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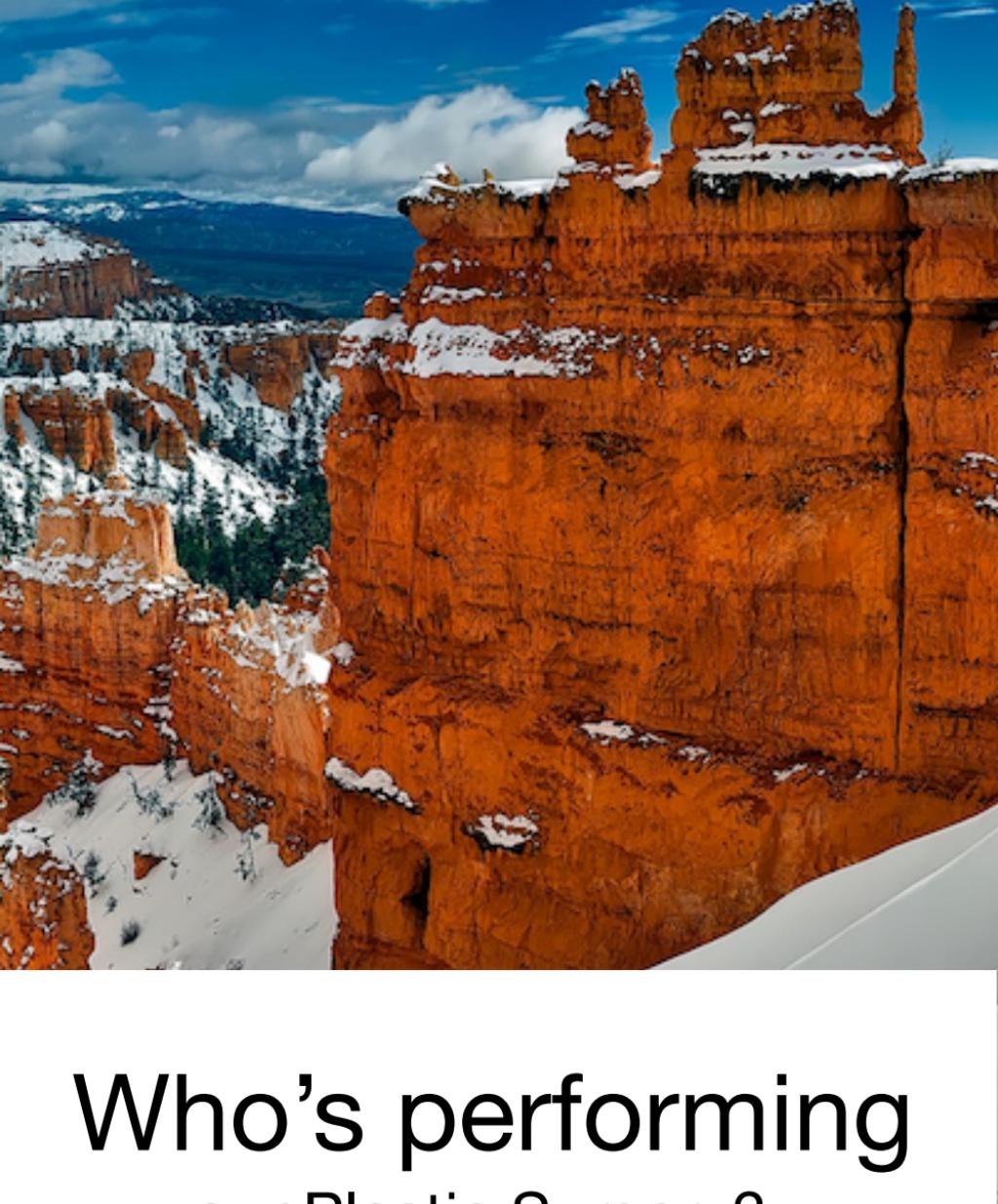


Who's performing  
*your Plastic Surgery?*

A large, semi-transparent dark gray rectangular overlay covers the bottom half of the page. On this overlay, the text "Who's performing" is displayed in a large, bold, sans-serif font. Below it, the words "your Plastic Surgery?" are written in a smaller, italicized, sans-serif font. The background image of a snowy mountain landscape is visible through the transparent overlay.



# Utah Plastic Surgery Society



Who's performing  
your Plastic Surgery?



AMERICAN SOCIETY OF  
PLASTIC SURGEONS

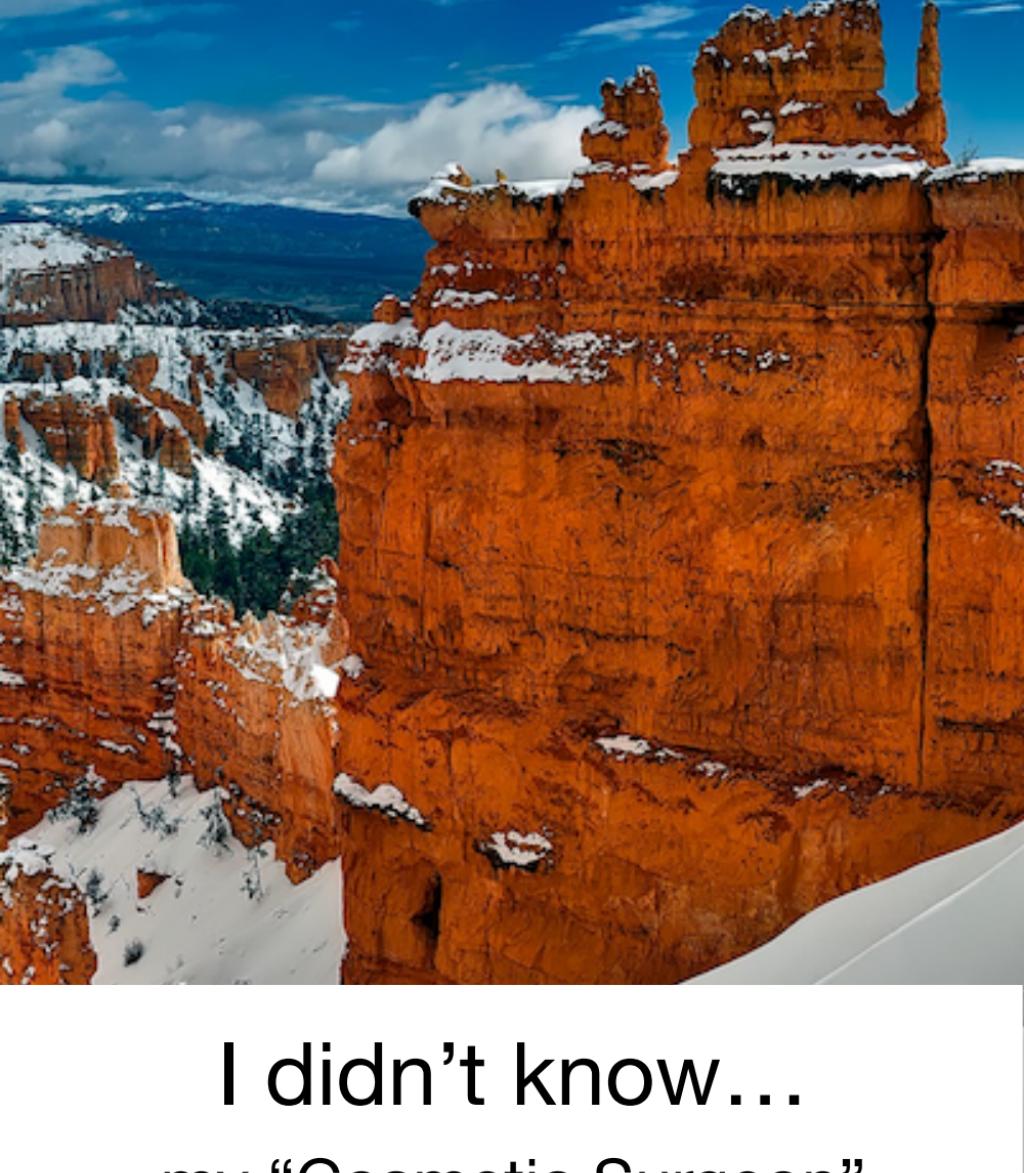


UTAH PLASTIC  
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# Utah Plastic Surgery Society



I didn't know...  
my "Cosmetic Surgeon"  
wasn't a Plastic Surgeon.



AMERICAN SOCIETY OF  
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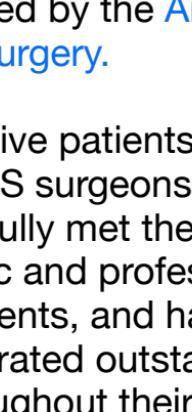


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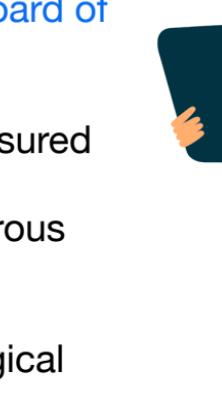


Thinking of Cosmetic Surgery?  
Look for:

"The American Board of Plastic Surgery"

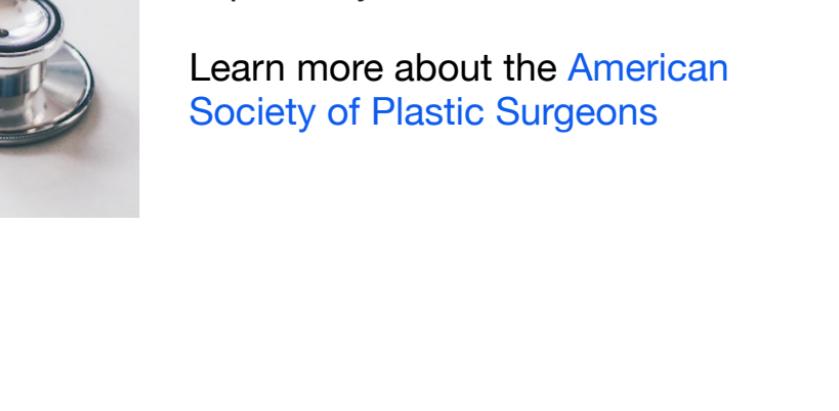


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## Contact Us

Utah Plastic Surgery Society  
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Suite 500  
Salt Lake City, UT 84107-4250

(801) 747-3500



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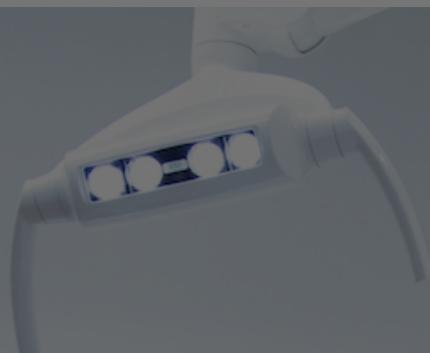
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Who's performing  
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# Plastic Surgery FAQs

## Cosmetic Surgery FAQs



Here at the Utah State Plastic Surgery Society, we realize that patients may feel anxious and uncertain as they ponder the decision to undergo cosmetic surgery. In an effort to make our patients feel more confident and address some possible concerns and misconceptions, we have compiled a list of FAQs (frequently asked questions) to help you better understand the process.

### Am I a candidate for cosmetic surgery?

Ideally, patients who choose to undergo cosmetic surgery have realistic expectations of the procedure and its outcomes. A strong self-image, an optimistic personality, and a good reason for pursuing cosmetic surgery are some of the most important components which make up a good candidate. A cosmetic surgeon will also perform a full analysis of your prior health history and any conditions which may affect the outcome of the surgery. Some of the factors to consider are:

- Age
- Weight
- Recent traumatic injury
- Heart, lung, or central nervous system disorders
- History of cancer
- Usage of oral contraceptives

### Is there a minimum age for cosmetic surgery?

There is no minimum age requirement to pursue cosmetic surgery. However, there are certain procedures which are age-sensitive; in other words, a patient who is over 40 is more likely to undergo a facelift than someone who is 25 years old. Our board-certified plastic surgeons will review each procedure on a case-by-case basis to determine which procedure is best for you.

### Will my insurance cover cosmetic surgery?

Insurance providers do not cover plastic surgery procedures that are performed for purely cosmetic reasons. However, some reconstructive procedures, including tummy tuck for gastric bypass patients and rhinoplasty for patients who have breathing problems, may be partially or fully covered by your insurance provider.

### Can I finance my cosmetic surgery?

Yes. With the convenience of financing, you have more time to focus your attention on the recovery period.

### How long is my recovery period?

The recovery period depends on the type of cosmetic surgery procedure that has been performed. On average, it takes a few weeks to resume normal activity, and three to six months for swelling and bruising to disappear completely. Make sure you refrain from doing any strenuous activity during your recovery period and taking medications or supplements which may thin the blood.

### Reconstructive vs. Cosmetic Surgery



### What is Plastic Surgery?



### What is Reconstructive Surgery?



### What is the Utah Plastic Surgery Society?



### Why Should You Choose a Society Doctor?



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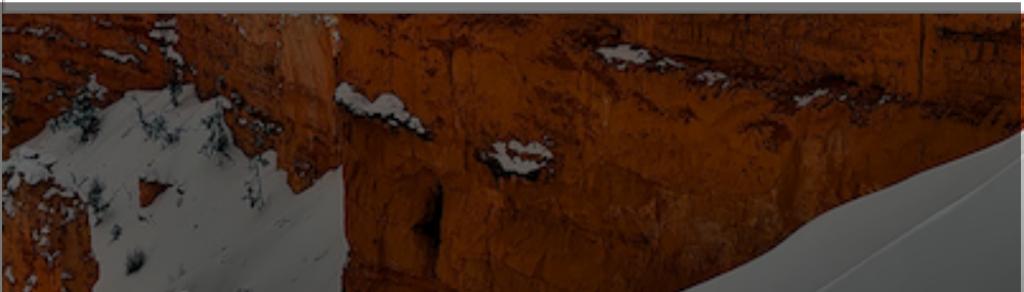
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# Procedures

## Abdominal Wall Reconstruction -

In abdominal wall reconstruction, patients are most often treated for defects caused by trauma, tumor extirpation, infections, or previous abdominal procedures. One of the main goals of the procedure is to restore the functional and structural characteristics of the musculofascial system. In the case a desmoid tumor develops on the abdominal wall, a resection of the affected skin and subcutaneous tissue may be required. Treatments may include musculocutaneous flap reconstruction or the use of bioprosthetic material. Contacting our certified plastic surgeons is a critical step in the preoperative evaluation process to determine your necessary course of treatment.

## Body Contouring After Massive Weight Loss +

## Body Procedures +

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## Otoplasty (Ear Setback Surgery) and External Ear Reconstruction +

## Scar Revision +

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# Member Directory

**Plastic Surgeons in Utah Who are Certified by  
The American Board of Plastic Surgery**

## **Stephen L. Ralston, M.D.**

1452 East Ridgeline Drive,  
Suite 100  
South Ogden, UT 84405  
**(801) 479-5937**  
[www.enhancementssurgery.com](http://www.enhancementssurgery.com)

## **Brian K. Brzowski, M.D.**

1525 East 6000 South,  
Suice C  
South Ogden, UT 84405  
**(801) 479-5722**  
[www.brzowski.com](http://www.brzowski.com)

## **Bryce Dee Allred, M.D.**

3584 W 9000 S  
Suite #400  
West Jordan, UT 84088  
**(801) 569-2456**

## **Jed R. Bindrup, M.D.**

11762 South State Street  
Suite 260  
Draper, UT 84020  
**(801) 316-1313**  
[www.jbindrupmd.com](http://www.jbindrupmd.com)

## **Countney H. Crombie, M.D.**

30 North 1900 East  
#3B 205  
Salt Lake City, UT 84132  
**(801) 581-5794**

## **David S. Motoki, M.D.**

11762 South State Street  
Suite 220  
Draper, UT 84020  
**(801) 571-2020**

## **Renato Saltz, M.D.**

5445 South Highland Drive  
Salt Lake City, UT 84117  
**(801) 274-9500**  
[www.saltzplasticsurgery.com](http://www.saltzplasticsurgery.com)

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Who's performing  
*your* Plastic Surgery?





# Contact Us

Contact the Utah Plastic Surgery Society

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**Email Address\***

**Subject**

**Message**

**Submit**



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### Procedures



Abdominal Wall Reconstruction

Body Contouring After Massive Weight Loss

Body Procedures

BOTOX® Cosmetic

Breast Augmentation (Breast Implants)

Breast Lift

Breast Reconstruction

Breast Reduction

Brow Lift

Cleft Lip and Palate

Congenital Facial Deformities

Dermal Fillers

Ear Surgery (Otoplasty)

Eyelid Surgery

Eyelid Surgery (Blepharoplasty)

Facial Fractures and Wounds

Facial Rejuvenation

Hand Surgery

Jaw Surgery

Laser Blemish Removal

Laser Hair Removal

Laser Procedures

Laser Spider Vein Treatment

Laser Wrinkle Treatment

Liposuction

Microsurgery

Nasal Septal Deviation and Nose Surgery

Neck Lift

Nose Surgery (Rhinoplasty)

Otoplasty (Ear Setback Surgery) and External Ear Reconstruction

Scar Revision

Skin Cancer Surgery

Skin Grafts and Skin Flaps

Tummy Tuck (Abdominoplasty)

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