0	PyObject*	Passes a Python object and INCREFs it as normal.
0&	convert+void*	Arbitrary conversion
S	char*	C 0-terminated char* to Python string, or NULL to None.
s#	char*+int	C char* and length to Python string, or NULL to None.
u	Py_UNICODE*	C-wide, null-terminated string to Python Unicode, or NULL to None.
u#	Py_UNICODE*+int	C-wide string and length to Python Unicode, or NULL to None.
w#	char*+int	Read/write single-segment buffer to C address and length.
Z	char*	Like s, also accepts None (sets C char* to NULL).
z#	char*+int	Like s#, also accepts None (sets C char* to NULL).
()	as per	Builds Python tuple from C values.
[]	as per	Builds Python list from C values.
{}	as per	Builds Python dictionary from C values, alternating keys and values.

Code {...} builds dictionaries from an even number of C values, alternately keys and values. For example, Py_BuildValue("{issi}",23,"zig","zag",42) returns a dictionary like Python's {23:'zig','zag':42}.

