

Part Ride Run Swim

Time (mins)

0 10 20 30 40 50

1 Remy Hawkins

2 Lydia Kuschnirz

3 Sebastian Thomson

4 Kylie Gibson

5 Rod Sewell

6 Darren Murray

7 Ava Thomson

8 Jamie Brindley

9 Helen Murphy

10 Katie Glynn

11 Jo-Anne Borgas

Athlete

