

Rosemary and Oregano chicken breasts

Servings: 2

Calories: ~380/serving

Time: 10m

Ingredients

- 2 chicken breasts (~8oz each)
 - 1 tbsp olive oil
 - dried oregano
 - dried rosemary
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Instructions:

- Heat non-stick pan over medium-high heat (6.5)
- Butterfly chicken breasts and pat both sides dry
- Rub with salt, pepper, oregano and rosemary
- Add oil to pan
- Cook chicken with lid on for ~4 minutes each side

Source: Me

Made on: 2018/07/22