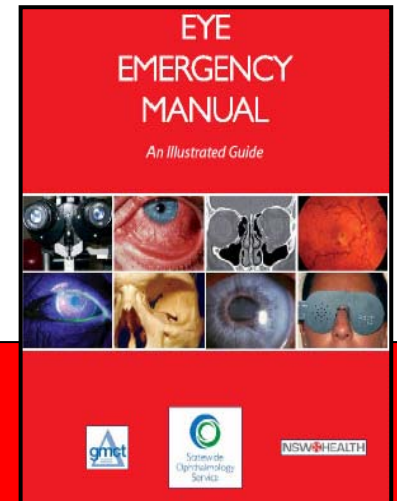


Education Session One

Ocular Anatomy



EYE EDUCATION FOR EMERGENCY CLINICIANS

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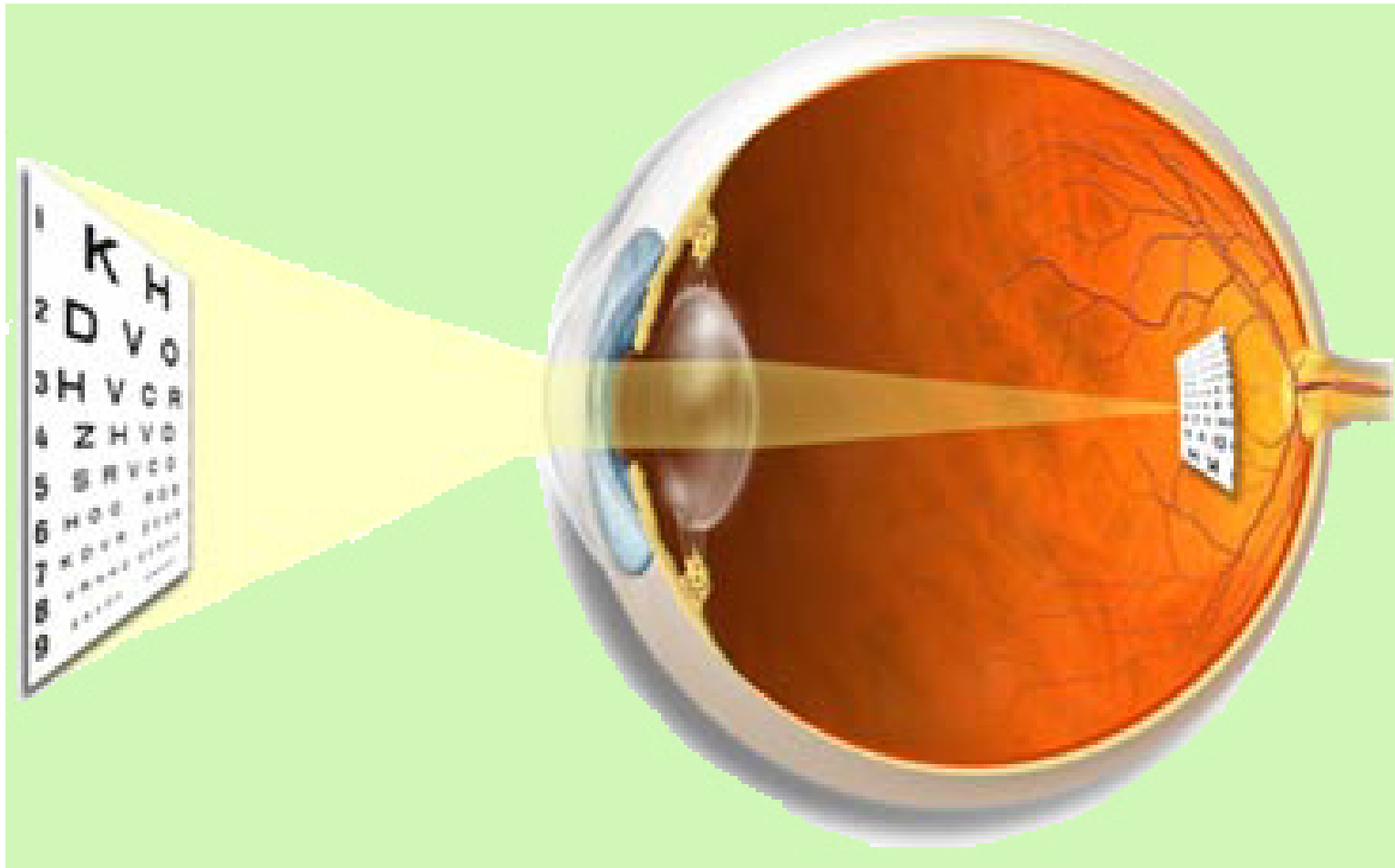
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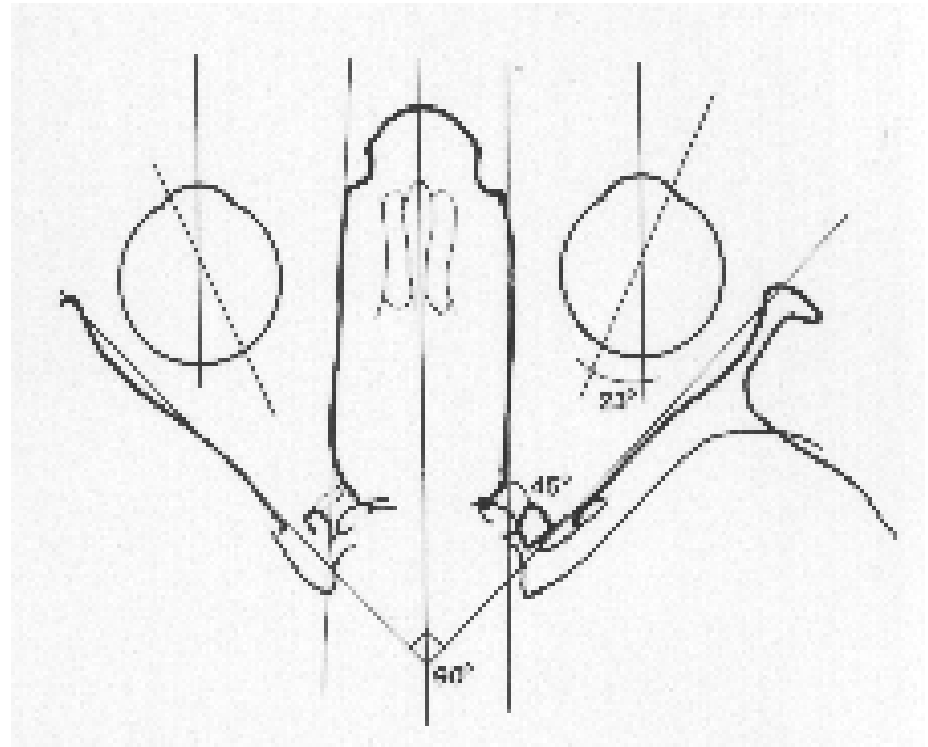
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Ocular Anatomy



General

- Eyes are parallel to enable binocular vision
- Protection from environment by:
 - Brow and Eyebrows
 - Eyelids: superior and inferior
 - Bony orbit
 - Soft fat around eye to cushion blows



External Anatomy

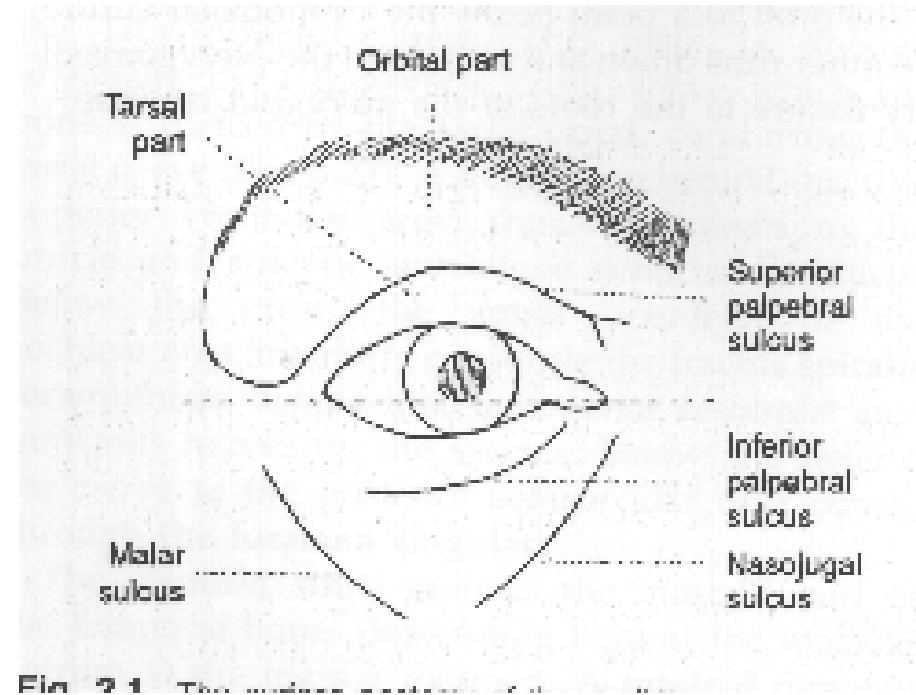
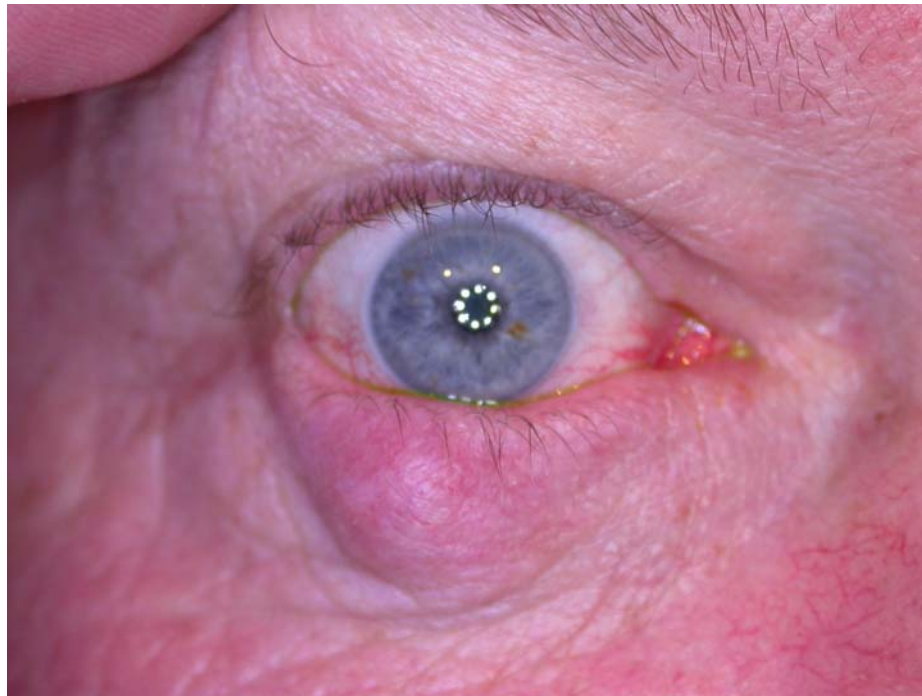
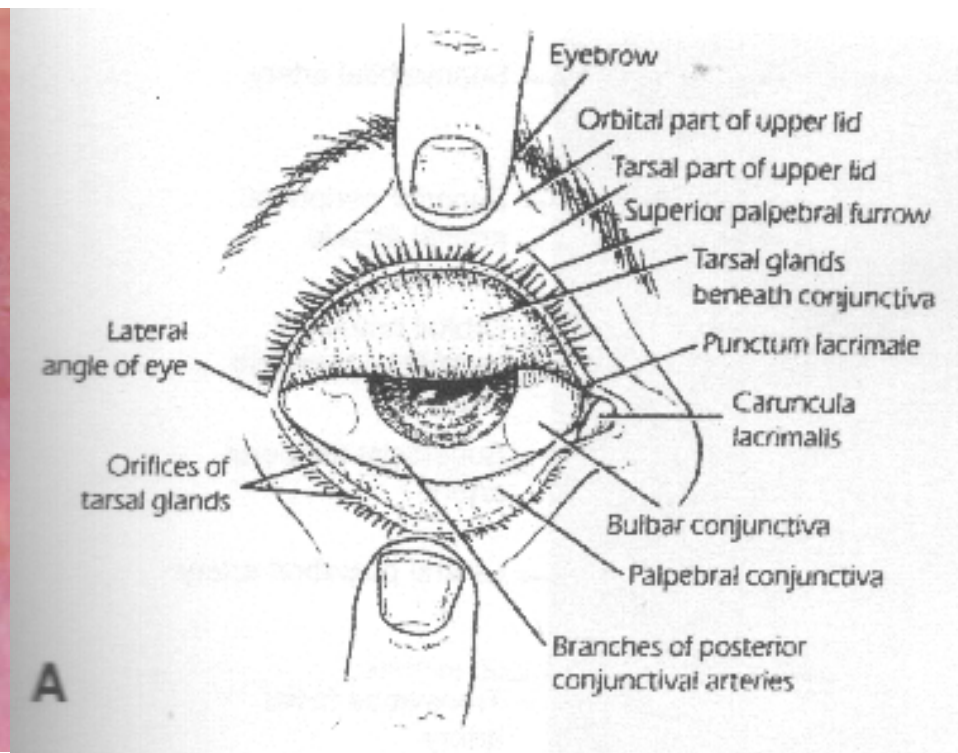


Fig. 2.1 The human eye and surrounding facial structures.

Eyelids

- Palpebral fissure is elliptical
 - 30mm long and 15mm high
 - Upper lid covers cornea 1-2mm
 - Lower lid just below cornea
 - Lateral Canthus
 - 30-40° 5mm medial to orbital margin
 - Medial Canthus
 - More obtuse
 - Contains caruncle and semilunar fold

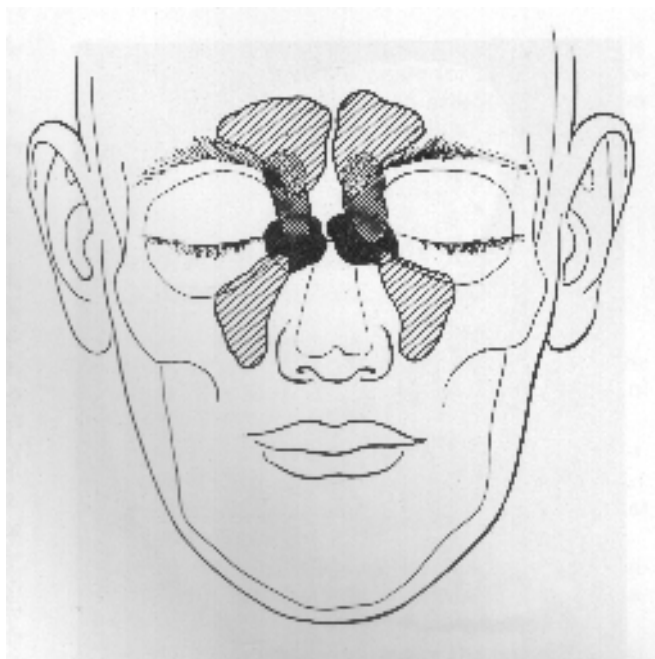
Conjunctiva



Conjunctiva (cont)

- Mucosal surface to moisten and protect
- Barrier to infection
- Stretches from eyelids to limbus
- Attached firmly at limbus
- Open at limbus to expose globe

Sinuses

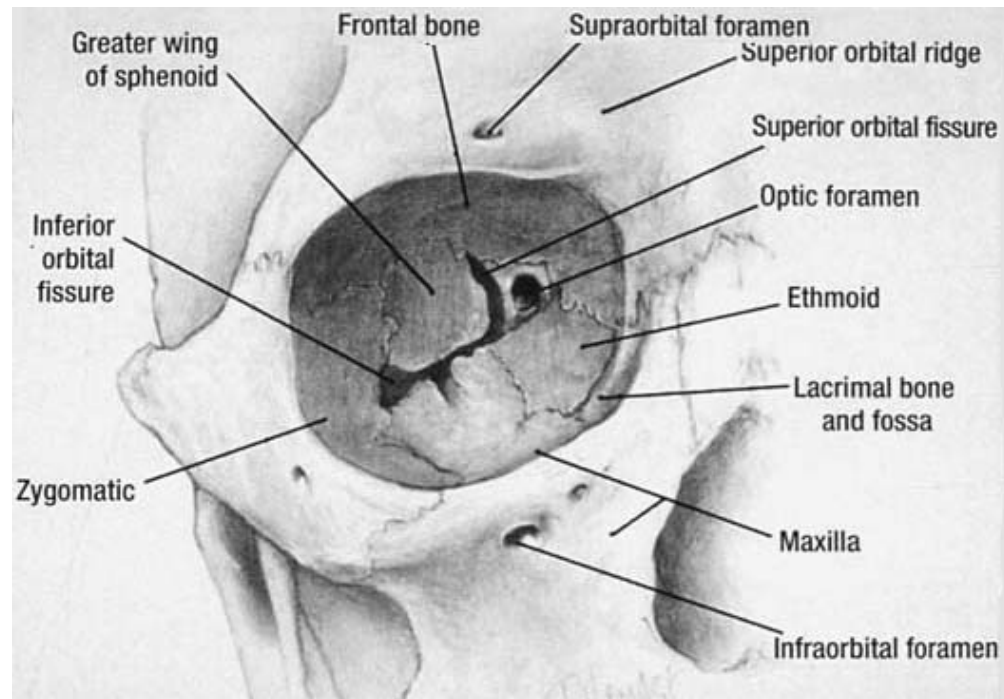


Sinuses (cont)

- Eyes lie within 2 bony cavities—orbits
- Surrounded by air filled, mucus lined cavities called sinuses
- Complex relationship between the two
- 4 main sinuses in the facial skeleton
 - Maxillary sinus – cheek bone
 - Frontal sinus - brow
 - Ethmoidal sinus – upper nose
 - Sphenoidal sinus- central skull
- All are paired

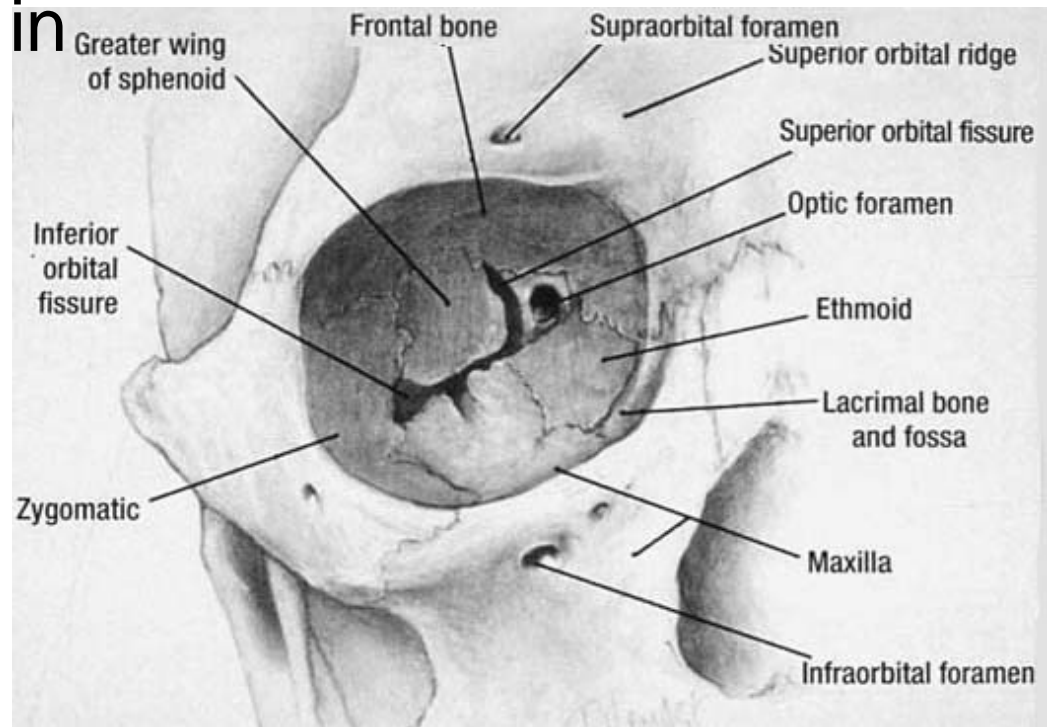
Bony Orbit

- Pear shaped cavity with optic nerve stem
- Medial walls parallel
- Lateral walls 45°
- Volume 30cc
- Opening
 - Height 35mm
 - Width 45mm
 - Depth 45mm



Intra Orbit

- Orbital Canal
- Strong, unforgiving in lesser wing of sphenoid
- Conducts
 - Optic Nerve
 - Ophthalmic Artery
 - Sympathetic fibres

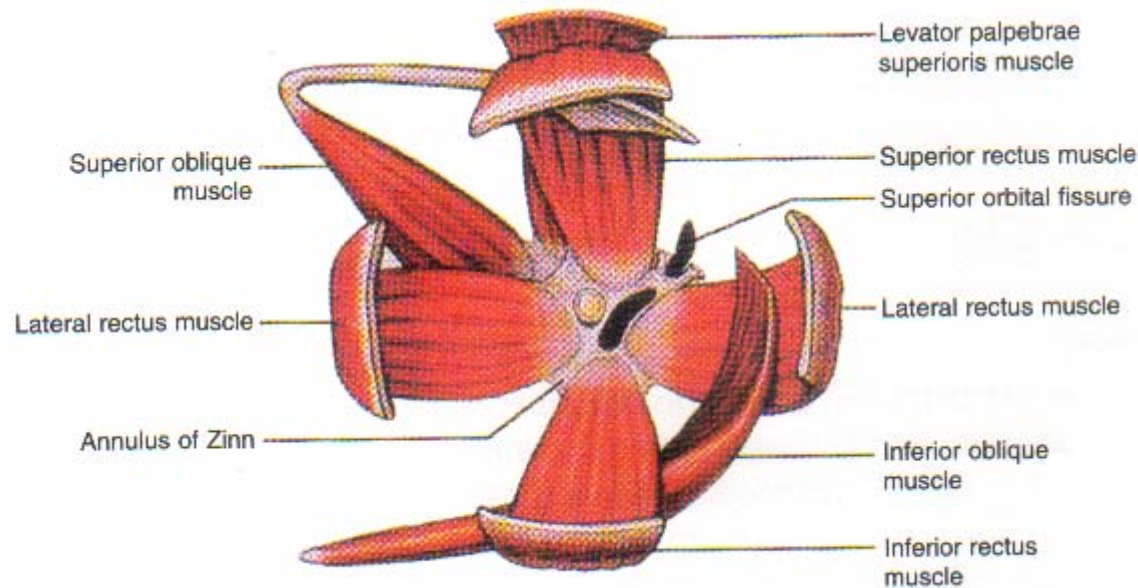


Orbital contents

- Eyeballs take up 70% of orbital volume
- Surround the eyes is a complicated network of
 - Soft Orbital Fat
 - Fibrous tissue
 - Extraocular Muscles
 - Vessels + Nerves



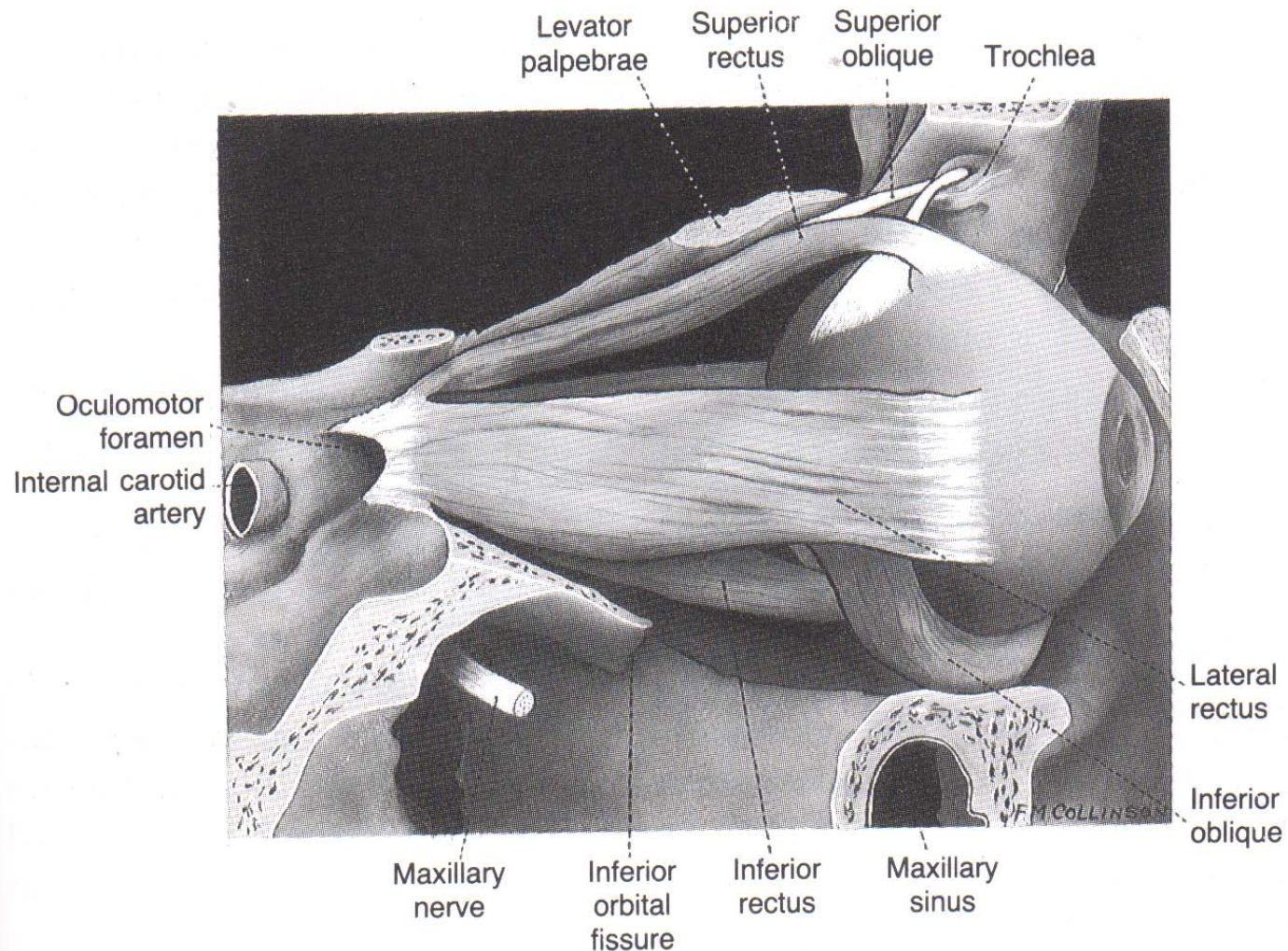
Extraocular muscles (EOM)



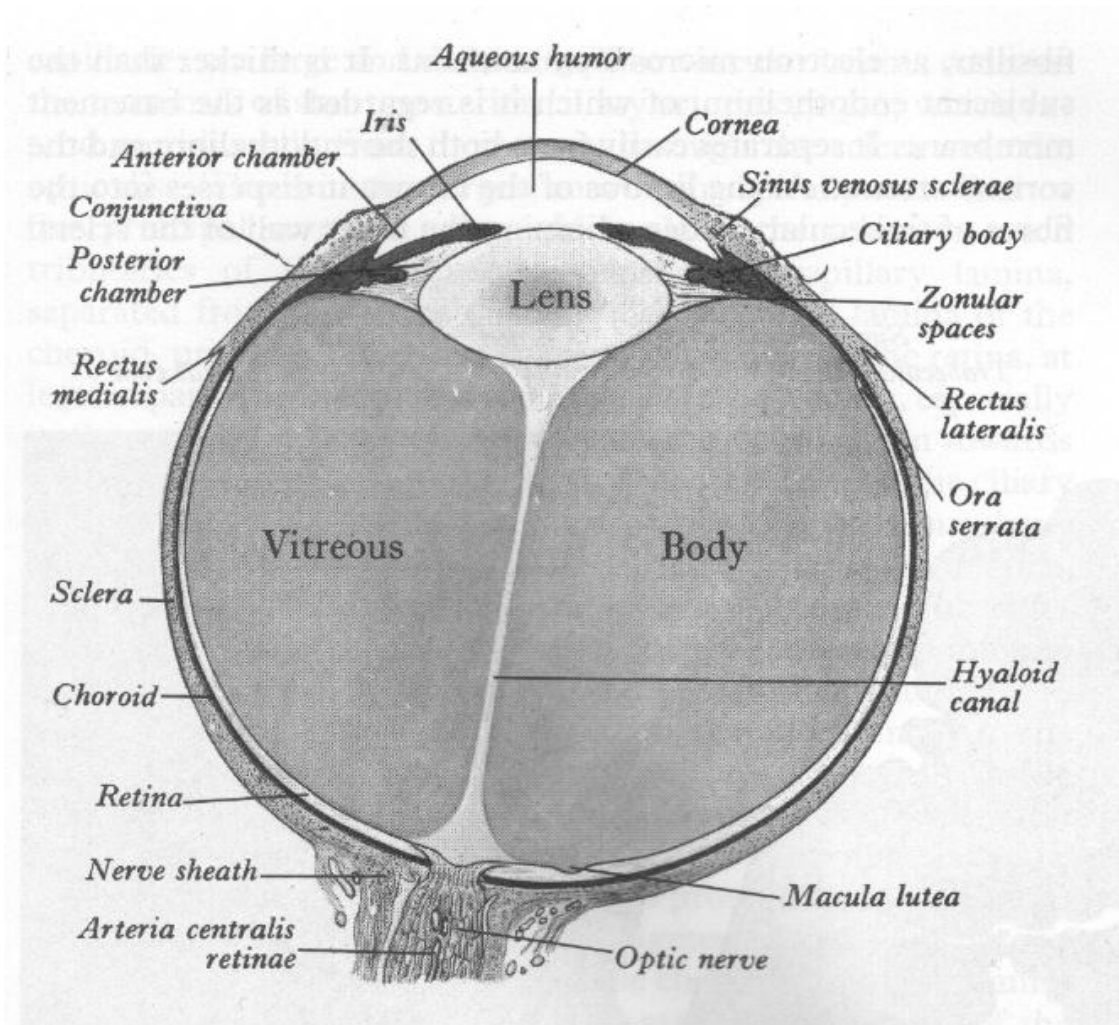
Extraocular muscles (cont)

- There are 6 EOMs
 - 4 Recti and 2 Obliques
- Each has a unique action
- 3 axes of motion:
 - Horizontal
 - Towards nose = adduction
 - Towards temple = abduction
 - Vertical : Elevation and Depression
 - Torsional:
 - Intorsion: 12 o'clock of cornea turns in
 - Extorsion: 12 o'clock of cornea turns out

Extraocular muscles (cont)



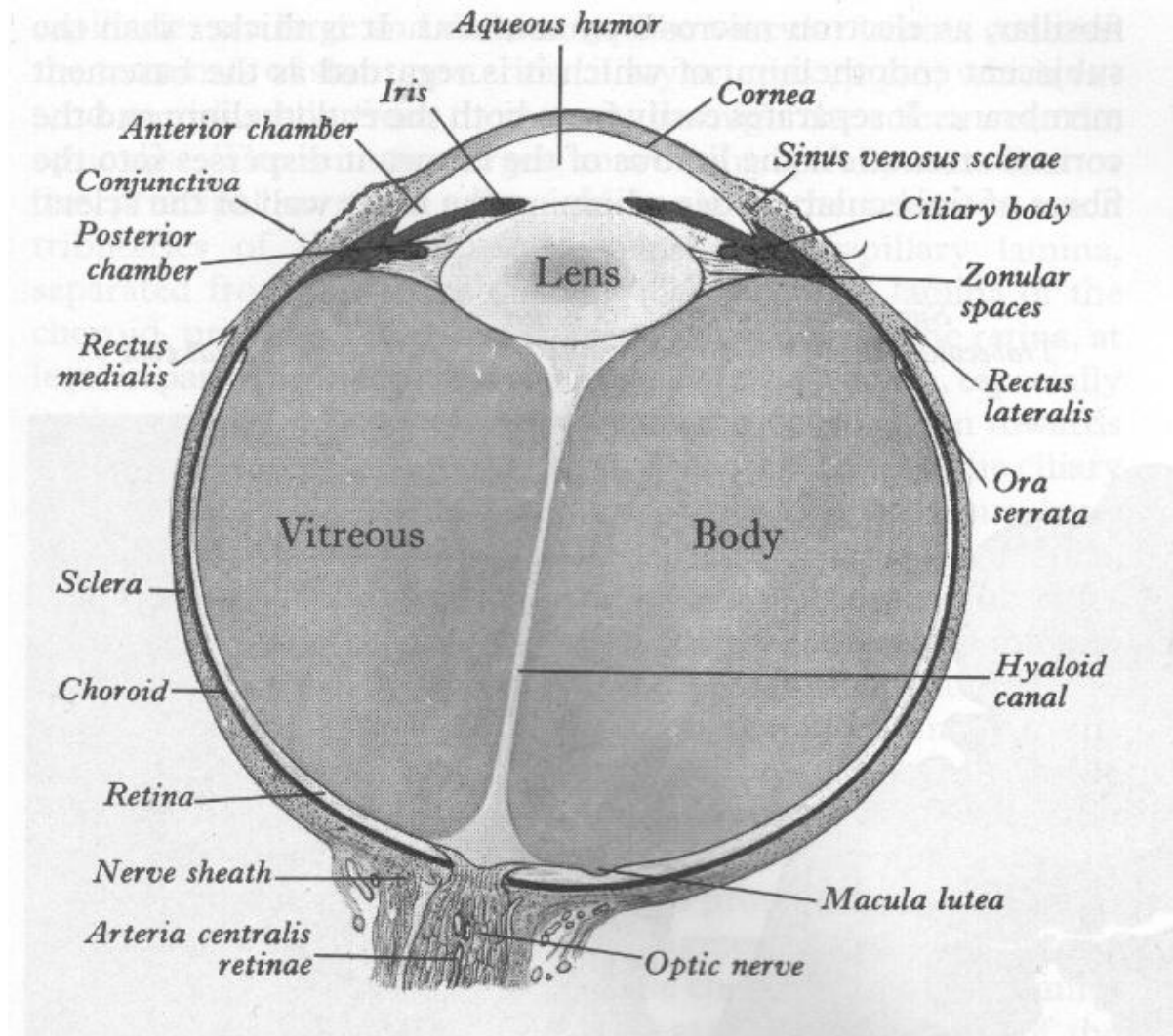
Globe



Layers of the Eye

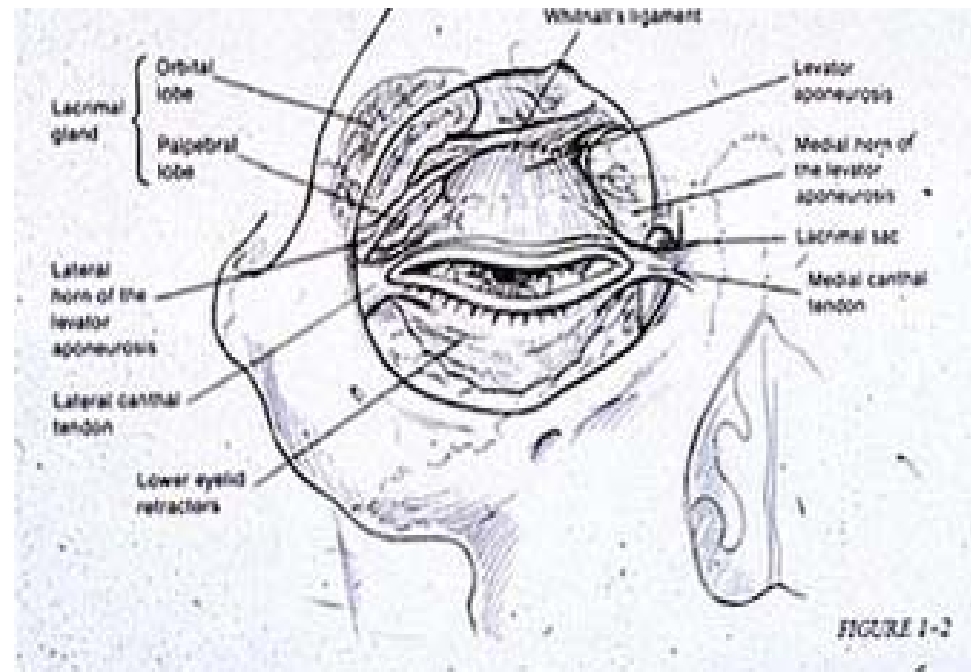
- Fibrous layer
 - Cornea (clear) and Sclera (white)
- Vascular layer: Uveal tract
 - Iris, Ciliary Body, Choroid
- Nervous layer
 - Retina
- Refractive media
 - Aqueous, Lens, Vitreous

Layers of the Eye (cont)



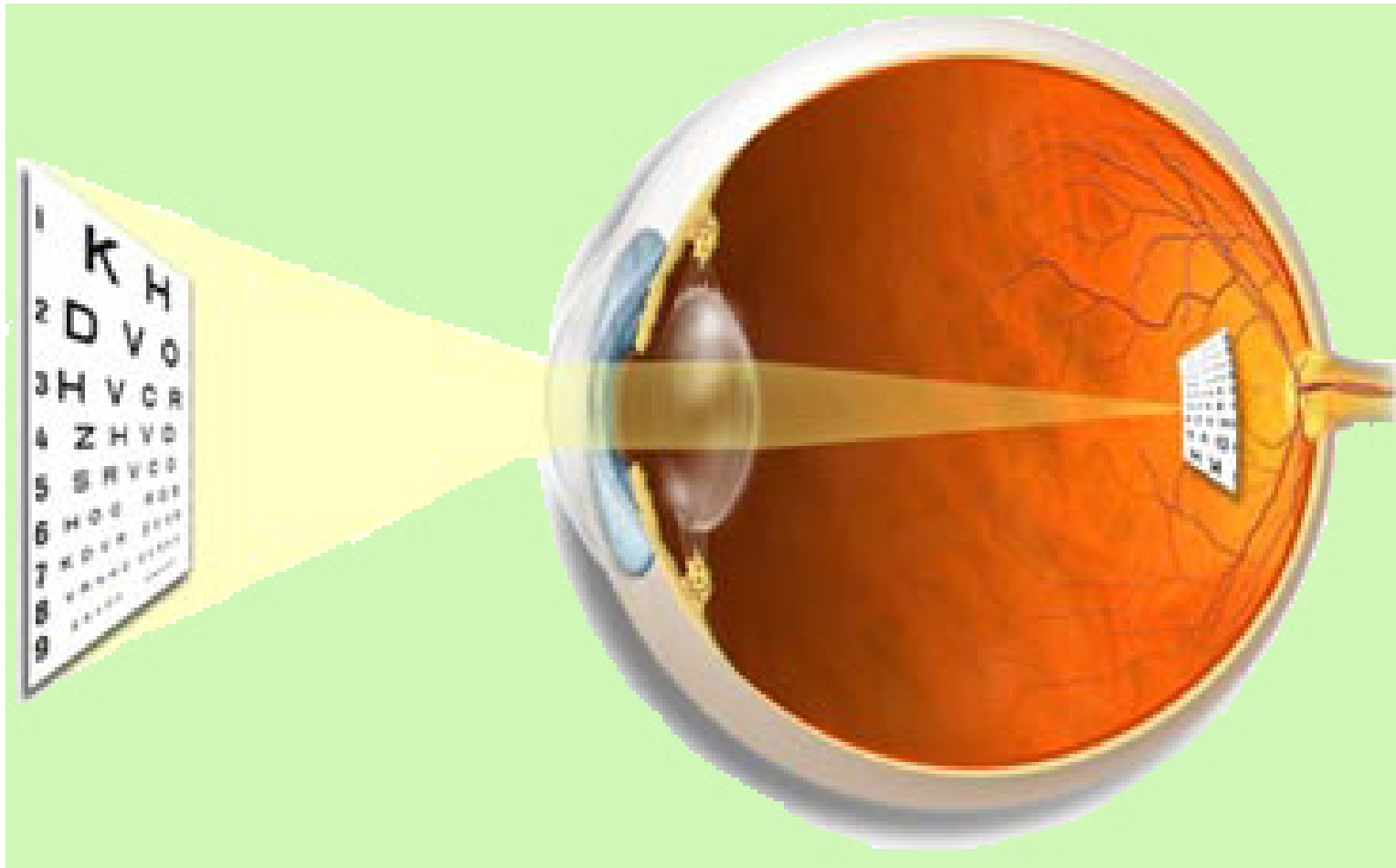
Lacrimal System

- Exocrine gland producing tears and antibodies
- Tears coat eye and drain thru lacrimal canaliculus to lacrimal sac and duct



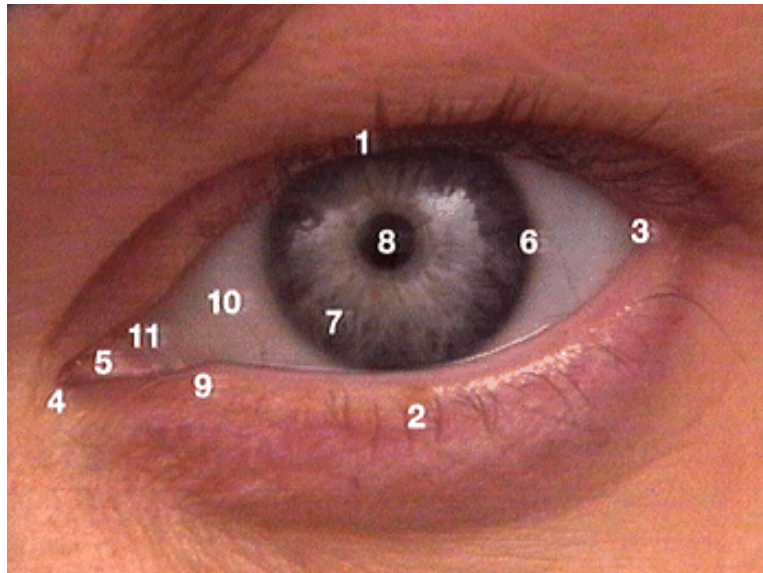


Internal Eye



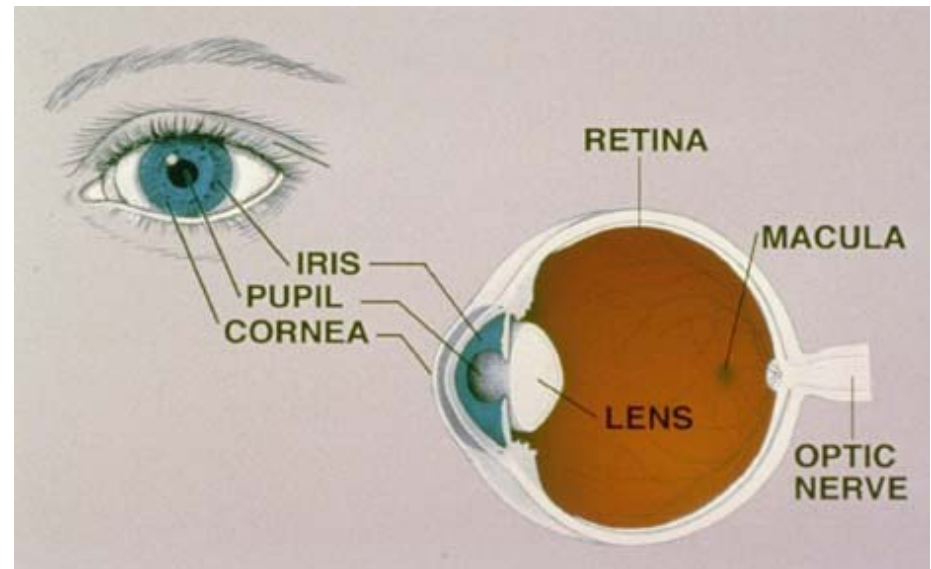
Sclera (SKLE-ra)

- Provides shape
- Protects the inner parts-covers whole of eye except the cornea
- White, very tough connective tissue



Cornea (KOR-ne-a)

- Admits and refracts (bends) light
- Avascular- transparent
- Curved
- 5 layers
- Central & Peripheral areas

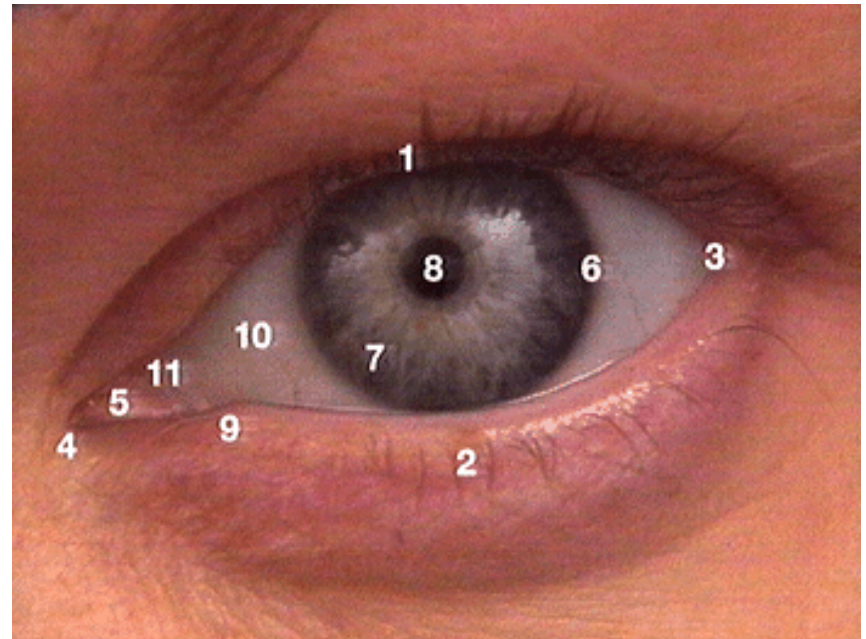


Anterior Chamber

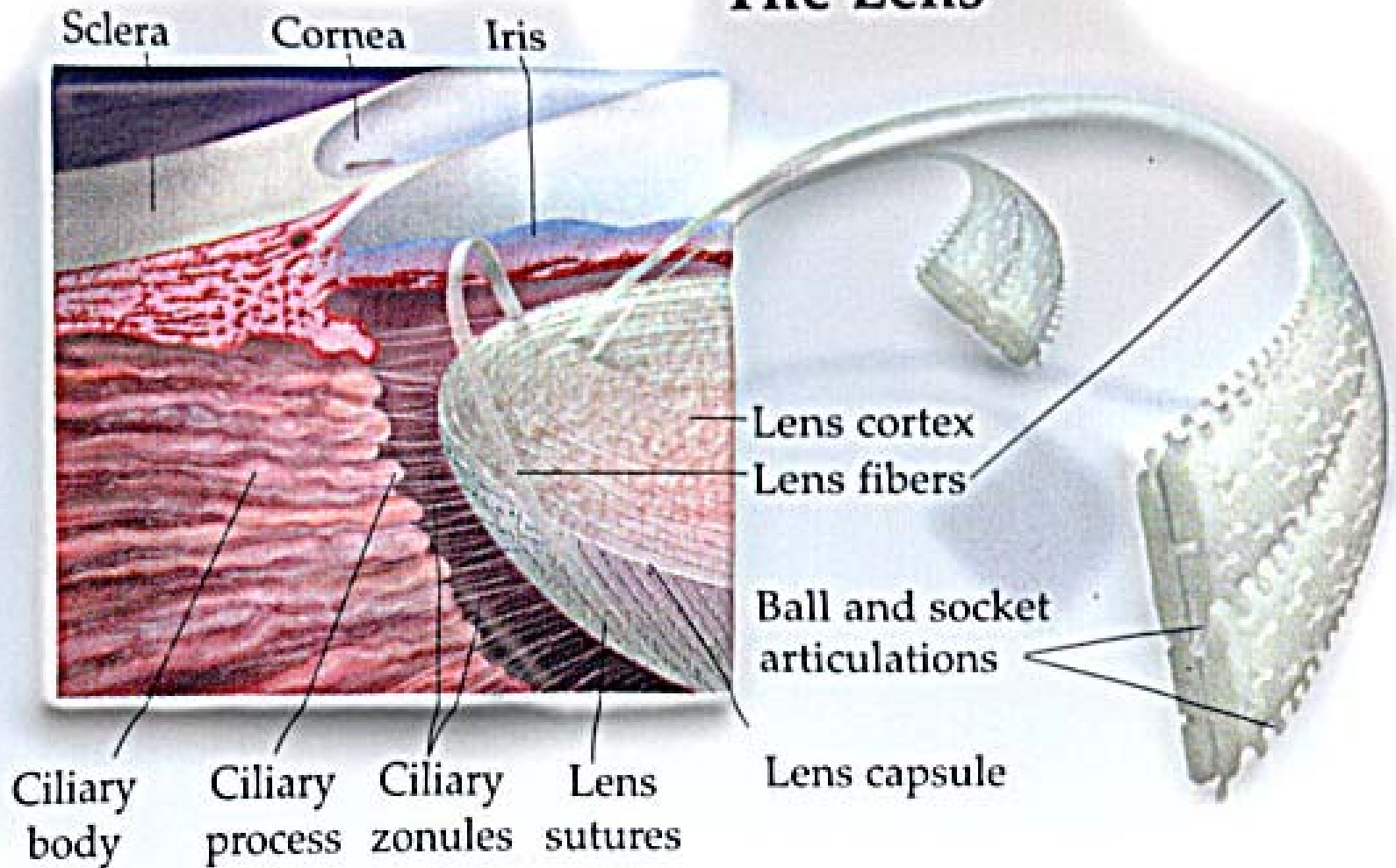
- Contains aqueous humour
- Helps maintain shape of eye
- Supplies oxygen and nutrients to lens and cornea

Iris (I-ris)

- Coloured portion of eye
- Shaped like a donut
- Suspended between the cornea and lens
- Circular & radial smooth muscles
- Regulates light entering the eye through the pupil



The Lens



Lens (cont)

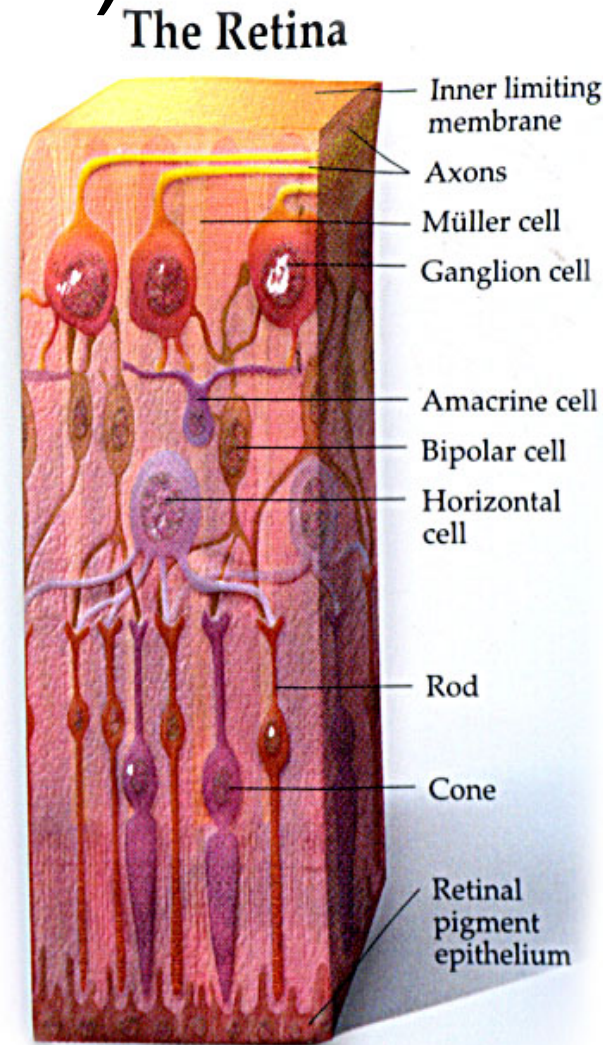
- Biconvex
- Measures 9mm by 4mm
- Transparent
- Avascular
- No nerve supply
- Located behind the iris, in front of the vitreous
- Seen through the pupil
- Supported by zonules or suspensory ligaments
- Function – focus light on the retina by accommodation
- A cataract is a opacity of the lens

Posterior Chamber

- Largest cavity of the eye
- Contains vitreous body (formed in embryo)
- Maintains shape of eye
- Holds retina flush against the choroid
- Contains phagocytic cells

Retina (Ret-in-ah)

- Inner most coat of the eye
- Non visual layer RPE and visual layer (nerve cells)
- 9-11 layers (main layers- ganglion layer, bipolar layer, photoreceptor layer)
- Beginning of visual pathway
- Central and peripheral vision
- Contains the optic nerve which is connected to visual area of brain



Conclusion

- Anatomy complex
- Easy to be overwhelmed
- Principles important
- Consider in layers
- Terminology first
- Then function
- Then relations

