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# Summary

Experienced researcher with over 4 years of experience, specializing in development research and data analysis. Demonstrates strong organisational skills to coordinate with diverse stakeholders and work towards a shared goal. Solid academic background in sustainable development with a passion to do impactful work. Currently looking for opportunities that lie at the intersection of research, technology and society.

## Experience

## Research Assistant | Chhaya Jha (GESI Consultant) | Remote, Nepal | January 2024 - February 2025

- Supported the Social Inclusion and Intersectionality Review of Country Partnership Strategies, Report and
  Recommendations to the President with Related Documents of SARD DMCs (South Asia Department's developing member
  countries) for Asian Development Bank. Tasks revolved around document reviews, qualitative analysis and reporting.
- Assisted in a project titled 'Roadmap for the Use of Social Protection to Tackle Child Marriage, Nepal'. Focused on literature review for social protection schemes in the country and worked on qualitative data analysis and reporting.
- Reviewed the latest national GESI policies and practices to update Asian Development Bank's GESI Diagnostic report in Nepal. The review focused on eight sectors including climate change/DRR, WASH, Energy, Finance and Agriculture.
- Assisted the development of GESI training manual for ICIMOD. Researched on the existing GESI issues within the eight countries that ICIMOD covers to customize the manual accordingly.

## Tetra Tech, Inc. | Research Consultant | On-site, Nepal | July 2024 - August 2024

- Worked as a research consultant for the Effectiveness Evaluation of the GEC II (STEM program) in Nepal. Participated in an extensive weeklong training on qualitative research tools, safeguarding and research ethics.
- Led over 15 focused group discussions (FGDs) and Key Informant Interviews (KIIs) in Kailali district in Nepal with various stakeholders to understand their experience with the program and gather relevant information

## Anker STI | Housekeeper | Oslo, Norway | June 2022 - August 2023

- Supported day-to-day hostel operations through cleaning, linen management, and guest area upkeep.
- Worked in a high-turnover, multicultural environment, ensuring comfort and cleanliness for international travelers.
- Cultivated teamwork and communication in a fast-paced setting, adapting to diverse cultural norms.

#### Save the Children International | Data Analysis & Evaluation Consultant | Remote, Norway | December 2022 - January 2023

- Mastered excel to co-conduct the evidence synthesis for over 500 global SCI projects related to Safe Schools.
- Reviewed project documents to extract key data points for over 140 global projects reflecting the project status and analysed of these projects to assess their effectiveness, scalability, risks, and inclusivity.

## Britannia Hotel | Housekeeper | Trondheim, Norway | October 2021 - March 2022

- Delivered meticulous room cleaning and guest service in a luxury hospitality environment.
- Maintained strict hygiene standards and contributed to the hotel's 5-star guest experience.
- Developed resilience and time management by balancing physically demanding work with academic commitments
- Gained first hand exposure to labor structures within the service industry, enhancing empathy and field insight for social research

#### Norwegian University of Science and Technology | University Research Assistant | Hybrid, Norway | July 2021 - December 2021

- Assisted with research titled 'Conceptualising Circular, Serial and Stepwise migrations from the Global South.'
- Identified, coordinated, scheduled, and conducted detailed qualitative interviews with 10 Nepalese international migrants fitting specific criteria
- Conducted in-depth qualitative analysis and reported significant findings and insights

## Community Development Forum | Research Assistant | Kathmandu, Nepal | June 2019 - December 2019

• Collaborated in the creation of the National Menstrual Hygiene Management (MHM) Manual in collaboration with GiZ, enhancing educational resources for improved hygiene practices among young girls.

• Supported the Training of Trainers (ToT) program, empowering over 50 teachers with knowledge and resources to effectively impart knowledge about MHM among children.

#### Research Officer | Rooster Logic Private Limited | Kathmandu, Nepal | April 2017 - May 2019

- Led the design, implementation, and monitoring of a tracer study with Swiss Contact, involving over 1,300 vocational graduates. Managed the entire project and efficiently utilized a budget of over NPR 25 lakhs (USD 19,000 approx).
- Assisted as a learning partner in the 'strengthening urban resilience and engagement' program by British Red Cross aimed at empowering local government units and people for increased disaster preparedness and response.
- Designed the M&E framework and conducted the baseline/endline study to measure the effectiveness/efficiency of the MHM intervention in Nuwakot, Nepal by surveying over 350 adolescents and other diverse stakeholders.

## Education

MSc in Globalization and Sustainable Development | Norwegian University of Science and Technology | Trondheim, Norway | August 2020 - August 2022

- A comprehensive course that explored the complex interactions between economics, politics, environment, and people to better understand social systems.
- The master's thesis explored migration motivations and adaptation strategies of Nepali Students who migrate to the Global North.

# **Participations**

19th IMISCOE Annual Conference | IMISCOE

06/2022 - 07/2022

Volunteered at the 19th IMISCOE (International Migration Research Network) Annual Conference held in Oslo, Norway, with
over 300 participants. I was responsible for hosting the meeting rooms and providing technical assistance to the speakers
during various hybrid sessions.

MHM Alliance | MHMPA

02/2018 - 04/2019

 As part of the company (Rooster Logic Pvt Ltd) ESG initiative, I represented my firm (Rooster Logic Private Limited) in the Menstrual Hygiene Management (MHM) Alliance- a collaborative initiative by various institutions to fight menstruation and related taboos. Had comprehensive discussions on MHM-related projects, environmental and societal challenges, and impacts.

#### Nepal Japan Student Exchange Program | March 2017- August 2018

Participated as a Sakura Science fellow in the 'Nepal Japan Student Exchange Program.' The program consisted of three
research activities- two in Nepal and one in Japan where we collaboratively conducted field research on gender, tourism,
and sustainability.