```
receivers = ['to@todomain.com']


message = """From: From Person <from@fromdomain.com>

To: To Person <to@todomain.com>

Subject: SMTP e-mail test


This is a test e-mail message.

"""


try:

    smtpObj = smtplib.SMTP('localhost')

    smtpObj.sendmail(sender, receivers, message)

    print "Successfully sent email"

except SMTPException:

    print "Error: unable to send email"
```

Here, you have placed a basic e-mail in message, using a triple quote, taking care to format the headers correctly. An e-mail requires a **From**, **To**, and **Subject** header, separated from the body of the e-mail with a blank line.

To send the mail you use *smtpObj* to connect to the SMTP server on the local machine and then use the *sendmail* method along with the message, the from address, and the destination address as parameters (even though the from and to addresses are within the e-mail itself, these aren't always used to route mail).

If you are not running an SMTP server on your local machine, you can use *smtplib* client to communicate with a remote SMTP server. Unless you are using a webmail service (such as Hotmail or Yahoo! Mail), your e-mail provider must have provided you with outgoing mail server details that you can supply them, as follows:

```
smtplib.SMTP('mail.your-domain.com', 25)
```