

Please send checks and registration to:  
The Fortis Academy, LLC  
10508 Zinran Ave South  
Bloomington, MN 55438

## Fortis Personal Training Liability Waiver

IN CONSIDERATION of my son/daughter being permitted to participate in any way in the Fortis Academy, LLC Personal Training Services, the minor's parent or legal guardian:

1. ACKNOWLEDGE, agree, and represent that my child understands the nature of The Fortis Academy, LLC and that he/she is qualified, in good health, and in proper physical condition to participate in such activity. I further agree and warrant that if at any time my child believes conditions to be unsafe, he/she will immediately discontinue further participation in the activity.
2. FULLY UNDERSTAND THAT: (a) THE FORTIS ACADEMY, LLC ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS, AND DEATH RISKS; (b) these risks and dangers may be caused by my child's own actions or inactions, the actions or inactions of others participating in the activity, the condition in which the activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISK AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation or that of the minor in the activity.
3. HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO THE FORTIS ACADEMY, LLC, their respective administrators, directors, agents, officers, members, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owner and lessors of premises on which the activity takes place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT THE CHILD, or anyone on my child's behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE REALESEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which may incur as the result of such claim. '

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GRETAEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOT WITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Athlete's Name\_\_\_\_\_

Parent Cell Phone(s):\_\_\_\_\_

Parent Email  
Address(es)\_\_\_\_\_

Player Email\_\_\_\_\_

Parent Signature:\_\_\_\_\_ Date\_\_\_\_\_