When we run above program, it produces following result:

```
Index for xyz : 1
Index for zara : 2
```

49. list.insert(index,obj)

Description

The method **insert()** inserts object *obj* into list at offset *index*.

Syntax

Following is the syntax for **insert()** method:

```
list.insert(index, obj)
```

Parameters

- **index** -- This is the Index where the object obj need to be inserted.
- **obj** -- This is the Object to be inserted into the given list.

Return Value

This method does not return any value but it inserts the given element at the given index.

Example

The following example shows the usage of insert() method.

```
#!/usr/bin/python

aList = [123, 'xyz', 'zara', 'abc']

aList.insert( 3, 2009)

print "Final List : ", aList
```

When we run above program, it produces following result:

```
Final List : [123, 'xyz', 'zara', 2009, 'abc']
```

