Epics of India: What is Vishnu's Dream all about?

Narayana is Purusha, or the vedic Supreme God. Yogmaya is Prakriti, or the nature-everything that isn't infused with life.

Now understand this very carefully:-

When Purusha and Prakriti are together, all lifeforms are assimilated into this divine union. The world, as we know it, ceases to exist. There are no trimurti, tridevi, no devas or asuras, gandharvas, manavas, vanaras, rakshasas, daityas. There is no bhulok and pitrilok, swarga and narak, bhoomi and patal. Narayana and Yogamaya are in perfect unison, and resting on Anantha Naga in Ksheer Sagara.

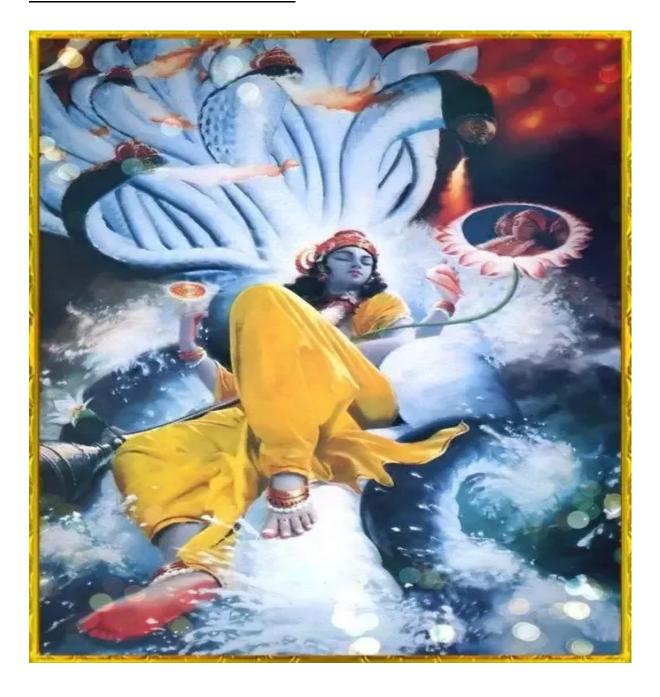


Now, when do we dream?:-

We dream in the REM stage of sleep, which comes at the end of each sleep cycle (a human sleep cycle is about 90 minutes long, and we get

on average 4–5 cycles every night). Narayana sleeps when Yogamaya has entered his own essence and is united with him. When Yogamaya gradually withdraws, his sleep comes to an end. It is in this stage that he starts dreaming.

What does He dream about?:-



He dreams of creation. The Supreme Lord has dreamt of creation, so this must come to fruition. To make this happen, Brahma is formed from his navel. Anything that is to be created should come to an end too. To ensure that, Shiva is formed from Brahma's forehead. Now Narayana is awakened. He assumes the role of preserver and is now known as Vishnu.

Narayana has waken up to observe. What does He observe?



Narayana(soul) observes Yogamaya(Prakriti). When Yogamaya was with him,there was no need to observe. But now, He must open his eyes. But Yogamaya has also formed tridevi in the meantime. So in the form of Vishnu, he is accompanied by Yogamaya in the form of Lakshmi. Now that Vishnu is observant, the creation can be sustained. So Brahma creates numerous lifeforms. Vishnu makes them thrive. When their time is over, Shiva destroys them. When the time of that particular cycle of creation is up, Shiva changes his dance mudra from Lhasya to Tandava.

Everything is then dissolved, and goes back to being Narayana and Yogamaya.

For Hindus, time is therefore, cyclical. What's happening has already happened, and will happen again. {Westerners have a comparable, yet different theory they call parallel world}. Call it a metaphor, call it symbolism, or call it the truth-this is the theory behind Vishnu's dream.