



VITAL2015

Connect. Inspire. Lead.

The Intersection of Hunger and Health

Steven McCullough, Greater Chicago Food Depository

Kathy Chan, Cook County Health & Hospitals System

Diana Becker Cutts, Hennepin County Medical Center

William Marks, Hennepin County Medical Center



Overview of Food Insecurity

Steven McCullough,

Greater Chicago Food Depository

FOOD INSECURITY IN COOK COUNTY

- 860,670 individuals in Cook County are food insecure, uncertain where they will find their next meal.
- In the City of Chicago, the rate of food insecurity is 20.6 percent, in suburban Cook County 15.6 percent.
- Nearly 1 in 5 children, 21.1 percent, are food insecure in Cook County.



FOOD INSECURITY IN COOK COUNTY

- About 37% of people Food Depository serves are children under 18
- 9% are children under 5
- 6% are homeless
- 34% of households include at least one employed adult
- 22% of households report their main source of income is from a job
- 10% own the place where they live
- 44% receive SNAP/Food Stamp benefits



THE GREATER CHICAGO FOOD DEPOSITORY

- A network of 650 pantries, soup kitchens, shelters and programs.
- 678,000 adults and children served every year.
- 142,400 hungry men, women and children rely on the Food Depository each week.
- The Food Depository distributed 66 million pounds of food last year.
- Last year, the Food Depository distributed 66 million pounds of nonperishable food and fresh produce, dairy products and meat.
- Volunteers help make the Food Depository one of the most efficient charities. Approximately 20,000 volunteers provided more than 98,000 hours of service last year.
- The Food Depository's network is serving 70 percent more people than five years ago.

THE GREATER CHICAGO FOOD DEPOSITORY

The Greater Chicago Food Depository, Chicago's food bank, is a nonprofit food distribution and training center providing food for hungry people while striving to end hunger in our community.



THE GREATER CHICAGO FOOD DEPOSITORY

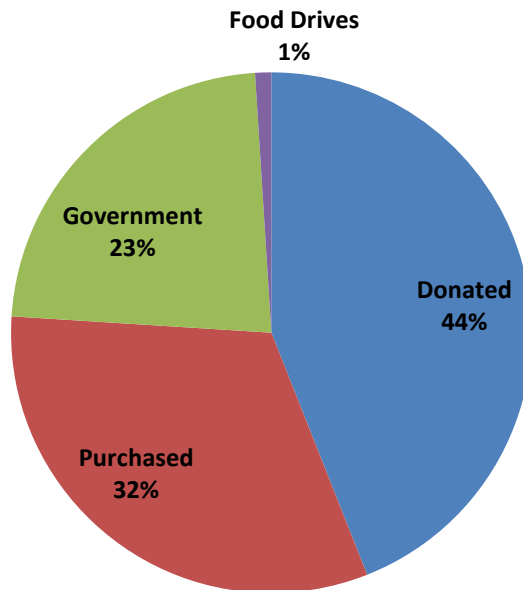


THE GREATER CHICAGO FOOD DEPOSITORY

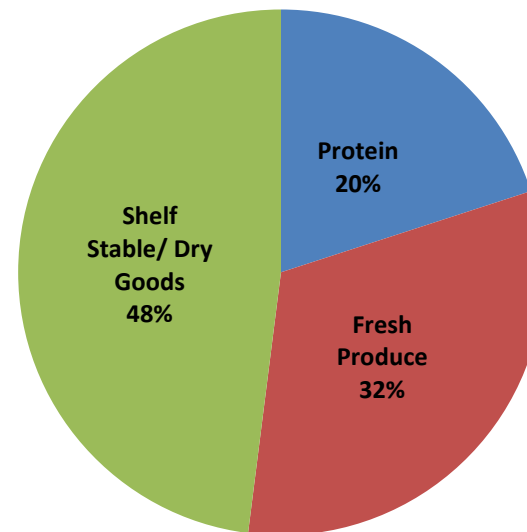
- The organization's primary sources of food include government, donations from manufacturers and distributors and food purchase.
- Donations of shelf stable items has declined overall to food banks as the food industry continues to become more efficient.
- The Food Depository has increased food purchasing to continue meeting the increased need.
- Committed to contributing to a wholesome diet, the Food Depository distributes 18 core items to its network.
 - » Grains (bread, cereal, pasta and rice)
 - » Protein (beans, eggs, meat, peanut butter and tuna)
 - » Dairy (fresh milk and shelf stable milk)
 - » Fruit/vegetables (fresh produce, canned fruit and canned vegetables)
 - » Entrée/miscellaneous (jelly, macaroni and cheese, pasta sauce, soup and stew)

THE GREATER CHICAGO FOOD DEPOSITORY

**Food Sources
FY 2013**



**Food Distribution by Type of Food
FY 2013**



THE GREATER CHICAGO FOOD DEPOSITORY – PROGRAMS AND SERVICES

The Food Depository is committed to serving vulnerable populations including children and older adults via numerous innovative programs and distribution channels.

- **Chicago's Community Kitchens:** A free, 14-week foodservice training program for unemployed and underemployed adults.
- **Children:** These after-school, weekend and summer programs provide nutritious food to children in low-income communities.
- **Older adults:** Regular delivery of fresh produce and shelf-stable food to low-income retirement residencies.
- **SNAP Outreach:** During fiscal year 2012-2013, Food Depository outreach coordinators provided assistance to more than 3,800 clients with an estimated economic impact of \$17.1 million.

GCFD & CCHHS PARTNERSHIP

- **Purpose:** To ensure food insecure patients are properly identified and connected with food resources and programs that address food insecurity, such as food pantries and the SNAP program. By creating an innovative response to hunger as a health issue, we can utilize both our networks to connect clients to the resources that will improve their health and quality of life.
- **Overview:**
 - Food insecurity screening at hospital/clinic
 - Food insecurity determination made by provider
 - Referrals for food pantries in the area
 - Referral to the SNAP Outreach Team phone line
 - Fresh Food Distribution Events

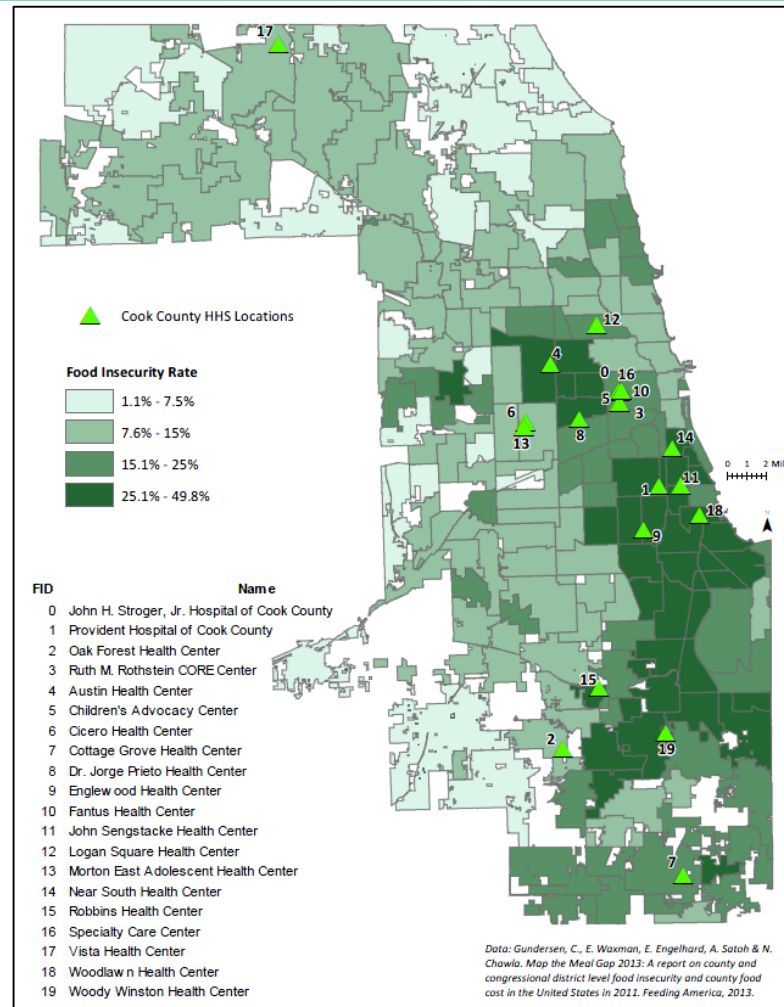
Food Is Medicine

Kathy Chan, Cook County Health & Hospitals System

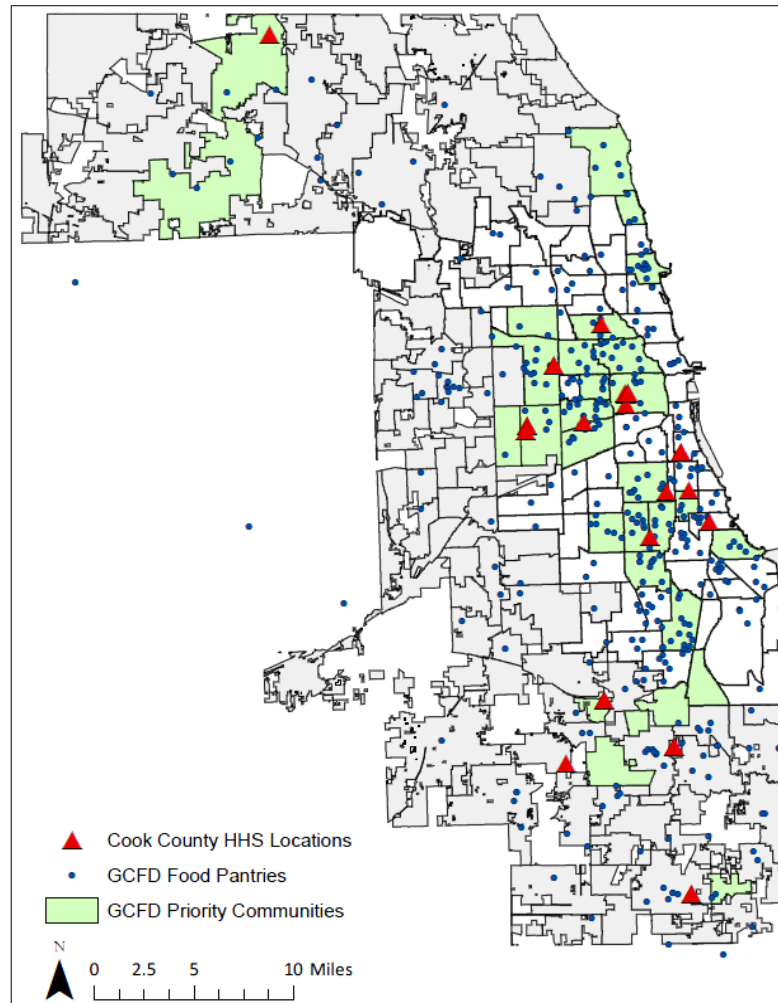
OVERVIEW OF COOK COUNTY HEALTH & HOSPITALS SYSTEM

- 300,000+ unique patients with over 1M annual outpatient visits
 - » 1.9M outpatient prescriptions filled
- Cook County has over 5.2M residents
 - » City of Chicago – 2.7M
 - » State of Illinois – 12.8M
- Over 1.6M Medicaid beneficiaries live in Cook County
 - » 1M+ children, pregnant women, parent/relative caregivers
 - 759,000 children 18 years and younger
 - 280,000 pregnant women, parent/relative caregivers
 - » 330,000 ACA adults
 - » 235,000 seniors/persons with disabilities

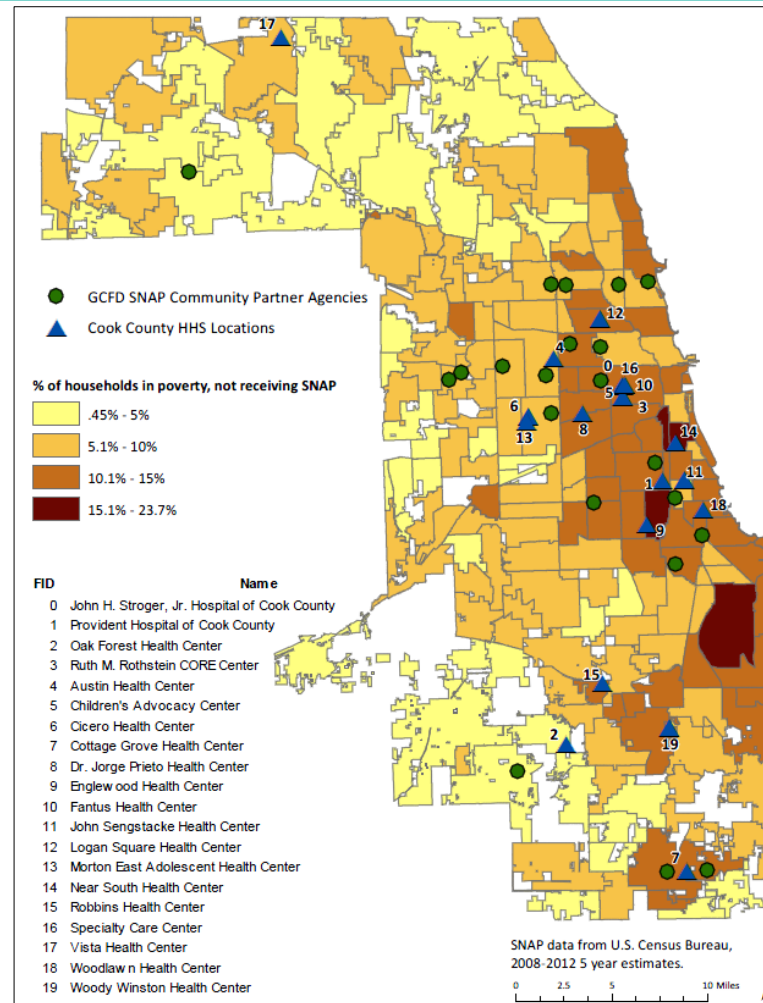
Cook County food insecurity rates by community area and CCHHS locations



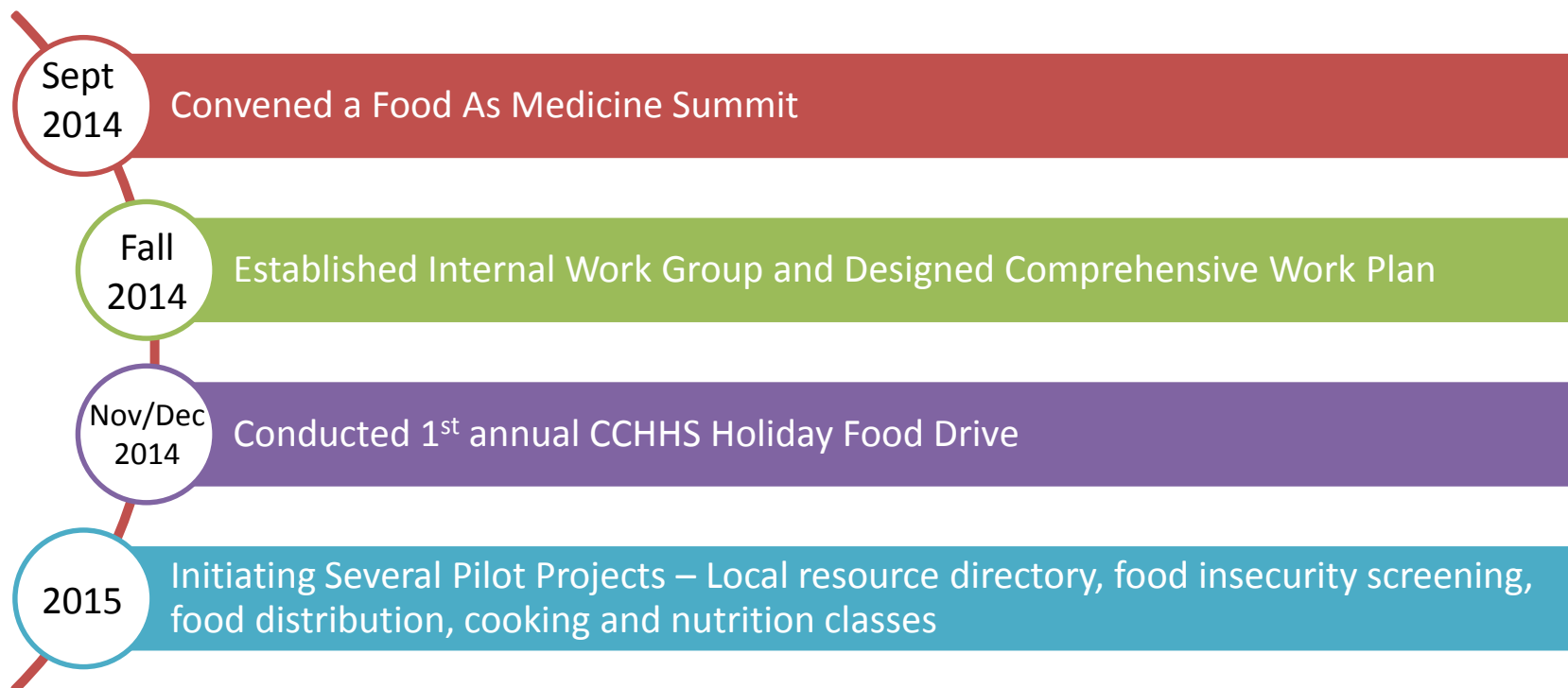
GCFD Food Pantries & Cook County HHS Locations



GCFD SNAP Outreach Partners, CCHHS Locations & Households in Poverty That Did Not Receive SNAP Benefits in Previous 12 Months



ACTIVITIES AND ACHIEVEMENTS



OPPORTUNITIES AND CHALLENGES

Opportunities

- Partnership with GCFD and member agencies
- CCHHS financial counselors
- Application for Benefits Eligibility (ABE) – online application for Medicaid, SNAP, and TANF
- CountyCare health plan

Challenges

- State budget pressures
- Managing time and expectations
- Measuring progress and outcomes
- Training and education

KEY TAKEAWAYS

Engage system leadership and providers in process and development

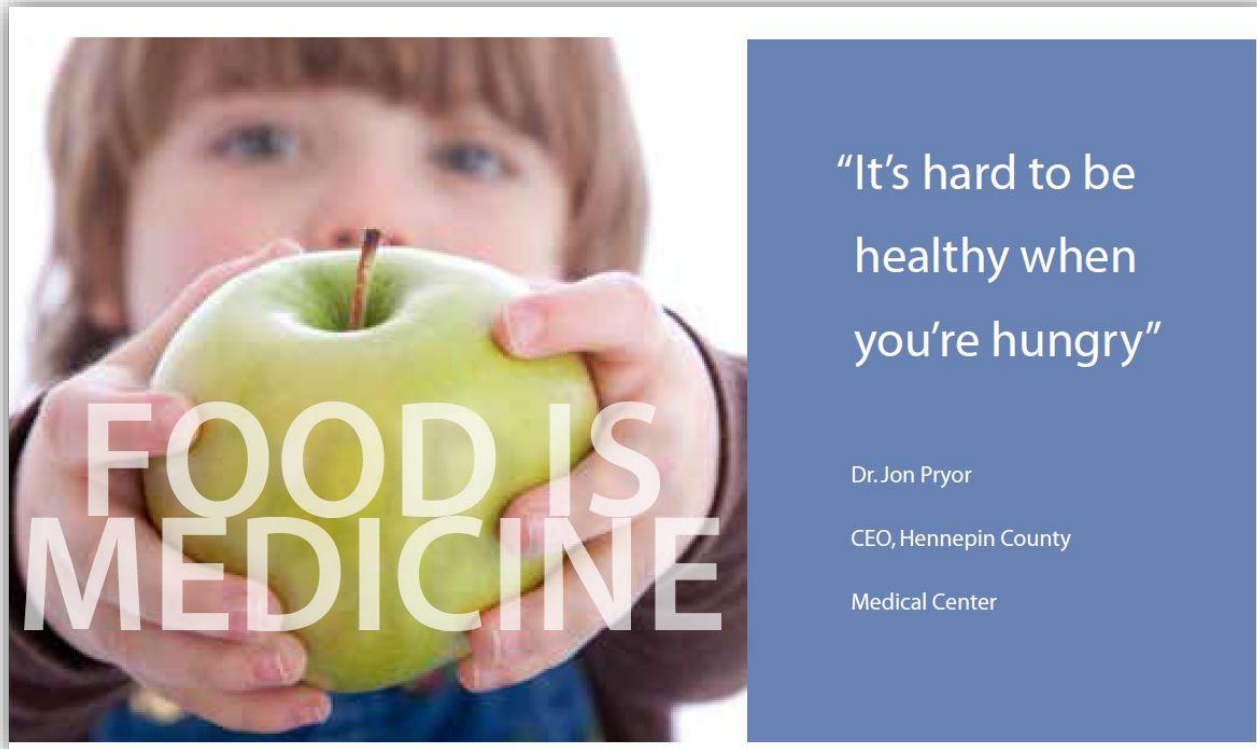
Be active in policy discussions
(e.g. state legislation to increase SNAP eligibility)

Pursue opportunities to align Medicaid and SNAP enrollment efforts

Diana Becker Cutts
William Marks
Hennepin County Medical
Center



OVERVIEW OF HENNEPIN COUNTY MEDICAL CENTER

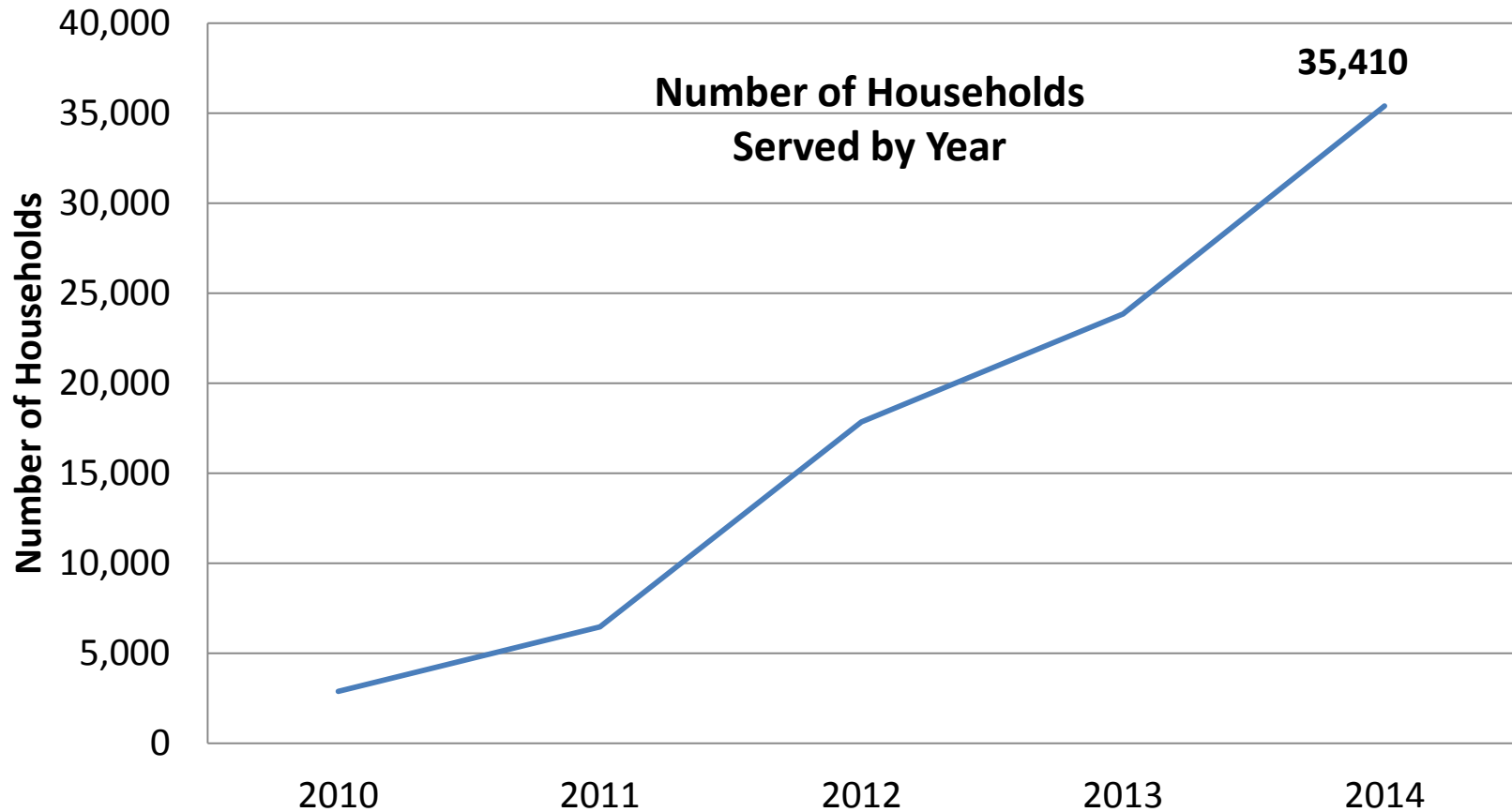


THERAPEUTIC FOOD PHARMACY (TFP)



- Based in hospitals and clinics
- Offers nutrient-rich food
- Provides nutrition education
- Patient may be referred by any staff member
- Offers information on community resources, including WIC and SNAP programs
- Title changed to Food Shelf at HCMC

THERAPEUTIC FOOD PHARMACY (TFP)



SFSP (18 years or less, area eligible), ~2,800 meals in 2014
TEFAP Income eligible (<200% of poverty).

SUMMER FOOD SERVICE PROGRAM (SFSP)

- Ensures children receive nutritious meals in the summer months in our cafeteria
- USDA Federal Program, MN Dept. of Education
- Pre-prepared food
- Breakfast and lunch
- Meals are reimbursable



NUTRITION SERVICES: MAKING THE WHEELS GO ROUND FOR THE FOOD SHELF AND SUMMER FOOD SERVICE



- Food Storage
- JACHO Compliance
- Space
- Summer program
- Interfacing with internal stakeholders

SOURCES OF FOOD

Second Harvest
Heartland Food
Bank

The Emergency
Food Assistance
Program (TEFAP)
commodity foods

The Emergency
Food Network

Food rescue from
local
grocery/bakery

Food drives

Surplus garden
donations

DECENTRALIZED DISTRIBUTION



- Pre-assembled bags
- Distributed to clinics
- Bags individualized to some clinics
- No central location for food distribution

VOLUNTEERS ARE ESSENTIAL



Corporate & Group
Volunteering

THE FOOD SHELF

www.hcmc.org/foodshelf



Hennepin County
Medical Center



WHAT DOES IT TAKE?

Coordinator	1 full time position
Program Assistant	50% full time employee
Staff to stock food	25% position
Food	\$1.25 for 15 lbs of food
Bags	\$0.50 to \$1.00 each
Miscellaneous	Space Freezers and refrigerators Transportation and storage carts
Volunteer hours	150 – 200 hours per week

OUR EXPERIENCE ALONG THE WAY



THE MISSING FILES

CHALLENGES

Staff Management and Logistics

- Scratches on the walls, carpets, and tile
- Rejected and spilled foods in hallways and exam rooms
- Traffic and chaos control
- Addressing employee needs
- Safety concerns

Food Quality

- Expired foods
- Inconsistent freezer temperatures and logs
- Challenges related to maintenance and distribution of fresh produce
- Definition of healthy food/tension between healthy food vs available food

Philosophical Challenges

- Ambivalence about visibility
- Questions of true need/creating dependence

THE GOOD

July 2, 2013

To Whom it May Concern:

I want to thank you for having the Children's Meal Program. We came to them for our medical appt and the children weren't eating. I was excited when I found out about the free meals for them. I was a little embarrassed at first because ppl stared at me, however, I overcame that. We were happy because their bellies were full. I also was blessed to see that you could get a food bag too. We were at the end of month and our refrigerator is totally empty. Thank you so much for the gratitude, and all of those who have donated funds to the program as well. You are truly a blessing. I also want the program director to know that when we do have some time come to home to eat and get coffee. The food is awesome.

Thank you, We really appreciate it!

Mrs J. Ramey & Family
602-578-8026

Thanks for the Book too!

WHAT DO WE HAVE PLANNED FOR THE FUTURE?

The screenshot shows a web-based form titled "REFERRAL TO FOOD RESOURCES". At the top right, there are buttons for "Accept", "Cancel", and "Remove". Below the title bar, the "Priority" is set to "Routine". A "Questions" section on the left contains three items:

Prompt	Answer	Comments
1. Patient's preferred phone #contact info:	<input type="text"/>	<input type="text"/>
2. Patient would like food assistance and asks that a SNAP Outreach staff member call.	<input checked="" type="radio"/> Yes <input type="radio"/> No	<input type="text"/>
3. Contact's preferred language:	<input checked="" type="radio"/> English <input type="radio"/> Spanish <input type="text"/> Other (please use comments)	<input type="text"/>

Below the questions is a "Single response" field. The "Comments (F6)" section contains a text area with the following text: "This order will automatically fax to Second Harvest Heartland @ 651-484-1064, upon signing. A member of their SNAP Outreach Staff will contact the patient using the contact information provided above." At the bottom, there is a "Sched Inst:" section with a similar text area. Both the comments and scheduled instance sections have a toolbar with icons for search, undo, redo, insert smart text, and other editing functions.

Food resource referrals and EMR facilitated referrals

WHAT DO WE HAVE PLANNED FOR THE FUTURE?



Hunger Vital Sign Questionnaire

RIPPLE EFFECT OF IMPACT

