Health

Appalachian Regional Healthcare

LifePoint Hospital

**UKHealthCare** 

Lg^tan

Baptist Health

Independent Hospital

Christian

Norton Healthcare

Harlan ARH Hazard ARH Mary Breckinridge ARH McDowell ARH

Beckley ARH\*

Bracken

Estill

Owsley

Clay

Scont

Lincoln

A Pulaski

McCreary

Shelby

Washing

Adair

A Priso

Bullitt

Hardin /

Hart

Middlesboro ARH Morgan County ARH Summers County ARH\* Whitesburg ARH Tug Valley ARH

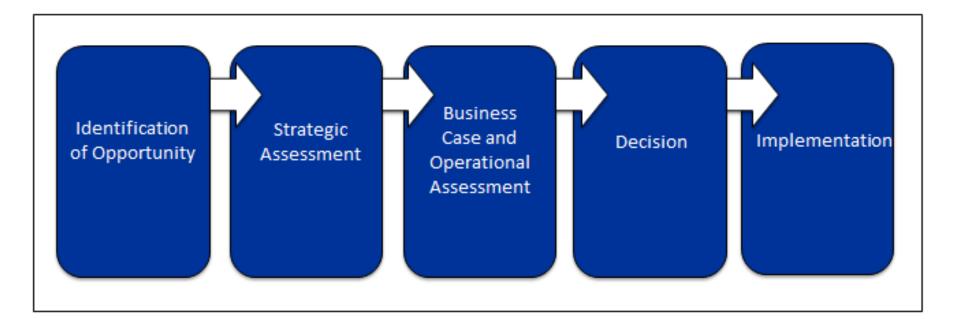
36

Draft Document – For Discussion Purposes Only

\*Hospital located in West Virginia

# OUTREACH OPERATING PROCESS: STRENGTHENING PARTNERSHIP NETWORKS

 UK HealthCare has built a standard operating framework to identify, analyze, and implement strategic outreach initiatives







# OUTREACH ADVISORY TEAM: PROVIDING OVERSIGHT AND PROMOTING CROSS-FUNCTIONAL COMMUNICATION

#### Goal

✓ Include operational leadership in development of outreach initiatives to identify project risks and/or challenges; identify internal project resources; and ensure ongoing communications.

#### Responsibilities

- Review outreach initiatives that have received initial approval by the Senior Executive Leadership team.
- ✓ Provide support and information requested by the Associate Vice President Strategic Planning or designee to facilitate completion of the business case and operational assessment.
- Review complete business case and operational assessment to ensure correctness prior to final review and decision is made by the Senior Executive Leadership Team.

#### Membership

**EVPHA Administration** 

Compliance

**Finance** 

Information Technology

Legal

**Chief Nursing Office** 

**Operations** 

**Chief Medical Office** 

**Human Resources** 

**Strategic Healthcare Contracting** 

Strategic Planning



# EXAMPLE: UK HEALTHCARE'S PARTNERSHIP WITH THE KENTUCKY PRIMARY CARE ASSOCIATION (KPCA)

- Groundbreaking partnership benefiting rural care providers
- KPCA has more than 250 member clinics, serving some of Kentucky's most underserved citizens and focusing on improving the health of those they serve
- Partnership provides KPCA members access to services at heavily discounted rates or at no charge to the facilities
- Service offerings for KPCA members include:
  - » Group Purchasing
  - » Kentucky Medical Professional Placement Services
  - » Afterhours Call Triage
  - » Patient Centered Medical Home and HIT Consulting







## **EXAMPLE: HEALTH SYSTEM INITIATIVES**



- Cardiovascular service line co-management
- Stroke Care Network member
- Markey Cancer Center
   Network member
- Consulting for enhanced call center function

# LIFEPOINT

- Recruited cardiologist faculty/staff members via professional services agreement for Georgetown, Somerset, Clark Regional Medical Center, and Lake Cumberland
- Clark Regional
   Medical Center joined
   Gill Heart Network



- Partnership with Manchester Memorial Hospital
- Highly trained UKHC obstetricians use special equipment to review fetal ultrasounds remotely, in real time, while talking with patients
- Eliminates need for high-risk patients to travel for ultrasounds





# **QUESTIONS?**





