1: Topic

Religion and Sports

Religion and sports have a long-standing relationship, with athletes often expressing their faith through post-victory interviews and religious gestures during competition. From kneeling down to pray to pointing to the sky, these actions have sparked countless debates on the role of religion in sports. Despite the controversies, the utility of faith within sports has been the subject of numerous articles, columns, books, and documentaries.

Structure
1. Biography
2. Link between biography and study
3. Study
    a. Introduction
    b. Premises
    c. Measures
    d. Results
    e. Conclusion
4. Implications on the average reader

2: Statement → Question

"How does religion affect sporting psychology?"

Scholars from various fields have analysed and synthesised the integration of religion and sports historically and presently. However, research on the impact of religious practices and experiences on athletes' emotional health and performance in sports is limited. The little research that exists has yielded mixed results, thus further portrayals of investigation is necessary due to the established link between religiousness and psychological well-being in other fields of psychology.

3: Data

Biography - Muhamad Ali

Muhammad Ali was known not only for his legendary boxing career but also for his outspokenness about his religious beliefs. As a member of the Nation of Islam and later a Sunni Muslim, Ali's faith played a significant role in his life, both inside and outside of the ring.

Study - Religiousness and Perceived God Perfectionism Among Elite Athletes

The study by Houltberg, Wang, and Schnitker (2017) examines how religious beliefs and practices affect athletes' coping with the pressures related to elite competition. Overall, findings suggest that religiousness can serve as an important resource for athletes or contribute to psychological difficulties.

4: Visualisation

Network diagram & DAG (Directed Acyclic Graph) → Show correlation b/w variables
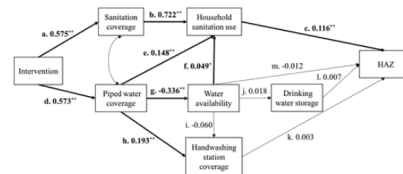
Radar Chart → Show participant's responses
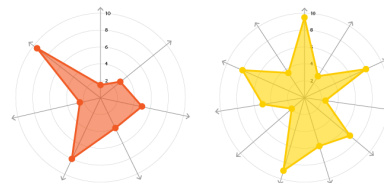
Bar Graphs → Show demographic of participants