```
bList = [2009, 'manni'];

aList.extend(bList)



print "Extended List : ", aList ;
```

When we run above program, it produces following result:

```
Extended List :   [123, 'xyz', 'zara', 'abc', 123, 2009, 'manni']
```

48.   list.index(obj)

Description
The method **index()** returns the lowest index in list that *obj* appears.

Syntax
Following is the syntax for **index()** method:

```
list.index(obj)
```

Parameters
- **obj** -- This is the object to be find out.

Return Value
This method returns index of the found object otherwise raise an exception indicating that value does not find.

Example
The following example shows the usage of index() method.

```
#!/usr/bin/python



aList = [123, 'xyz', 'zara', 'abc'];



print "Index for xyz : ", aList.index( 'xyz' ) ;

print "Index for zara : ", aList.index( 'zara' ) ;
```